

**MOVING TO OPPORTUNITY  
FINAL EVALUATION**

**CONSENT FORMS**

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## Adult Consent Form for the Moving to Opportunity Study

You are invited to take part in a study called Moving to Opportunity (MTO). This study will help the U.S. Department of Housing and Urban Development (HUD) figure out how to better help families with their housing needs. The University of Michigan and the National Bureau of Economic Research (NBER) are doing this study for HUD. The study is being paid for by HUD and other government agencies and foundations. We are talking to over 9,000 people in families like yours that applied for the Moving to Opportunity project about ten years ago, and will ask you to tell us when we can interview you.

We will ask you questions about you and your children, including your family's housing, your neighborhood, schooling, jobs, and health. First, we will start the interview. The interview will take about 75 minutes to do. Then, since health is an important part of day to day living, we will take a break during the interview to measure your height, weight, waist, and blood pressure so we can better understand your health. These measures will take about 20 minutes and will help researchers understand the connections between health and things like employment and living arrangements. We will then finish up our survey questions.

Your participation is voluntary and you may stop the interview at any time. The answers you give will not affect your housing or other benefits. If you want to stop the interview at any time, all you have to say is, "I want to stop." You can answer only questions that you want to answer. **We will pay you \$50 when the interview is over to thank you for finishing the survey and having your physical measurements taken.**

To learn even more about how the Moving to Opportunity program may improve the long-term health of families in the program, at the end of the interview we will ask if you would be willing to give us a few drops of blood by a finger prick. You can do the survey and then at the end decide not to have your finger pricked. If you do give a few drops of blood, we would like to thank you for helping with that part of the study by giving you an extra payment of \$25.

The blood drops collected today use procedures like tests done in a doctor's office. Our procedures are set up to be as safe as possible. The interviewer will use a sterile, single-use lancet to stick your finger and squeeze a few drops of blood onto a collection card. This is just like doctors collect blood from the heel of a baby shortly after birth, or the way a person with diabetes checks his or her own blood sugar level.

Your blood will be put on a collection card and sent to a lab to get measures of total cholesterol and high density lipoprotein, which are related to heart disease; glycosylated hemoglobin (which will indicate the amount of sugar circulating in your blood for the past few months that can help indicate risk of diabetes), C-Reactive Protein (a measure of inflammation that may be related to heart disease). We will also measure Epstein Barr Virus antibody levels (an immune system measure), and a stress-related hormone called cortisol. These have been connected with many long-term health outcomes. Having your finger pricked for these blood samples creates little or no health risk to you. We are

happy to share these health results with you if you want them. At the end of the interview we can give you your height, weight, waist measurements and blood pressure measurement right away. If you provide us with a blood sample and want to receive your blood test results, we will give you a toll-free phone number that you can call to get the results of the cholesterol, glycosylated hemoglobin and C-reactive protein tests. The results of the cortisol and Epstein-Barr Virus antibody tests will not be given because the meaning of these test results for your health is not known. This is something we are trying to find out with this study. Some of the results we give you may be outside of the normal range. These results are given to you based only on the measures taken today. If a result is outside the normal range, we will suggest that you talk about it with a health care provider.

Your blood spots may be helpful to this study in the future. We may one day have ways of testing blood that are not known today. For example, future tests of blood spots may look for markers of infection or disease. Any of your blood that we do not use will be stored for future study, with your permission. We will NEVER do genetic testing on your blood. These samples will only be used for this study and will be securely stored without your name or address. Your blood spot samples and the resulting cells will never be made available for commercial use. You will not be told of results that come from tests we might do in the future. If you are willing to give a blood spot but do not want it stored, just say so and we will destroy your blood spot when this study is complete.

**As a reminder, you can do the interview and decide not to give the blood sample or have the physical measurements taken.** If any part of the interview is upsetting to you, you can talk with our social worker. You will also be given a list of helpful telephone numbers and websites that you can go to for help if you need it.

Your answers will be combined with information from HUD and other agencies to tell us how MTO families are doing now. Your answers to the questions will be kept private and will not affect your family's housing or benefits. Your name, address, and telephone number will be kept separate from the answers to the questions. Only members of the research team will see your answers. The information you give us will be used by researchers for many years.

