

This PDF is a selection from a published volume from the National Bureau of Economic Research

Volume Title: Education, Skills, and Technical Change: Implications for Future US GDP Growth

Volume Authors/Editors: Charles R. Hulten and Valerie A. Ramey, editors

Volume Publisher: University of Chicago Press

Volume ISBNs: 978-0-226-56780-8 (cloth); 978-0-226-56794-5 (electronic); 0-226-56780-X (cloth)

Volume URL: <http://www.nber.org/books/hult-12>

Conference Date: October 16-17, 2015

Publication Date: December 2018

Chapter Title: Underemployment in the Early Careers of College Graduates following the Great Recession

Chapter Author(s): Jaison R. Abel, Richard Deitz

Chapter URL: <http://www.nber.org/chapters/c13697>

Chapter pages in book: (p. 149 – 181)

# Underemployment in the Early Careers of College Graduates following the Great Recession

Jaison R. Abel and Richard Deitz

“Welcome to the Well-Educated-Barista Economy”  
—Galston, *Wall Street Journal*

## 4.1 Introduction

The image of a young newly minted college graduate working behind the counter of a hip coffee shop has become a hallmark of the plight of college graduates following the Great Recession. Indeed, although economic conditions steadily improved through the recovery, significant slack remained in the labor market, and many recent graduates were not finding jobs commensurate with their education. The underemployment rate for recent college graduates—that is, the share working in jobs that typically do not require a college degree—continued to climb for several years following the Great Recession, topping out at nearly 50 percent, a level not seen since the early 1990s.

While underemployment among recent college graduates has attracted wide attention in the media and among policymakers, very little is actually known about the nature of college underemployment or what seems to make some college graduates more prone to being underemployed than others.<sup>1</sup> In this chapter, we examine the plight of college graduates in the aftermath of the Great Recession. We examine in detail the types of jobs underemployed

Jaison R. Abel is an assistant vice president and head of the Regional Analysis Function at the Federal Reserve Bank of New York. Richard Deitz serves as assistant vice president and senior economist for the Federal Reserve Bank of New York.

The views and opinions expressed here are solely those of the authors and do not necessarily reflect those of the Federal Reserve Bank of New York or the Federal Reserve System. For acknowledgments, sources of research support, and disclosure of the authors' material financial relationships, if any, please see <http://www.nber.org/chapters/c13697.ack>.

1. For example, a 2012 *Associated Press* article with the headline “Half of New Grads are Jobless or Underemployed” reignited an intense debate about the value of a college degree. Headlines such as “College Grads May Be Stuck in Low-Skill Jobs” (Casselmann 2013) and “Welcome to the Well-Educated-Barista Economy” (Galston 2014) became commonplace after the Great Recession.

college graduates hold, and explore some of the factors associated with a greater likelihood of being underemployed.

We conclude that while there is *some* truth behind the popular image of the college-educated barista, this picture is not an accurate portrayal of the typical underemployed recent college graduate. Contrary to popular perception, we show that only a small fraction of recent graduates worked in a low-skilled service job following the Great Recession. Instead, we find that underemployed recent graduates held a wide range of jobs, and while most are clearly not equivalent to jobs that require a college degree, some are fairly skilled and well paid. In addition, we find that underemployed college graduates were more likely to be working in these higher-paying noncollege jobs than similarly aged young workers without a college degree. Still, we find that roughly 9 percent of recent graduates—or about one-fifth of the underemployed—start their careers working in a low-skilled service job.

We then explore the characteristics of underemployed recent college graduates, and examine correlates associated with being underemployed or working in a low-skilled service job. We find that men are more likely to be underemployed than women, though a larger share of underemployed men work in the highest-paying noncollege jobs. Further, we show that underemployment is far more likely for recent graduates with some college majors compared to others. For example, those with majors in liberal arts or general business are two to three times more likely to be underemployed than those with engineering or nursing majors. The patterns we uncover suggest that those recent graduates who major in more quantitatively oriented and occupation-specific fields tend to have much lower underemployment than those with majors that are more general. Finally, our analysis suggests that underemployment is a temporary phase for a good number of recent graduates, particularly among those who start their careers working in a low-skilled service job, as many transition to better jobs after spending a few years in the labor market.

Though underemployment appears to have become increasingly prevalent in the labor market, particularly among college graduates, only a small body of research on the subject currently exists. Much of this research focuses on underemployment among reemployed workers following layoffs, or those who work in part-time or temporary positions (see, e.g., Feldman 1996; McKee-Ryan and Harvey 2011). In addition, much of the existing underemployment literature emphasizes the emotional and psychological effects of underemployment, rather than its economic consequences. An early exception is Feldman and Turnley (1995), who study underemployment among a small sample of recent college graduates with business degrees, and more recently, Abel, Deitz, and Su (2014) provide some historical context by examining underemployment among recent college graduates over the past few decades. Our work builds on this small body of research by providing a more detailed analysis of the types of jobs held by underemployed graduates

in the early stages of their careers, and by identifying the factors that make some graduates more prone to underemployment than others.

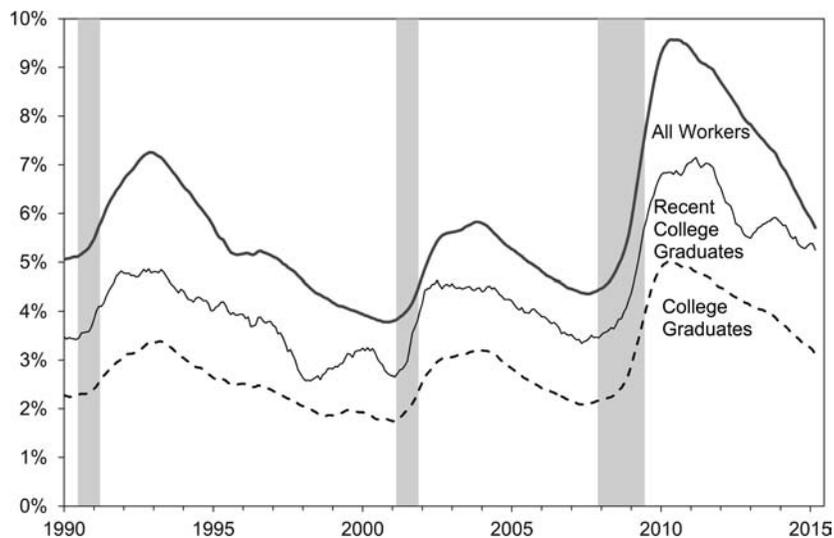
One strand of the literature that is closely related to underemployment examines overeducation in the labor market (see, e.g., Hersch 1991; Chevalier 2003; Chevalier and Lindley 2009; Green and Zhu 2010). However, unlike our work, this research typically relies on self-reported measures of whether there is a match between a worker's education and job to assess the extent and economic effects of overeducation.

Our work is also related to a small but growing literature documenting the economic consequences of graduating from college during recessions (see, e.g., Kahn 2010; Oreopoulos, von Wachter, and Heisz 2012; Altonji, Kahn, and Speer 2016). This research indicates that adverse labor market conditions in the early careers of college graduates can have significant long-term effects on earnings, and shows that these negative effects differ greatly by college major and ability. These studies generally do not directly examine the types of jobs graduates obtain in the early stages of their careers. However, differences in the quality of the initial placement of graduates with more challenging college majors or higher ability is believed to be an important contributor to differences in longer-term employment outcomes. Our work provides some support for this explanation by documenting that recent graduates with college majors that provide technical training and quantitative skills are far less likely to be underemployed in the early stages of their careers than those with majors that tend to be less quantitative in nature.

Indeed, the role of college major in finding a good job has become of considerable interest in recent years given the weak labor market following the Great Recession. Recent research has documented significant heterogeneity in the labor market outcomes of college graduates with different majors (see, e.g., Altonji, Blom, and Meghir 2012; Altonji, Kahn, and Speer 2014, 2016), and information on labor market outcomes by major has been shown to influence the choices students make while in college (see, e.g., Betts 1996; Zafar 2013; Wiswall and Zafar 2015a, 2015b). Our work adds to this body of research by providing new information about how one's college major is associated with an understudied labor market outcome—the likelihood of being underemployed upon graduation. Further, we are able to examine labor market outcomes for a more detailed set of college majors than has previously been studied.

## 4.2 The Labor Market for College Graduates following the Great Recession

The Great Recession was the deepest downturn experienced in the United States in the postwar era, and its effects on the labor market were swift and severe. Though labor market conditions started to improve in early 2010, the recovery that followed was slow and uneven, resulting in a large amount of slack that persisted for an extended period of time (see, e.g., Elsby, Hobijn, and Şahin 2010; Elsby et al. 2011; Şahin et al. 2014). Those unlucky college



**Fig. 4.1 Unemployment among college graduates**

*Source:* US Census Bureau and US Bureau of Labor Statistics, Current Population Survey.

*Notes:* Rates are calculated as a twelve-month moving average. Recent college graduates are those age twenty-two to twenty-seven with a bachelor's degree or higher, while college graduates are those age twenty-two to sixty-five with a bachelor's degree or higher. All workers are those age sixteen to sixty-five regardless of education. All figures exclude those in the military or currently enrolled in school. Shaded area indicates period designated recession by the NBER.

graduates who started their careers in the aftermath of the Great Recession struggled to find jobs, let alone jobs that utilized their degrees. Much of this difficulty can be traced to relatively weak labor demand for college graduates during the recovery.

#### 4.2.1 Unemployment among College Graduates

Though college graduates generally weathered the economic storm better than those without a degree, they were not immune from its effects. As figure 4.1 shows, unemployment rose sharply during the Great Recession and continued to climb in the early stages of the recovery to levels not seen in decades. Figure 4.1 also shows the unemployment rate for recent college graduates. For the purposes of our analysis, we define recent college graduates as those with at least a bachelor's degree who are twenty-two to twenty-seven years old. We select this group to capture college graduates within their first five years after graduation who are at the beginning of their careers.<sup>2</sup>

2. The typical age at which people earn a bachelor's degree in the United States is twenty-two. While some graduates receive their degree at ages beyond their early twenties, data limitations do not allow us to identify these older graduates. We exclude those in the military and individuals enrolled in school, whether full time or part time, to avoid confusion about whether someone's employment status is influenced by whether they are attending school.

