

NBER WORKING PAPER SERIES

MONETARY-FISCAL INTERACTIONS

John H. Cochrane

Working Paper 34257

<http://www.nber.org/papers/w34257>

NATIONAL BUREAU OF ECONOMIC RESEARCH

1050 Massachusetts Avenue

Cambridge, MA 02138

September 2025

There is no funding to disclose for this paper. Prepared for the 50-Year Retrospective On The Shadow Open Market Committee And Its Role In Monetary Policy, Hoover Institution, October 13, 2024. The views expressed herein are those of the author and do not necessarily reflect the views of the National Bureau of Economic Research.

NBER working papers are circulated for discussion and comment purposes. They have not been peer-reviewed or been subject to the review by the NBER Board of Directors that accompanies official NBER publications.

© 2025 by John H. Cochrane. All rights reserved. Short sections of text, not to exceed two paragraphs, may be quoted without explicit permission provided that full credit, including © notice, is given to the source.

Monetary-Fiscal Interactions
John H. Cochrane
NBER Working Paper No. 34257
September 2025
JEL No. E4, E40, E50, H6

ABSTRACT

Inflation surged in 2021-2023 from a classic fiscal shock: money and debt that financed huge spending, without a plan for repayment. Neither money nor supply shocks offer a coherent alternative explanation. Inflation eased, with no recession, once the fiscal shock was over. Higher interest rates could have brought inflation down earlier, but could not have stopped it. Going forward, higher interest rates will raise debt service costs, and thus perversely raise inflation unless fiscal policy can tighten. High debt and structural deficits also mean that the US may lose the fiscal space to borrow in the next crisis.

John H. Cochrane
Stanford University
and NBER
john.cochrane@stanford.edu

The Recent Inflation

We have just lived through a bout of inflation greater than anything since 1980, after which US inflation was supposedly conquered.

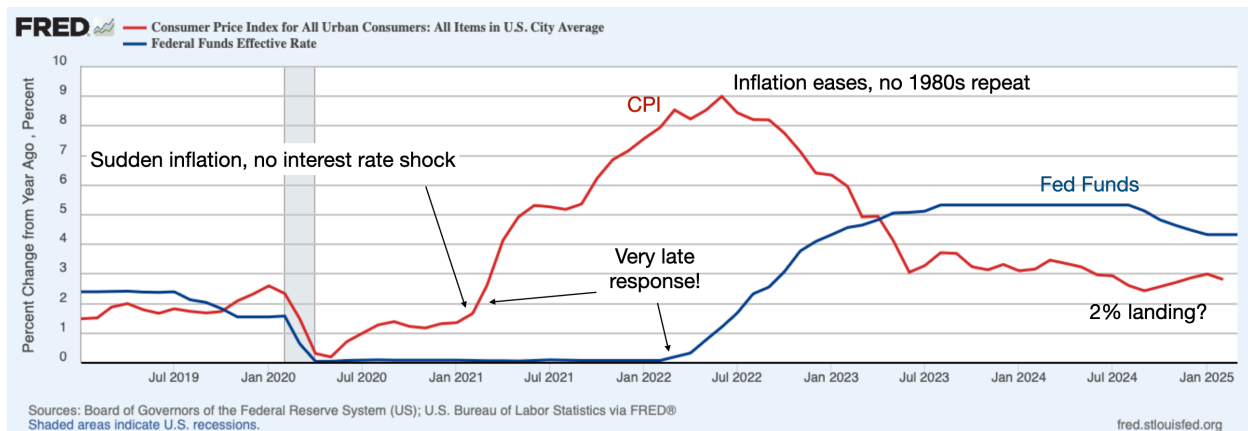


Figure 1. Inflation and the federal funds rate.

Inflation broke out suddenly in February 2021, as illustrated in Figure 1. Where did inflation come from? The Federal Reserve, remarkably, did nothing for a full year, leaving interest rates at zero. Yet inflation did not spiral upward. Inflation eased just as the Fed lifted interest rates off zero. Why did inflation ease? Standard doctrine says that interest rates must rise above inflation to push inflation down, with a big recession as in 1982. Yet inflation came down on its own despite interest rates below inflation, and with no hint of economic slowdown. As I write, inflation is still persistently above 2%. When will it finally end? Or will inflation resurge, as it did following a similar situation in 1976?

A Fiscal-Theory Interpretation

As a fan of the fiscal theory of the price level (Cochrane 2023), I find it gives simple answers to all of these questions, except of course the last—inflation will always be hard to forecast. But it also says that inflation *should* be hard to forecast. If we knew prices would go up tomorrow, we'd try to buy, and sellers would raise price today.

In the COVID-19 pandemic, the US spent nearly \$5 trillion, mostly in the form of checks to people and businesses. The Fed monetized about \$3 trillion of that. To understand inflation, we do not have to dispute whether that spending was an appropriate or well-targeted response to the economic emergency posed by the pandemic and lockdowns, or whether inflation was an undesired outcome versus an intentional state-contingent default. All that matters is that the spending happened, and how it was financed.

Significantly, in my view, fiscal policy did not return to normal after the pandemic waned. (One may worry about “normal” levels of primary deficits, but people were happy to hold money and bonds then.) The Biden administration passed an additional \$2 trillion stimulus in February 2021, quickly followed by the CHIPS Act, the “Inflation Reduction Act,” and more. Unprecedented deficits seemed likely to continue.

The fiscal theory of the price level gives a framework to understand how this fiscal blowout caused inflation. Fiscal theory states that the price level adjusts so that the real value of nominal debt equals the present value of primary surpluses that pay back the debt. (Primary surpluses are taxes less spending, not including interest costs on the debt.) If stockholders see that dividends are unlikely to support the value of their stock, they try to sell, and drive down the stock price. If bondholders think that the US will not run surpluses sufficient to repay its debts,

the bondholders try to sell too. They try to exchange bonds and money for goods and services, driving up the price level. Eventually the real value of debt is inflated down to what people think the government will repay.

Equivalently, inflation comes from too much money chasing too few goods. The government can fight inflation by soaking up money with taxes greater than spending. The government can also fight inflation by soaking up money with bond sales, the classic open market operation. But people are only willing to hold more debt if they think future taxes will exceed spending to repay that debt. In sum, the government can soak up money with current or future taxes in excess of spending. Lacking those, the money causes inflation.

The fiscal theory does *not* say that debt and deficits always cause inflation. It says only that debt and deficits cause inflation when they are greater than expected future repayment. And that repayment can take decades. Figure 2 illustrates.



Figure 2. Three paths for deficits. X axis is time, Y axis is dollars, adjusted for inflation.

In normal fiscal policy, the government borrows to finance an emergency such as a pandemic, a war, or a deep recession, or to invest in productive capital such as the interstate highway system. Then, the government pays off that debt with small surpluses over decades. The left-hand panel of Figure 2 illustrates this pattern. This pattern causes no inflation—the present value of surpluses and deficits does not change.