Your privacy is very important to us. The researchers have obtained a **Certificate of Confidentiality** from the National Institutes of Health. This is a legal document that lets the MTO research team refuse to give out information that could identify you, even if a court asks for it. Still, if keeping your answers private would put you, someone else, or your child in serious danger, then we will have to tell government agencies to protect you or the other person. And, the government or the Institutional Review Board may see your information if they audit us; but they, too, will protect your privacy.

A supervisor may contact you to check on how well we did and how you felt about the interview. The supervisor may ask you to do a short follow-up interview.

If you have questions you can ask the interviewer or call the University of Michigan at **1-800-759-7947** (English) or **1-800-643-7605** (Spanish). The phones are answered Monday through Thursday from 9:00 a.m. – 9:00 p.m.; Friday from 9:00 a.m. – 5:00 p.m.,

and Saturday from 12:00 noon to 4:00 p.m. Eastern Time. Please say you are calling about the MTO study. You will get a copy of this form.

### Consent to Participate

The signature below shows that you have read, or that an interviewer has read to you, the above information and you agree to participate. If you get hurt doing this study, no payment or free medical treatment will be paid by any of the sponsors of this project.

\_\_\_\_\_  
Respondent Signature

\_\_\_\_\_  
Date

### Consent to Audio Record

If you agree, we may record the interview. The recording will be used to make sure the interviewer is doing a good job, and to help us learn about people's language, memory and experiences. There is no right or wrong way to answer the questions. The recordings are kept private and will be used by researchers for many years. The recordings will be destroyed when the research is finished. Only University of Michigan staff and people on the MTO research team can listen to the recordings. Your signature below shows that you agree to have your interview recorded. You may still do the interview if you do not want to have it recorded.

I agree to be recorded (signature needed)

I do not agree to be recorded (no signature needed)

\_\_\_\_\_  
Respondent Signature

\_\_\_\_\_  
Date

#### Public Reporting Burden

Public reporting burden for this study averages 95 minutes for each adult. This includes the time for answering the interview questions and completing physical measurements and giving blood samples. This agency may not collect this information, and you do not have to respond to this survey, unless this form shows a currently valid OMB control number. HUD will use the information to understand how neighborhoods affect families and to improve its housing programs.

#### Sensitive Information

The information collected is sensitive and is protected by the Privacy Act and a Certificate of Confidentiality. This information is being collected as part of a study of the MTO program originally authorized by Congress in the Housing and Community Development Act of 1992. The information you give will help HUD find out what effect MTO has on family safety, health, employment, education, and other outcomes. The information will be used for research purposes only. HUD will not release your answers outside of HUD for any other purpose. The Certificate of Confidentiality protects the data from being released for any non-research purpose. You are not required to respond to this survey and your benefits will not be affected by whether or not you respond to the survey or by the responses you give.

#### IRB Clearance

This study has been reviewed by the Institutional Review Board (IRB) at the University of Michigan. If you have questions about your rights on this study, contact the IRB at 540 E. Liberty Street, Suite 202 in Ann Arbor MI 48104-2210. The phone number is (734) 936-0933 and email address is [irbhsbs@umich.edu](mailto:irbhsbs@umich.edu).

## Youth Consent—Age of Majority for the Moving To Opportunity Study

You are invited to take part in a study called Moving to Opportunity (MTO). This study will help the U. S. Department of Housing and Development (HUD) figure out how to better help families with their housing needs. The University of Michigan and the National Bureau of Economic Research (NBER) are doing this study for HUD. The study is being paid for by HUD and other government agencies and foundations. We are talking to over 9,000 people in families that were in the Moving to Opportunity project about ten years ago, and will ask you to tell us when we can interview you.

During the interview, you will be asked questions about where you live, your schooling and jobs, your health and any stressful experiences you have had, and risky things you may do, such as drinking or doing other things that are against the law. The interview takes about 1 hour. We would also like to measure how tall you are and how much you weigh, and give you a 45 minute achievement test. The whole study takes about one hour and 45 minutes. If any part of the study upsets you, you can talk with our social worker. We will also give you a list of helpful telephone numbers that you can call for help if you need it.

