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THE NATURAL RATE PUZZLE:  
GLOBAL MACRO TRENDS AND THE MARKET-IMPLIED  $R^*$

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### **ABSTRACT**

Benchmark finance models deliver estimates of bond risk premia based on components of Treasury bond yields. Benchmark macroeconomic models deliver estimates of the natural rate of interest based on growth, inflation, and other macro factors. But estimates of the natural rate implied by the former are wildly inconsistent with those of the latter; and estimates of risk premia implied by the latter are wildly inconsistent with those of the former. This is the natural rate puzzle, and we show that it applies not only in the United States but also across several advanced economies. A unified model should not fail such consistency tests. We estimate a unified macro-finance model with long-run trend factors which delivers paths for a market-implied natural rate  $r^*$  consistent with inflation expectations  $\pi^*$  and bond risk premia. These paths are plausible and our factors improve the explanatory power of yield and return regressions. Trading strategies based on signals incorporating both  $r^*$  and  $\pi^*$  trends outperform both yield- only strategies like level and slope and strategies which only add trend inflation. The estimates from our unified model satisfy consistency and deliver a resolution to the puzzle. They show that most of the variation in yields has come from shifts in  $r^*$  and  $\pi^*$ , not from bond risk premia. Our market-implied natural rate differs from consensus estimates, and is typically lower, intensifying concerns about secular stagnation and proximity to the effective lower-bound on monetary policy in advanced economies.

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## 1. INTRODUCTION

Like two trains running on different railroads, studies of the natural rate and bond risk premia in the macroeconomic and finance literatures have tended to follow their own line even if ostensibly headed for the same place. The destination is clear and important: rates of interest, across all maturities, matter for saving, investment, capital allocation, economic growth, and monetary policy. But passengers on each route see different landscapes: on the macro track, a panoramic debate about time-series patterns with slow-moving trends in natural rate Wicksellian models and their fundamental drivers (e.g, [Holston, Laubach, and Williams, 2017](#); [Jordà and Taylor, 2019](#); [Rachel and Summers, 2019](#)); on the asset pricing track, a more tightly-framed look at cross-section patterns with a no-arbitrage pricing approach using factors typically built from yields (e.g, [Adrian, Crump, and Moench, 2013](#); [Litterman and Scheinkman, 1991](#); [Piazzesi, 2010](#)).

But the two tracks converge and a collision has been unavoidable. Workhorse finance models of bond risk premia and inflation expectations generate a path for the natural rate dramatically at odds with the macro literature. Equivalently, workhorse macro models of the natural rate and inflation expectations generate a path for bond risk premia equally at odds with the finance literature. We call this the *natural rate puzzle*. To get on the same track, the two approaches must be somehow shunted together. A consensus unified model should not fail these consistency tests and this is a first-order challenge for macro-finance research. We build on a long literature and make new inroads. We explore the international aspect of this problem with newly-constructed data from the U.S. and other advanced economies and we advance a new empirical approach which disciplines estimates of the natural rate and risk premia with both financial market *and* macro information.

We first document the puzzle, for both the U.S. and other countries. For clarity, we do nothing analytically new here: we rely only on off-the-shelf models and data. The analysis revolves around three trend estimates. For the U.S., we construct an estimate of the bond premium following the canonical model ([Adrian, Crump, and Moench, 2013](#)) used by academic and financial professionals, and also by the Federal Reserve. We estimate inflation expectations following recent research incorporating trend inflation into models of bond yields and risk premia ([Cieslak and Povala, 2015](#)). And we construct an estimate of the natural rate following the seminal model in the macroeconomic literature ([Laubach and Williams, 2003](#)). We then use directly-observed long-dated forward rate data to show the contradiction. Using bond premia, inflation, and forwards, the implied natural rate is nearly flat over six decades, inconsistent with the rise and fall seen in macro estimates (with the implication that changes in the bond premium mostly explain long-yield changes). Conversely, using natural rates, inflation, and forwards, the implied bond premium is nearly flat, inconsistent with the rise and fall seen in finance estimates (with the implication that changes in natural rates mostly explain long-yield changes). Both models cannot be true. The puzzle is not an artifact of these particular estimates, and obtains using other well-respected estimates of U.S. bond risk premia, trend inflation, and the natural rate from multiple credible sources. The same puzzle also exists internationally in data we have newly compiled from five other advanced economies.

We then set out a unified macro-finance model to ground the empirical work that follows. We build on the idea that term structure models should allow all nominal rates to include a stochastic trend, as seen in early work by [Campbell and Shiller \(1987\)](#) and developed further in the seminal paper of [Kozicki and Tinsley \(2001\)](#). We follow the key contribution of [Cieslak and Povala \(2015\)](#) and allow two trends in a nominal and a real factor, with yields and expected returns to bonds of different maturities derived under no-arbitrage constraints from a short-rate process linked to the two macroeconomic factors,  $r^*$  and  $\pi^*$ . The model crystallizes the uncontroversial view—among macroeconomists, at least—that nominal bond returns are not explained simply as a compensation for the compounded benchmark rate, as the failure of the expectations hypothesis shows. Rather, there must be extra compensation for macroeconomic risks linked to real factors and inflation ([Ang and Piazzesi, 2003](#); [Cieslak and Povala, 2015](#); [Ludvigson and Ng, 2009](#)).

Next, in the empirical core of the paper, we take the model to the data. Trend inflation is treated as an observable, as in prior work, but the unobservable natural rate is estimated from a unified state-space model with the Kalman filter. However, we make a unifying link to natural rate research, by also including a macroeconomic growth factor in a state equation, in addition to yield and return measurement equations, so our model utilizes information from both macro and financial market data.<sup>1</sup> We therefore refer to our  $r^*$  estimate as the *market-implied natural rate*.

We apply the model to the postwar data for the U.S. and five other advanced economies, an historical laboratory as large as any previously explored in the study of these questions as far as we know. We find strong support for the model. Dropping either trend variable significantly worsens the model fit: the baseline  $R^2$  statistics are relatively high, but fit worsens one or both trends are removed, especially in return forecast regressions. Indeed, the macroeconomic factors subsume much of the relevant information needed to price bonds as compared with benchmark yield-only term-structure models, leaving only detrended yields to play a role, amplifying the insight of [Cieslak and Povala \(2015\)](#), but now for two trends and more countries. Finally, we explore the model’s out-of-sample performance in delivering better trading strategies. Here the model, now with one-sided filtering, is applied to a cross-section portfolio of advanced economy bonds in recent years. Positions in each country at each time are scaled to the size of the model’s predicted bond return, and the portfolio excess return performance is evaluated. Strategies based on a signal that incorporates expected inflation and natural rate estimates outperform strategies using only an inflation trend or with just the traditional yield-based factors.

The main contribution of this paper is a step toward a unified model which bridges the methodological divide and exploits fully all the information used in previous finance and macro approaches. Finance models of unobserved bond risk premia have utilized yield-based factors, macro models of the unobserved natural rate have utilized macroeconomic variables like growth.

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<sup>1</sup>A related paper is the contemporaneous, independent work by [Bauer and Rudebusch \(2019\)](#), which favors a modeling approach based on a single stochastic trend, a nominal natural rate factor  $i^*$ . Their estimation uses yield-based factors, but information in macroeconomic variables like growth is not included in the state-space model (see their Appendix C).

We propose that to get better estimates of *both* unobserved latent factors, and to ensure their mutual consistency, a unified approach like ours using both sets of information is necessary. To get there, our paper makes a number of specific points along the way, touching on questions that have emerged from distinct literatures. First, we document for many countries, over many decades, an important macro-finance puzzle which the separate paths of risk premia research and natural rate research have often skirted around. Second, to operationalize the model, we apply a one-step joint estimation strategy; though novel, and computationally more difficult, this should be preferred to approaches which draw natural rate and risk premia estimates from disparate models, which can lead to inconsistency. Third, we present estimates from a broader sample of six advanced economies, as this is not just a U.S. story and it allows us to address diverse global trends. Fourth, this matters, as inflation and natural rate factors follow quite distinct paths in other economies, and attract very different yield loadings. Fifth, behind that, our estimation rests on a new, comprehensive database of zero-coupon bond yield time series for the five non-U.S. economies, a valuable data contribution for future researchers in its own right. Sixth, we show that our method produces improved predictions for bond yields and especially for returns in the U.S. and international samples, both in and out of sample, resulting in meaningful improvements to simple back-tested trading strategies.

By the end, we are in a position to assay the natural rate puzzle, and we get a clear answer: across advanced economies, most of the long-term variation in yields in recent decades has come from shifts in the natural rate and inflation trend components, not from shifts in bond risk premia. The key takeaway is that macro and finance models can go their separate ways no longer.

## 2. THE NATURAL RATE PUZZLE

The natural rate puzzle is the observation that standard finance models of bond risk premia and inflation expectations generate a path for the natural rate at odds with the macro literature.

To document this we use a general framework. In a wide class of standard affine asset pricing models, the term structures (of bond yields, prices, excess returns, and forwards) are affine functions of the model's vector of risk factors ( $F_t$ ), which will be made precise in the next section. Then, if  $f_t^{(n,m)}$  is the horizon  $n$ , maturity  $m$ , forward interest rate at time  $t$  in the future, we can write

$$f_t^{(n,m)} = r_t^* + \pi_t^* + \Gamma^{(n,m)}(F_t), \quad (1)$$

where  $r_t^*$  is the trend of the real natural rate,  $\pi_t^*$  is the trend of inflation, and  $\Gamma^{(n,m)}(F_t)$  is a bond risk premium term, defined implicitly here, and explores in more detail below in a formal model.

This expression is quite intuitive, especially in the case when  $r_t^*$  and  $\pi_t^*$  follow processes which are unit root. Investors buying forward rates must be compensated by the sum of the trend real natural rate and trend inflation, plus a term that is by definition the bond risk premium. But the modeling challenge comes in the selection of the factor set  $F_t$  and other choices needed to operationalize the idea.

Suppose we naïvely take  $\Gamma^{(n,m)}(F_t)$  from benchmark models in the finance literature where  $F_t$  is a set of yield factors, take  $r_t^*$  and  $\pi_t^*$  from benchmark macro models, and take  $f_t^{(n,m)}$  from market data. Having constructed these four terms for multiple countries, we show that the above equation fails to hold. This section documents this fact across the advanced economies and the rest of the paper explores a hybrid macro-finance model which may offer a way out. As might be anticipated, equation (1) offers only two escape routes. Given that the forward rate is an observed trending variable, and that the inflation trend  $\pi_t^*$  is not subject to large estimation error, or can be treated as quasi-observable, then either the trend in the unobserved natural rate  $r_t^*$  is mismeasured, or the trend in the unobserved bond risk premium  $\Gamma^{(n,m)}(F_t)$  is mismeasured, or both. It turns out that, while both matter, we argue that mismeasurement of the risk premium has dominated in reality.

## 2.1. U.S. evidence

To see the puzzle, we take equation (1) directly to the data. In Figure 1, Panel (a), the U.S. time-series estimates for each of the four terms are shown. We simply take these estimates from canonical models in the finance and macro literatures. The bond risk premium term  $\Gamma$  is constructed as in the baseline five-factor model of [Adrian, Crump, and Moench \(2013\)](#) [henceforth abbreviated ACM]; the inflation expectations term  $\pi^*$  as in [Cieslak and Povala \(2015\)](#) [CiP]; and the (one-sided) real natural rate term  $r^*$  as in [Laubach and Williams \(2003\)](#) [LW]. Finally, we have the 10-year, 10-year forward rate ( $f$ ) which is directly-observed raw data taken from Bloomberg, with  $n = m = 120$  months here.