Unemployment among recent college graduates, who are often more susceptible to cyclical changes in the labor market than college graduates as a whole, doubled from about 3.5 percent before the recession to a peak of more than 7 percent in 2011. However, unemployment among recent college graduates began to fall in late 2011, and generally continued to trend down thereafter. Even with this progress, unemployment among recent college graduates fell less steeply than for college graduates as a whole, underlying the more negative effects of labor market conditions for recent graduates compared to their more seasoned counterparts.

#### 4.2.2 Underemployment among College Graduates

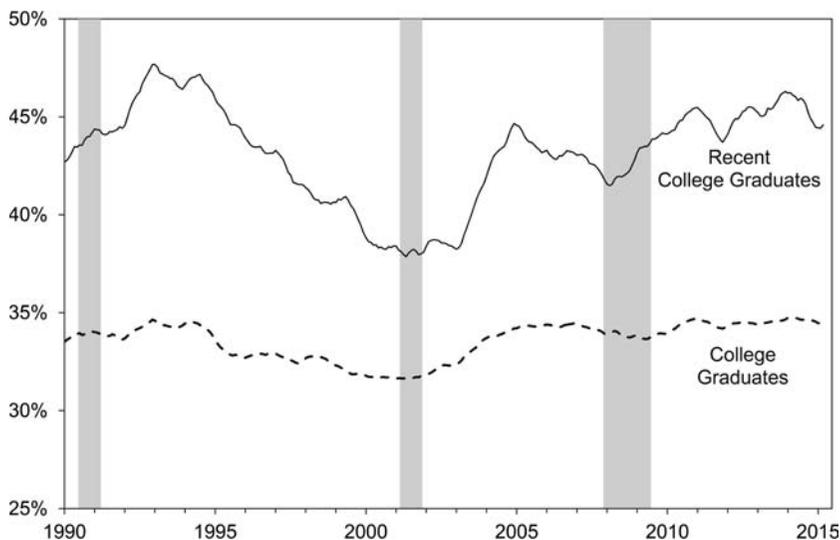
While the unemployment rate has declined, such a statistic reveals only part of the story about the plight of recent college graduates following the Great Recession. Indeed, the weak labor market prompted widespread concern that recent graduates were underemployed—that is, working in jobs that typically do not require a college degree (see, e.g., Fogg and Harrington 2011; Yen 2012; Vedder, Denhart, and Robe 2013).

We measure the underemployment rate as the share of employed college graduates working in jobs that do not require a college degree. To distinguish between college jobs and noncollege jobs, we rely on the Department of Labor's O\*NET database.<sup>3</sup> The O\*NET contains occupation-level data for hundreds of occupations collected via interviews of incumbent workers and input from professional occupational analysts on a wide array of job-related requirements. We use the following question from the O\*NET Education and Training Questionnaire to determine whether an occupation requires a college degree: "If someone were being hired to perform this job, indicate the level of education that would be *required*?" (emphasis added). Respondents then select from twelve detailed education levels, ranging from less than a high school diploma to postdoctoral training. We consider a college education to be a requirement for a given occupation if more than 50 percent of the respondents working in that occupation indicated that at least a bachelor's degree was necessary to perform the job.<sup>4</sup>

We show the underemployment rate in figure 4.2 for both recent college graduates and college graduates as a whole. The underemployment rate for recent college graduates consistently holds well above the rate for all college graduates, which has hovered at around one-third for at least the past twenty-five years, reflecting the challenges faced by newly minted graduates as they enter the labor market. Focusing on the period following the Great

3. We use O\*NET Version 18.1 for our analysis (see <http://www.onetcenter.org/> for more information). The O\*NET database is discussed in detail by Peterson et al. (2001).

4. We selected this threshold because it indicates that the majority of respondents believe that at least a bachelor's degree is required to perform a given job. In practice, however, few occupations are clustered around the 50 percent threshold. For most occupations, respondents either overwhelmingly believe that a bachelor's degree is required for the job or not.



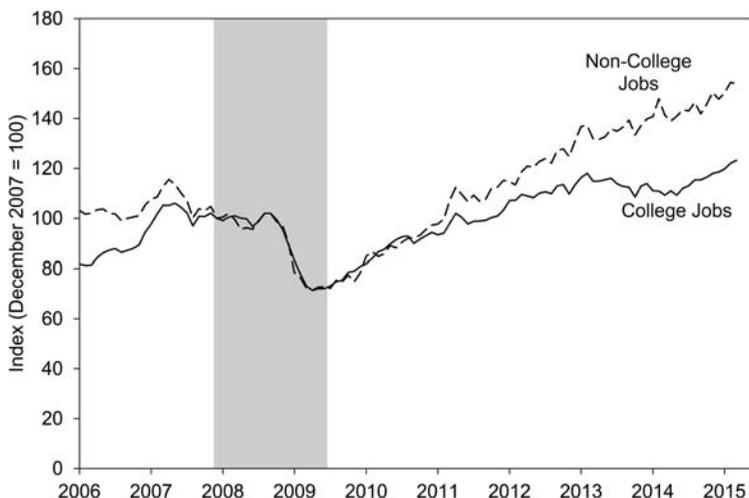
**Fig. 4.2 Underemployment among college graduates**

*Sources:* US Census Bureau and US Bureau of Labor Statistics, Current Population Survey; US Department of Labor, O\*NET.

*Notes:* Rates are calculated as a twelve-month moving average. Recent college graduates are those age twenty-two to twenty-seven with a bachelor's degree or higher, while college graduates are those age twenty-two to sixty-five with a bachelor's degree or higher. All figures exclude those in the military or currently enrolled in school. Shaded area indicates period designated recession by the NBER.

Recession, apart from a brief dip in early 2011, the underemployment rate for recent college graduates continued to climb well into 2014, rising to more than 46 percent, a level not seen since the early 1990s. This divergence between falling unemployment and rising underemployment among recent college graduates between mid-2011 and mid-2014 suggests that more graduates were finding jobs during this time, just not necessarily good ones.

Of note, underemployment is not a new phenomenon facing young graduates in recent years. Indeed, underemployment among recent college graduates was on an upward trend for several years *before* the Great Recession. While there appears to be a cyclical component to underemployment among recent college graduates, the broader V-shaped pattern in the underemployment rate over the past twenty-five years is also consistent with recent research by Beaudry, Green, and Sand (2014, 2016) arguing that there has been a reversal in the demand for cognitive skills since 2000. According to this research, businesses ramped up their hiring of college-educated workers in an effort to adapt to the technological changes occurring during the 1990s. However, as the information technology revolution reached maturity, demand for cognitive skill fell accordingly. As a result, during the first decade of the twenty-first century, many college graduates were forced to move down the job ladder to take jobs typically performed by lower-skilled



**Fig. 4.3 The demand for college graduates through the Great Recession**

*Source:* The Conference Board, Help Wanted OnLine; US Department of Labor, O\*NET.

*Note:* Shaded area indicates period designated recession by the NBER.

workers. From this perspective, the relatively low underemployment rates among recent college graduates at the peak of the technology boom around 2000 may in fact be an outlier, while the rise in underemployment since then represents a return to more typical conditions.

#### 4.2.3 The Demand for College Graduates after the Great Recession

To gain a better understanding of what is behind recent patterns in both unemployment and underemployment among college graduates, we measure the availability of college jobs and noncollege jobs around the Great Recession. We use data on online job postings from The Conference Board's Help Wanted OnLine (HWOL) database, which provides information on the full universe of online job postings during this period and serves as a comprehensive measure of labor demand.<sup>5</sup> We use monthly data measuring total advertised job postings. Importantly, for our purposes, the HWOL database assigns a detailed occupation code to each advertised posting. We use these occupation codes to distinguish between college jobs and noncollege jobs using the O\*NET classification defined previously.

The trend in job postings for both types of jobs is shown in figure 4.3. Although postings for college jobs and noncollege jobs rebounded at

5. Advertised job vacancies are collected from more than 16,000 online job boards, including corporate job boards, and efforts are made to remove duplicate postings. (See <https://www.conference-board.org/data/helpwantedonline.cfm> for more information on the HWOL database.) Because the earliest available HWOL data start in 2005, we are not able to examine the extent to which the demand for college graduates started to decline around 2000, as suggested by Beaudry, Green, and Sand (2014, 2016).

roughly the same pace immediately following the Great Recession, by 2011 the demand for college graduates began to fall behind. In fact, postings for college jobs leveled off around 2013, and even declined slightly through mid-2014, while postings for noncollege jobs continued to rise at a fairly steady clip throughout the recovery.

The steady growth of noncollege jobs, coupled with the relatively soft demand for college graduates during this three-year period, appears to have forced many recent college graduates to take jobs not commensurate with their education. With the demand for college graduates rising again beginning in mid-2014, underemployment also started to come down. However, even with this modest improvement, 44.6 percent of college graduates—nearly one in two—found themselves underemployed in the early stages of their careers following the Great Recession. However, these data reveal little about the types of jobs these underemployed workers were performing.

### 4.3 Are All Underemployed College Graduates Working as Baristas?

To provide a deeper understanding of the types of jobs held by underemployed recent college graduates in the years following the Great Recession, we turn to the American Community Survey (ACS), a nationally representative 1 percent sample of the population conducted on an annual basis (Ruggles et al. 2015). These data include a variety of detailed economic and demographic information for individuals, including a person's occupation, wage, and education. We pool annual data for the years 2009 to 2013, leaving us with a roughly 5 percent random sample of the US population.