Your answers will be put together with information from HUD and other agencies to tell us how MTO families are doing now. The answers you give will not affect your housing or benefits. Your answers will be kept private. Information like your name, address, and telephone number will be kept separate from your answers to the questions. Only members of the research team will see your answers and know the link between your answers and your name. Although you will not receive any direct benefit, others may gain from what is learned in this study. The answers you give us will be used by researchers for many years.

Your privacy is very important to us. The researchers have obtained a **Certificate of Confidentiality** from the National Institutes of Health. This is a legal paper that lets the MTO research team refuse to give anyone your name, even if a court asks for it. Still, if keeping your answers private would put you or someone else in serious danger, then we will have to tell government agencies to protect you or the other person. And, the government or the Institutional Review Board may see your information if they check on us, but they, too, will protect your privacy.

You do not have to do this study. You can stop the interview at any time. You will not lose any benefits from government programs if you decide not to do the interview. If you want to stop, all you have to say is, "I want to stop." You can answer only questions that you want to answer. **We will give you \$50 after the interview to thank you for finishing it.**

A supervisor may contact you to check on how well we did and how you felt about the interview. The supervisor may ask you to do a short follow-up interview.

If you have questions about this study, please ask the interviewer or call the University of Michigan at **1-800-759-7947**. The phones are answered Monday through Thursday from 9:00 a.m. – 9:00 p.m.; Friday from 9:00 a.m. – 5:00 p.m., and Saturday from 12:00 noon to 4:00 p.m. Eastern Time. Please say you are calling about the MTO study. You will get a copy of this form.

### **Consent to Participate**

If you sign your name here, it shows that you have read, or that an interviewer has read to you, this form and you agree to do this interview.

\_\_\_\_\_  
Respondent Signature

\_\_\_\_\_  
Date

### **Consent to Audio Tape**

If you agree, we may record the interview. The recording will be used to make sure the interviewer is doing a good job. The recording will be used to make sure the interviewer is doing a good job, and to help us learn about people's language, memory and experiences. There is no right or wrong way to answer the questions. The recordings are kept private and will be used by researchers for many years. The recordings will be destroyed when the research is finished. Only University of Michigan staff and people on the MTO research team can listen to the recordings. If you sign your name here, it shows that you agree to have the interview recorded. You may still do the interview if you do not want to have it recorded.

I agree to be recorded (signature needed)

I do not agree to be recorded (no signature needed)

\_\_\_\_\_  
Respondent Signature

\_\_\_\_\_  
Date

#### **Public Reporting Burden**

Public reporting burden averages 105 minutes for 18 to 20 year old respondents. This includes the time for answering the interview questions and doing an achievement test. This agency may not collect this information, and you do not have to respond to this survey, unless this form shows a current OMB control number. HUD will use the information to understand how neighborhoods affect families and to improve its housing programs.

#### **Sensitive Information**

The information collected is sensitive and is protected by the Privacy Act and a Certificate of Confidentiality. This information is being collected as part of a study of the MTO program originally authorized by Congress in the Housing and Community Development Act of 1992. The information you give will help HUD find out what effect MTO has had on family safety, health, jobs, schooling, and other outcomes. The information will be used for research purposes only. HUD will not release your answers outside of HUD for any other purpose. The Certificate of Confidentiality protects the data from being released for any non-research purpose. You are not required to respond to this survey and your benefits will not be affected by whether or not you respond to the survey

#### **IRB Clearance**

This research study has been reviewed by the Institutional Review Board (IRB) at the University of Michigan. If you have questions about your rights on this study, contact the IRB, at 540 E. Liberty Street, Suite 202, Ann Arbor MI 48104-2210. The phone number is (734) 936-0933. The email address is [irbhsbs@umich.edu](mailto:irbhsbs@umich.edu).

## Youth Age 10-17 Assent for the Moving To Opportunity Study

You are invited to take part in a study called Moving to Opportunity (MTO). This study will help the U. S. Department of Housing and Urban Development (HUD) figure out how to better help families with their housing needs. The University of Michigan and National Bureau of Economic Research (NBER) are doing this study for HUD. The study is paid for by HUD and other government agencies and foundations. We are talking to over 9,000 people in families that were in the Moving to Opportunity project about ten years ago. With your parent's or guardian's permission, we will ask you when we can interview you.