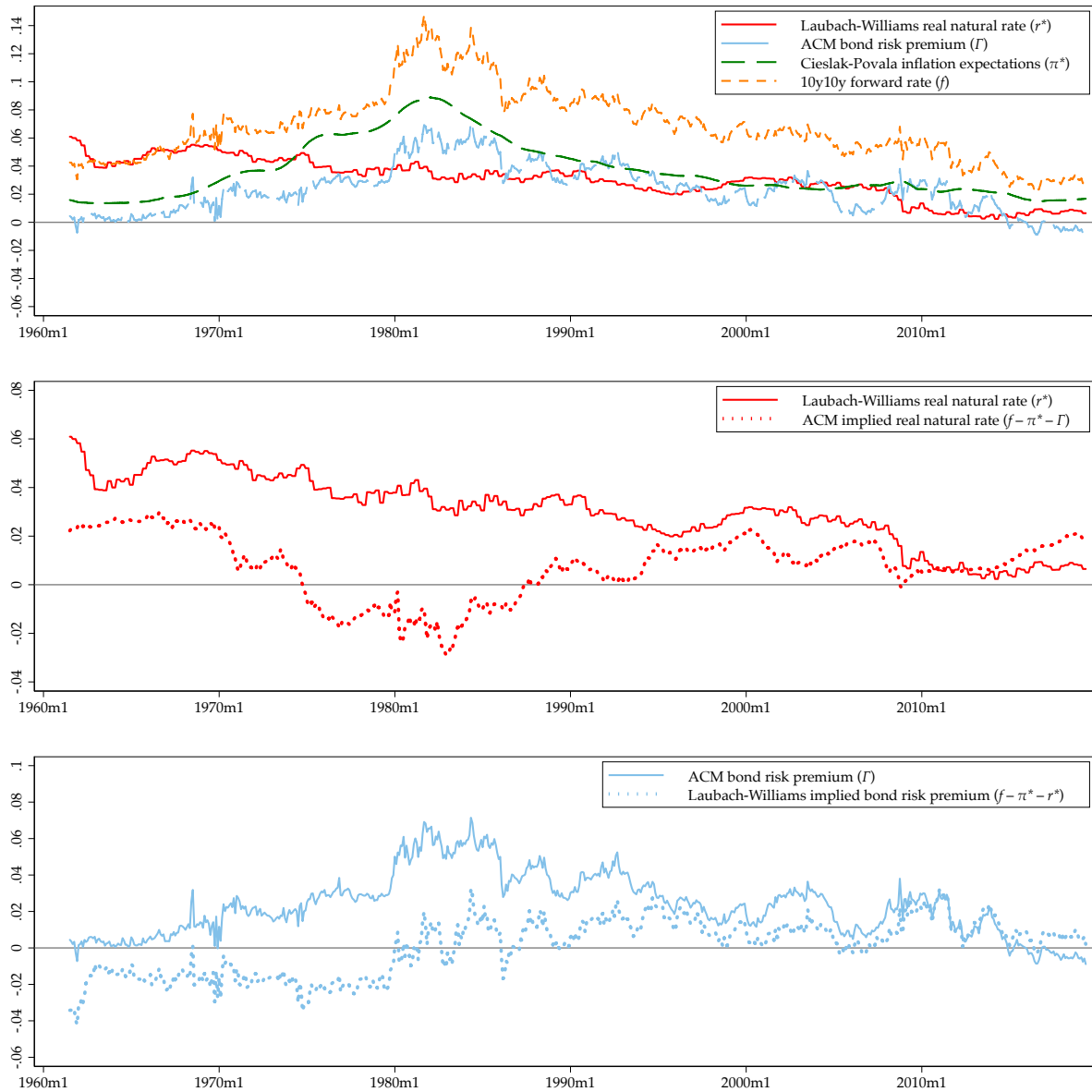
The first version of the consistency test rearranges equation (1) to obtain a formula for the real natural rate  $r_t^* = f_t^{(n,m)} - \pi_t^* - \Gamma^{(n,m)}(F_t)$ , and Panel (b) plots both sides of this expression using the above data sources: the left-hand side is taken directly from an LW model and the right-hand side is the implied value using an ACM model. The equality is violated, and the disparity is often quite large. The ACM-implied  $r^*$  does not match the LW  $r^*$ . The ACM series starts around +2% in the 1960, displays a sharp decline to a level below -2% during the Great Inflation period of the 1970s, returns to +2% in the 1990s, drops to near zero after the financial crisis, and then shows a consistent increase after 2013 to a level close to 2% in 2019. In contrast, the familiar LW estimate of  $r^*$  has fallen gradually from a +4% level in the 1960s and 1970s, with the sharpest decline occurring after the mid-2000s, and since 2010 it has sat in the 0.5%–1.0% range, and never turned negative. The difference between the two series, before the last decade, is often large, between 100 and 600 basis points (bps), with the LW  $r^*$  much higher than the ACM  $r^*$ , on average. Around 2012 the two series intersected and then the difference inverted to about -100 bps in the other direction.

A second, equivalent, version of the test is shown in Panel (c). We rearrange again to obtain a formula for the bond risk premium  $\Gamma^{(n,m)}(F_t) = f_t^{(n,m)} - r_t^* - \pi_t^*$ , and Panel (b) plots both sides of this expression using the aforementioned data sources. Now the left-hand side is direct from an ACM model and the right-hand side is the implied value using an LW model. This equality is, of course, also violated, and the same large disparity is seen. The ACM bond risk premium starts near zero in the 1960s, rises sharply in the Great Inflation period of the 1970s to about 6%, then

**Figure 1: The natural rate puzzle in U.S. data**

This figure displays market data ( $f$ ) and existing trend data (other variables) based on other studies in Panel (a), and then displays the puzzle in the form of the difference between existing trend data and implied data in Panels (b) and (c). The presentation is based on equation (1), which we can rewrite in simplified form, omitting subscripts and expectations, and taking them as understood, with the notation  $f = r^* + \pi + \Gamma$ . The puzzle is that existing benchmark estimates violate this equation.

In Panel (a), the four terms are shown: the bond risk premium  $\Gamma$  from [Adrian, Crump, and Moench \(2013\)](#); inflation expectations  $\pi$  from [Cieslak and Povala \(2015\)](#); and the real natural rate  $r^*$  from [Laubach and Williams \(2003\)](#). We also show the 10-year, 10-year forward rate ( $f$ ) from Bloomberg. The sample period is June 1961–May 2019. In Panel (b), we compare the real natural rate  $r^*$  from [Laubach and Williams \(2003\)](#) to that implied by  $r^* = f - \pi^* - \Gamma$ . There is a large difference between these two series. In Panel (c), we compare the bond risk premium  $\Gamma$  from [Adrian, Crump, and Moench \(2013\)](#) to that implied by  $\Gamma = f - r^* - \pi^*$ . There is the same large difference between these two series.



gradually falls back, reaching zero again in the mid-2010s. The LW bond risk premium behaves very differently, and is almost flat by comparison. It actually starts at a negative level in the 1960s, rises much later, but only to a modest 2% by the early 1980s, then declines by a small amount up to the mid 2000s. After that the two series cross, with LW signaling a small positive bond risk premium, but ACM turning negative.

The puzzle is vividly apparent in these charts. Persistent inconsistencies of several hundred basis points are quantitatively just too large to ignore. Both approaches cannot be simultaneously right. A substantial contradiction thus emerges from the heart of benchmark macro and finance models once they are studied in unison. The rest of this paper is devoted to building theory and empirics to help resolve the puzzle.

## 2.2. Alternative trend measures

As a robustness check, Figure 2 examines whether the existence of the puzzle for the U.S. is sensitive to the source data used. For a variety of widely used and respected sources we compute the discrepancy in equation (1) as  $discrepancy = r^* - f + \pi^* + \Gamma$ , and plot the series over time.

The same forward rate data  $f$  from Bloomberg are used in all cases. The sources of the other three series rotate through all possible combinations, with the sources are abbreviated as follows:

- Natural rate estimates  $r^*$ : [Laubach and Williams \(2003\)](#) [LW]; [Holston, Laubach, and Williams \(2017\)](#) [HLW]; [Del Negro, Giannone, Giannoni, and Tambalotti \(2017\)](#) [DGGT]; and [Lubik and Matthes \(2015\)](#) [LM].
- Inflation estimates  $\pi^*$ : [Cieslak and Povala \(2015\)](#) [CiP]; the University of Michigan Inflation Expectations from FRED [MI]; the Survey of Professional Forecasters from the Federal Reserve Bank of Philadelphia [SPF]; and the TIPS 10-Year Breakeven Inflation Rate from FRED [TIPS].
- Bond risk premium estimates  $\Gamma$ : the [Adrian, Crump, and Moench \(2013\)](#) five-factor model [ACM5]; the same authors' three-factor model [ACM3]; and the [Kim and Wright \(2005\)](#) three-factor model [KW].

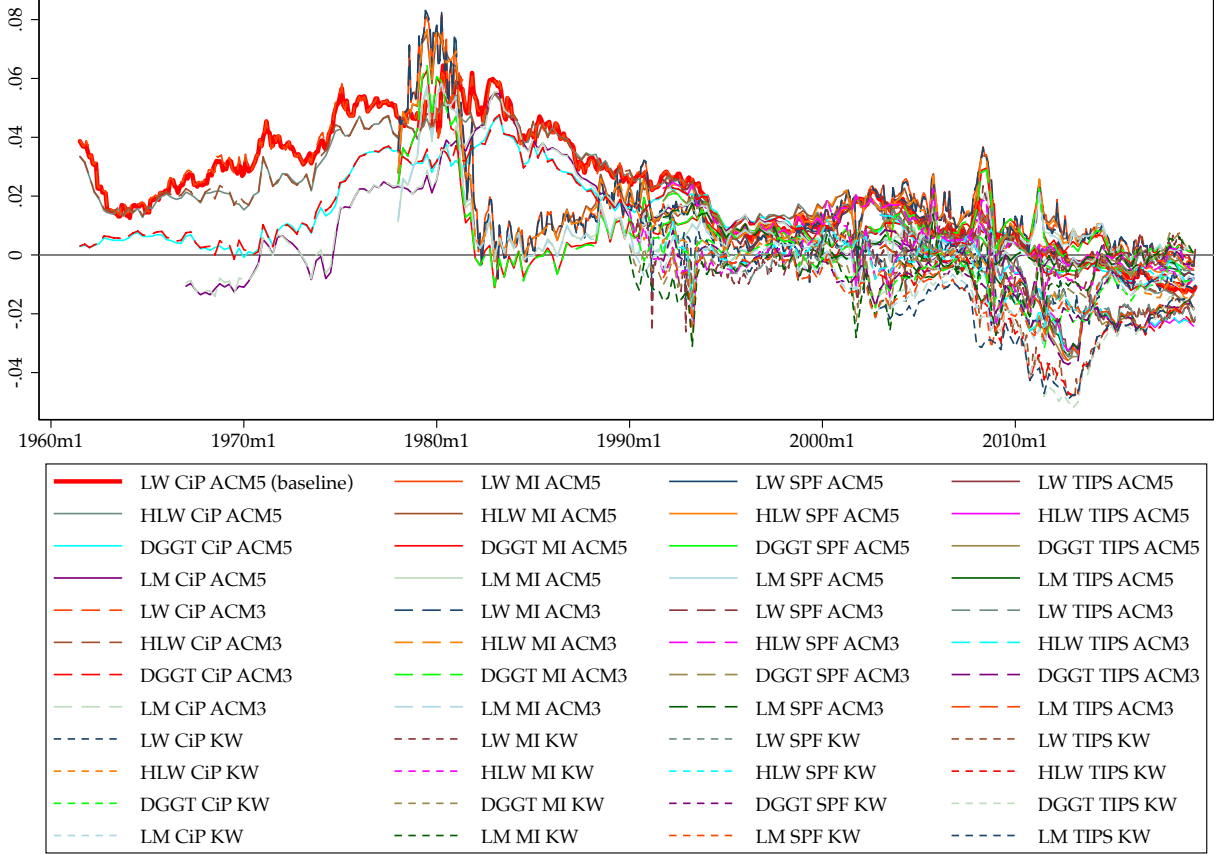
Note that because quite a few of these series (e.g., TIPS, KW) are only available for a shorter span of recent years, full-sample comparisons across all trend estimates are not always possible.

The figure reveals that the natural rate puzzle is a quite robust phenomenon in recent U.S. data. A discrepancy arises in all cases. It is often more than 100 bps, and at certain times it exceeds 500 bps. It is present in a wide variety of trend estimates currently used in the macro-finance literatures. The figure shows that, as in the baseline variant above, the extent of the puzzle varies from year to year, and over decades. Most series combinations make errors in one direction, but a few go the other way. The discrepancies are large in the 1970s, and often surge to their highest levels around 1980. The discrepancies are smaller by the late 1990s and early 2000s, but they open up again for some series, in the opposite direction to almost  $-400$  bps, after the global financial crisis.



**Figure 2:** *The natural rate puzzle in U.S. data using alternative trend measures*

This chart displays the discrepancy between implied and existing trend data for the natural rate. The presentation is based on equation (1) and the series computed is  $discrepancy = r^* - f + \pi^* + \Gamma$ . The puzzle is that this term is not zero. See text.



### 2.3. International evidence

We also sought evidence for or against the natural rate puzzle in 5 other advanced economies: Japan, Germany, the U.K., Canada, and Australia. Table 1 and Figure 3 present these findings.

Again, we compare the real natural rate  $r^*$  from an LW-type estimation to that implied by the risk premium from an ACM-type estimation, inflation expectations from a CiP-type estimation, and the forward rate. For the LW-type natural rate estimates we use LW itself for the U.S. as above, [Holston, Laubach, and Williams \(2017\)](#) (one-sided estimates) for the Germany, U.K., Canada, [Okazaki and Sudo \(2018\)](#) (two-sided estimates) for Japan, and [McCririck and Rees \(2017\)](#) (two-sided estimates) for Australia. We then replicate the ACM and CiP methodologies and construct forward rates from zero-coupon bonds, as described later in this paper, and compute the discrepancy for all the countries to complete the analysis.