Well-managed government debt allows governments to meet temporary spending needs without enormous taxes. It allows governments to spread the cost over decades, at lower overall economic distortion. Governments that can borrow, by effectively promising repayment, can marshal great resources. The left panel of Figure 2 is what we should expect to see most of the time—debt and deficits in bad times, paid off by surpluses in good times, and little or no inflation. Fiscal theory is happily compatible with large variation of debt and deficits with no inflation; indeed fiscal theory points to the construction of fiscal-monetary institutions that deliver this outcome.

Trouble brews in the middle panel of Figure 2. Here the same debt or deficit is not matched by convincing promises of future surpluses. The present value of surpluses declines, and inflation breaks out. This is what I think happened in 2021–23.

The right-hand panel of Figure 2 alerts us to another danger. Even without any current debt or deficit, people can lose faith that the government will repay debt. Inflation springs seemingly out of nowhere. Investors can lose faith and a stock can fall for no apparent reason. Inflation, roughly stock in the government, can suffer the same fate.

These observations provide some discipline. It is not enough to point to debt and deficits; we must also ask why people did not expect debts to be repaid, to cause inflation. These observations also help us to address the obvious questions, since most debt or deficits do not correspond to inflation: What's different about this time? Why now, but not in 2008?

There is a plausible argument that people this time did not think additional debt and deficits would be repaid this time, while they did previously. In 2008, the government promised stimulus now, debt reduction to follow. Some, including myself, chuckled at deficit-reduction promises that always seem to take effect one day after the incumbent leaves office, but at least

the government had the decency to make the promise. This did not happen in 2020–23. Congress suspended the PAYGO rules that require cuts in some spending when there are increases in other spending. The zeitgeist was $r < g$, MMT, secular stagnation, don't worry about debt repayment. Treasury Secretary Yellen, arguing for the American Rescue Plan Act in 2021, said the US should “go big,” as interest rates on the debt were low.

In this interpretation, the deficits of the early Biden administration are particularly significant. The COVID deficits could be seen as classic emergency spending, with an expectation to return to normal fiscal policy to repay the additional debt when the crisis was over. The huge spending bills of 2021 signaled that this would not happen. That inflation eased in summer 2022, when it became clear that additional multi-trillion spending bills would not pass, is also significant.

The present-value view also points to discount rates, equivalently interest costs on the debt, as a driver of inflation. A one-percentage-point higher interest cost on the debt is, with 100% debt-to-GDP ratio, the same thing as a 1%-of-GDP additional deficit. Following 2008, the US enjoyed nearly a decade of negative real interest costs, with 0% short-term rate and inflation averaging just below 2%. A negative 2% real interest cost makes a lot of debt sustainable! Cochrane (2022) finds that about two thirds of the variation of inflation between the end of WWII and 2020 is accounted for by such discount rate news, not by changing surpluses.

The interest cost mechanism is a serious constraint on monetary policy going forward. Each percentage point of higher real interest rates, undertaken to fight inflation, raises interest costs by 1%, and at 100% debt-to-GDP ratio raises interest costs by 1% of GDP. If Congress does not provide those extra funds, that's an inflationary pressure, offsetting any effect that higher interest rates might have to lower inflation.

The bottom line: In 2021–23, people holding \$5 trillion of new government debt asked themselves, “Is this a good investment, to save and hold for the future? Or should I get rid of it fast while I can, and try to spend it?” They chose the latter, until inflation brought the value of debt right back to where it was at the beginning.

Fiscal theory is not just story-telling. We write models, quantitative parables of the economy. Models don’t prove an idea right, but if you can’t write a model, the idea is usually wrong. A model makes sure that the logical ends are tied up, that you respect budget constraints and markets clear.

Figure 3 presents a simulation. I write a simple textbook new-Keynesian sticky price model, augmented with fiscal theory. I ask the model what happens if the government runs a 1%-of-GDP deficit, with no plan to repay the debt, and the central bank leaves interest rates alone.

(The model is the continuous time version of

$$x_t = E_t x_{t+1} - \sigma(i_t - E_t \pi_{t+1})$$

$$\pi_t = \beta E_t \pi_{t+1} + \kappa x_t$$

$$\rho v_{t+1} = v_t + r_{t+1}^n - \pi_{t+1} - \tilde{s}_{t+1}$$

$$E_t r_{t+1}^n = i_t$$

$$r_{t+1}^n = \omega q_{t+1} - q_t$$

where x is the output gap, i is the nominal interest rate, π is inflation, v is the real value of government debt, r^n is the nominal return on the portfolio of government bonds, \tilde{s} is the real primary surplus scaled by the value of debt, q is the price of government bonds, and ω describes the geometric maturity structure of government debt.)

Figure 3 presents the response to a 1% change in surplus. In response to this fiscal shock, inflation surges. Plotting inflation as change from a year earlier, as it is conventionally calculated in data, inflation grows for a year. Inflation above the interest rate slowly eats away at the value of government debt. In a model without price stickiness, this shock would lead to an instant 1% price level rise, removing that much value from government debt. With sticky prices, the long period of inflation above the interest rate accomplishes the same thing, with the price level rising after a few years. Even short-term bondholders lose by the extended period of low real returns, despite a continuous price level. If the government spends, someone has to pay for it. If current taxpayers or future taxpayers do not pay for it, then it must come from the pockets of bondholders, through default, or here via inflation.