We will ask you questions about where you live, your schooling and jobs, your health and any stressful experiences you have had, and risky things you may do, like drinking or doing other things that are against the law. The interview takes about 1 hour. We would also like to measure how tall you are and how much you weigh, and give you a 45-minute achievement test. The whole study should take about one hour and 45 minutes. If any part of the study upsets you, you can talk with our social worker. We will also give you a list of helpful telephone numbers that you can call for help if you need it.

Your answers will be put together with information from HUD and other agencies to tell us how MTO families are doing now. The answers you give will not affect your housing or benefits. Your answers will be kept private. Information like your name, address, and telephone number will be kept separate from your answers to the questions. Only members of the research team will see your answers and know the link between your answers and your name. Although you will not receive any direct benefit, others may gain from what is learned in this study. The answers you give us will be used by researchers for many years.

Your privacy is very important to us. The researchers have obtained a **Certificate of Confidentiality** from the National Institutes of Health. This is a legal paper that lets the MTO research team refuse to give anyone your name, even if a court asks for it. Still, if keeping your answers private would put you, or someone else in serious danger, then we will have to tell government agencies to protect you or the other person. And, the government or the Institutional Review Board may see your information if they check on us; but they, too, will protect your privacy.

You do not have to help us with this study. You can stop the interview at any time. You will not lose any benefits if you decide not to do the interview. If you want to stop, all you have to say is, "I want to stop." You can answer only questions that you want to answer. **We will give you \$50 after the interview is over to thank you for finishing it.**

A supervisor may contact you to check on how well we did and how you felt about the interview. The supervisor may ask you to do a short follow-up interview.

If you have questions about the MTO study, please ask the interviewer or call the University of Michigan at **1-800-759-7947**. The phones are answered Monday through Thursday from 9:00 a.m. – 9:00 p.m.; Friday from 9:00 a.m. – 5:00 p.m., and Saturday from 12:00 noon to 4:00 p.m. Eastern Time. Please say you are calling about the MTO study. You will get a copy of this form.

### **Assent to Participate**

If you sign your name here it shows that you have read, or that an interviewer has read to you, this form and you agree to do this interview.

\_\_\_\_\_  
Respondent Signature

\_\_\_\_\_  
Date

### **Assent to Audio Tape**

If you agree, we may record the interview. The recording will be used to make sure the interviewer is doing a good job. The recording will be used to make sure the interviewer is doing a good job, and to help us learn about people's language, memory and experiences. There is no right or wrong way to answer the questions. The recordings are kept private and will be used by researchers for many years. The recordings will be destroyed when the research is finished. Only University of Michigan staff and people on the MTO research team can listen to the recordings. If you sign your name here, it shows that you agree to have your interview recorded. You may still do the interview if you do not want to have it recorded.

I agree to be recorded (signature needed)

I do not agree to be recorded (no signature needed)

\_\_\_\_\_  
Respondent Signature

\_\_\_\_\_  
Date

#### **Public Reporting Burden**

Public reporting burden averages 75 minutes for 10 to 12 year olds and about 105 minutes for 13 to 17 year old respondents. This includes the time to answer interview questions and take an achievement test. This agency may not collect this information, and you do not have to respond to this survey, unless this form shows a current OMB control number. HUD will use the information to understand how neighborhoods affect families and to improve its housing programs.

#### **Sensitive Information**

The information collected is sensitive and is protected by the Privacy Act and a Certificate of Confidentiality. This information is being collected as part of a study of the MTO program originally authorized by Congress in the Housing and Community Development Act of 1992. The information you provide will help HUD understand the effect MTO has had on family safety, health, jobs, schooling, and other outcomes. The information will be used for research purposes only. The Certificate of Confidentiality protects the data from being released for any non-research purpose. You are not required to respond to this survey and your benefits will not change if you do or do not answer the survey questions.

#### **IRB Clearance**

This study has been reviewed by the Institutional Review Board (IRB) at the University of Michigan. If you have questions about your rights on this study, contact the IRB at 540 E. Liberty Street, Suite 202 in Ann Arbor MI 48104-2210. The phone number is (734) 936-0933 and email address is irbhsbs@umich.edu.



