We would like to ask you a few questions about your health.

1. What is your weight, in pounds? Make your best guess.
   __________ (weight in pounds)

2. What is your height, in feet and inches? Make your best guess.
   __________ ft. and __________ in.

Below is a drawing of a ruler with a scale from 0 to 100. For the next set of questions, please use this scale as an indicator of how confident you are in your answer.

3. Using a number from zero to one hundred, where 0 equals absolutely no chance and 100 equals absolutely certain, what do you think the chances are that you have high cholesterol today?
   _________________ (0 to 100)

4. What do you think the chances are that you have high blood pressure today?
   _________________ (0 to 100)

5. What do you think the chances are that you have impaired fasting glucose today?
   _________________ (0 to 100)

6. A body mass index that exceeds 30 indicates that a person may be obese. What do you think the chances are that your body mass index exceeds 30?
   _________________ (0 to 100)