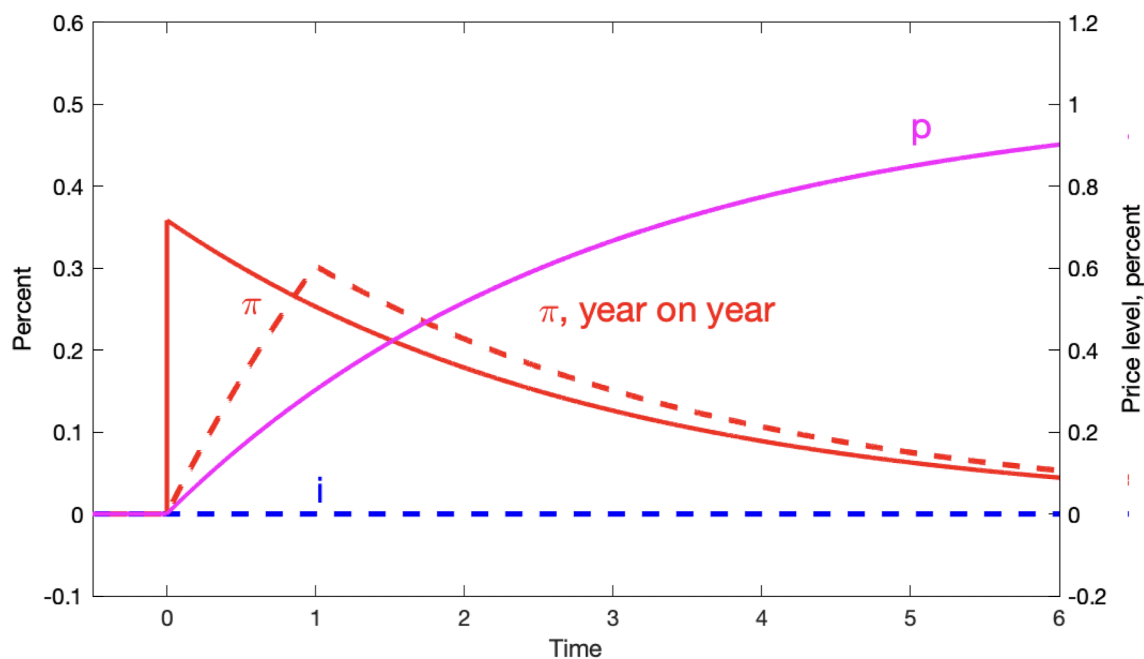


Figure 3. Response of a standard new Keynesian model with fiscal theory to a fiscal shock, with no interest-rate response by the central bank.

The plot answers the first puzzle of 2021: Inflation surged, even though monetary policy did nothing unusual. Why? That's what happens in response to an unfunded fiscal expansion.

In the simulation, inflation then eases and fades away, even with no reaction at all by the central bank. In conventional doctrine, the central bank must raise interest rates above inflation, and cause a recession, in order to first keep inflation from spiraling away and then to beat inflation back. In this model, in response to this one-time fiscal shock, once the price level has risen enough to inflate away debt, the force for further inflation is spent. Inflation goes away on its own even if the central bank does nothing. This accords with the puzzle of 2022, that inflation peaked and eased before central banks moved at all, and came back down long before interest rates exceeded inflation, and without any recession.

Central banks are still important in fiscal theory.

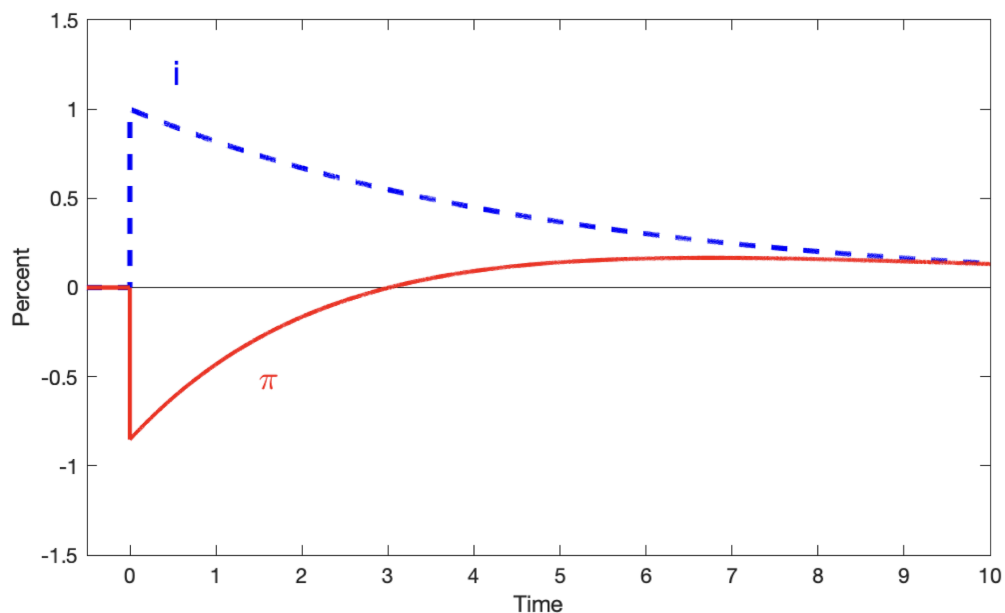


Figure 4. Response of a simple new Keynesian model to an interest-rate shock, with no change to primary surpluses. The model includes long-term debt.

Figure 4 presents the response of the same model to a rise in interest rates with no change in fiscal surpluses. Inflation declines initially, though it rises in the far future. With no change in fiscal policy, monetary policy can only move inflation around through time. The Fed faces what I call unpleasant interest-rate arithmetic. There must be some inflation to devalue debt, but the central bank can choose when it happens, and whether losses fall on long- or short-term bond holders.

Responding to the fiscal shock of Figure 3 by the monetary response of Figure 4 leads to a smaller but longer-lasting inflation, which in standard models has smaller output effects and greater welfare. (The standard forward-looking Phillips curve relates output to inflation relative to expected future inflation. A random walk inflation then has no output effect.) Central banks could, even in this fiscal-theoretic view, have produced a smaller surge of inflation if they had raised interest rates sooner. (They may have wanted to engineer a state-contingent default via inflation, or inflate to offset other shocks.) A Taylor-rule-like response of interest rates to inflation can implement this sort of policy automatically.

Figure 4 holds primary surpluses constant. Standard new-Keynesian solutions of this model produce greater inflation declines, but they do so by “passively” inducing a fiscal policy contraction (the negative of Figure 3) along with the interest rate rise. In Figure 4, I ask what the central bank can do by itself, without inducing tighter fiscal policy.

So, when they finally raised rates, central banks did help to bring inflation down faster than otherwise would have occurred, but at the cost of a slightly more stubborn medium-run inflation. That too is roughly consistent with the facts.

How do other theories of inflation deal with the recent surge and decline?

Money

After forty years in the desert of monetary policy, monetarists are crowing that monetary aggregates such as M2 rose substantially ahead of the recent inflation. Is money the answer?

The view that the price level is determined by the money supply ($MV=PY$) suffers a fundamental theoretical flaw: It requires that the central bank control the money supply. If the bank does not do so, by following an interest-rate target or otherwise letting money supply be endogenous, $MV=PY$ determines M, not P. Central banks make no effort to control the money supply. There are no reserve requirements.

But facts are more important than theoretical complaints. How do fiscal theory and monetarism compare on the facts? Fiscal theory and monetarism agree that a helicopter drop of base money causes inflation. In fiscal theory, money is just very short-term government debt. But if a helicopter drop came with an announcement that taxes would rise next year, just enough to soak up all the extra money, would there still be inflation? Probably not, no?

Fiscal theory and monetarism centrally disagree on a different question: What if the government *exchanged* \$5 trillion of money for \$5 trillion of debt? To a monetarist, money is money: This experiment has exactly the same effect as giving people \$5 trillion of money. To a fiscal theorist, the exchange has no first-order effect at all. There is no “wealth” effect of money, just a second-order “portfolio composition” effect.

Indeed, most of the famous examples suggesting that money causes inflation result from money printed to finance deficits. When has too much money caused inflation for a government whose economy was growing smartly, and whose fiscal affairs were solid, but whose central bank bought too many bonds?