**Parent Consent  
for Participation in the Moving To Opportunity Study**

Your child is invited to take part in a study called Moving to Opportunity (MTO). This study will help the U. S. Department of Housing and Development (HUD) figure out how to better help families with their housing needs. The University of Michigan and the National Bureau of Economic Research (NBER) are doing this study for HUD. The study is paid for by HUD and other government agencies and foundations. We are talking to over 9,000 people in families that took part in the Moving to Opportunity project about ten years ago, and your child has been selected for this important ten-year follow-up interview.

With your permission, your child will be asked questions about where he/she lives, his/her schooling and jobs, physical and mental health, and risky behaviors such as drinking or illegal activities. The interview takes about 1 hour and 45 minutes. We would like to measure your child's height and weight, and give a 45-minute achievement test in reading and math. If any part of the study upsets your child, he/she can talk to our social worker. We will also give a list of helpful telephone numbers that he/she can call for help if needed. **Each child will receive a payment of \$50 after the interview to thank him/her for finishing it.**

This study will follow strict rules to protect your child's answers. Each child's answers will be kept private. The answers they give will not affect your family's housing or benefits. Information like your child's name, address and telephone number will be kept separate from answers to the questions. You or your child will never be named in any reports about the study. Only members of the research team will know the link between your child's answers and his/her name. Although your child will not receive any direct benefit, others may gain from what is learned in this study. The information they give us will be used by researchers for many years.

Your child's privacy is very important to us. The researchers have obtained a **Certificate of Confidentiality** from the National Institutes of Health. This is a legal paper that lets the MTO research team refuse to give out any information that could identify your child, even if a court asks for it. Still, if keeping your child's answers private would put your child, you, or someone else in serious danger; then we will have to tell government agencies to protect you or the other person. And, the government or the Institutional Review Board may see your child's information if they check on us; but they, too, will protect your and your child's privacy.

If you or your child have any questions, please ask the interviewer or call the University of Michigan toll free at: **1-800-759-7947** (English) or **1-800-643-7605** (Spanish). The phones are answered Monday through Thursday, 9:00 a.m. – 9:00 p.m., Friday, 9:00 a.m. – 5:00 p.m., and Saturday, 12:00 noon to 4:00 p.m., Eastern Time. Please say you are calling about the MTO study. You will get a copy of this form.

## Consent for Child's Participation

Your signature below shows that you have read, or that an interviewer has read to you, the above information and you agree to allow your child to participate.

Child's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

### Consent to Audio Tape

If you agree, we may record your child's interview. The recording will be used to make sure the interviewer is doing a good job. The recording will be used to make sure the interviewer is doing a good job, and to help us learn about people's language, memory and experiences. There is no right or wrong way to answer the questions.

The recordings are kept private and will be used by researchers for many years. The recordings will be destroyed when the research is finished. Only University of Michigan employees and people on the MTO research team are allowed to listen to the recordings. Your signature below shows that you agree to have the interview recorded. Your child may still do the interview if you do not want to have it recorded.

I agree to have my child recorded (signature needed)

I do not agree to have my child recorded (no signature needed)

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date

#### Public Reporting Burden

Public reporting burden averages 75 minutes for 10 to 12 year olds and about 105 minutes for 13 to 20 year old respondents. This includes the time for answering interview questions and completing an achievement test. This agency may not collect this information and you do not have to respond to this survey, unless this form displays a currently valid OMB control number. HUD will use the information to understand how neighborhoods affect families and to improve its housing programs.

#### Sensitive Information

The information collected is sensitive and is protected by the Privacy Act and a Certificate of Confidentiality. This information is being collected as part of a study of the MTO program originally authorized by Congress in the Housing and Community Development Act of 1992. The information you give will help HUD find out what effect MTO has had on family safety, health, employment, education, and other outcomes. The information will be used for research purposes only. HUD will not disclose or release your responses outside of HUD for any other purpose. The Certificate of Confidentiality protects the data from being released for any non-research purpose. You are not required to respond to this survey and your benefits will not be affected by whether or not you respond to the survey.

#### IRB Clearance

This study has been reviewed by the Institutional Review Board (IRB) at the University of Michigan. If you have questions about your rights on this study, contact the IRB at 540 E. Liberty Street, Suite 202 in Ann Arbor MI 48104-2210. The phone number is (734) 936-0933 and the email address is irbhsbs@umich.edu.