**Figure 3:** *The natural rate puzzle in international data*

These charts apply the approach of Figure 1, Panel (b), extended to a sample of 6 advanced economies. We compare the real natural rate  $r^*$  from an LW-type estimation to that implied by the risk premium from an ACM type estimation, inflation expectations from a CiP-type estimation, and the forward rate,  $f - \pi^* - \Gamma$ . There is a large difference between these two series.



**Table 1:** *The natural rate puzzle in international data*

This table applies the approach of Figure 1, Panel (b), extended to a sample of 6 advanced economies, showing sample means. We compare the real natural rate  $r^*$  from an LW-type estimation to that implied by the risk premium from an ACM type estimation and inflation expectations from a CiP type estimation plus the forward rate. There is a large difference between these two series, given by  $discrepancy = r^* - f + \pi^* + \Gamma$ .

	(1)	(2)	(3)	(4)	(5)	(6)
Mean	U.S.	Japan	Germany	U.K.	Canada	Australia
LW $r^*$	303	104	175	215	236	219
ACM implied $r^*$	78	-129	-26	-195	-48	-30
Difference	225	232	201	410	284	249
Absolute difference	241	233	211	410	284	249
Observations	695	411	560	472	400	321

Table 1 shows the mean level of each natural rate estimate, from LW and implied by ACM, along with the mean discrepancy, and the mean absolute discrepancy. The mean absolute discrepancy is 241 bps for the U.S., reaches a maximum of 410 bps for the U.K., and a minimum of 211 bps for Japan. The mean absolute discrepancy is in the range 200–300 bps in all cases.

So the discrepancy can be visualized over time, Figure 3 presents the time-series data for each natural rate estimate. The U.S. pattern is fairly typical: the LW estimates lie well above the ACM implied estimates, and the latter often dips implausibly far into negative territory. In general, the paths are quite far apart and they only get closer, and in rare cases cross, near the end of the sample.

In short, the natural rate puzzle is not simply a U.S. puzzle. It applies to many advanced economies, suggesting a deeper and more general pattern posing problems for standard models.

### 3. A TERM-STRUCTURE MODEL WITH TWO TRENDS

For comparability, we use the model setup of Cieslak and Povala (2015) which features two trends for inflation and the real rate, building on the earlier insights of Kozicki and Tinsley (2001). At time  $t$ , we denote the nominal yield on an  $n$ -period Treasury bond by  $y_t^{(n)}$ , trend inflation by  $\pi_t$ , and the trend real natural rate by  $r_t$ . (Stars are dropped in this section for clarity and consistency.) Nominal yields across all maturities are driven by the two trends and other factors contained in a price-of-risk factor  $x_t$  vector, so the full set of factors is  $F_t = (\pi_t, r_t, x_t)^\top$ .

The core of the model is the specification of the short-rate process and the stochastic discount factor, from which all other pricing relationships follow. The short-rate process is assumed to depend on the factors, which in turn follow independent AR(1) processes, with

$$y_t^{(1)} = \delta_0 + \delta_\pi \pi_t + \delta_r r_t, \quad (2)$$

$$r_t = \mu_r + \phi_r r_{t-1} + \sigma_r \epsilon_t^r, \quad (3)$$

$$\pi_t = \mu_\pi + \phi_\pi \pi_{t-1} + \sigma_\pi \epsilon_t^\pi, \quad (4)$$

where  $\delta_\pi > 0, \delta_r > 0$ , with  $\delta_x = 0$ , as shown, and  $\epsilon_t^\pi, \epsilon_t^r$  are standard normal, i.i.d.

Concerning equation (2), a natural benchmark is  $\delta_0 = 1, \delta_\pi = \delta_r = 1$ , i.e., the Fisher equation, and  $r_t$  is the ex-ante real rate. Alternatively,  $\delta_\pi > 1, \delta_r < 1$  might reflect a Taylor rule, where the natural rate is dominated by growth shocks at high frequency. Concerning equations (3) and (4), it is well known that inflation follows a process that is unit root or very close, so we expect  $\phi_\pi < 1$  but close to unity. Estimates of the natural rate also tend to be highly persistent, with  $\phi_r < 1$  and somewhat close to unity. We later find this to be the case in our estimates.

The price-of-risk factor follows its own AR(1) process with i.i.d. normal shocks,

$$x_t = \mu_x + \phi_x x_{t-1} + \sigma_x \epsilon_t^x, \quad (5)$$

The model economy is then compactly described by the equations

$$F_t = \mu + \Phi F_t + \Sigma \epsilon_t, \quad (6)$$

$$y_t^{(1)} = \delta_0 + \delta_1^\top F_t, \quad (7)$$

with  $\Phi$  and  $\Sigma$  diagonal,  $\delta_1 = (\delta_\pi, \delta_r, 0)^\top$ , and  $\epsilon_t = (\epsilon_t^\pi, \epsilon_t^r, \epsilon_t^x)^\top$ .

We assume the log nominal stochastic discount factor is exponentially affine in the risk factors,

$$m_{t+1} = -y_t^{(1)} - \frac{1}{2} \Lambda_t^\top \Lambda_t - \Lambda_t^\top \epsilon_{t+1}, \quad (8)$$

where  $\Lambda_t$  is the compensation for risk of shock  $\epsilon_{t+1}$ , with  $\Lambda_t = \Sigma^{-1}(\lambda_0 + \Lambda_1 F_t)$ .

We need more structure to make progress. In [Cieslak and Povala \(2015\)](#),  $x_t$  is taken to be a single yield-based factor, and the loadings in  $\Lambda_t$  are assumed to take the following form

$$\lambda_0 = \begin{pmatrix} \lambda_{0r} \\ \lambda_{0\pi} \\ 0 \end{pmatrix}, \quad \Lambda_1 = \begin{pmatrix} 0 & 0 & \lambda_{\pi x} \\ 0 & 0 & \lambda_{rx} \\ 0 & 0 & 0 \end{pmatrix}. \quad (9)$$

This is motivated by the [Cochrane and Piazzesi \(2005\)](#) finding that a single-factor based on a combination of yields can explain bond pricing quite well, but the  $x$  could be expanded to a vector to include widely used three-factor yield models ([Litterman and Scheinkman, 1991](#); [Nelson and Siegel, 1987](#)) or even five-factor yield models ([Adrian, Crump, and Moench, 2015](#)).

The model can then be solved as a set of affine equations for bond prices, yields, excess returns, and forwards in terms of the factors:

$$y_t^{(n)} = A_n + B_n^\top F_t, \quad (10)$$

$$p_t^{(n)} = \mathcal{A}_n + \mathcal{B}_n^\top F_t, \quad (11)$$

$$f_t^{(n,m)} = (A_n - A_{n+m}) + (B_n - B_{n+m})^\top F_t, \quad (12)$$

$$rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n, \quad (13)$$

where  $A_n = -\frac{1}{n}\mathcal{A}_n$ ,  $B_n = -\frac{1}{n}\mathcal{B}_n$ ,  $v_t^n = \mathcal{B}_{n-1}^\top \Sigma \epsilon_{t+1}$ .

Solutions are derived from Riccati equations, where the factor loadings of log bond prices are

$$\mathcal{B}_n^\pi = -\delta_\pi \frac{1 - \phi_\pi^n}{1 - \phi_\pi}, \quad (14)$$

$$\mathcal{B}_n^r = -\delta_r \frac{1 - \phi_r^n}{1 - \phi_r}, \quad (15)$$

$$\mathcal{B}_n^x = -\mathcal{B}_{n-1}^\pi \lambda_{\pi x} - \mathcal{B}_{n-1}^r \lambda_{rx} + \mathcal{B}_{n-1}^x \phi_x, \quad (16)$$

and the factor loadings of excess returns are

$$\mathfrak{B}_n = \mathcal{B}_{n-1}^\top (\lambda_0 + \Lambda_1 \mathbf{1}_3) x_t - \frac{1}{2} \mathcal{B}_{n-1}^\top \Sigma \Sigma^\top \mathcal{B}_{n-1}^x. \quad (17)$$

Note that our earlier forward equation (1) can be recovered here by rewriting equation (12) in the form  $f_t^{(n,m)} = r_t + \pi_t + [(A_n - A_{n+m}) + (\tilde{B}_n - \tilde{B}_{n+m})^\top F_t]$ , where  $\tilde{B}_n^\pi = B_n^\pi - 1$ ,  $\tilde{B}_n^r = B_n^r - 1$ ,  $\tilde{B}_n^x = B_n^x$ , and the term in brackets represents the bond risk premium term  $\Gamma^{(n,m)}(F_t)$ .

As is common in the term-structure literature, one could choose to define  $x_t = \bar{y}_t$ , so that the price-of-risk factor consists of the average level of yields,  $\bar{y}_t = \frac{1}{N} \sum_1^N y_t^{(n)}$ . But to better describe the role of the trends in driving bond pricing we instead build upon the key innovation in Cieslak and Povala (2015), who make the switch to yield factors  $x$  which have been detrended to orthogonalize them relative to the trends, with their focus being on the inflation trend.

We extend this idea here to apply *both* trends, and we will define the detrended yield by  $c_t^{(n)} = y_t^{(n)} - \hat{A}_n - \hat{B}_n^r r_t - \hat{B}_n^\pi \pi_t$ , which is the residual from the regression defined by equation (10) with the yield factor  $x$  suppressed. Now let the average of this detrended yield be  $\bar{c}_t = \frac{1}{N} \sum_1^N c_t^{(n)}$ . The model can then be expressed in our preferred form in terms of  $x_t = \bar{c}_t$  and the full set of factors consists of the two trends and the detrended average yield, so that  $F_t = (\pi_t, r_t, \bar{c}_t)^\top$ .

#### 4. ESTIMATION AND MODEL EVALUATION

From now on, we denote by  $r_t^*$  the trend natural rate in the economy, and by  $\pi_t^*$  trend inflation.

We will extract  $r^*$  from average bond yields and bond excess returns by using two affine measurement equations of the form

$$\bar{y}_t = a_y + b_\pi \pi_t^* + b_r r_t^* + \epsilon_t^{cyc}, \quad (18)$$

$$\bar{r}x_{t+1} = d_0 + d_\pi \pi_t^* + d_r r_t^* + d_{cyc} \epsilon_t^{cyc} + \epsilon_{t+1}^{rx}, \quad (19)$$

where  $\pi_t^*$  is trend inflation, a variable which is treated as an observable, and is set equal to the Cieslak and Povala (2015) measure  $\pi_t^* = (1 - \nu) \sum_{i=0}^{t-1} \nu^i \pi_{t-i}$ , where  $\pi_t$  denotes year-on-year CPI inflation reported in month  $t$ . We include the detrended yields  $\epsilon_t^{cyc}$  in the excess return equation to account for the effect of a cyclical factor as driver of bond returns. Going beyond the U.S., we

compute exactly the same constant-gain learning estimate  $\pi^*$  for each one of our six economies.

We further assume that the error terms  $\epsilon_{t+1}^{rx}$  and  $\epsilon_{t+1}^{cyc}$  follow AR(1) processes of the form

$$\epsilon_{t+1}^{rx} = \rho_{rx}\epsilon_t^{rx} + e_{t+1}^{rx}, \quad e_{t+1}^{rx} \sim N(0, \sigma_{rx}^2), \quad (20)$$

$$\epsilon_{t+1}^{cyc} = \rho_y\epsilon_t^{cyc} + e_{t+1}^y, \quad e_{t+1}^{cyc} \sim N(0, \sigma_{cyc}^2). \quad (21)$$

Now let  $g_t$  denote trend GDP growth. We also treat this variable as observable, set equal to the exogenously detrended rate of GDP growth using a Hodrick-Prescott filter. We then define the state variable  $z_t$  as a “headwinds” factor related to the natural rate through the state transition equation

$$r_t^* = z_t + g_t, \quad (22)$$

as is standard in state-space models of the natural rate, such as [Laubach and Williams \(2003\)](#).

Finally, we also assume that the headwinds factor follows an AR(1) process, so that

$$z_{t+1} = \rho_z z_t + e_{t+1}^z, \quad e_{t+1}^z \sim N(0, \sigma_z^2). \quad (23)$$

Including two equations linking  $r_t^*$  to bond market data ([18](#), [19](#)) and one equation linking  $r_t^*$  to growth ([22](#)) is the distinctive feature of our unified empirical macro-finance model, as we bring information from both financial and macroeconomic data to bear on estimating the natural rate.

This fully describes the state-space model, which has then to be estimated.

#### 4.1. Estimation algorithm details

The estimation algorithm proceeds in the following steps. We should also note that the estimation can and will be applied in both two-sided form and, later, in one-sided form, and we will make note of this as we proceed.