Wouldn't it be lovely if the government were to run an experiment for us? First, exchange \$3 trillion of money for debt. Buy \$3 trillion of bonds, and issue \$3 trillion new reserves in exchange. (Banks can freely exchange reserves for cash.) See what inflation this causes. Second, after that has settled down, print up \$3 trillion of new money, and hand it out. (Technically, use it to buy government debt, and let the Treasury hand out the cash.) Handing money out counts as transfer payments and adds to the budget deficit. Monetarism says that these two operations should have exactly the same inflationary effect. Fiscal theory says that only the second will cause inflation.

Our government just ran just about exactly this experiment. Figure 5 illustrates. In the quantitative easing era, the Fed bought more than \$4 trillion of bonds in three great waves of bond purchases. You can see this in the "Fed assets" line. Reserves, a Fed liability, increased the same amount. Before 2008, reserves were below \$50 billion. To a monetarist, this nearly hundredfold increase in money should have caused hyperinflation. As seen in the "core CPI" line, this massive open market operation had no visible effect at all on inflation.

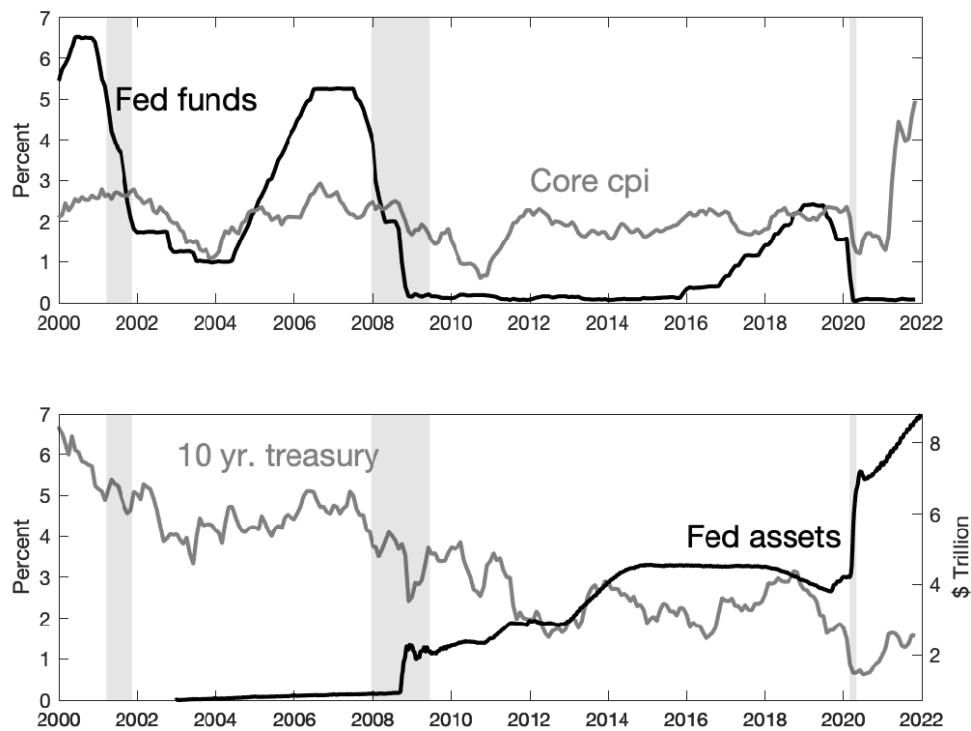


Figure 5. Federal funds rate, core CPI, and Fed assets.

During and after the COVID-19 pandemic, the Fed bought a similar amount of treasuries, raising reserves again, but this time to fund a deficit without plans for debt repayment. This operation caused a wave of inflation, peaking at 8%.

It is rare in macroeconomics to be handed such a decisive experiment of such a fundamental prediction that distinguishes theories.

Supply Shocks and Other Stories

Many pundits and politicians reacted to inflation with a rousing “round up the usual suspects:” monopolists, greed, price-gouging, hoarding. More seriously, many economists and central bankers blamed “relative demand” and “supply shocks” (or “supply-chain shocks” if you want to sound fancy) for inflation. People rotated demand from restaurants to Pelotons, driving up the price of Pelotons. Production and importation of durable goods were hampered by the pandemic.

All of these stories confuse *relative* prices with the price *level*. If you can’t get chips to make TVs, or can’t make TVs because the factory is locked down, or if everyone suddenly wants a TV, TV prices must go up *relative* to restaurant prices or to wages. We must all get the signal to buy fewer TVs. But why do TV prices go up, rather than wages or restaurant prices go down? Why does the price of *everything* go up?

Inflation is a rise in the price *level*. It occurs when the common component of all prices goes up. One cannot raise the price level by raising all prices relative to each other!

Inflation always comes from demand. Loosely speaking, we must have the money to pay the higher prices for TVs and the higher prices for restaurants.

Now supply and relative-demand shocks were part of the story. When there is a relative-price shock, some prices must go up relative to others. The government prefers that prices do not go down, on the view that nominal wage and price declines are more economically damaging than wage and price rises. So the government “accommodates” the relative price shock with monetary or fiscal largesse, so that most wages or prices do not have actually to decline. Hence, in an order-of-events sense, yes, the supply shock led to the inflation. But the supply shock is the carrot that led the horse of monetary and fiscal policy to pull the cart of inflation.

The carrot didn't move the cart, the horse did. In the chain of causality, one might equally say that it is the pandemic that caused inflation, since it caused the supply shocks which caused the demand response which caused the inflation. Or one might say that a lab leak in China caused the inflation. But people would notice how silly it is to say "Lab leaks cause inflation." Well, supply shocks are no different.

This point is hidden in standard models. In most new-Keynesian models, such as the one I wrote down above, each equation has shocks. In particular, modelers write the Phillips curve as:

$$\pi_t = \beta E_t \pi_{t+1} + \kappa x_t + u_t$$

They call the disturbance u_t a "supply" shock. Well, you can see how a rise in u_t is likely to produce a rise in inflation π_t . And a formal accounting will find that shocks to this equation do, in fact, account for much of the observed inflation. (Smets and Wouters [2024] is a good example.)

But you still have to ask: How do people get the money to afford the higher prices? Where is the nominal anchor? New Keynesian models do have a nominal anchor, either money supply or fiscal theory. In some treatments, the central bank issues more money in order to follow the interest-rate target. In others, it issues more government debt. But somebody has to move the nominal anchor! A "supply" shock *without* movement in the nominal anchor doesn't cause inflation. Inflation only comes from a move in that underlying nominal anchor.

Monetary-Fiscal Interactions

How do monetary and fiscal policies interact, especially looking forward to the possibility of renewed inflation in the shadow of large ongoing debts and deficits?