Our sample of recent college graduates contains nearly 180,000 observations representing more than 20 million individuals during the 2009 to 2013 period. For comparison purposes, we also construct a parallel sample of young workers age twenty-two to twenty-seven without a college degree. This sample contains roughly 346,000 observations representing about 44 million individuals over this same period. Because men and women may choose different career paths or have different experiences in the labor market, we perform all of our analyses overall and separately by gender.

#### 4.3.1 Types of Jobs Held by Underemployed College Graduates

What types of jobs are underemployed recent graduates performing, and how common is it for such workers to be stuck in a low-paying job, such as a coffee house barista? To address these questions, we create ten underemployed occupation categories from the hundreds of detailed occupation codes identified in the data. In forming these occupation categories, we attempted to create groups with a reasonably comparable set of knowledge and skill requirements based on the nature of the work performed. In some cases, we also used average wages earned in these detailed occupations to assign them to these categories. Table 4.1 displays these groupings together

**Table 4.1** Occupation categories of underemployed college graduates

Occupation category	Average wage, full-time workers (\$)	Average monthly job postings	Percent growth in postings
Information processing and business support	59,059	188,000	63
Managers and supervisors	55,415	359,200	122
Public safety	52,567	31,300	76
Sales	52,474	293,700	66
Arts and entertainment	48,765	29,000	9
Skilled trades	47,268	158,000	162
Office and administrative support	37,207	351,000	57
Health care technicians and assistants	36,223	220,500	34
Physical laborers	33,006	275,200	285
Low-skilled service	23,584	271,100	133

*Source:* US Census Bureau, American Community Survey, 2009–2013; The Conference Board, Help Wanted OnLine; US Department of Labor, O\*NET.

*Notes:* Average wages are calculated for all workers age twenty-two to sixty-five who usually work at least thirty-five hours per week for forty or more weeks per year. Average monthly job postings are calculated for the years 2009 to 2013. Percent growth in postings is calculated from mid-2009, the end of the Great Recession, through mid-2014.

with the average wage paid to all workers in each group, not just recent college graduates.<sup>6</sup>

These occupation categories fall into six tiers based on how well jobs in each group tend to pay. The first tier contains two groups of relatively high-paying jobs, where workers on average earn more than \$55,000 per year. The highest-paying occupation category, Information Processing and Business Support, tends to emphasize cognitive skills, and workers in these jobs typically work with technology, use or produce information in their jobs, and often play a supporting role to others within their line of business. Examples of the kinds of jobs included in this category are human resource workers, computer support specialists, web developers, computer network architects, and paralegals. The next highest-paying category is Managers and Supervisors, which includes workers who have direct oversight of other employees within their organization, and are often responsible for managing part of a business. Some decision-making is typically required in these types of jobs, but such decisions are often fairly limited in scope. Examples of jobs that fall within this category include first-line supervisors of various types of workers (e.g., retail sales, administrative support, and production) and food service managers.

6. We focus on the average wages of all workers in these occupation categories to give a general sense about the relative differences in skill levels across the categories we create. While recent college graduates tend to earn less than these figures, largely because such workers are in the early stages of their careers, the pattern for recent graduates is similar to that for all workers.

The second tier of underemployed occupation categories tend to pay between \$50,000 and \$55,000 per year, and includes Public Safety and Sales jobs. Jobs in the Public Safety category emphasize a combination of physical and cognitive skills, and workers in these types of jobs tend to protect and serve the public. Examples of the kinds jobs included in this category are police officers, detectives, security guards, and firefighters. Jobs in the Sales category tend to require strong interpersonal skills and the ability to interact with customers. Workers in these jobs are responsible for selling a wide array of goods and services, ranging from physical products found on the shelves of retail stores to insurance policies and real estate. Examples of the kinds of jobs included in this category are sales representatives, insurance agents, real estate brokers, as well as retail salespersons.<sup>7</sup>

The third tier of underemployed occupations pays, on average, around \$48,000, and includes Arts and Entertainment and Skilled Trades. Workers in these jobs are often highly skilled, but these are not the types of skills typically developed by earning a college degree. Examples of the types of jobs captured in this tier include professional athletes, musicians, actors, and dancers, as well as electricians, machine repairers, plumbers, and welders.

The fourth tier has average annual earnings ranging between \$35,000 and \$40,000. This tier includes two groups. First, Office and Administrative Support, which tends to emphasize clerical knowledge, oral and written communication skills, and basic proficiency with computers. While some cognitive skills are required, the demands are typically below what is required of workers in Information Processing and Business Support jobs. Examples of jobs in this category include secretaries, customer service representatives, and office clerks. Second, this tier includes Health Care Technicians and Assistants. Workers in these jobs provide care for others, but typically in a role that supports a health care practitioner. Many of these jobs require an associate's degree or some other type of training certificate. Examples of the jobs in this category are medical assistants, nursing aides, diagnostic technicians, and dental hygienists.

The fifth tier consists of Physical Laborers. Jobs in this category tend to emphasize the physical dimension of a worker's skill set, such as strength, agility, and dexterity. Examples of jobs in this category include construction laborers, truck drivers, roofers, and highway maintenance workers.

Finally, the lowest-paying tier consists of Low-Skilled Service jobs, which tend to pay around minimum wage.<sup>8</sup> These are the types of jobs that, rightly or wrongly, have become the poster child for underemployed young college

7. While retail sales jobs might be viewed as similar to low-skilled service jobs, retail sales jobs tend to require more skill, particularly in the areas of communication and persuasion, and pay significantly higher wages, even for young college graduates.

8. Autor and Dorn (2013) demonstrate that growth in these types of jobs has been strong in recent decades, which has contributed to the polarization of the US workforce.

**Table 4.2** Share of underemployed recent college graduates by occupation category

Occupation category	Share of underemployed recent college graduates	Share of young workers without a college degree
Information processing and business support	11.4	2.0
Managers and supervisors	13.1	7.8
Public safety	3.7	2.8
Sales	11.7	5.1
Arts and entertainment	3.0	0.7
Skilled trades	2.7	8.2
Office and administrative support	25.2	15.0
Health care technicians and assistants	4.7	6.6
Physical laborers	5.4	24.1
Low-skilled service	19.3	27.6

*Source:* US Census Bureau, American Community Survey, 2009–2013.

*Notes:* Recent college graduates are those age twenty-two to twenty-seven with a bachelor's degree or higher, while young workers are those age twenty-two to twenty-seven without a bachelor's degree. All figures exclude those in the military or currently enrolled in school.

graduates in recent years. Examples of the kinds of jobs found in this category are waiters and waitresses, cashiers, bartenders, cooks, and, yes, baristas.

While demand in the noncollege segment of the labor market doubled in the years following the Great Recession, this growth was not merely in low-paying jobs. We turn back to the HWOL database to provide estimates of the number and growth of monthly job postings for each of the occupation categories identified above between 2009 and 2013, also shown in table 4.1. The Managers and Supervisors category had the largest number of job postings after the Great Recession, followed closely by Office and Administrative Support. The two lowest-paying categories, Physical Laborers and Low-Skilled Service, saw large increases in demand, as did Skilled Trades and Managers and Supervisors. These figures suggest that while many low-skilled service jobs were available during this time, there were plenty of opportunities in jobs that tended to pay higher wages. Next, we examine which jobs both underemployed college graduates and those without college degrees took.

#### 4.3.2 What Jobs Did Underemployed Graduates Take?

Table 4.2 shows the share of underemployed recent college graduates across the ten occupation categories in the years following the Great Recession. Contrary to popular perception, most underemployed recent college graduates were not working in low-skilled service jobs. Indeed, nearly half were working in relatively high-paying jobs, with more than 10 percent each working in the Information Processing and Business Support, Managers and Supervisors, and Sales categories. At 25 percent, the largest share of underemployed workers were employed in the Office and Administrative

Support category. While these jobs may not be as desirable as the typical college job, which pays around \$78,500 annually, they are significantly better than low-skilled service jobs. That said, about one-fifth of underemployed recent college graduates—roughly 9 percent of all recent graduates—were working in a low-skilled service job.<sup>9</sup>

Comparing the distribution of underemployed college graduates to young workers of the same age without a college degree yields some important insights about the value of a college degree for underemployed workers. Those with a college degree were much more likely to be working in higher-paying jobs than those without. This pattern is particularly evident in the highest-paying occupation categories that tend to emphasize cognitive skills and decision-making, such as the Information Processing and Business Support and Managers and Supervisors categories. While around 40 percent of recent college graduates were employed in the two highest-paid tiers of noncollege occupations, only 18 percent of young workers without degrees held these types of jobs. By contrast, among those working in these occupation categories, more than half of young workers without a college degree were working in the low-paying Physical Laborers and Low-Skilled Service occupation categories, double the share for recent college graduates. Moreover, though not shown in the table, we also find that underemployed recent college graduates tend to earn more than similarly aged young workers without a college degree *within* each occupation category.

While the same general patterns hold between the genders, there are some notable differences, as shown in table 4.3. Underemployed men are more likely to be working in the highest-paying occupation categories, including Information Processing and Business Support and Managers and Supervisors. The male-female ratio is also particularly large for jobs in the Public Safety and Skilled Trades categories, both of which tend to emphasize physical skills. By contrast, underemployed women are much more likely to be working in Office and Administrative Support jobs, and, to a lesser extent, the Health Care Technicians and Assistants category. In terms of the lower-paying categories, underemployed men are more likely than women to be working in jobs in the Physical Laborers category, while underemployed women are more likely to be working in jobs in the Low-Skilled Service category.

#### 4.4 Which Graduates Are More Prone to Underemployment?

We next turn to the question of which recent college graduates are more likely to be underemployed. We use probit regressions to reveal which char-

9. As an alternative to the Low-Skilled Service category, we also measured the share of all underemployed workers earning around the minimum wage. We estimate this share to be roughly 20 to 25 percent, comparable to the share working in a low-skilled service job.