1. For each country, we load the inflation expectations measure  $\pi_t^*$ , the [Laubach and Williams \(2003\)](#) estimate of the natural rate  $r_{LW,t}^*$ , and the real GDP series. We obtain the trend GDP series by applying the HP filter over quarterly GDP data with a smoothing parameter equal to  $25,600 = 1600 \cdot 16$ . The series thus obtained is interpolated to monthly data, and the trend growth rate  $g_t$  is then calculated.
2. We use the time series of the estimated parameters of the yield curve (discussed below) to recover zero-coupon curves for all maturities ranging from 1 to 180 months, in a monthly grid. The time span covered is country-specific and determined by data availability.
3. The headwinds factor  $z_t$  is initialized from the difference between the one-sided  $r^*$  estimate from the [Laubach and Williams \(2003\)](#) model and their two-sided estimate for GDP growth. We subsequently estimate an AR(1) model for this series and use the estimated coefficients to simulate 100,000 paths for the  $z_t$  series with a volatility parameter equal to 2%.

4. We follow an alternative procedure to formulate priors about the path of  $r^*$ . Unlike most of the empirical macroeconomic literature, which focuses on formulating priors about parameters, we center our attention on formulating beliefs about the frequency and cointegration properties of the time-series of  $r^*$ . We assume that  $r^*$  cointegrates with the trend GDP series, and that the difference has mean reversion properties compatible with a half-life within business cycle frequency, and not higher. This avoids the problem of  $r^*$  acting as a residual term that would capture high frequency oscillations in bond markets.
5. We estimate the state-space system defined by equations (19)–(23) using a Kalman filter with a bootstrapping algorithm to draw paths for  $z_t$  that are compatible with the frequency of  $r^*$  found in the literature. The simulated  $z_t$  paths are used to generate  $r^*$  paths through equation (22). We bootstrap the  $r^*$  by running a linear regression to estimate equation (21) and constructing a weighted-mean estimate of  $r^*$  using the likelihood of each regression as weight.
6. We form a prior on the path of  $r^*$  by running a restricted regression

$$\overline{rx}_t = \alpha_0 + \alpha_1 \overline{y}_t + \alpha_2 y_t^{(1)} + \alpha_3 \pi_t^* + \eta_t. \quad (24)$$

We recover the estimated error  $\hat{\eta}_t$  in the previous regression and compute the likelihood associated with each regression of the form

$$\hat{\eta}_t = c_0 + c_1 r_{t,j}^* + \hat{\epsilon}_t^{cyc} + e_t^{(j)}. \quad (25)$$

The likelihood  $p_j$  associated with regression  $j$  is used to compute a truncated importance sampling estimator for the natural rate path

$$\hat{r}_t^* = \sum_j \mathcal{T}(p_j) r_{t,j}^*, \quad (26)$$

where  $\mathcal{T}$  is a truncator operator that assigns the normalized value  $p_j / [\sum_{j \in \mathcal{S}} p_j]$  if the likelihood is above a barrier (which defines a set of selected models  $\mathcal{S}$ ) and zero otherwise.

7. The Kalman system is then defined by the equations

$$\begin{pmatrix} z_t \\ \epsilon_t^{xe} \\ \epsilon_t^{cyc} \end{pmatrix} = \begin{pmatrix} \rho_z & 0 & 0 \\ 0 & \rho_{xe} & 0 \\ 0 & 0 & \rho_{cyc} \end{pmatrix} \begin{pmatrix} z_{t-1} \\ \epsilon_{t-1}^{xe} \\ \epsilon_{t-1}^{cyc} \end{pmatrix} + \begin{pmatrix} e_t^z \\ e_t^{xe} \\ e_t^{ye} \end{pmatrix}, \quad (27)$$

$$\epsilon_{t+1}^{rx} = \overline{rx}_{t+1} - (d_0 + d_\pi \pi_t^* + d_r^* (z_t + g_t) + d_{cyc} \epsilon_t^{cyc}), \quad (28)$$

$$\epsilon_{t+1}^{cyc} = \overline{y}_t - (a_y + b_n^\pi \pi_t^* + b_n^{r^*} (z_t + g_t)). \quad (29)$$

## 4.2. Construction of new zero-coupon yields

As noted above, we estimate our bond pricing model, and later its trading strategy implications, using monthly data for zero-coupon yields for six advanced economies: the U.S., Japan, Germany, the U.K., Canada, and Australia. For this purpose, we need estimates of zero-coupon yields at all monthly maturities, from 1 to 180 months, in all countries, and these have to be recovered from market data on government bond yields.

For the U.S., we can make use of a standard reference source, the yield curve estimates developed by [Gürkaynak, Sack, and Wright \(2007\)](#), comprising data from 1961 published by the Federal Reserve Board, and extended to the present.

We then extend their approach to other countries, which we do as follows. We use yield curve data for a subset of maturities as an input to estimate time-varying parameters  $\beta_0, \beta_1, \beta_2, \beta_3, \tau_1$ , and  $\tau_2$  of a [Svensson \(1994\)](#) model that expresses the yield  $y_t^{(n)}$ , at any given time  $t$ , of a maturity  $n$  zero-coupon bond as

$$y_t^{(n)} = \beta_0 + \beta_1 \frac{1 - e^{-n/\tau_1}}{n/\tau_1} + \beta_2 \left( \frac{1 - e^{-n/\tau_1}}{n/\tau_1} - e^{-n/\tau_1} \right) + \beta_3 \left( \frac{1 - e^{-n/\tau_2}}{n/\tau_2} - e^{-n/\tau_2} \right). \quad (30)$$

Obtaining the parameters of a Svensson model allows us to generate zero-coupon yields for all maturities at each point in the time series, circumventing the problem of data sparsity in some parts of the curve. (Note that this model is estimated separately on the cross-section of yields at every date  $t$ , but for notational clarity the time indices of the parameters have been suppressed here.)

For the five-country international yield data, we employ sources as follows:

- For the U.K., we use Bank of England data on the yield curve; this allows us to recover complete yield curves from January 1980 to the present.
- For Japan, yields come from the Ministry of Finance starting in September 1974, and comprising maturities from 1 to 40 years, in yearly maturity increments.
- For Germany, we use the parameters of the Svensson model estimated by the Deutsche Bundesbank from 1972 to 2019.
- For Canada, we use of Bank of Canada data comprising estimates of yield curves for maturities ranging from 0.25 years to 30 years and covering the period January 1986 to the present.
- For Australia, we employ data from the Reserve Bank of Australia dating from August 1992, where yields are available from 0 to 10 years in quarterly maturity increments.

In all cases, estimating the parameters of the [Svensson \(1994\)](#) model for each point in time allows us to recover the entire yield curve and patch any holes in the data. To the best of our knowledge, these estimations replicate the [Gürkaynak, Sack, and Wright \(2007\)](#) methodology to other developed markets and provide a new and unique set of zero-coupon data unmatched in the literature.



### 4.3. Short rate process

In this subsection, we take the first step in the empirical assessment of the model by asking whether it can provide a useful description of the short-rate process, as specified by equation (2), as an affine function of two factors, the observable expected inflation rate  $\pi_t^*$  and the latent model-implied real natural rate  $r_t^*$ , which we write as  $y_t^{(1)} = \delta_0 + \delta_r r_t^* + \delta_\pi \pi_t^*$ . We first report results for the U.S., and then for the international sample.

#### 4.3.1 U.S. short rate

Table 2 reports the ordinary least squares (OLS) estimates of the short-rate equation for the U.S. Here, Column (1) contains results for the baseline specification with  $r_t^*$  and  $\pi_t^*$ , and Column (2) with only  $\pi_t^*$  included as a factor ( $\delta_r = 0$ ) for comparison with the earlier literature.

The results show a good fit for the baseline model, with an  $R^2$  of 0.630, and both factors significant at the 1% level. The coefficient on the natural rate is 1.152, and the coefficient on inflation is 1.065. A null Fisher hypothesis of both coefficients equal to one could not be rejected here.

The model using only the inflation trend does not fit the data quite as well. The  $R^2$  is only 0.475. The coefficient on inflation is somewhat larger, at 1.179. In prior work, [Kozicki and Tinsley \(2001\)](#) reported an inflation coefficient of 1.44 in this specification ( $N = 41$ , quarterly, 1980–1990, based on Hoey survey inflation measures), and [Cieslak and Povala \(2015\)](#) reported an inflation coefficient of 1.43, with an  $R^2$  of 0.71 ( $N = 470$ , monthly, 1971–2011), using shorter samples of data.<sup>2</sup>

We conjecture that a lower inflation coefficient in our longer sample may in part reflect the inclusion in our estimation window of more observations from eras of low and stable inflation (the 1960s plus the recent decade or so), in contrast to, say, the 1980s Volcker-Greenspan era when short policy rates were made to respond more aggressively in a period of dogged inflation fighting.

Our findings for the restricted specification in Column (2) still echo these earlier works, but the restriction is clearly rejected in Column (1). The real natural rate trend adds important predictive information for the short rate, and the fact that the coefficient on inflation changes little between these two specifications, shows that this information is distinct and largely orthogonal to the information contained in the inflation trend.

#### 4.3.2 International short rate

Table 3 presents estimates of the short-rate process for the six-country sample. As explained above, sample periods vary by country given the timespan of the available zero-coupon yield data. Panel (a) shows estimates with the natural rate and inflation trends, and Panel (b) with inflation trends only. The U.S. results are reproduced for comparison.

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<sup>2</sup>Note that [Bauer and Rudebusch \(2019\)](#) do not report a short-rate regression, and their assumed short-rate process is expressed in a different form.

**Table 2:** *U.S. short rate,  $y^{(1)}$* 

The table reports OLS estimates on U.S. monthly data of the short rate process  $y_t^{(1)} = \delta_0 + \delta_r r_t^* + \delta_\pi \pi_t^*$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample is 1961/6 to 2019/5.

	(1) U.S. $y^{(1)}$	(2) U.S. $y^{(1)}$
$r^*$	1.152*** (0.140)	
$\pi^*$	1.065*** (0.110)	1.179*** (0.119)
Constant	-0.011** (0.004)	0.006 (0.005)
$N$	695	695
$R^2$	0.630	0.475

These results also confirm the importance of allowing for both trends, rather than the inflation trend only, when modeling the short-rate process. In Panel (a) the natural rate is highly statistically significant in five out of six cases, the exception being Japan. The results also show that loadings on the two trends vary quite a bit by country. The Fisher hypothesis would be rejected in general.

Comparing Panel (a) with Panel (b) we again see a significant improvement in model fit for the model that allows for two trends rather than one, again with the exception of Japan. In Germany and the U.K., the model  $R^2$  increases by a factor of about 1.5 times when the natural rate trend is added, and by somewhat less for Canada and Australia.

#### 4.4. Bond pricing

In this subsection, we now apply the affine bond pricing model as given by equation (10), as an affine function of all the factors,  $y_t^{(n)} = \mathcal{A}_n + \mathcal{B}_n^r r_t^* + \mathcal{B}_n^\pi \pi_t^* + \mathcal{B}_n^{\bar{c}} \bar{c}_t$ . This is the specification in Cieslak and Povala (2015), but with a second trend for the natural rate, estimated as a latent variable. We also report results that add a short-rate regressor, which was used by Cieslak and Povala (2015) to proxy real trend shifts. These results are not greatly different and this short-rate term contributes little, confirming that the inflation and real rate trends do most of the work. We first report results for the U.S., and then move to the international sample.

##### 4.4.1 U.S. yields

Table 4 presents estimates of U.S. yields at the 2-, 5-, and 10-year points. In Panel (a), we take the traditional approach and use a raw yield factor  $\bar{y}$ , and in Panel (b) we employ our preferred approach and use a detrended yield factor  $\bar{c}$ .

**Table 3:** *International short rate,  $y^{(1)}$ , baseline*

The table reports OLS estimates on six-country monthly data of the short rate process  $y_t^{(1)} = \delta_0 + \delta_r r_t^* + \delta_\pi \pi_t^*$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample varies by country.

(a) With natural rate and inflation trends						
	(1) U.S. $y^{(1)}$	(2) Japan $y^{(1)}$	(3) Germany $y^{(1)}$	(4) U.K. $y^{(1)}$	(5) Canada $y^{(1)}$	(6) Australia $y^{(1)}$
$r^*$	1.152*** (0.140)	0.699 (0.909)	3.422*** (0.366)	4.795*** (0.268)	1.994*** (0.238)	1.914*** (0.470)
$\pi^*$	1.065*** (0.110)	3.583** (1.304)	1.761*** (0.168)	0.904*** (0.037)	1.638*** (0.215)	1.687*** (0.225)
Constant	-0.011** (0.004)	-0.012* (0.005)	-0.045*** (0.004)	-0.005** (0.002)	-0.021*** (0.004)	-0.034*** (0.007)
$N$	695	461	560	473	401	366
$R^2$	0.630	0.142	0.548	0.912	0.354	0.678

(b) With inflation trend only						
	(1) U.S. $y^{(1)}$	(2) Japan $y^{(1)}$	(3) Germany $y^{(1)}$	(4) U.K. $y^{(1)}$	(5) Canada $y^{(1)}$	(6) Australia $y^{(1)}$
$\pi^*$	1.179*** (0.119)	3.621** (1.277)	2.058*** (0.214)	0.921*** (0.075)	1.587*** (0.225)	1.491*** (0.236)
Constant	0.006 (0.005)	-0.008 (0.008)	-0.010 (0.006)	0.013** (0.005)	-0.007 (0.006)	-0.001 (0.008)
$N$	695	461	560	473	401	366
$R^2$	0.475	0.141	0.378	0.618	0.295	0.638

In the latter we are following [Cieslak and Povala \(2015\)](#). As they noted, by construction, obviously, these two regressions are the exact same model, since the detrended yield factor is just the projection of the raw yield factor on the other two factors. In other words, this is an attribution exercise, in which movements in yields not associated with the inflation and natural rate trends are captured in the detrended (“cyclical”) yield factor.