Higher interest rates are thought to lower inflation. But higher interest rates make deficits larger, through three channels. First, higher real interest rates mean higher interest costs on the debt. This is a first-order effect: At 100% debt-to-GDP ratio, a one-percentage-point higher interest rate means that the deficit rises by one percentage point of GDP. Second, if higher interest rates successfully lower inflation, nominal bondholders receive a windfall, being paid back in more valuable currency. Equivalently, nominal payments do not decline, but nominal tax revenues decline when inflation declines. Tax revenue must rise or spending must decline to make up the difference. Third, a softer economy is the whole mechanism by which higher interest rates lower inflation in traditional Phillips curve-based analysis. But a softer economy—or even a recession—leads to financial bailouts, “automatic stabilizer” payments such as unemployment insurance, lower tax revenue due to lower GDP, and deliberate fiscal stimulus programs. Thus, unless all of these sources of deficit are credibly matched by higher future surpluses, higher interest rates pour fiscal gas on the inflation fire, offsetting whatever other inflation-lowering effects they may have.

In all conventional models of monetary economics, a monetary contraction *includes* higher taxes and lower spending, either immediately or in the future, in order to pay these additional fiscal costs. It’s not accurate to call them “monetary” models of disinflation; they are “monetary-fiscal” models of disinflation, because both monetary and fiscal policy (in present-value terms) tighten to produce disinflation.

This joint monetary fiscal policy nature of any model is easy enough to see: Look at the plots of real interest rates. If real interest rates rise following the shock, there are higher interest costs on the debt. Look at inflation. If inflation goes down, bondholders are paid a windfall. Someone has to pay for these costs, and that someone is taxpayers or the recipients of government spending!

Conversely, what if fiscal authorities do not cooperate, and refuse to raise taxes or lower spending? This is a relevant policy question as well as a theoretical question. A government may not be able or willing to tighten fiscal policy to support monetary policy.

In all current models, *higher interest rates that are not accompanied by a fiscal tightening* (either immediately or in the future, i.e. a rise in the present value of surpluses) *do not durably lower inflation*. We are left with the frightening possibility that most of what we thought of as the “effect of interest rates” was in fact the effect of induced fiscal tightening, and that central banks may be powerless without that tightening.

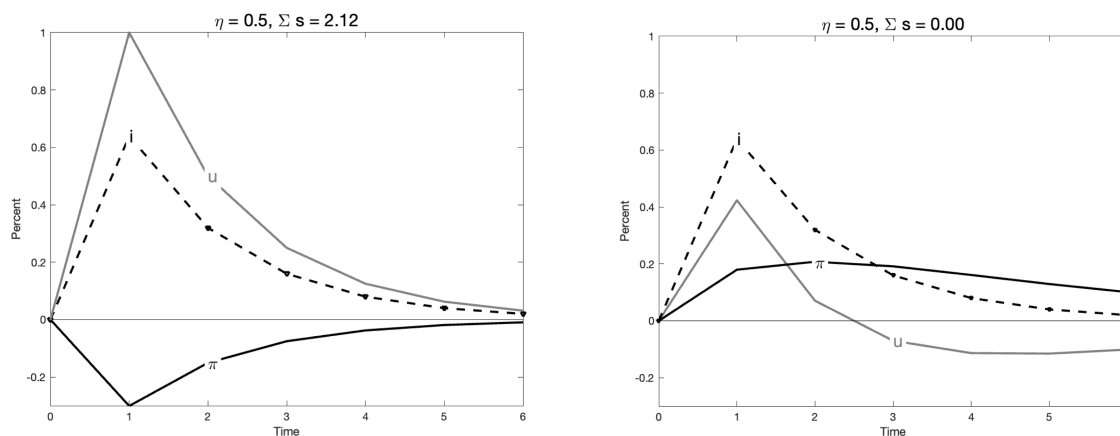


Figure 6. Effect of a monetary policy shock in the standard new Keynesian model. Left: AR(1) monetary policy shock. Right: shock reverse-engineered to produce the same interest-rate path, but no change in fiscal policy.

Figure 6 documents this claim for the standard new Keynesian model. This is the perfectly standard three-equation model, with no fiscal-theory funny business:

$$x_t = E_t x_{t+1} - \sigma(i_t - E_t \pi_{t+1})$$

$$\pi_t = \beta E_t \pi_{t+1} + \kappa x_t$$

$$i_t = \phi \pi_t + u_t$$

$$u_t = 0.7 u_{t-1} + \varepsilon_t.$$

In the left-hand panel, I plot the standard exercise, the response of interest rates and inflation to a shock to an AR(1) disturbance. The interest rate rises, and inflation declines. What do you mean, monetary policy alone can't lower inflation?

Look again. The nominal interest rate is above the inflation rate. The real interest rate has risen, and with it, interest costs on the debt. Who paid those higher interest costs? The first-period lower inflation is a windfall to short-term bondholders. Who paid for that? In every new Keynesian model there is a footnote about passive fiscal policy, usually that lump-sum taxes come in to pay any of these costs. It is uncommon to actually calculate what those lump-sum taxes are, or to wonder what happens should they not materialize. Here I calculate those taxes, for a 100% debt-to-GDP ratio. The answer is that primary surpluses rise by 2.2% of GDP. This is a joint monetary-fiscal disinflation.

What can monetary policy do *without* fiscal help? The right-hand panel answers this question. In this model there are multiple disturbance paths $\{u_t\}$ that produce the same interest rate path $\{i_t\}$. I reverse-engineer a different disturbance path $\{u_t\}$ that produces the same AR(1)-shaped interest-rate path $\{i_t\}$ as in the left-hand panel, but requires no increased fiscal surpluses

from the “passive” fiscal policy—no lump-sum taxes, please. So, by construction, the path of observed interest rates $\{i_t\}$ is the same in the left- and right-hand panels.

(The path of disturbances includes both an interest-rate policy, the observed path of interest rates, and an “equilibrium-selection” policy. Many different disturbance paths and many consequent inflation paths are consistent with a given interest rate path. The choice of the disturbance path among those that generates the same interest rate path selects one of those inflation paths. The change in disturbance here changes the equilibrium-selection part without changing the interest rate path.)

Inflation is different in this simulation. The same observed interest-rate policy, without fiscal support, produces a different inflation. And that inflation *rises*. As promised, higher interest rates without a contemporaneous fiscal tightening do not lower inflation, even in this completely standard new Keynesian model. It is specified and solved in the entirely standard way. I just read and calculated the footnote about lump-sum taxes.

You can see that inflation is tied to the interest-rate path, reducing interest costs on the debt. With no change in surpluses, the sum of interest costs on the debt equals the devaluation of outstanding debt by first-period inflation. You can see how an early period of positive interest costs is matched by a later period of lower interest costs. The initial inflation also amounts to a partial default on outstanding debt to pay for the somewhat larger average interest costs.

This example is taken from Cochrane (2024), which investigates many other examples to make the same point: There is no parameterization of the three-equation model in which higher interest rates lower inflation without fiscal support.