**Table 4.3** Share of underemployed recent college graduates by occupation category and gender

Occupation category	Share of underemployed recent college graduates		Share of young workers without a college degree	
	Male	Female	Male	Female
Information processing and business support	12.1	10.7	2.1	2.0
Managers and supervisors	15.1	11.4	7.7	8.1
Public safety	5.9	1.9	3.9	1.3
Sales	12.6	11.0	4.6	5.9
Arts and entertainment	3.9	2.2	0.7	0.6
Skilled trades	5.0	0.8	13.1	1.0
Office and administrative support	17.8	31.3	9.3	23.4
Health care technicians and assistants	2.4	6.5	1.9	13.6
Physical laborers	9.2	2.3	35.5	7.5
Low-skilled service	16.1	22.0	21.3	36.7

*Source:* US Census Bureau, American Community Survey, 2009–2013.

*Notes:* Recent college graduates are those age twenty-two to twenty-seven with a bachelor's degree or higher, while young workers are those age twenty-two to twenty-seven without a bachelor's degree. All figures exclude those in the military or currently enrolled in school.

acteristics of recent college graduates are associated with a higher probability of being underemployed, with a particular focus on college major. Because men and women may choose different career paths or have different experiences in the labor market, we estimate our regression models using aggregate data and separately by gender. We wish to emphasize that our models are not meant to imply causation, but rather to uncover some of the correlates to the likelihood of being underemployed based on the characteristics of workers we are able to identify in the data we employ.

#### 4.4.1 Estimation Approach

Because our measures of underemployment are binary variables, we use probit models to estimate the likelihood of underemployment among recent college graduates. Specifically, letting  $\text{UNDER}_i$  represent the underemployment of individual  $i$  located in state  $j$  during year  $t$ , the probability that an individual is working in a job that does not require a college degree can be expressed as:

$$(1) \quad \text{Prob}(\text{UNDER}_i = 1) = \Phi(\beta\mathbf{X}_i + \delta\mathbf{M}_i + \phi_j + \phi_t)$$

where  $\mathbf{X}_i$  is a vector of individual-level worker characteristics,  $\mathbf{M}_i$  is a vector of dummy variables denoting an individual's college major,  $\phi_j$  is a state-level spatial fixed effect,  $\phi_t$  is an annual time fixed effect, and  $\beta$  and  $\delta$  are parameters to be estimated;  $\Phi(\cdot)$  is a normal cumulative distribution function,

and the estimated parameters are chosen to maximize the sum of the log likelihoods over all observations. We estimate our models using two different measures for UNDER<sub>*j*</sub>, one that broadly includes graduates working in any noncollege job, and a second more narrowly defined measure of underemployment for those working in the Low-Skilled Service category.

Of particular interest for our purposes, the ACS began to include information on an individual's undergraduate degree major starting in 2009. Specifically, the ACS provides information for more than 170 detailed degree major categories. Since many of these detailed majors contain relatively few observations, we collapse this list into seventy-three majors to preserve large enough sample sizes to obtain meaningful results.

To explore how differences in worker characteristics,  $\mathbf{X}_j$ , are related to the likelihood of underemployment, our probit models include a wide range of individual-level characteristics such as gender, age, marital status, the presence of children, race and ethnicity, and disability status.<sup>10</sup> In addition, when collecting information about college major, the ACS allows individuals to list up to two majors. We consider those individuals who listed two majors as having graduated with a double major, which we control for, and count the first listed as that person's college major. As another control, we are also able to identify recent college graduates who have earned a graduate degree.<sup>11</sup>

Table 4.4 provides descriptive statistics for the worker characteristics included in our study for three groups: all recent college graduates, those who are underemployed, and those working in a low-skilled service job. Interestingly, there are more underemployed women (55 percent) than men (45 percent). This differential partly reflects the fact that there are now more women college graduates than men in the overall population, though men seem to be slightly overrepresented among the underemployed. By contrast, men are underrepresented among low-skilled service workers. About 20 percent of the underemployed are married, 8 percent have children, 12 percent graduated with a double major, and 6 percent earned a graduate degree. Proportionally fewer recent college graduates working in a low-skilled service job were married, had children, graduated with a double major, or earned a graduate degree.

To account for differences in local economic conditions across time and space, which may influence the likelihood of being underemployed, we include state-level spatial fixed effects,  $\phi_j$ , and annual time fixed effects,  $\phi_t$ , in our models.<sup>12</sup> In all of our analysis, we report robust standard errors

10. To allow for nonlinear effects from gaining experience in the labor market, we follow the convention in wage studies and include both age and age-squared in our models.

11. The ACS indicates whether an individual holds a master's degree, professional degree, or doctoral degree, but does not provide information about the type of graduate degree (e.g., MA, MBA, JD, MD) or course of study while in graduate school.

12. For example, Mian and Sufi (2010, 2011) show that the most pronounced effects of the Great Recession were concentrated in the "Sand States," and that the pace of recovery generally

**Table 4.4** Characteristics of recent college graduates

Variable	All recent grads		Underemployed		Low-skilled service	
	Mean	Std. dev.	Mean	Std. dev.	Mean	Std. dev.
<i>Employment status</i>						
Underemployed	0.446	0.497	1.000	0.000	1.000	0.000
Low-skilled service	0.086	0.281	0.193	0.395	1.000	0.000
<i>Age and gender</i>						
Age	25.1	1.5	24.9	1.5	24.6	1.6
Male	0.436	0.496	0.450	0.497	0.374	0.484
<i>Family background</i>						
Married	0.234	0.423	0.199	0.399	0.157	0.364
Children	0.082	0.274	0.078	0.269	0.068	0.251
<i>Race and ethnicity</i>						
White	0.800	0.400	0.795	0.403	0.797	0.402
Black	0.070	0.255	0.085	0.279	0.076	0.265
American Indian	0.003	0.052	0.003	0.057	0.003	0.053
Asian	0.083	0.275	0.064	0.244	0.061	0.239
Other race	0.045	0.207	0.053	0.223	0.063	0.243
Hispanic	0.079	0.270	0.092	0.289	0.108	0.310
<i>Disability status</i>						
Disabled	0.014	0.117	0.016	0.126	0.017	0.130
<i>Education</i>						
Double major	0.121	0.326	0.117	0.321	0.107	0.309
Graduate degree	0.148	0.355	0.064	0.244	0.057	0.232
<i>N</i>	20,233,500		9,031,408		1,744,695	

Source: US Census Bureau, American Community Survey, 2009–2013.

Notes: Recent college graduates are those age twenty-two to twenty-seven with a bachelor's degree or higher. All figures exclude those in the military or currently enrolled in school.

clustered at the state level, which tends to increase standard errors but does not affect the point estimates themselves.

Despite our efforts to control for differences in local economic performance and a wide range of individual worker characteristics, care must be taken when interpreting our findings. Most significantly, in part, students sort into their chosen field of study based on their ability to complete the required coursework (see, e.g., Arcidiacono 2004; Zafar 2011, 2013). Thus, not all majors are feasible for every college student, and graduates with different majors likely differ in other important ways that we are unable to measure, such as intelligence, perseverance, or motivation. Indeed, recent

differed across states. Further, Abel and Deitz (2015) show that local labor market conditions can influence the likelihood and quality of the match between an individual's education and job. We also estimated a model using spatial fixed effects at the local labor market area, which we defined as metropolitan areas and the rural portion of each state. Results were nearly identical to those reported in the paper, but small sample sizes within many local labor markets prevented us from estimating models using underemployed graduates working in low-skilled service jobs.

research has shown that graduating with a math or science major is more difficult than other fields of study (Stinebrickner and Stinebrickner 2014). In addition, our results represent average outcomes for graduates within each of the seventy-three college majors we analyze. Thus, by definition, some individuals within each major will have better or worse outcomes than our results suggest. Nonetheless, examining the typical experience within each major can provide useful insights into the correlates of the likelihood of underemployment.

#### 4.4.2 Estimation Results

Because of the difficulties associated with interpreting raw coefficient estimates obtained via probit analysis, we instead present the corresponding average marginal effects and predicted probabilities obtained from our analysis. As such, our estimates can be interpreted as the average percentage point change in the probability of either being underemployed or working in a low-skilled service job. We first describe how the probability of being underemployed is correlated with the worker characteristics we are able to identify, and then turn to the role of college major.

##### *Worker Characteristics*

Table 4.5 presents the average marginal effects associated with the worker characteristics included in our analysis. Columns (1)–(3) show results using underemployment in general as the dependent variable, while columns (4)–(6) show results using Low-Skilled Service jobs only. Our results show that the likelihood of college underemployment differs significantly across a wide range of worker characteristics.

Regarding gender differences, our analysis indicates that male graduates are 1.2 percentage points more likely to be underemployed in the early stages of their careers than their female counterparts. Specifically, men have a predicted probability of 45.3 percent compared to 44.1 percent for women—a gap that represents about a 3 percent difference between these groups. This difference may stem in part from the recent success women have enjoyed relative to men while in college, but it could also reflect the fact that underemployed men tend to be more represented in the higher-paying noncollege occupation categories, and, therefore may have less incentive to seek a college job.<sup>13</sup> Indeed, women graduates are 1.1 percentage points (9.1 percent compared to 8.0 percent) more likely to be working in a low-skilled service job than men—a difference of more than 12 percent. For both men and

13. Goldin, Katz, and Kuziemko (2006) show that women are now much more likely to enroll in and complete college than men, reversing the college gender gap. Fortin, Oreopoulos, and Phipps (2015) demonstrate that the relatively strong academic performance of women compared to men in recent decades stems, in large part, from being better prepared for and focused on college.