In Panels (a) and (b) the first three columns show these results, and the last three columns augment the regression with the short-rate term as an extra factor in raw form as  $y^{(1)}$  or in detrended form as  $c^{(1)}$ . This provides a point of comparison with the specification in [Cieslak and Povala \(2015\)](#), who include this extra factor, but have no natural rate term.

We find that once the natural rate term is included, the marginal explanatory power of the short-rate term is small for yields, but not zero, and later we will see that is virtually zero for excess returns. For the basic three-factor model, the model fit gives an  $R^2$  of 0.974, 0.998, and 0.991 at the

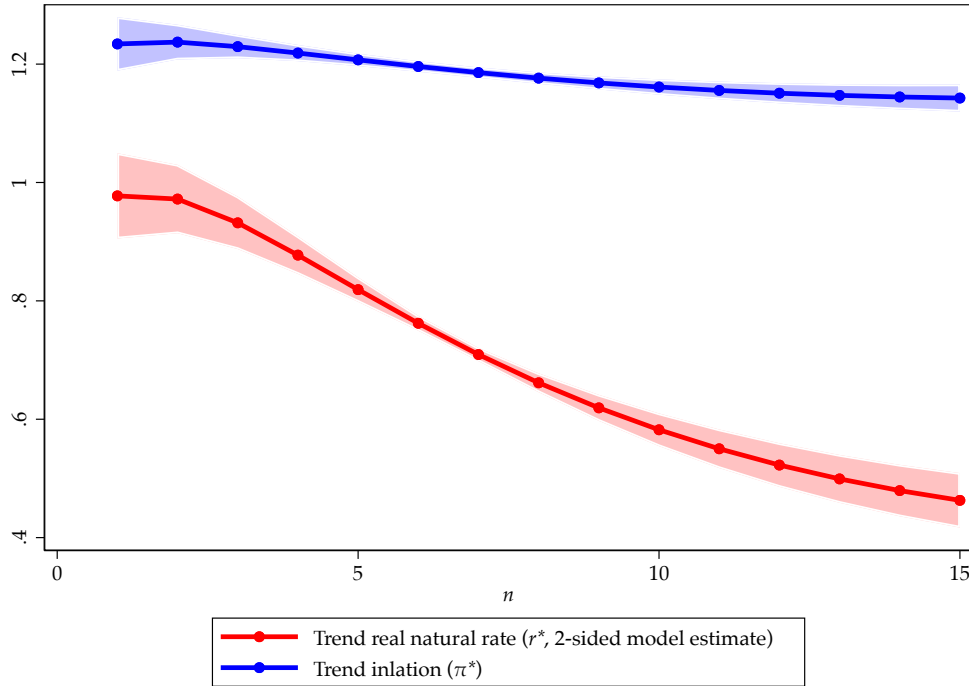
**Table 4: U.S. yields**

The table reports OLS estimates on U.S. monthly data of the yield equation  $y_t^{(n)} = \tilde{A}_n + \tilde{B}_n^r r_t^* + \tilde{B}_n^\pi \pi_t^* + \tilde{B}_n^{\bar{c}} \bar{c}_t$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample is 1961/6 to 2019/5.

(a) With yield factors						
	(1) U.S. $y^{(2)}$	(2) U.S. $y^{(5)}$	(3) U.S. $y^{(10)}$	(4) U.S. $y^{(2)}$	(5) U.S. $y^{(5)}$	(6) U.S. $y^{(10)}$
$r^*$	0.128** (0.044)	0.079*** (0.011)	-0.070** (0.022)	0.082* (0.035)	0.079*** (0.011)	-0.044** (0.016)
$\pi^*$	-0.167*** (0.046)	-0.024 (0.013)	0.076*** (0.023)	-0.109** (0.037)	-0.025* (0.013)	0.042* (0.017)
$\bar{y}$	1.186*** (0.036)	1.040*** (0.009)	0.916*** (0.018)	0.995*** (0.051)	1.042*** (0.010)	1.027*** (0.024)
$y^{(1)}$				0.158*** (0.036)	-0.002 (0.005)	-0.091*** (0.017)
Constant	-0.013*** (0.001)	-0.004*** (0.000)	0.006*** (0.001)	-0.011*** (0.001)	-0.004*** (0.000)	0.005*** (0.001)
$N$	695	695	695	695	695	695
$R^2$	0.974	0.998	0.991	0.981	0.998	0.995
(b) With detrended yield factors						
	(1) U.S. $y^{(2)}$	(2) U.S. $y^{(5)}$	(3) U.S. $y^{(10)}$	(4) U.S. $y^{(2)}$	(5) U.S. $y^{(5)}$	(6) U.S. $y^{(10)}$
$r^*$	0.972*** (0.033)	0.819*** (0.011)	0.582*** (0.017)	0.972*** (0.029)	0.819*** (0.011)	0.582*** (0.014)
$\pi^*$	1.237*** (0.021)	1.207*** (0.005)	1.161*** (0.011)	1.237*** (0.015)	1.207*** (0.005)	1.161*** (0.007)
$\bar{c}$	1.186*** (0.036)	1.040*** (0.009)	0.916*** (0.018)	0.995*** (0.051)	1.042*** (0.010)	1.027*** (0.024)
$c^{(1)}$				0.158*** (0.036)	-0.002 (0.005)	-0.091*** (0.017)
Constant	-0.010*** (0.001)	-0.002*** (0.000)	0.008*** (0.001)	-0.010*** (0.001)	-0.002*** (0.000)	0.008*** (0.000)
$N$	695	695	695	695	695	695
$R^2$	0.974	0.998	0.991	0.981	0.998	0.995

**Figure 4:** *U.S. yield loadings on macro factors, using detrended yields*

The figure shows loading estimates  $\hat{\mathcal{B}}_n^r$  and  $\hat{\mathcal{B}}_n^\pi$  at maturity  $n$  from equation (10) using U.S. data.



2-, 5-, and 10-year points, respectively. This improves only marginally to 0.981, 0.998, and 0.995, with the inclusion of the short-rate term as a fourth factor.

At first glance, the loadings in Panel (a) might seem to suggest that the trend factors  $r^*$  and  $\pi^*$  play a weak role, but that is because their indirect impact—via the shifts that they induce in the entire yield curve—are not properly accounted for in the trend coefficients. The key insight in [Cieslak and Povala \(2015\)](#) was to orthogonalize yields to get the correct attribution. Thus our preferred specification in Panel (b), in the first three columns, uses detrended yields and shows that large and statistically significant loadings now attach to both the natural rate and inflation trend at all maturities. This result is displayed more clearly in Figure 4, which shows the coefficient loadings for yields at points along the zero-coupon curve from 1 to 15 years (i.e., 12, 24, 36,..., 180 months).

Moving to robustness checks, Table 5 revisits our preferred specification but drops the trend and cycle factors to see where the bulk of the explanatory power lies. The lesson is clear. The model fit gives an  $R^2$  of around 0.85–0.9 when only the trend factors are used, as in the last three columns, but only about 0.1 when only the cyclical factor is used, as in the first three columns. That is, 90% of the predictive power of the U.S. bond pricing model stems from correctly accounting for just two factors, the slow moving trends in inflation and the natural rate. In contrast, the remaining cyclical movements in yields, cleansed of these trend factors, contribute less than 10% of predictive power.

Finally, Table 6 revisits the specification with raw yields but drops the trend factors to see whether the different forms of detrending matter. This choice will be important for excess return prediction (see below). In the case of fitting the yield curve, here the costs are not as great in terms of worse fit when one or both factor trends are omitted, but the  $R^2$  is certainly reduced when the yields are detrended only by inflation as in the first three columns, or not detrended at all as in the last three columns. But the attribution is clear: it is the trend factors subsumed in yields at work.

#### 4.4.2 International yields

We next show results for the international six-country sample in Table 7, again keeping the U.S. results for reference. For brevity we report results at the 10-year maturity point, but similar findings apply at the 2- and 5-year points. And for reasons of space we here report results using only  $\bar{c}$ , and omit  $c^{(1)}$ , but the results are not sensitive to this choice.

Supportive results obtain in all six economies with an  $R^2$  of 0.986 in Japan, and above 0.991 in other cases. Yields load strongly on the two trend factors, inflation and the natural rate. Coefficients are positive, usually greater than one, and highly statistically significant. We see that the cyclical factor also attracts statistically significant loadings, but its explanatory power is not strong. Table 8 repeats the exercise of dropping the trend factors and keeping only the cyclical factor. Once again, as in the U.S. case, the explanatory power is poor, with an  $R^2$  of 0.117 or less in all cases.

For a fuller picture, Figure 5 again shows coefficient loadings for yields along the curve from 1 to 15 years (12, 24, 26,..., 180 months). The main takeaway from this section is that, all across the curve, and all around the world, bond yields are largely driven by investors' best estimates of the two key slow-moving trend factors, inflation and the natural rate. In contrast, the cyclical factor in yields, summarized by the detrended average yield, is of relatively little importance.

### 4.5. Return predictability

We just saw that accounting for trends can make some improvements in modeling yields, but we now see how they matter a great deal for predicting bond returns. This was shown for the U.S. case in Cieslak and Povala (2015) with just an inflation trend extracted, and also in the contemporaneous work of Bauer and Rudebusch (2019) with trends for inflation and the real natural rate, or a nominal natural rate trend. We show that the same applies more generally at the international level.

The intuition is quite straightforward. The trend factors, being slow moving and near unit-root, are mainly priced in one-period ahead and contain little useful information about short-run returns. In contrast, the cyclical factor, being the driver of the high-frequency error-correction part of the bond price process, is very informative about how bond prices revert to trend in the short run.

Formally, in this section we will be presenting estimates for the excess return equation (13),  $rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n$ . These one-step ahead predictions are noisy but we shall see that their small explanatory power is almost entirely due to the role of the detrended, or cyclical, yield factor  $\bar{c}$ .

**Table 5: U.S. yields, additional results**

The table reports OLS estimates on U.S. monthly data of the yield equation  $y_t^{(n)} = \tilde{A}_n + \tilde{B}_n^r r_t^* + \tilde{B}_n^\pi \pi_t^* + \tilde{B}^{\bar{c}} \bar{c}_t$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample is 1961/6 to 2019/5.

	(1) U.S. $y^{(2)}$	(2) U.S. $y^{(5)}$	(3) U.S. $y^{(10)}$	(4) U.S. $y^{(2)}$	(5) U.S. $y^{(5)}$	(6) U.S. $y^{(10)}$
$\bar{c}$	0.995** (0.342)	1.042** (0.325)	1.027*** (0.299)			
$c^{(1)}$	0.158 (0.147)	-0.002 (0.133)	-0.091 (0.125)			
$r^*$				0.972*** (0.090)	0.819*** (0.071)	0.582*** (0.058)
$\pi^*$				1.237*** (0.066)	1.207*** (0.055)	1.161*** (0.051)
Constant	0.053*** (0.003)	0.057*** (0.003)	0.062*** (0.003)	-0.010*** (0.003)	-0.002 (0.002)	0.008*** (0.002)
$N$	695	695	695	695	695	695
$R^2$	0.149	0.127	0.120	0.833	0.871	0.874

**Table 6: U.S. yields, additional results**

The table reports OLS estimates on U.S. monthly data of the yield equation  $y_t^{(n)} = \tilde{A}_n + \tilde{B}_n^r r_t^* + \tilde{B}_n^\pi \pi_t^* + \tilde{B}^{\bar{y}} \bar{y}_t$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample is 1961/6 to 2019/5.

	(1) U.S. $y^{(2)}$	(2) U.S. $y^{(5)}$	(3) U.S. $y^{(10)}$	(4) U.S. $y^{(2)}$	(5) U.S. $y^{(5)}$	(6) U.S. $y^{(10)}$
$\bar{y}$	1.259*** (0.030)	1.085*** (0.011)	0.876*** (0.015)	1.105*** (0.018)	1.039*** (0.006)	0.951*** (0.009)
$\pi^*$	-0.246*** (0.038)	-0.072*** (0.015)	0.119*** (0.019)			
Constant	-0.012*** (0.001)	-0.004*** (0.000)	0.006*** (0.001)	-0.012*** (0.001)	-0.004*** (0.000)	0.006*** (0.001)
$N$	695	695	695	696	696	696
$R^2$	0.973	0.997	0.991	0.968	0.997	0.989

**Table 7: International yields**

The table reports OLS estimates on international monthly data of yields  $y_t^{(n)} = \tilde{A}_n + \tilde{B}_n^r r_t^* + \tilde{B}_n^\pi \pi_t^* + \tilde{B}_n^{\bar{c}} \bar{c}_t$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample varies by country.