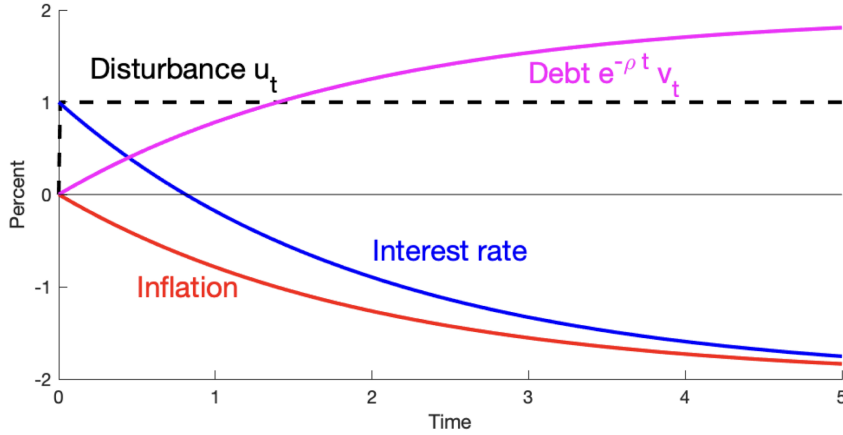


Figure 7. Disinflation in an adaptive-expectations model. Source: Cochrane (2024).

Even in the traditional adaptive-expectations model, higher interest rates cannot lower inflation without fiscal support. Figure 7 displays an example. The model is a traditional adaptive-expectations model. There are no forward-looking terms in the IS curve. Everywhere that there should be a rational-expectations $E_t \pi_{t+1}$, I use past inflation π_{t-1} instead. The model is the continuous-time version of

$$x_t = -\sigma(i_t - \pi_{t-1})$$

$$\pi_t = \pi_{t-1} + \kappa x_t$$

$$i_t = \phi \pi_t + u_t$$

$$\sigma\kappa = 1; \quad \phi = 1.5.$$

I simulate the response to a permanent rise in monetary policy disturbance. Inflation declines. As inflation declines, via the Taylor rule, the interest rate follows along, so we end up at a new lower steady-state inflation. This is an embodiment of the standard story told of the 1980s. What do you mean there is no model of a monetary disinflation?

Look again. There is a long period of high real interest rates. Bondholders get paid off in more valuable money. Who pays? The graph tracks the discounted value of the debt if nobody pays. That value grows forever, meaning that the transversality condition is violated. Without tighter fiscal policy, this is not the answer. Fiscal policy must also tighten to create the inflation path.

In Cochrane (2024), I work out how inflation responds to interest rates in this model when fiscal policy does not change. The answer is, no path of interest rates can permanently lower inflation without a fiscal tightening. The intuition is straightforward: Higher real interest rates lower inflation, and lower real interest rates raise inflation. But the average real interest rate must be zero if the average change to interest costs of the debt are zero. You can't push inflation down without positive average real interest rates.

Figure 4 is the best I can do for an economic model of monetary disinflation by higher interest rates without a fiscal tightening. Inflation is temporarily reduced, but comes back in the end.

What about the 1980s, you ask? Isn't that the paradigmatic case of monetary tightening that vanquished inflation—despite even the notorious “Reagan deficits”? No, that too was a joint monetary, fiscal, and microeconomic reform.

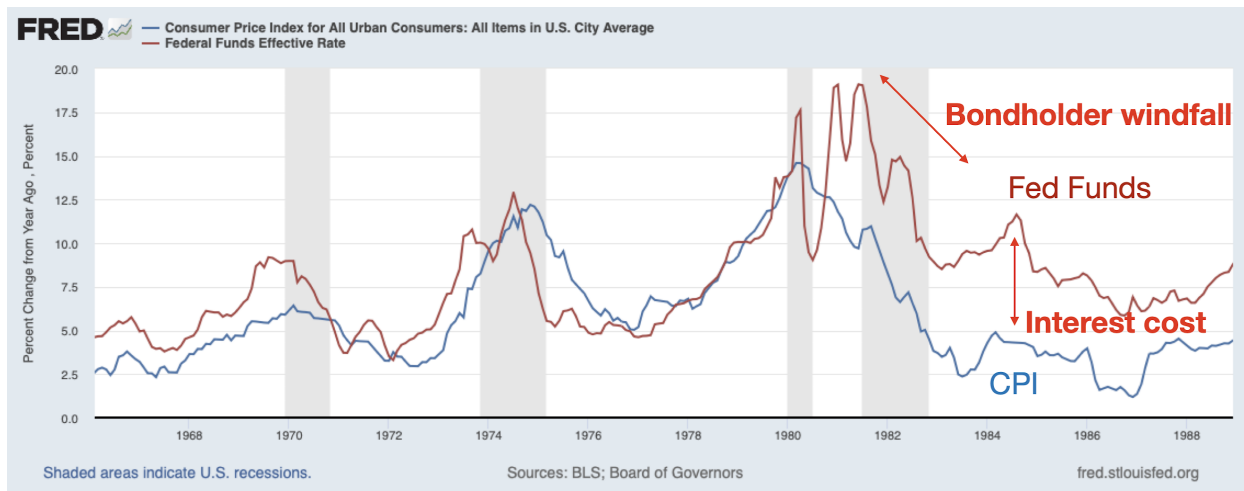


Figure 8. Inflation and the federal funds rate in the Great Inflation and disinflation.

Figure 8 presents inflation and the federal funds rate in the great inflation and disinflation of the 1970s and 1980s. There were three great surges of inflation. In each event, the Federal Reserve did raise interest rates, and more promptly than it did in 2022. In 1975, inflation eased despite interest rates that fell before inflation fell, another puzzle for standard doctrine. The quiescent period of 1977, with inflation easing but still persistent, may be an ominous reminder of the present moment. Inflation then surged through 1980. The Fed raised interest rates once, and retreated in the face of a sharp recession. The Fed raised rates again, to nearly 20%, and left rates high through a bruising recession. Inflation finally came down by the mid-1980s.

In its conventional interpretation, this is the paradigmatic episode for strong monetary policy, in the form of persistently high interest rates, pushing down inflation. It is usually interpreted through the old-Keynesian dynamics of Figure 7.

But that isn't the whole story. Notice in Figure 8 a decade of high real interest rates. These are high interest costs on the debt. Who paid those? Notice that investors who bought bonds at the high yields of 1980 were paid off in dollars worth a great deal more than expected,

after inflation fell to 2.5%. Who paid that windfall? Who paid for the deficits induced by the recessions of 1980 and 1982?

Figure 9 presents the ratio of primary surplus to outstanding debt. In fiscal theory,

$$\frac{B_{t-1}}{P_t} = E_t \sum_{j=0}^{\infty} \frac{1}{R_{t,t+j}} s_{t+j},$$

surplus relative to debt outstanding is the central measure of the inflationary impact of a surplus, just as total dividends relative to the value of stock outstanding measures the effect of dividends on prices.