**Table 4.5** Average marginal effects from underemployment and low-skilled service probit models

	Underemployed			Working in low-skilled service jobs		
	Overall (1)	Male (2)	Female (3)	Overall (4)	Male (5)	Female (6)
Male	0.012*** (0.003)	—	—	-0.011*** (0.003)	—	—
Age	-0.015*** (0.001)	-0.013*** (0.001)	-0.016*** (0.001)	-0.011*** (0.000)	-0.009*** (0.001)	-0.012*** (0.001)
Married	-0.040*** (0.004)	-0.044*** (0.007)	-0.039*** (0.005)	-0.026*** (0.003)	-0.033*** (0.003)	-0.022*** (0.004)
Children	0.029*** (0.007)	0.044*** (0.011)	0.025*** (0.008)	0.007*** (0.003)	0.004 (0.007)	0.010** (0.005)
Black	0.075*** (0.008)	0.081*** (0.010)	0.070*** (0.009)	0.007 (0.005)	0.011 (0.007)	0.003 (0.006)
American Indian	0.074*** (0.025)	0.058 (0.037)	0.082** (0.033)	0.003 (0.015)	-0.036*** (0.008)	0.028 (0.024)
Asian	-0.021*** (0.006)	-0.035*** (0.009)	-0.014 (0.009)	-0.002 (0.008)	-0.003 (0.008)	0.004 (0.008)
Other race	0.039*** (0.011)	0.045*** (0.017)	0.034*** (0.010)	0.018*** (0.005)	0.018*** (0.007)	0.019*** (0.007)

(continued)

**Table 4.5** (continued)

	Underemployed			Working in low-skilled service jobs		
	Overall (1)	Male (2)	Female (3)	Overall (4)	Male (5)	Female (6)
Hispanic	0.045*** (0.009)	0.074*** (0.012)	0.023*** (0.009)	0.026*** (0.005)	0.034*** (0.007)	0.019*** (0.004)
Disabled	0.042*** (0.012)	0.030* (0.017)	0.054*** (0.019)	0.014* (0.008)	0.004 (0.006)	0.022* (0.013)
Double major	-0.046*** (0.005)	-0.051*** (0.009)	-0.042*** (0.004)	-0.016*** (0.002)	-0.013*** (0.003)	-0.019*** (0.003)
Graduate degree	-0.252*** (0.006)	-0.229*** (0.007)	-0.263*** (0.006)	-0.054*** (0.002)	-0.040*** (0.003)	-0.063*** (0.003)
Log pseudo likelihood	-12,227,478***	-5,401,846***	-6,792,684***	-5,503,035***	-2,115,863***	-3,357,967***
Pseudo <i>R</i> -squared	0.121	0.112	0.131	0.074	0.090	0.068
Weighted <i>N</i>	20,233,500	8,818,586	11,414,914	20,233,500	8,818,586	11,414,914

*Source:* US Census Bureau, American Community Survey, 2009–2013.

*Notes:* Robust standard errors, clustered at the state level, are reported in parentheses. Models also include the following controls (coefficients not reported for brevity): individual's college major (seventy-three degree fields), state, and year. Marginal effects for dummy variables represent discrete change from 0 to 1.

\*\*\*Significant at the 1 percent level.

\*\*Significant at the 5 percent level.

\*Significant at the 10 percent level.

women, the likelihood of being underemployed or working in a low-skilled service job declines sharply as workers age from twenty-two to twenty-seven.

In terms of family considerations, graduates who are married are less likely to be underemployed (41.5 percent compared to 45.6 percent) or working in a low-skilled service job (6.6 percent compared to 9.2 percent), and this is particularly true among married men. In addition, those graduates with children are more likely to be underemployed (47.4 percent compared to 44.4 percent). Women with children, in particular, are more likely to be working in a low-skilled service job. One potential explanation for these findings is that those who are married or without children have a greater ability to search for better jobs because they have more resources available, or face fewer constraints, and that these factors reduce the likelihood of being underemployed. However, more research is needed to disentangle the potentially complex relationships between gender, family, and the likelihood of underemployment.

Underemployment following the Great Recession also varied significantly across racial and ethnic groups. Compared to white graduates, who have a 44.1 percent likelihood of being underemployed, black and American Indian graduates are 17 percent more likely to be working in a noncollege job, while Asian graduates are 5 percent less likely. Our estimates also indicate nonwhite graduates are more likely to be working in low-skilled service jobs, though these differences are generally not statistically significant. Moreover, those of Hispanic origin are 10 percent more likely to be underemployed and 31 percent more likely to be working in a low-skilled service job than non-Hispanics. Looking across genders, the magnitudes of our estimates pertaining to race and ethnicity tend to be larger for men than women. These findings are broadly consistent with other research showing that minorities, particularly black and Hispanic men, tend to suffer the most during recessions (see, e.g., Elsby, Hobijn, and Şahin 2010; Elsby et al. 2011; Hoynes, Miller, and Schaller 2012; Nunley et al. 2015).

Graduates with a disability are 4.2 percentage points—or 10 percent—more likely to be underemployed than those who are not, and are 1.4 percentage points—or 16 percent—more likely to be working in a low-skilled service job. In both cases, the estimated effects are larger for women than for men.

Graduating with a double major or earning a graduate degree are both associated with a lower likelihood of being underemployed or working in a low-skilled service job. Graduates with a double major are 4.6 percentage points less likely to be underemployed than those with a single major, and are 1.6 percentage points less likely to be working in a low-skilled service job. Those with a graduate degree are 25.2 percentage points less likely to be underemployed than those without, and are 5.2 percentage points less likely to be working in a low-skilled service job. These results are expected as those with two majors or a graduate degree tend to have built more skills,

and especially for those with a graduate degree, have developed occupation-specific skills and training that may allow them better access to employment opportunities. The reduced likelihood of college underemployment for those with a double major or graduate degree is similar for both men and women.

### *College Major*

The role of college major in finding a good job has become of considerable interest in recent years given the weak labor market following the Great Recession. While not all students are willing and able to complete a degree in any major, some choice is involved, making information about the success of those with certain majors relative to others of value to students and parents. In tables 4.6 and 4.7, we present the predicted probabilities of being underemployed or working in a low-skilled service job, respectively, by college major, holding constant the other variables in our model. Given the large amount of information contained in these tables and the fact that the patterns do not appear to differ widely by gender, we also plot the overall predicted probabilities for selected college majors in figures 4.4 and 4.5. Though there are differences in the rankings of college majors for each measure of underemployment, five broad themes emerge.<sup>14</sup>

First, it is clear that college major is a significant correlate with the probability of being underemployed in the early careers of college graduates. While, on average, 44.6 percent of recent graduates work in a noncollege job, underemployment rates range from 70 percent for graduates with a criminal justice major to 9.5 percent for those with a nursing degree. Similarly, while on average, only 8.6 percent of recent college graduates work in a low-skilled service job, this figure ranges from 23.4 percent for those majoring in leisure and hospitality to 1.7 percent for graduates with a civil engineering major.

Second, graduates with college majors that provide technical training and quantitative skills are far less likely to be underemployed than those with majors that tend to be less quantitative in nature. Indeed, for both measures of college underemployment, graduates with majors in the science, technology, engineering, and mathematics (STEM) fields tend to have some of the lowest predicted probabilities of working in a noncollege job. In particular, graduates with any type of engineering major generally fared well in the labor market following the Great Recession. Outside of the traditional STEM majors, those with majors that are quantitatively oriented, such as accounting, business analytics, economics, and finance, also tend to have relatively low underemployment rates. By contrast, those with majors in less quantitative subjects such as English language, sociology, communications, art history, or anthropology tend to have relatively high rates of underemployment.

14. The Spearman rank correlation of the predicted probabilities of being underemployed and working in a low-skilled service job by college major is 0.57.

**Table 4.6** Probability of underemployment among recent college graduates by major

Major	Overall	SE	Male	SE	Female	SE
Criminal justice	0.700	(0.011)	0.752	(0.017)	0.646	(0.013)
Performing arts	0.663	(0.013)	0.654	(0.025)	0.669	(0.012)
Leisure and hospitality	0.640	(0.019)	0.669	(0.026)	0.613	(0.016)
Anthropology	0.624	(0.019)	0.617	(0.026)	0.624	(0.024)
Art history	0.621	(0.021)	0.736	(0.047)	0.592	(0.023)
Public policy and law	0.618	(0.029)	0.547	(0.052)	0.674	(0.030)
Business management	0.601	(0.006)	0.592	(0.011)	0.613	(0.007)
Fine arts	0.591	(0.009)	0.604	(0.012)	0.580	(0.012)
History	0.575	(0.011)	0.581	(0.013)	0.573	(0.016)
Animal and plant sciences	0.572	(0.019)	0.548	(0.031)	0.587	(0.024)
Miscellaneous technologies	0.554	(0.020)	0.553	(0.023)	0.579	(0.027)
Communications	0.554	(0.007)	0.595	(0.012)	0.529	(0.009)
Liberal arts	0.553	(0.022)	0.611	(0.018)	0.519	(0.030)
General business	0.551	(0.013)	0.550	(0.014)	0.558	(0.014)
Political science	0.548	(0.011)	0.538	(0.013)	0.562	(0.012)
Marketing	0.545	(0.007)	0.543	(0.012)	0.544	(0.010)
Sociology	0.541	(0.017)	0.573	(0.030)	0.524	(0.016)
Mass media	0.539	(0.013)	0.563	(0.022)	0.522	(0.019)
Foreign language	0.538	(0.013)	0.561	(0.027)	0.525	(0.017)
Philosophy	0.537	(0.018)	0.563	(0.016)	0.507	(0.026)
English language	0.534	(0.009)	0.571	(0.019)	0.513	(0.013)
Agriculture	0.533	(0.030)	0.550	(0.032)	0.515	(0.042)
Advertising and public relations	0.511	(0.011)	0.547	(0.042)	0.493	(0.010)
Medical technicians	0.507	(0.027)	0.470	(0.055)	0.512	(0.030)
Environmental studies	0.504	(0.021)	0.553	(0.020)	0.446	(0.032)
Psychology	0.503	(0.009)	0.537	(0.013)	0.488	(0.010)
International affairs	0.502	(0.024)	0.511	(0.033)	0.495	(0.026)
Interdisciplinary studies	0.501	(0.018)	0.498	(0.021)	0.502	(0.024)
Theology and religion	0.500	(0.019)	0.495	(0.025)	0.510	(0.031)
Ethnic studies	0.498	(0.014)	0.486	(0.029)	0.497	(0.017)
General social sciences	0.492	(0.035)	0.524	(0.068)	0.463	(0.032)
Health services	0.488	(0.013)	0.537	(0.029)	0.475	(0.014)
Miscellaneous biological sciences	0.478	(0.013)	0.482	(0.026)	0.473	(0.018)
Geography	0.469	(0.030)	0.482	(0.045)	0.453	(0.036)
Biology	0.448	(0.009)	0.448	(0.011)	0.446	(0.011)
Earth sciences	0.446	(0.034)	0.438	(0.039)	0.463	(0.063)
Engineering technologies	0.445	(0.020)	0.444	(0.022)	0.492	(0.049)
Nutrition sciences	0.442	(0.025)	0.546	(0.068)	0.421	(0.025)
Information systems and management	0.441	(0.016)	0.440	(0.019)	0.474	(0.031)
Family and consumer sciences	0.440	(0.017)	0.453	(0.063)	0.431	(0.016)
Miscellaneous physical sciences	0.428	(0.042)	0.398	(0.047)	0.467	(0.056)
Journalism	0.425	(0.012)	0.452	(0.020)	0.406	(0.015)
Commercial art and graphic design	0.419	(0.011)	0.403	(0.017)	0.419	(0.014)
Economics	0.413	(0.021)	0.425	(0.021)	0.408	(0.027)
Biochemistry	0.402	(0.022)	0.373	(0.044)	0.428	(0.026)
Treatment therapy	0.394	(0.015)	0.483	(0.031)	0.358	(0.017)
Architecture	0.392	(0.017)	0.424	(0.021)	0.351	(0.021)
Business analytics	0.376	(0.015)	0.382	(0.019)	0.382	(0.024)
Chemistry	0.371	(0.016)	0.406	(0.021)	0.339	(0.026)