	(1) U.S. $y^{(10)}$	(2) Japan $y^{(10)}$	(3) Germany $y^{(10)}$	(4) U.K. $y^{(10)}$	(5) Canada $y^{(10)}$	(6) Australia $y^{(10)}$
$r^*$	0.582*** (0.017)	1.275*** (0.030)	2.542*** (0.052)	3.001*** (0.056)	2.113*** (0.058)	2.608*** (0.055)
$\pi^*$	1.161*** (0.011)	1.016*** (0.016)	1.485*** (0.025)	0.834*** (0.006)	1.530*** (0.019)	1.657*** (0.017)
$\bar{c}$	0.916*** (0.018)	0.941*** (0.086)	0.950*** (0.032)	1.023*** (0.038)	0.956*** (0.032)	0.808*** (0.027)
Constant	0.008*** (0.001)	0.008*** (0.000)	-0.017*** (0.001)	0.012*** (0.000)	-0.002*** (0.001)	-0.035*** (0.001)
$N$	695	461	560	473	401	366
$R^2$	0.991	0.986	0.991	0.995	0.992	0.996

**Table 8: International yields, additional results**

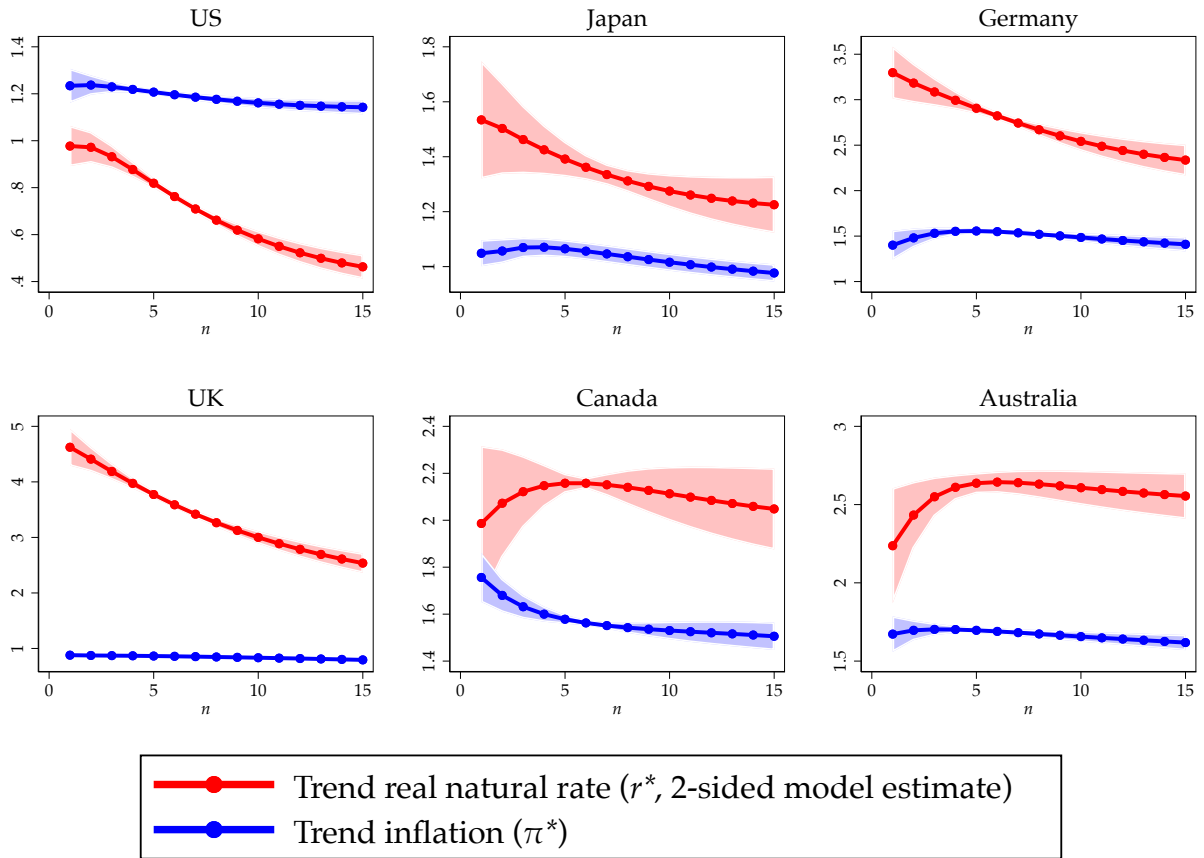
The table reports OLS estimates on international monthly data of yields  $y_t^{(n)} = \tilde{A}_n + \tilde{B}_n^{\bar{c}} \bar{c}_t$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample varies by country.

	(1) U.S. $y^{(10)}$	(2) Japan $y^{(10)}$	(3) Germany $y^{(10)}$	(4) U.K. $y^{(10)}$	(5) Canada $y^{(10)}$	(6) Australia $y^{(10)}$
$\bar{c}$	0.916*** (0.274)	0.941* (0.374)	0.950** (0.302)	1.023 (0.669)	0.956 (0.495)	0.808 (0.447)
Constant	0.062*** (0.003)	0.031*** (0.003)	0.056*** (0.003)	0.065*** (0.004)	0.055*** (0.004)	0.062*** (0.004)
$N$	695	461	560	473	401	366
$R^2$	0.117	0.070	0.115	0.034	0.098	0.086



**Figure 5:** *International loadings on macro factors, using detrended yields*

The figure shows loading estimates  $\hat{\mathcal{B}}_n^r$  and  $\hat{\mathcal{B}}_n^\pi$  at maturity  $n$  from equation (10) using international data.



#### 4.5.1 U.S. excess returns

Table 9 shows excess return regressions. Panel (a) uses yield factors, and Panel (b) uses detrended yield factors. Again, these two sets of regressions are identical models, with the same fit, predictions, residuals, etc. They differ only in that the detrended yields are orthogonalized relative to the two trends to give full attribution of trend movements to inflation and natural rate movements, again following Cieslak and Povala (2015).

Columns (1) to (4) include the additional short rate term, but Columns (5) to (8) contain only the mean yield factor as in our baseline model. The latter is our preferred specification because the short-rate term is not statistically significant in any specification. In our preferred specification in Panel (a) excess returns load on all three terms, but the orthogonalization of yields in Panel (b) makes clear that this is rather an illusion.

The trend terms in the specifications using yields that are not detrended in Panel (a) merely serve to soak up the trends in yields. But once the trends are projected out, and with the yields now detrended in Panel (b), we see that it is only the cyclical component of yields  $\bar{c}$  that has highly significant explanatory power for excess bond returns. The loading is positive: a cyclically high yield curve, relative to the trends, will be expected to revert down to trend at all maturities; thus, yields are predicted fall, and bond returns are expected to be higher. In terms of attribution, all the explanatory power comes from the average detrended yield, as we see in the last four columns.

Finally, Table 10 shows that the form of detrending matters. The baseline preferred model uses both inflation and natural rates to detrend yields. Here we explore excess return forecasts using inflation-only detrending of yields in Panel (a), and using yields with no detrending in Panel (b). To achieve this parsimoniously we simply perform regressions with raw yield factors as in Table 9, Panel (a), and then omit the trend terms, first just the inflation trend and then both trends. In the former case, this regression is identical to using yields projected onto inflation to construct the cyclical components, and in the latter case it amounts to no detrending at all.

The results are clear. Note that the short-rate terms continue to be statistically insignificant. Looking back for comparison, when we used both the inflation and natural rate to detrend yields, the excess return predictions had moderately good fit. In Table 9, Panel (b), Columns (1) to (4), the  $R^2$  values were 0.023, 0.025, and 0.034 at the 1, 2 and 5 year maturities, respectively. This is a respectably good fit for a return forecast model.

Table 10 now shows that when only an inflation trend is allowed as in Panel (a), these measures of fit decline to 0.010, 0.010, and 0.016, respectively. That is, the  $R^2$  declines by more than half results when we only use the inflation trend of Cieslak and Povala (2015). Finally, when no detrending is allowed as in Panel (b), the measures of fit collapse even more to 0.005, 0.004, and 0.006, respectively.

Not accounting for the important macro trends thus destroys about four-fifths of the model's explanatory power. Conversely, accounting for the trends improves return predictability more than fivefold for each of these bond maturities, with inflation and the natural rate each making similar contributions.

**Table 9: U.S. excess returns**

The table reports OLS estimates on U.S. monthly data of the excess return equation  $rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample is 1961/6 to 2019/5.

	(1) U.S. $rx^{(1)}$	(2) U.S. $rx^{(2)}$	(3) U.S. $rx^{(5)}$	(4) U.S. $\bar{rx}$	(5) U.S. $rx^{(1)}$	(6) U.S. $rx^{(2)}$	(7) U.S. $rx^{(5)}$	(8) U.S. $\bar{rx}$
(a) With yield factors								
$r^*$	-0.054** (0.019)	-0.055** (0.018)	-0.052*** (0.014)	-0.052*** (0.015)	-0.054** (0.017)	-0.058*** (0.017)	-0.057*** (0.013)	-0.055*** (0.014)
$\pi^*$	-0.061* (0.025)	-0.066** (0.024)	-0.065*** (0.018)	-0.062** (0.020)	-0.061* (0.025)	-0.063** (0.024)	-0.059** (0.019)	-0.059** (0.020)
$\bar{y}$	0.059* (0.024)	0.067** (0.022)	0.069*** (0.018)	0.065*** (0.019)	0.059** (0.019)	0.058** (0.018)	0.051*** (0.014)	0.052*** (0.015)
$y^{(1)}$	-0.000 (0.015)	-0.008 (0.014)	-0.015 (0.011)	-0.010 (0.012)				
$N$	684	684	684	684	684	684	684	684
$R^2$	0.023	0.025	0.034	0.030	0.023	0.024	0.028	0.028
(b) With detrended yield factors								
	(1) U.S. $rx^{(1)}$	(2) U.S. $rx^{(2)}$	(3) U.S. $rx^{(5)}$	(4) U.S. $\bar{rx}$	(5) U.S. $rx^{(1)}$	(6) U.S. $rx^{(2)}$	(7) U.S. $rx^{(5)}$	(8) U.S. $\bar{rx}$
$r^*$	-0.012 (0.009)	-0.016 (0.009)	-0.020* (0.008)	-0.018* (0.008)	-0.012 (0.009)	-0.017 (0.009)	-0.021* (0.008)	-0.018* (0.008)
$\pi^*$	0.008 (0.013)	0.005 (0.012)	0.001 (0.009)	0.003 (0.010)	0.008 (0.013)	0.005 (0.012)	0.001 (0.010)	0.003 (0.011)
$\bar{c}$	0.059* (0.024)	0.067** (0.022)	0.069*** (0.018)	0.065*** (0.019)	0.059** (0.019)	0.058** (0.018)	0.051*** (0.014)	0.052*** (0.015)
$c^{(1)}$	-0.000 (0.015)	-0.008 (0.014)	-0.015 (0.011)	-0.010 (0.012)				
$N$	684	684	684	684	684	684	684	684
$R^2$	0.023	0.025	0.034	0.030	0.023	0.024	0.028	0.028

**Table 10:** *U.S. excess returns, additional results*

The table reports OLS estimates on U.S. monthly data of the excess return equation  $rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample is 1961/6 to 2019/5.