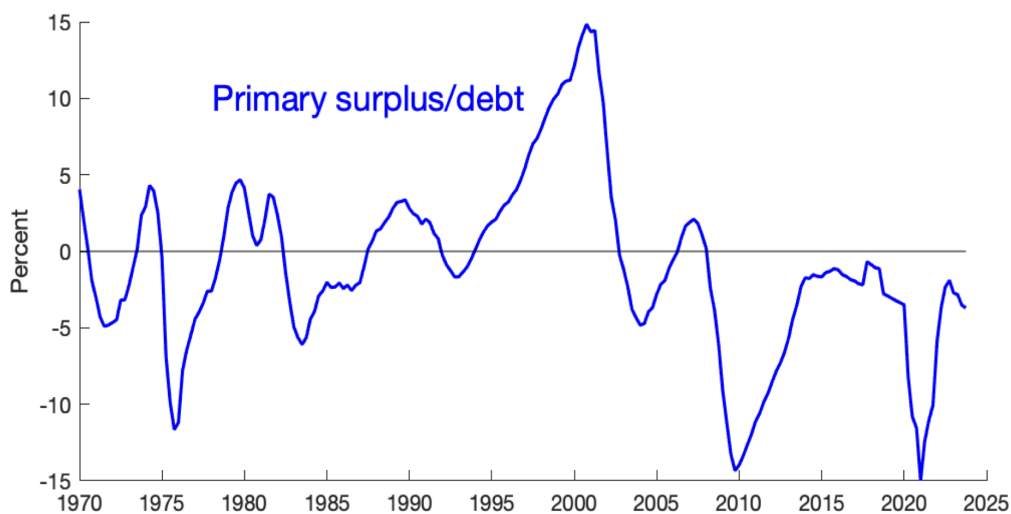


Figure 9. Primary surplus divided by federal debt held by the public.

The deficits of the early 1970s and mid-1970s were quite large relative to debt, suggesting a fiscal impulse for inflation. The large deficits of the early Reagan years were in fact not quite so large *primary* deficits. Much of the deficit that attracted attention at the time was higher interest costs on the debt. And then surpluses surged. In fiscal theory terms, the present

value of surpluses on the right-hand side, the answer to “Who paid?”, is simple: Taxpayers paid. By the 2000s, economists were writing papers about what to do when the federal debt was paid off.

The 1980s included a range of fiscal reforms as well as tight monetary policy. The years 1982 and 1986 saw huge tax reforms that lowered the top marginal rate from 70% to 28%, while broadening the base. A Social Security reform put that program on a sound footing for several decades—a particularly noteworthy reform for the present value of surpluses. Fiscal theory is not about current deficits, remember, it is about faith in the government’s ability and will to repay debt and run sober fiscal policy over decades. Deregulation, or at least an absence of further regulation, spurred economic growth. For these and other reasons, economic growth accelerated. Tax revenue equals tax rate times income, and higher income generates fiscal surpluses more reliably than any other means.

To emphasize this point, Figure 10 plots the total surplus relative to the amount of debt, along with the unemployment rate. United States surpluses and deficits are driven almost entirely by the business cycle, not the widely ballyhooed changes in tax or spending policies. This graph also documents that the “Reagan deficits” were not unusually large given the state of the business cycle.

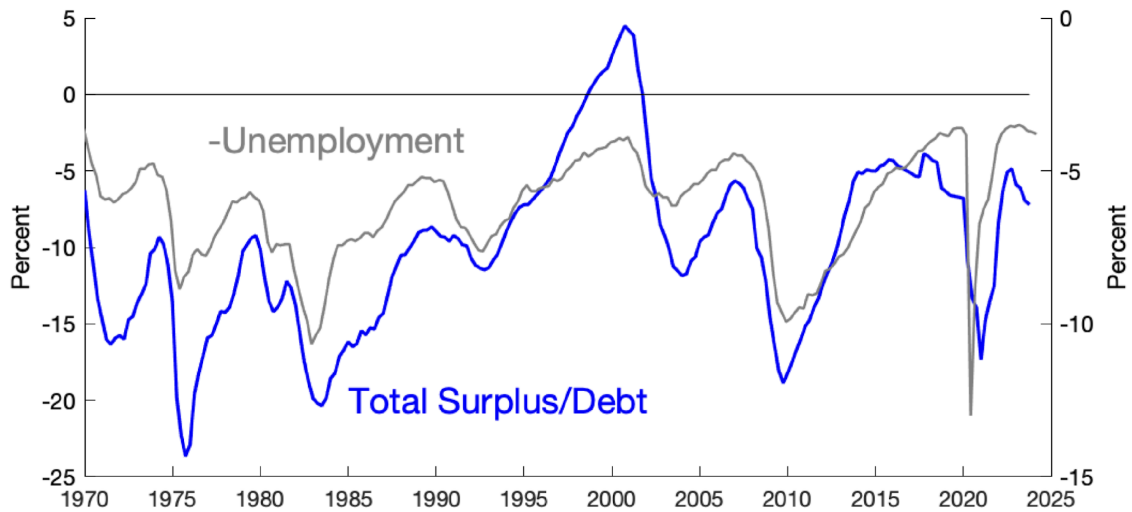


Figure 10. Total surplus divided by federal debt held by the public, and the negative of the unemployment rate.

The present value of surpluses *did* pay for the disinflation of the 1980s. That's an identity, really, as the right-hand side of the fiscal theory holds generally when discounting by the government bond return. But it's useful to see the elements of that identity in action. Surpluses *did* rise, to pay higher interest costs of the debt, the windfall to bondholders, and the extra debts of the 1980–82 recession. The 1980–84 period represented a joint fiscal, monetary, and microeconomic reform, not monetary policy acting alone. It is a mistake to look at this experience and infer what the Fed can do when acting all by itself.

But 1980 had a 25% debt-to-GDP ratio. We now face 100% debt to GDP. We face expectations of a far larger bailout and stimulus in any recession. A bipartisan Social Security and health expense reform seems a distant political dream. Can the Fed count on this sort of fiscal support if it needs to repeat 1982 to stop the next inflation? The history of Latin America is full of instances in which central banks tried to stop inflation without fiscal cooperation. Inflation fell briefly, then surged again (Kehoe and Nicolini 2021). Will the US Congress, or European

governments, sit still for central banks raising their interest costs by multiple percentages of GDP, or will the financial repression of the early post-WWII-era return?