*(continued)*

**Table 4.6** (continued)

Major	Overall	SE	Male	SE	Female	SE
Finance	0.370	(0.015)	0.368	(0.015)	0.388	(0.018)
Social services	0.357	(0.016)	0.424	(0.050)	0.347	(0.016)
Mathematics	0.330	(0.015)	0.350	(0.021)	0.311	(0.020)
Pharmacy	0.322	(0.037)	0.312	(0.045)	0.325	(0.039)
Physics	0.318	(0.025)	0.356	(0.032)	0.238	(0.034)
Miscellaneous engineering	0.287	(0.016)	0.292	(0.019)	0.294	(0.026)
Secondary education	0.280	(0.014)	0.311	(0.017)	0.260	(0.017)
Construction services	0.275	(0.028)	0.289	(0.027)	0.233	(0.081)
General engineering	0.263	(0.020)	0.267	(0.023)	0.277	(0.035)
Accounting	0.263	(0.009)	0.259	(0.014)	0.267	(0.010)
Computer science	0.262	(0.017)	0.260	(0.015)	0.316	(0.029)
General education	0.245	(0.013)	0.290	(0.024)	0.231	(0.015)
Industrial engineering	0.230	(0.023)	0.236	(0.032)	0.224	(0.038)
Early childhood education	0.227	(0.018)	0.341	(0.083)	0.218	(0.019)
Miscellaneous education	0.223	(0.015)	0.249	(0.035)	0.209	(0.015)
Aerospace engineering	0.218	(0.028)	0.245	(0.036)	0.110	(0.044)
Elementary education	0.215	(0.013)	0.262	(0.024)	0.207	(0.013)
Electrical engineering	0.205	(0.012)	0.209	(0.011)	0.211	(0.028)
Mechanical engineering	0.203	(0.014)	0.211	(0.017)	0.176	(0.025)
Chemical engineering	0.189	(0.021)	0.205	(0.025)	0.165	(0.028)
Civil engineering	0.187	(0.014)	0.188	(0.017)	0.191	(0.021)
Computer engineering	0.180	(0.018)	0.179	(0.019)	0.236	(0.044)
Special education	0.153	(0.020)	0.173	(0.066)	0.147	(0.020)
Nursing	0.095	(0.012)	0.159	(0.026)	0.087	(0.010)

Source: US Census Bureau, American Community Survey, 2009–2013.

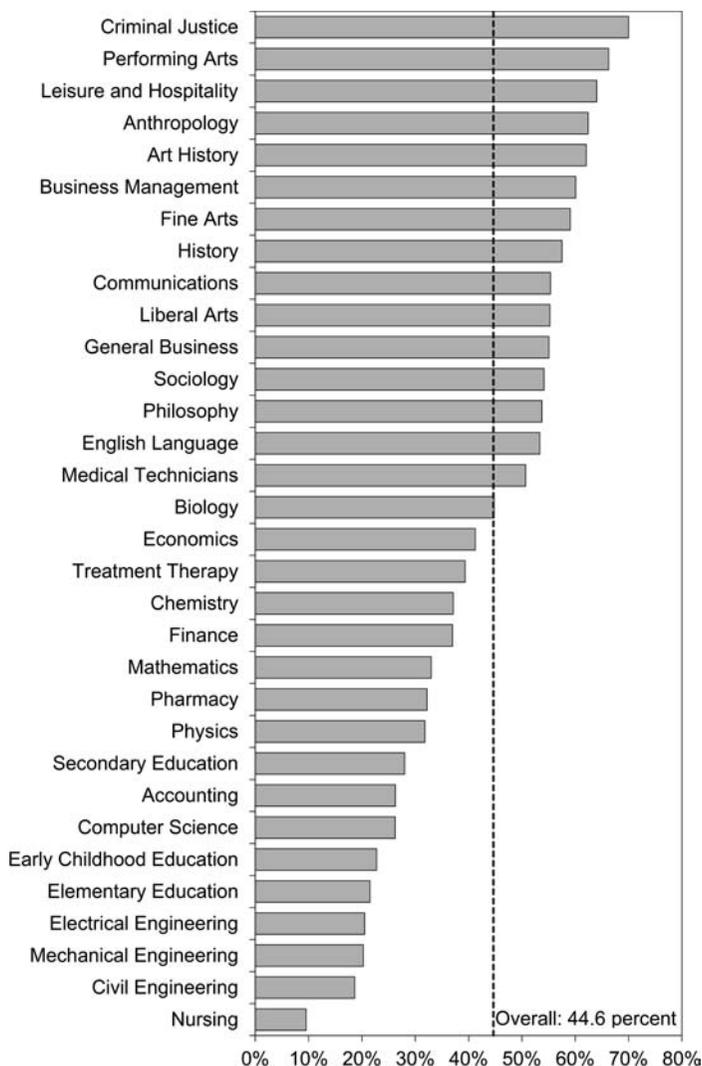
**Table 4.7** Probability of working in a low-skilled service job among recent college graduates by major

Major	Overall	SE	Male	SE	Female	SE
Leisure and hospitality	0.234	(0.010)	0.240	(0.019)	0.227	(0.011)
Performing arts	0.206	(0.017)	0.181	(0.037)	0.224	(0.013)
Fine arts	0.165	(0.009)	0.143	(0.012)	0.178	(0.009)
Anthropology	0.155	(0.011)	0.161	(0.020)	0.155	(0.015)
Nutrition sciences	0.152	(0.019)	0.310	(0.060)	0.135	(0.020)
Family and consumer sciences	0.152	(0.009)	0.128	(0.039)	0.158	(0.009)
Liberal arts	0.135	(0.009)	0.155	(0.017)	0.125	(0.011)
Animal and plant sciences	0.134	(0.012)	0.135	(0.021)	0.132	(0.014)
History	0.129	(0.007)	0.116	(0.008)	0.143	(0.012)
Philosophy	0.126	(0.016)	0.129	(0.017)	0.118	(0.019)
Early childhood education	0.125	(0.013)	0.068	(0.049)	0.129	(0.012)
Foreign language	0.123	(0.011)	0.124	(0.030)	0.126	(0.012)
General social sciences	0.122	(0.015)	0.093	(0.019)	0.145	(0.027)
Theology and religion	0.121	(0.015)	0.112	(0.019)	0.137	(0.020)
Earth sciences	0.119	(0.029)	0.099	(0.028)	0.145	(0.059)
English language	0.119	(0.006)	0.128	(0.011)	0.117	(0.007)
Psychology	0.118	(0.005)	0.108	(0.007)	0.124	(0.006)
Environmental studies	0.114	(0.012)	0.105	(0.016)	0.124	(0.019)
Social services	0.109	(0.010)	0.130	(0.039)	0.111	(0.009)
Sociology	0.108	(0.006)	0.111	(0.012)	0.109	(0.008)
Art history	0.106	(0.015)	0.227	(0.055)	0.090	(0.013)
Miscellaneous biological sciences	0.106	(0.009)	0.085	(0.010)	0.121	(0.012)