(a) With yield factors, omit natural rate trend								
	(1) U.S. $rx^{(1)}$	(2) U.S. $rx^{(2)}$	(3) U.S. $rx^{(5)}$	(4) U.S. $\bar{r}\bar{x}$	(5) U.S. $rx^{(1)}$	(6) U.S. $rx^{(2)}$	(7) U.S. $rx^{(5)}$	(8) U.S. $\bar{r}\bar{x}$
$\pi^*$	-0.032 (0.022)	-0.036 (0.020)	-0.037* (0.016)	-0.034* (0.017)	-0.030 (0.020)	-0.029 (0.019)	-0.026 (0.015)	-0.026 (0.016)
$\bar{y}$	0.035 (0.023)	0.043* (0.021)	0.046** (0.017)	0.042* (0.018)	0.028* (0.012)	0.025* (0.012)	0.019 (0.010)	0.021* (0.010)
$y^{(1)}$	-0.005 (0.015)	-0.013 (0.014)	-0.020 (0.011)	-0.015 (0.012)				
$N$	684	684	684	684	684	684	684	684
$R^2$	0.010	0.010	0.016	0.013	0.009	0.007	0.006	0.007
(b) With yield factors, omit natural rate and inflation trends								
	(1) U.S. $rx^{(1)}$	(2) U.S. $rx^{(2)}$	(3) U.S. $rx^{(5)}$	(4) U.S. $\bar{r}\bar{x}$	(5) U.S. $rx^{(1)}$	(6) U.S. $rx^{(2)}$	(7) U.S. $rx^{(5)}$	(8) U.S. $\bar{r}\bar{x}$
$\bar{y}$	0.010 (0.016)	0.015 (0.015)	0.018 (0.012)	0.015 (0.013)	0.010 (0.009)	0.007 (0.008)	0.003 (0.006)	0.005 (0.007)
$y^{(1)}$	-0.000 (0.013)	-0.007 (0.013)	-0.014 (0.010)	-0.010 (0.011)				
$N$	684	684	684	684	684	684	684	684
$R^2$	0.005	0.004	0.006	0.004	0.005	0.003	0.001	0.002

**Table 11:** *International excess returns*

The table reports OLS estimates on international data of the excess return equation  $rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample varies by country.

	(1) U.S. $\bar{r}\bar{x}$	(2) Japan $\bar{r}\bar{x}$	(3) Germany $\bar{r}\bar{x}$	(4) U.K. $\bar{r}\bar{x}$	(5) Canada $\bar{r}\bar{x}$	(6) Australia $\bar{r}\bar{x}$
$r^*$	-0.018* (0.008)	-0.014 (0.020)	-0.066*** (0.018)	-0.039 (0.028)	0.011 (0.021)	-0.040 (0.036)
$\pi^*$	0.003 (0.011)	-0.002 (0.008)	0.013 (0.012)	0.001 (0.006)	-0.016 (0.013)	0.029* (0.012)
$\bar{c}$	0.052*** (0.015)	0.075*** (0.018)	0.043*** (0.012)	0.151*** (0.026)	0.069*** (0.019)	0.025 (0.018)
$N$	684	450	549	461	389	354
$R^2$	0.028	0.059	0.054	0.097	0.040	0.042

#### 4.5.2 International excess returns

We now take the bond return forecast model to international data. Table 11 contains our baseline results for six countries. These estimates omit the short-rate factor. Tables 12 and 13 report additional results. The former shows that the short-rate factor, if included is never statistically significant, confirming our baseline choice, as in the U.S. case. The latter shows that omitting the natural rate trend, or omitting both trends, comes at the cost of much worse model performance, with  $R^2$  statistics collapsing when trends are removed, again as we saw for the U.S. In all tables the U.S. results are shown for comparability.

The detrending approach is also supported. In Table 12, Panel (a) shows again how loadings attach to the trend terms (10 out of 12 coefficients are statistically significant), but Panel (b) again confirms that this is an artifact of failing to detrend the yield factor. Once that is done, only the detrended average yield term has consistent predictive power.

Returning then to the baseline results in Table 11, we find that the most reliable predictor of excess bond returns is again the cyclical component of yields  $\bar{c}$  (5 out of 6 coefficients are statistically significant). Residual loadings on the trend terms are generally not important (3 out of 12 coefficients are statistically significant). Measures of fit range from a low  $R^2$  of 0.028 for the U.S., up to 0.097 for the U.K., with most in the 4% to 6% range.

**Table 12:** *International excess returns, additional results*

The table reports OLS estimates on international data of the excess return equation  $rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample varies by country.

	(1) U.S. $\bar{r}\bar{x}$	(2) Japan $\bar{r}\bar{x}$	(3) Germany $\bar{r}\bar{x}$	(4) U.K. $\bar{r}\bar{x}$	(5) Canada $\bar{r}\bar{x}$	(6) Australia $\bar{r}\bar{x}$
(a) With yield factors						
$r^*$	-0.052*** (0.015)	-0.108*** (0.031)	-0.183*** (0.041)	-0.605*** (0.110)	-0.132** (0.045)	-0.100 (0.060)
$\pi^*$	-0.062** (0.020)	-0.079*** (0.020)	-0.050** (0.019)	-0.131*** (0.022)	-0.123*** (0.035)	-0.011 (0.027)
$\bar{y}$	0.065*** (0.019)	0.071*** (0.018)	0.042** (0.014)	0.134*** (0.028)	0.070*** (0.019)	0.020 (0.036)
$y^{(1)}$	-0.010 (0.012)	0.000 (0.001)	0.001 (0.008)	0.021 (0.016)	-0.002 (0.004)	0.004 (0.028)
$N$	684	450	549	461	389	354
$R^2$	0.030	0.060	0.054	0.103	0.041	0.042
(b) With detrended yield factors						
	(1) U.S. $\bar{r}\bar{x}$	(2) Japan $\bar{r}\bar{x}$	(3) Germany $\bar{r}\bar{x}$	(4) U.K. $\bar{r}\bar{x}$	(5) Canada $\bar{r}\bar{x}$	(6) Australia $\bar{r}\bar{x}$
$r^*$	-0.018* (0.008)	-0.013 (0.019)	-0.065*** (0.018)	-0.040 (0.029)	0.011 (0.021)	-0.041 (0.039)
$\pi^*$	0.003 (0.010)	-0.002 (0.008)	0.013 (0.012)	0.002 (0.006)	-0.016 (0.013)	0.029* (0.012)
$\bar{c}$	0.065*** (0.019)	0.071*** (0.018)	0.042** (0.014)	0.134*** (0.028)	0.070*** (0.019)	0.020 (0.036)
$c^{(1)}$	-0.010 (0.012)	0.000 (0.001)	0.001 (0.008)	0.021 (0.016)	-0.002 (0.004)	0.004 (0.028)
$N$	684	450	549	461	389	354
$R^2$	0.030	0.060	0.054	0.103	0.041	0.042

**Table 13:** *International excess returns, additional results*

The table reports OLS estimates on international data of the excess return equation  $rx_{t+1}^{(n)} = \mathfrak{B}_n^\top F_t + v_t^n$ . Newey-West standard errors, 6 lags, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ . The sample varies by country.

	(1) U.S. $\bar{r}\bar{x}$	(2) Japan $\bar{r}\bar{x}$	(3) Germany $\bar{r}\bar{x}$	(4) U.K. $\bar{r}\bar{x}$	(5) Canada $\bar{r}\bar{x}$	(6) Australia $\bar{r}\bar{x}$
(a) With yield factors, omit natural rate trend						
$\pi^*$	-0.034* (0.017)	-0.025 (0.016)	0.012 (0.016)	-0.005 (0.011)	-0.048* (0.021)	0.025 (0.016)
$\bar{y}$	0.042* (0.018)	0.015 (0.013)	-0.002 (0.011)	0.011 (0.021)	0.028** (0.009)	-0.008 (0.029)
$y^{(1)}$	-0.015 (0.012)	0.001 (0.001)	-0.000 (0.008)	-0.003 (0.016)	-0.003 (0.003)	0.012 (0.026)
$N$	684	450	549	461	389	354
$R^2$	0.013	0.020	0.002	0.003	0.019	0.035
(a) With yield factors, omit natural rate and inflation trends						
	(1) U.S. $\bar{r}\bar{x}$	(2) Japan $\bar{r}\bar{x}$	(3) Germany $\bar{r}\bar{x}$	(4) U.K. $\bar{r}\bar{x}$	(5) Canada $\bar{r}\bar{x}$	(6) Australia $\bar{r}\bar{x}$
$\bar{y}$	0.015 (0.013)	-0.001 (0.006)	0.002 (0.010)	0.004 (0.018)	0.007 (0.006)	0.010 (0.027)
$y^{(1)}$	-0.010 (0.011)	0.001 (0.001)	-0.000 (0.008)	-0.000 (0.016)	-0.003 (0.004)	0.008 (0.025)
$N$	684	450	549	461	389	354
$R^2$	0.004	0.011	0.001	0.002	0.003	0.029

## 4.6. An economic backtest of bond risk premia

To test the economic relevance of the natural rate as a predictor of bond returns, we evaluate a relative value strategy based on a signal that includes our estimated  $r^*$  in excess return forecasts as seen above. We compare the performance of the strategy with that of three other strategies: one using Cieslak and Povala (2015) inflation expectations  $\pi^*$  without the natural rate signal, one based on two yield factors only, i.e., level and slope, and one based on the ACM 3 factors.

The strategy invests in a bond portfolio for the six advanced economies, the U.S., Japan, Germany, the U.K., Canada, and Australia. Our test period is 2004m1 to 2019m5 at monthly frequency, and the strategy is rebalanced on a monthly basis. The trading signal for each country is normalized with respect to the average signal across countries in each period. We compute equal-volatility strategies to better compare their profit and loss across time. We also report other performance statistics.

We use the signals to trade 5-year plain vanilla swap contracts for each country, hedged into USD. That is, each swap position is priced using local rates and LIBOR, but the payouts are in USD dollars and net of hedging cost. Each contract is traded in an amount proportional to the trading signal, reflecting the strength of the projected excess return relative to the rest of the countries. If the trading signal is negative, we take a short position in the contract. There is no limit to the size of each position except for what the trading signal and the overall volatility target impose.

In turn, to construct the signal, we take the forecasted excess return from a linear regression model which includes the relevant factors for each case. We nest three models to measure the value added by the inflation trend  $\pi^*$  and the natural rate trend  $r^*$ . Thus, as our preferred Baseline signal, using our model above, we estimate the expected return on a 5-year government zero-coupon bond using an out-of-sample  $r^*$ , recovered now using a one-sided Kalman filter, and also including inflation expectations  $\pi^*$ ,  $\bar{y}$ , and  $y^{(1)}$  as regressors. For our signal analog of the CiP model and for our level-slope only signal, the signal omits the  $r^*$  trend, or both trends, respectively. For our signal analog of an ACM 3-factor model the regression is not nested but is included for comparison.

Explicitly, the four trading strategy signals come from the following equations:

$$\hat{r}x_{t+1}^{\text{Baseline}} = \hat{d}_0 + \hat{d}_1\bar{y}_t + \hat{d}_2y_t^{(1)} + \hat{d}_\pi\pi_t^* + \hat{d}_r r_t^*, \quad (31)$$

$$\hat{r}x_{t+1}^{\text{CiP}} = \hat{d}_0 + \hat{d}_1\bar{y}_t + \hat{d}_2y_t^{(1)} + \hat{d}_\pi\pi_t^*, \quad (32)$$

$$\hat{r}x_{t+1}^{\text{Level+Slope}} = \hat{d}_0 + \hat{d}_1\bar{y}_t + \hat{d}_2y_t^{(1)}, \quad (33)$$

$$\hat{r}x_{t+1}^{\text{ACM3}} = \hat{d}_0 + \hat{d}_1PC1_t + \hat{d}_2PC2_t + \hat{d}_3PC3_t. \quad (34)$$

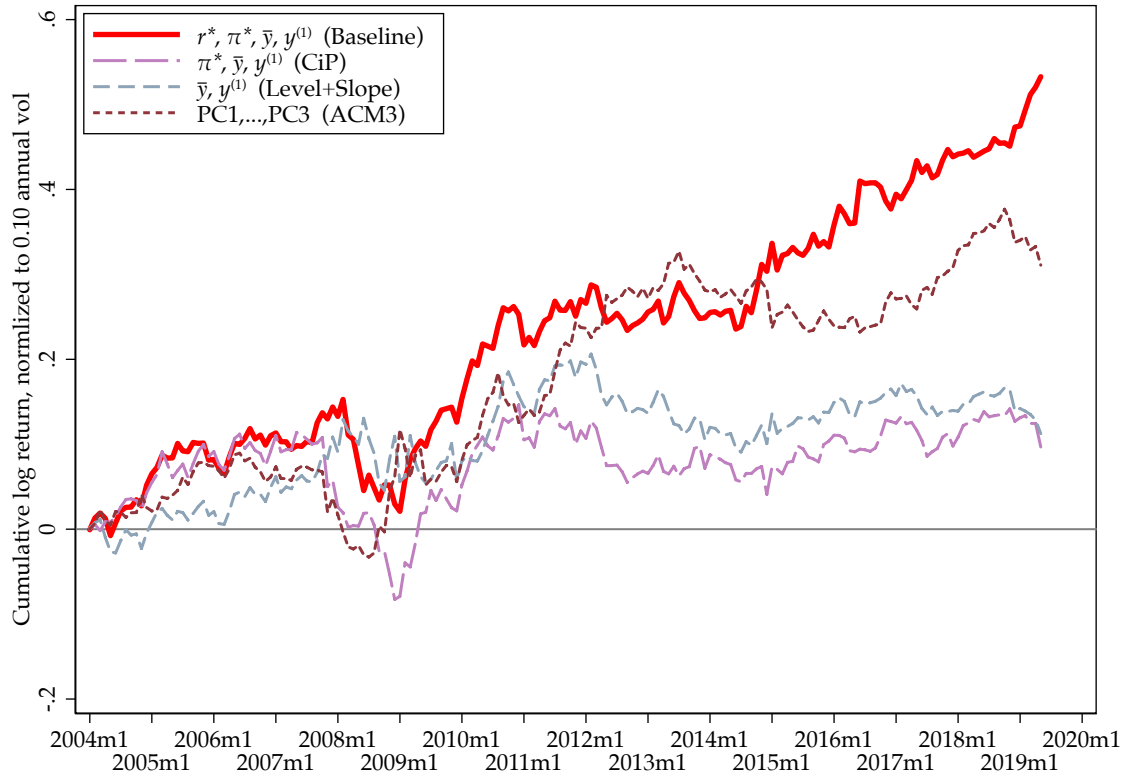
Table 14 and Figure 6 show the backtest performance of these four models. Overall, the full model (31) with the natural rate has superior risk-adjusted performance, as evidenced by a Sharpe ratio four to five times that of the CiP type signal, or the level-slope type signal, and 1.5 times the ACM3 type signal. The results suggest that while using the inflation trend signal does not significantly change average returns or risk-adjusted returns, there is a large improvement when including both inflation and the natural rate trends in the signal construction at the same time.