The Future

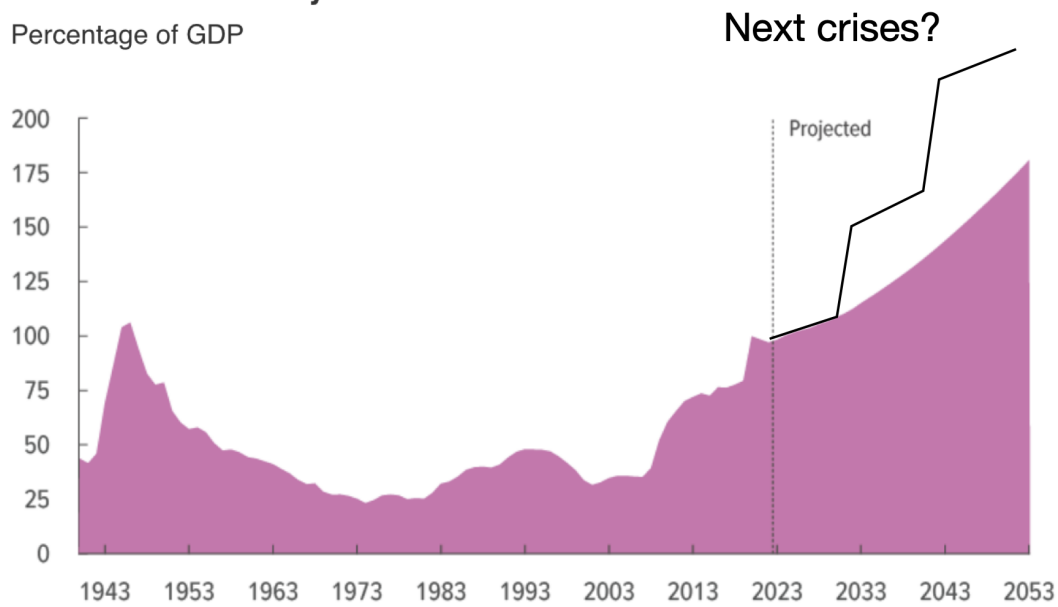
Figure 11 reproduces the Congressional Budget Office's (CBO) long-term debt and deficit projections.

These are projections, not forecasts or conditional expectations. This will not happen. The CBO says as much, by labeling the debt path “unsustainable.” They are projections of what will happen under current law, plus economic assumptions. The only question is how the future will differ from these projections.

The CBO projections are optimistic, in that they assume nothing bad ever happens again. The economic projections do not include the once-in-a-century crises that we seem to have every decade now. Note that the recent run-up in debt happened in two waves: the 2008 financial crisis and the 2020 COVID expansion. The next crisis will surely have a similar effect. So, under current law, something like the black lines is a more likely projection.

Federal Debt Held by the Public

Percentage of GDP



Deficits

Percentage of GDP

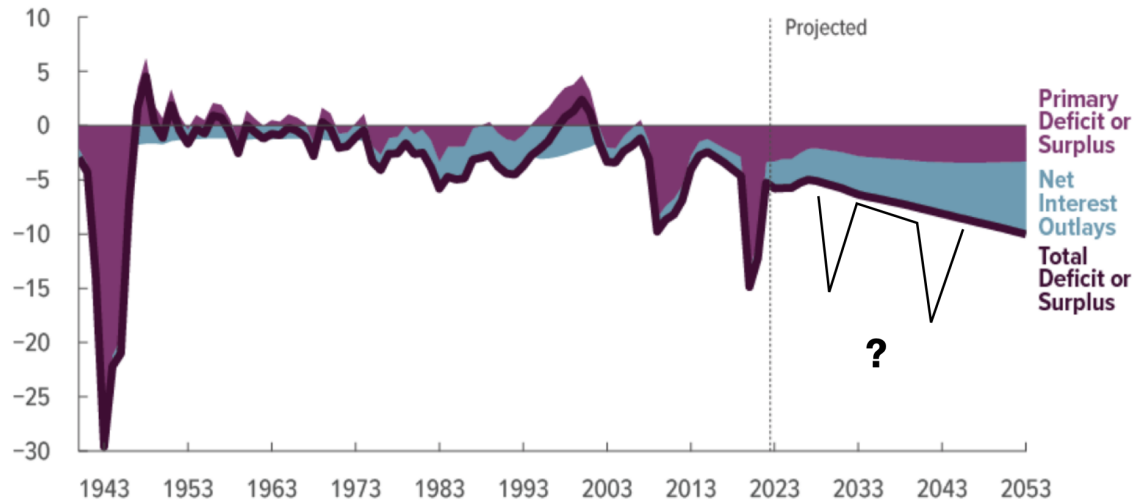


Figure 11. Congressional Budget Office long-term projections. Black lines are author art illustrating what may happen in future crises.

Debt by itself is not the central issue for the US fiscal situation. The US can slowly pay off even a 100% debt-to-GDP ratio, and borrow more if necessary, if it reliably returns to small surpluses and strong economic growth. Conversely, if the US continues to run 5%-of-GDP primary deficits forever, even defaulting or inflating away the debt, or eliminating it with an immense “one time” capital levy, will not ease fiscal constraints. Who then will lend the US an annual 5% of GDP? That structural deficit is the key to the US fiscal constraints.

The conventional fear is that the indicated smooth path will eventually lead to inflation or debt crisis erupting on its own. I worry about shocks. What happens in the next crisis? Suppose, say, that China invades Taiwan. Pacific trade stops; a gigantic financial crisis and global recession break out. Our government would want to borrow or print, say, \$10 trillion, to bail out, to stimulate, to keep people and businesses afloat, and, this time, to quickly fund military expenses. And all the time, entitlements remain unreformed, and the US continues to spend trillions on various measures of dubious cost-to-benefit value. Who will give \$10 trillion of savings to the US government, believing it will be repaid? Will the experience of 2021–23, in which the same investors took a roughly 10% haircut due to inflation, not weigh on their faith? Will they say no, provoking an even quicker inflation? Will the US even be able to borrow that much, and thus be unable to marshal the resources needed to meet the crisis?

On a smaller scale, the same lack of fiscal capacity threatens a coordinated monetary-fiscal reform to contain inflation, should it break out. If there is no fiscal space to pay higher interest costs on the debt, monetary policy may not be able to lower inflation.

Returning to somewhat normal fiscal policy is not economically difficult. Our economy does not face major external threats, and indeed is experiencing a once-in-a-generation

opportunity in AI. Pro-growth economic policy offers an alternative to distorting tax-rate hikes or contentious spending cuts. Everything that raises GDP raises tax revenue.

References

Cochrane, John H. 2022. The Fiscal Roots of Inflation.” 2022. *Review of Economic Dynamics* 45:22-40.

Cochrane, John H. 2023. *The Fiscal Theory of the Price Level*. Princeton University Press.

Cochrane, John H. 2024. “Expectations and the Neutrality of Interest Rates.” *Review of Economic Dynamics* 53: 194–223.

Kehoe, Timothy, and Juan Pablo Nicolini, 2021. *A Monetary and Fiscal History of Latin America, 1960–2017*. University of Minnesota Press.

Smets, Frank, and Raf Wouters. 2024. “Fiscal Backing, Inflation, and US Business Cycles.” CEPR Discussion Paper 19791, CEPR Press.