**Table 4.7** (continued)

Major	Overall	SE	Male	SE	Female	SE
Treatment therapy	0.105	(0.010)	0.170	(0.027)	0.080	(0.009)
Ethnic studies	0.102	(0.012)	0.093	(0.017)	0.109	(0.016)
Elementary education	0.100	(0.008)	0.086	(0.015)	0.103	(0.008)
Interdisciplinary studies	0.099	(0.007)	0.070	(0.010)	0.118	(0.011)
Secondary education	0.095	(0.007)	0.090	(0.011)	0.099	(0.009)
Special education	0.093	(0.017)	0.090	(0.038)	0.096	(0.020)
Communications	0.092	(0.004)	0.089	(0.006)	0.096	(0.006)
Mass media	0.092	(0.011)	0.104	(0.017)	0.080	(0.014)
General education	0.091	(0.007)	0.076	(0.014)	0.098	(0.009)
Miscellaneous physical sciences	0.091	(0.018)	0.076	(0.027)	0.106	(0.035)
Biology	0.088	(0.004)	0.085	(0.007)	0.091	(0.007)
Health services	0.087	(0.006)	0.087	(0.009)	0.091	(0.007)
Criminal justice	0.085	(0.004)	0.068	(0.006)	0.105	(0.007)
Geography	0.084	(0.015)	0.086	(0.018)	0.080	(0.020)
Political science	0.083	(0.007)	0.089	(0.010)	0.074	(0.008)
Business management	0.082	(0.005)	0.076	(0.005)	0.088	(0.006)
Advertising and public relations	0.078	(0.007)	0.065	(0.014)	0.084	(0.008)
Commercial art and graphic design	0.077	(0.005)	0.062	(0.008)	0.085	(0.007)
Journalism	0.077	(0.006)	0.075	(0.011)	0.079	(0.008)
General business	0.077	(0.005)	0.070	(0.006)	0.082	(0.008)
Pharmacy	0.073	(0.017)	0.073	(0.023)	0.073	(0.027)
Architecture	0.072	(0.008)	0.074	(0.014)	0.066	(0.013)
Miscellaneous education	0.070	(0.010)	0.049	(0.021)	0.080	(0.011)
International affairs	0.070	(0.008)	0.081	(0.014)	0.063	(0.008)
Biochemistry	0.068	(0.011)	0.052	(0.022)	0.083	(0.016)
Agriculture	0.068	(0.010)	0.065	(0.014)	0.073	(0.017)
Mathematics	0.062	(0.009)	0.056	(0.010)	0.066	(0.013)
Marketing	0.061	(0.004)	0.061	(0.007)	0.061	(0.005)
Public policy and law	0.060	(0.011)	0.025	(0.010)	0.089	(0.018)
Chemistry	0.056	(0.009)	0.054	(0.012)	0.059	(0.016)
Miscellaneous technologies	0.054	(0.009)	0.043	(0.007)	0.074	(0.023)
Physics	0.049	(0.016)	0.059	(0.021)	0.016	(0.009)
Economics	0.046	(0.006)	0.043	(0.005)	0.046	(0.008)
Information systems and management	0.045	(0.007)	0.036	(0.009)	0.068	(0.014)
Engineering technologies	0.041	(0.007)	0.031	(0.007)	0.083	(0.028)
Accounting	0.038	(0.003)	0.033	(0.004)	0.043	(0.004)
General engineering	0.036	(0.006)	0.030	(0.006)	0.056	(0.019)
Finance	0.036	(0.003)	0.036	(0.004)	0.033	(0.004)
Chemical engineering	0.034	(0.010)	0.037	(0.013)	0.024	(0.014)
Medical technicians	0.034	(0.009)	0.032	(0.021)	0.035	(0.010)
Electrical engineering	0.029	(0.008)	0.024	(0.008)	0.044	(0.013)
Computer science	0.027	(0.004)	0.018	(0.004)	0.065	(0.015)
Computer engineering	0.027	(0.006)	0.023	(0.007)	0.041	(0.023)
Business analytics	0.025	(0.005)	0.019	(0.005)	0.038	(0.012)
Construction services	0.025	(0.007)	0.019	(0.005)	0.080	(0.053)
Nursing	0.025	(0.004)	0.054	(0.011)	0.022	(0.004)
Industrial engineering	0.024	(0.009)	0.019	(0.011)	0.033	(0.016)
Miscellaneous engineering	0.024	(0.005)	0.019	(0.006)	0.033	(0.008)
Aerospace engineering	0.021	(0.009)	0.021	(0.010)	0.010	(0.009)
Mechanical engineering	0.019	(0.004)	0.019	(0.004)	0.016	(0.006)
Civil engineering	0.017	(0.004)	0.016	(0.004)	0.015	(0.008)

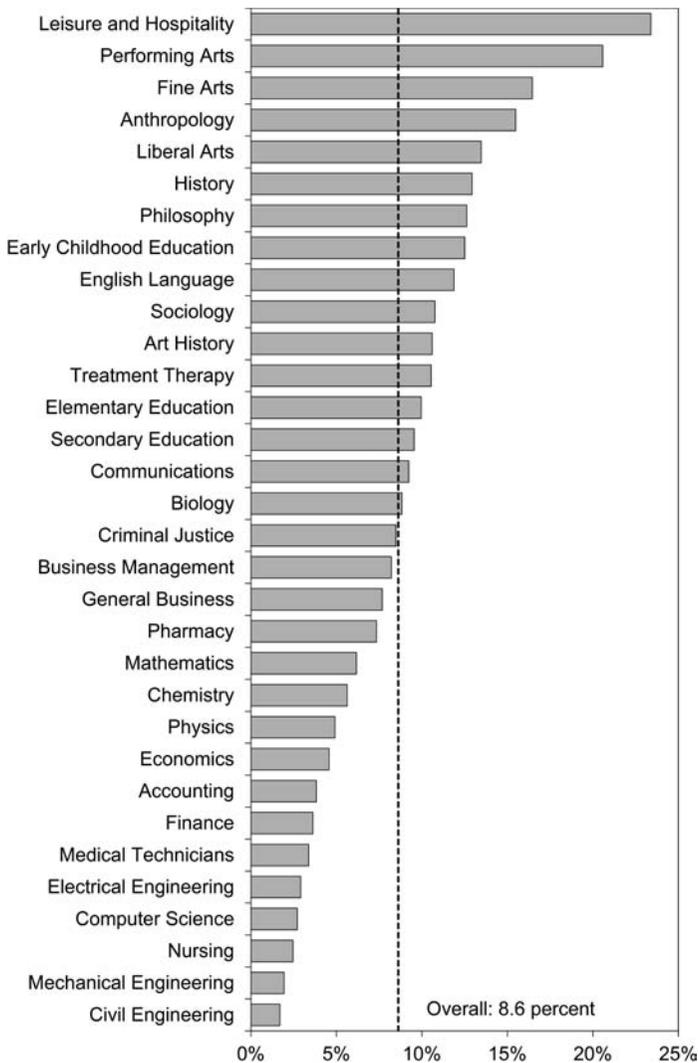
Source: US Census Bureau, American Community Survey, 2009–2013.



**Fig. 4.4** Probability of underemployment among recent college graduates for selected majors

*Source:* US Census Bureau, American Community Survey, 2009–2013.

Third, graduates with college majors that provide occupation-specific training tend to be less likely to be underemployed than those with majors providing a more general education. For example, occupation-specific majors like education, engineering, and health-related fields, tended to have much lower rates of underemployment than those with majors in more general fields such as liberal arts, philosophy, or history. This pattern also emerges



**Fig. 4.5** Probability of working in a low-skilled service job among recent college graduates for selected majors

*Source:* US Census Bureau, American Community Survey, 2009–2013.

when examining the outcomes of graduates within a specific academic discipline that may offer both occupation-specific majors and majors that are more general. The business field provides a case in point: those with a more targeted major, such as accounting or finance, tend to have lower underemployment rates than those with majors that are less directly connected to specific jobs, such as business management or general business.

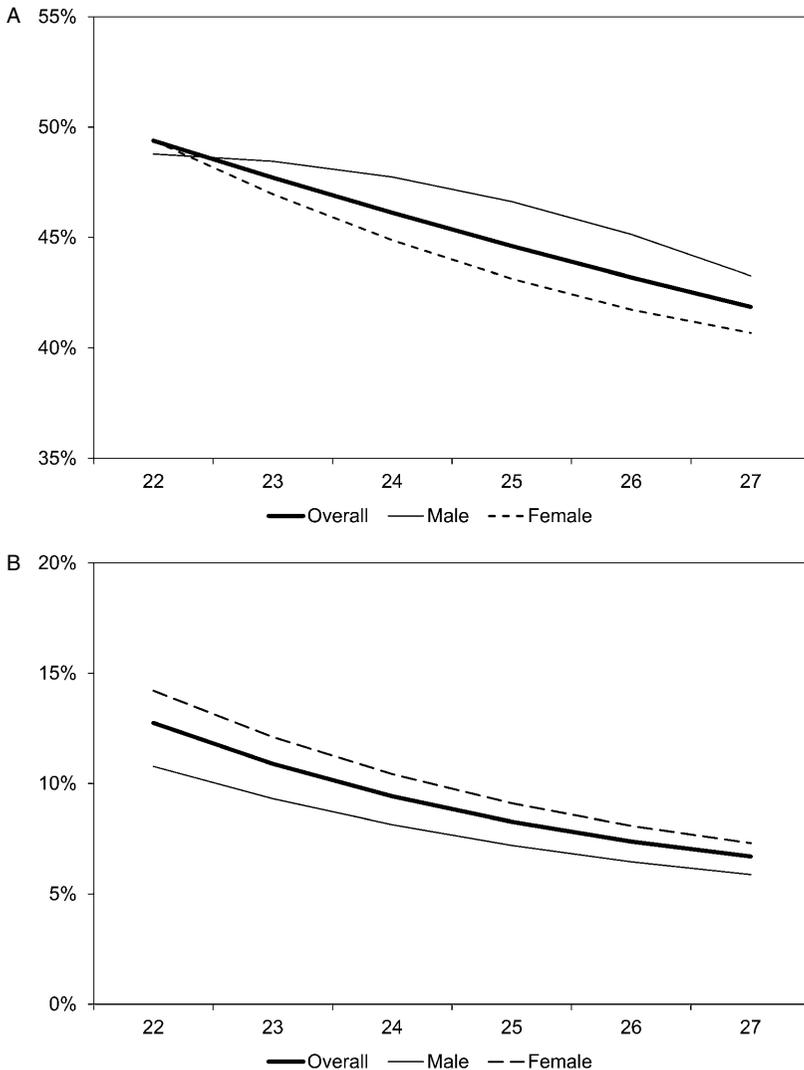
Fourth, however, there are some college majors that offer occupation-specific training that tends to be geared toward jobs that do not typically require a bachelor's degree, and graduates with these majors are more likely to be underemployed. For example, those who major in criminal justice may be expecting to take jobs in Public Safety (such as a police officer or detective) and those with a fine arts or performing arts major may be expecting to take jobs in Arts and Entertainment (such as a photographer or dancer). In addition, those with a leisure and hospitality major may be trained for a number of jobs that do not require a college degree, such as a restaurant manager or health and wellness instructor. Further, while those with health-care-related degrees generally tend to have relatively low underemployment, those with a medical technicians major, which likely prepares students to take jobs in the Health Care Technicians and Assistants category, have relatively high underemployment.