**Table 14:** Excess scaled returns for each trading signal: summary statistics

Model	(1)	(2)	(3)	(4)
Factors	Baseline	CiP	Level+Slope	ACM3
	$r^*, \pi^*, \bar{y}, y^{(1)}$	$\pi^*, \bar{y}, y^{(1)}$	$\bar{y}, y^{(1)}$	$PC1, PC2, PC3$
<i>Monthly</i>				
Mean	0.024	0.004	0.005	0.014
SD	0.120	0.120	0.120	0.120
Min	-0.350	-0.482	-0.445	-0.393
Max	0.413	0.329	0.407	0.463
Observations	185	185	185	185
<i>Annual</i>				
Annual mean	0.290	0.053	0.060	0.169
Annual Sharpe ratio	0.696	0.127	0.145	0.406

**Figure 6:** Excess scaled returns for each trading signal: cumulative returns scaled by vol



The figure shows the cumulative log-return of each strategy, starting in 2004, where each strategy has been normalized to 0.10 annual vol in-sample for comparability. We observe that while all the signals provide similar results in the period 2004–2008, after the crisis the subsequent years have featured notable downshifts in natural rates globally, and this has proved to be a favorable period for  $r^*$  to provide additional detrending information useful for improved forecasting of bond returns.

## 5. CONCLUSION: RESOLVING THE PUZZLE

Benchmark finance models of bond risk premia and inflation expectations imply a natural rate inconsistent with estimates from benchmark macro models. We call this the natural rate puzzle.

We presented a general equilibrium macro-finance model with real and nominal factors in which bond yields and excess returns are explained by two slow-moving latent trend factors, the real natural rate trend  $r^*$  and the inflation trend  $\pi^*$ , in an arbitrage-free affine term structure model. Empirically, we take the model to the data using state-space estimation and the Kalman filter. The model succeeds on multiple dimensions. The pricing regressions for yields improve somewhat and estimates of excess returns are far more accurate than when one or both macro factors are excluded. Moreover, in our approach the model is forced to estimate “correct” paths of bond risk premia, the natural rate, and inflation that are consistent with forward rates. Thus our approach delivers a resolution of the natural rate puzzle.

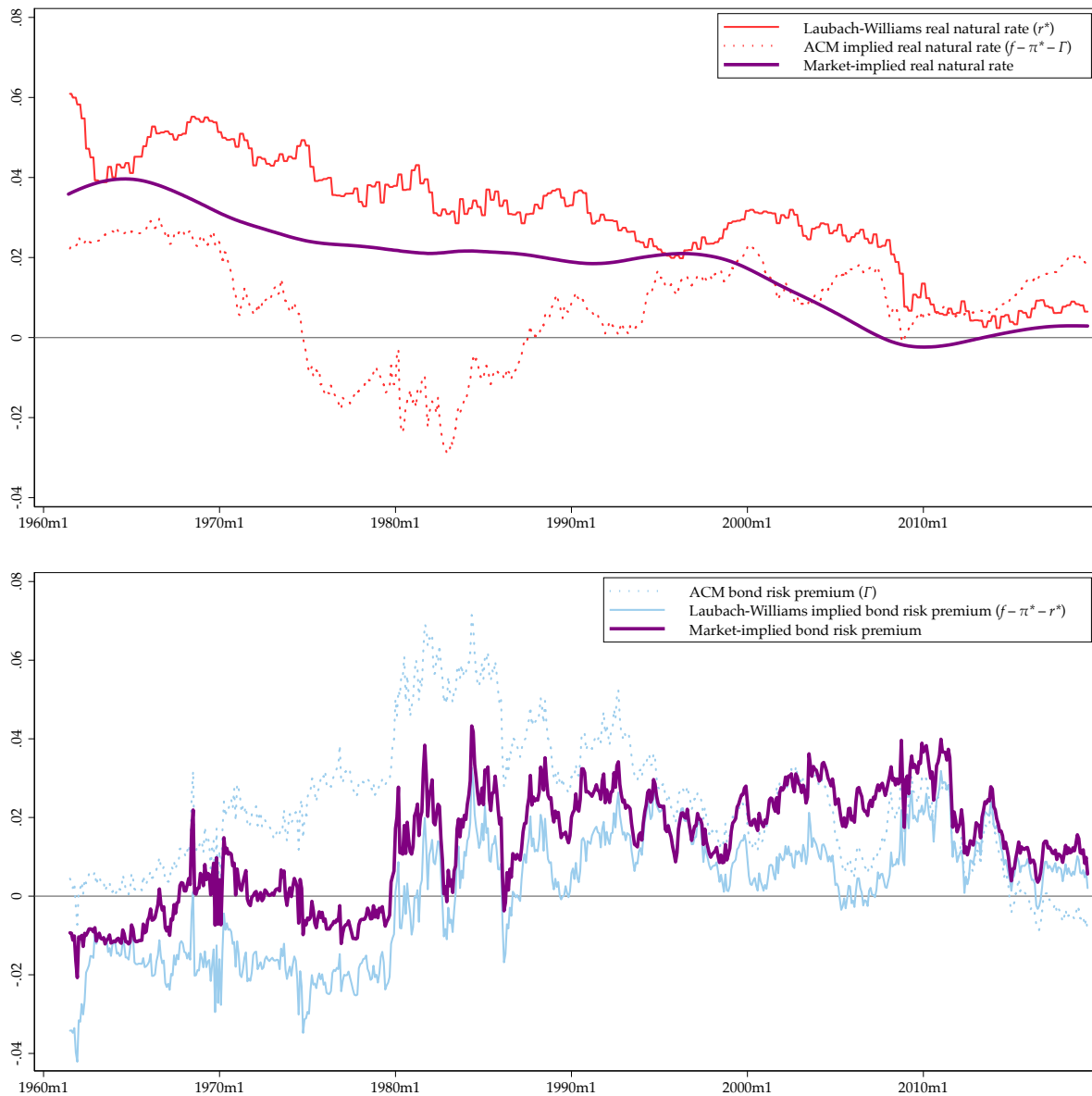
Looking again at the U.S. case where we began this paper, Figure 7 displays our model-consistent, market-implied estimates of the real natural rate  $r^*$  and the bond risk premium  $\Gamma$ . In panel (a), we compare our real natural rate with those from LW and implied by ACM, as in Figure 1. In panel (b), we compare our bond risk premium with those from ACM and implied by LW, also as in Figure 1. Note the important differences here: the ACM model (like any yield-only model) attributes the big rise and fall of interest rates in the 1970–2000 period to large up and down shifts in the bond risk premium, which peaks in the 1980s; but our market-implied estimates produce no such dramatic shifts, and instead the movements in interest rates are attributed to changes in macro trends,  $r^*$  and  $\pi^*$ . When we turn to the international data in Figure 8, we see that broadly the same result obtains in other advanced economies. In the U.S., Japan, the U.K., and Australia, we are much closer to the LW estimates, in levels and trends, over the whole sample window. The patterns are also similar, if less dramatic, in Germany and Canada.

In sum, our market-implied estimates of the natural rate and bond risk premia are closer to those of benchmark macro models and further from those of benchmark finance models. Our market-implied natural rate has trends and turning points much like consensus macro estimates, but differs in being typically somewhat lower, intensifying concerns about secular stagnation and proximity to the effective lower-bound on monetary policy in advanced economies.

The canonical finance approach to bond pricing and return forecasting using term structure models traditionally excludes macro factors. Our findings suggest a new track is needed, and the powerful effects around the world of macro factors should play an important part in future studies.

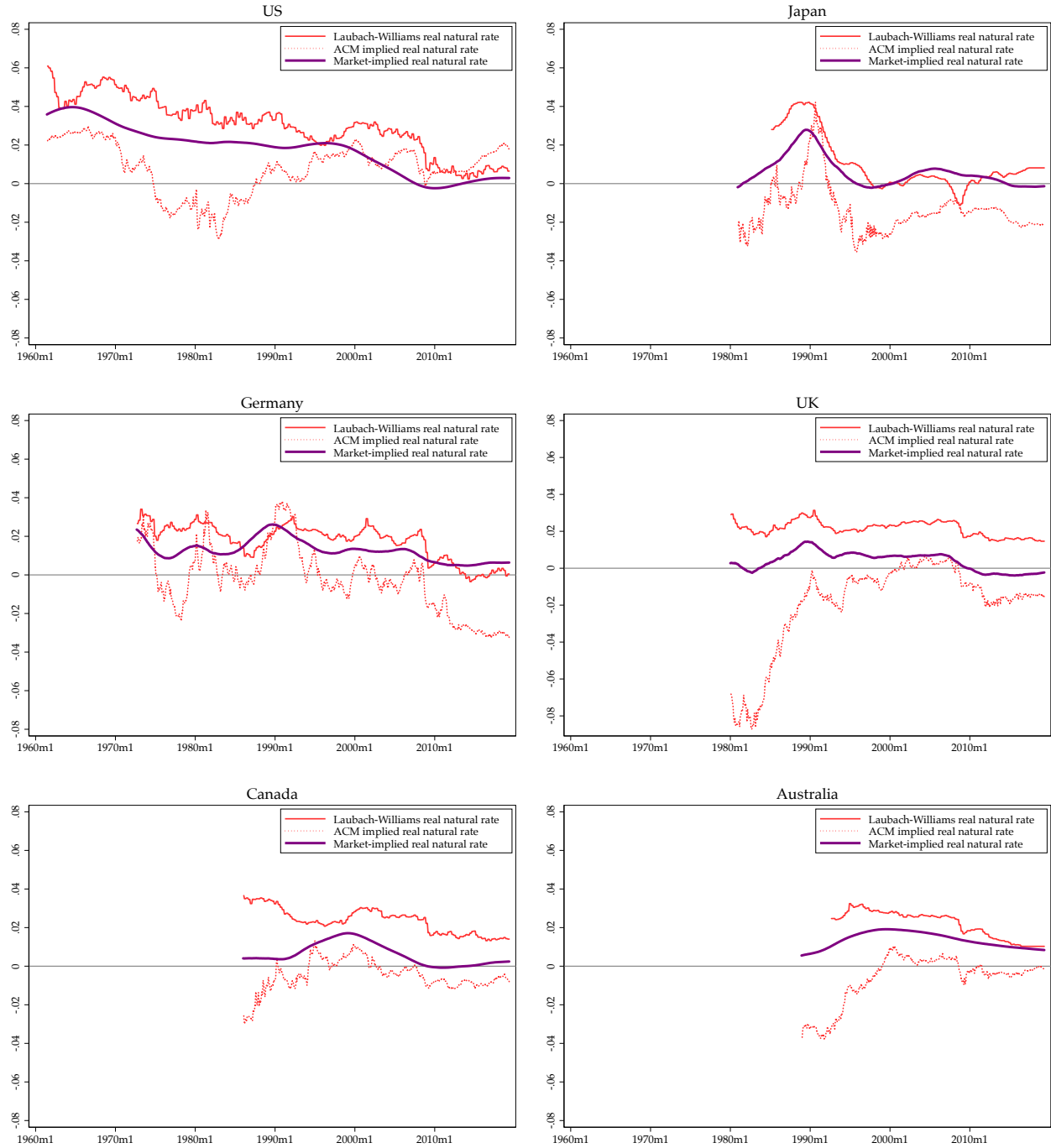
**Figure 7:** *Market-implied natural rates in U.S. data*

This chart displays our market-implied estimates of the U.S. real natural rate  $r^*$ . Our real natural rate estimate is close to LW level throughout the sample, and far from the ACM implied level.



**Figure 8:** *Market-implied natural rates in international data*

This chart displays our market-implied estimates of the real natural rate  $r^*$  for six countries. Our real natural rate estimate is close to LW level throughout the sample, and far from the ACM implied level.



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