Finally, graduates with college majors geared toward growing parts of the economy are generally less likely to be underemployed. Indeed, the health and education sectors in particular continued to grow through both the downturn and recovery alike, creating job opportunities for people with skills oriented toward these types of jobs. As such, the likelihood of underemployment was fairly low for those with health-care-related majors, such as nursing, pharmacy, and treatment therapy. Similarly, those with an education-related major tend to experience below average underemployment in general, though such graduates tend to have higher rates of working in low-skilled service jobs, particularly those who major in elementary or early childhood education.

#### **4.5 Transitioning to Better Jobs**

A key finding from our empirical analysis is that, to some degree, underemployment is a temporary phase for many recent graduates as they transition from school to the labor market. This pattern is particularly evident for those who start their careers working in a low-skilled service job. Indeed, such adjustment is not merely a new phenomenon resulting from the Great Recession—research has shown that underemployment typically falls as new graduates spend time in the labor market, and that this pattern has been occurring for decades (Abel, Deitz, and Su 2014).

To illustrate this point, in figure 4.6 we use estimates from our probit analysis to plot the likelihood of being underemployed (panel A) and working in a low-skilled service job (panel B) by age, overall and separately by gender. In both cases, we identify a strong downward trend in the likelihood of working in a noncollege job as graduates gain more experience in the labor market. At age twenty-two, when fresh out of college, the likelihood of being underemployed is nearly 50 percent, but this figure falls to around 42 percent by age twenty-seven—a 15 percent decline. Not only are women generally less likely to be underemployed than men at any age, the decline in underem-



**Fig. 4.6** Employment outcomes of recent college graduates by age. *A*, underemployed; *B*, low-skilled service.

Source: US Census Bureau, American Community Survey, 2009–2013.

ployment is also more pronounced for women than for men. The transition out of low-skilled service jobs is even more striking. At age twenty-two, the predicted probability of working in such a job is about 13 percent, but this figure falls to 6.7 percent by age twenty-seven—a nearly 50 percent decline. The likelihood of working in a low-skilled service job declines at a similar pace for men and women.

To examine more of the details of this transition, in table 4.8 we compare

**Table 4.8** Share of younger and older recent college graduates by occupation category

Occupation category	Share of underemployed recent college graduates, all	
	Younger	Older
Information processing and business support	5.5	5.3
Managers and supervisors	5.1	5.8
Public safety	1.4	1.6
Sales	6.5	4.4
Arts and entertainment	1.4	1.5
Skilled trades	1.1	1.6
Office and administrative support	12.7	10.1
Health care technicians and assistants	2.4	2.1
Physical laborers	2.9	2.2
Low-skilled service	12.6	6.6
College jobs	48.4	59.0

*Source:* US Census Bureau, American Community Survey, 2009 and 2013.

*Notes:* Younger recent college graduates are those age twenty-two to twenty-three with a bachelor's degree or higher in 2009, while older recent college graduates are those age twenty-six to twenty-seven with a bachelor's degree or higher in 2013. All figures exclude those in the military or currently enrolled in school.

the jobs held by Younger Recent Graduates (age twenty-two to twenty-three in 2009) to Older Recent Graduates of the same cohort (age twenty-six to twenty-seven in 2013). Consistent with our analysis above, a larger share of graduates worked in college jobs in their midtwenties (59 percent) compared to their early twenties (48 percent). In addition, the composition of jobs held by recent graduates changed within the underemployed occupation categories as these workers aged. The share employed in the lowest-paying Low-Skilled Service group drops by half, suggesting that these jobs are temporary for a good number of recent graduates: by the age of twenty-six or twenty-seven, only 6.6 percent are still working in these types of jobs. The other two groups with the most significant declines include Office and Administrative Support and Sales. Though we cannot identify which jobs graduates tend to move into since our data are cross-sectional in nature—that is, workers may be shifting into other noncollege jobs or into college jobs—these figures suggest that many underemployed graduates, particularly those who start in a low-skilled service job, are able to transition to better jobs as they gain more experience in the labor market.

Table 4.9 presents this same information by gender. In general, these patterns continue to hold when looking at men and women separately. However, while a larger share of women transition out of underemployment to college jobs by their late twenties than men, we find that the share of underemployed graduates working in the high-paying Managers and Supervisors occupa-

**Table 4.9** Share of younger and older recent college graduates by occupation category and gender

Occupation category	Share of underemployed recent college graduates, male		Share of underemployed recent college graduates, female	
	Younger	Older	Younger	Older
Information processing and business support	6.3	5.4	5.0	5.1
Managers and supervisors	5.0	6.4	5.2	5.3
Public safety	2.7	2.5	0.6	0.8
Sales	7.1	5.4	6.1	3.5
Arts and entertainment	2.3	2.1	0.8	0.9
Skilled trades	2.2	3.1	0.4	0.4
Office and administrative support	9.8	6.9	14.6	12.6
Health care technicians and assistants	1.4	1.3	3.0	2.8
Physical laborers	5.7	3.8	1.2	0.8
Low-skilled service	11.0	5.7	13.6	7.4
College jobs	46.4	57.4	49.7	60.4

Source: US Census Bureau, American Community Survey, 2009 and 2013.

Notes: Younger recent college graduates are those age twenty-two to twenty-three with a bachelor's degree or higher in 2009, while older recent college graduates are those age twenty-six to twenty-seven with a bachelor's degree or higher in 2013. All figures exclude those in the military or currently enrolled in school.

tion category tends to increase more for men than for women. This share rose about one and a half percentage points for men, but edged up only slightly for women. There was also a slight increase in the share of women working in the highest-paid category of Information Processing and Business Support, while men experienced almost a full percentage point decline.

Nonetheless, while underemployment appears to be a temporary phase for many recent graduates who are able to transition to better jobs, a large share of college graduates remain underemployed long after the initial transition into the labor market, and this was particularly true following the Great Recession. Indeed, even in the best of economic times, about one-third of all college graduates work in a noncollege job. This figure is fairly stable and does not appear to be particularly responsive to the business cycle. This suggests that at least *some* college graduates may simply prefer to work in such jobs, either because they like the nature of the work involved, or because of geographic or family considerations such as taking a lower-skilled job due to a dual labor market search, or while raising children.

#### 4.6 Conclusions

With the Great Recession and weak labor market that followed in its wake, the prevalence of underemployment among recent college graduates

reached highs not seen since the early 1990s. However, contrary to popular perception, our work reveals that most of these newly underemployed workers were not forced into low-skilled service jobs. In fact, many of the jobs such graduates took, while clearly not equivalent to jobs that require a college degree, appeared to be more oriented toward knowledge and skill when compared to the distribution of jobs held by young workers without a college degree. Indeed, our analysis also suggests that underemployment is a temporary phase for many young graduates when they enter the labor market, as it often takes time for newly minted graduates to find jobs suited to their education.

We also find that some college graduates have had much better luck finding a college-level job than others. In particular, the likelihood of being underemployed is relatively low for those with quantitatively oriented and occupation-specific majors, and much higher for those with degrees in more general fields. Those with STEM and health-care-related majors have done particularly well in recent years.

These findings raise some interesting questions about the relative supply and demand for specific skill sets obtained in college, and about the value of some majors relative to others in today's economy. While we do not present our findings in the context of a formal supply and demand model, our work does suggest that certain skills have a higher demand relative to supply than others—such as those majors related to the STEM fields and health care. Our findings also raise the specter that degrees in some majors, particularly those that are broad based such as liberal arts and general business, may be less sought after than others. Further, graduates with some majors seem to more easily fall into jobs that typically do not require their degrees, such as leisure and hospitality and criminal justice.

Why are graduates with certain majors faring so poorly upon graduation? Is high underemployment for those with these particular majors a consequence of the quality of the students who choose these majors, the quality of the programs and the skills that are developed (or not developed), or is it that the skills that these majors provide are not as valuable as others? More research is required to address these challenging questions.

More generally, today's high level of underemployment is concerning, and raises a number of questions about why it has continued to rise for more than a decade despite ongoing improvement in the labor market. No doubt, the depth of the Great Recession and the relatively lackluster demand for college graduates through the recovery has been a contributing factor. However, there are lingering questions about whether this soft demand is a long-term phenomenon, as opposed to cyclical in nature. Indeed, recent research suggests that structural changes in the economy may have reduced the demand for college graduates starting as early as 2000 (Beaudry, Green, and Sand 2014, 2016). On the supply side, there are questions about whether the quality of students graduating from college has deteriorated in recent years, with

some research suggesting that many students gain little knowledge or skill from a college education (Arum and Roksa 2011, 2014). Our work suggests that these questions are complex, particularly since college graduates with certain skill sets seem to be doing much better in the labor market than others. Further research into these questions would be particularly valuable.

While this work provides more detailed information about the nature of underemployment than has previously been available, it does have its limitations. The most significant limitation is that we cannot fully account for potential unobserved heterogeneity across individuals, such as our inability to control for college grades or the quality of the educational institution attended. In particular, attendance at for-profit colleges increased dramatically during the Great Recession, which may have altered the composition of students graduating during the period we study. Further, we do not have information about innate ability, and so we do not know the value that a college degree is adding relative to one's baseline skill, or how ability factors into which college major people choose. Any of these factors could be contributing to the patterns we observe. In addition, it would be desirable to follow the same individuals over time to capture measures of ability and to track career progression. However, we are not able to do so with the data sets we employ, so we leave these issues for future research. Nonetheless, we believe this work takes an important step forward by providing a more complete picture of underemployment in the early careers of college graduates following the Great Recession.

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