# \$100 Bills on the Sidewalk: Suboptimal Saving in 401(k) Plans 

by<br>James J. Choi<br>Yale University<br>David Laibson<br>Harvard University and NBER<br>Brigitte C. Madrian<br>University of Pennsylvania and NBER

Initial Draft: December 27, 2004
Revised Draft: July 16, 2005

We thank Hewitt Associates for providing the data and for their help in designing, conducting, and processing the survey analyzed in this paper. We are particularly grateful to Lori Lucas, Yan Xu, and Mary Ann Armatys, some of our many contacts at Hewitt Associates, for their feedback on this project. Outside of Hewitt, we have benefited from the comments of Erik Hurst, Ebi Poweigha, and seminar participants at Berkeley, Harvard, and the NBER. We are indebted to John Beshears, Carlos Caro, Keith Ericson, Holly Ming, and Laura Serban for their excellent research assistance. Choi acknowledges financial support from a National Science Foundation Graduate Research Fellowship and the Mustard Seed Foundation. Choi, Laibson, and Madrian acknowledge individual and collective financial support from the National Institute on Aging (grants R01-AG021650 and T32-AG00186). The survey was supported by the U.S. Social Security Administration through grant \#10-P-98363-1 to the National Bureau of Economic Research as part of the SSA Retirement Research Consortium. The findings and conclusions expressed are solely those of the authors and do not represent the views of NIA, SSA, any other agency of the Federal Government, or the NBER. Laibson also acknowledges financial support from the Sloan Foundation.

# \$100 Bills on the Sidewalk: Suboptimal Saving in 401(k) Plans 


#### Abstract

It is typically difficult to determine whether households save optimally. But in some cases, savings incentives are strong enough to imply sharp normative restrictions. We consider employees who receive employer matching contributions in their 401(k) plan and are allowed to make discretionary, penalty-free, in-service withdrawals. For these employees, contributing below the match threshold is a dominated action. Nevertheless, half of employees with these clear-cut incentives do contribute below the match threshold, foregoing matching contributions that average $1.3 \%$ of their annual pay. Providing these "undersavers" with specific information about the free lunch they are giving up fails to raise their contribution rates.


James J. Choi<br>Yale School of Management<br>135 Prospect Street<br>P.O. Box 208200<br>New Haven, CT 06520-8200<br>james.choi@yale.edu

Brigitte C. Madrian<br>Department of Business and Public Policy<br>University of Pennsylvania, Wharton School<br>3620 Locust Walk<br>Philadelphia, PA 19104<br>bmadrian@wharton.upenn.edu

David Laibson
Department of Economics
Harvard University
Littauer M-14
Cambridge, MA 02138
dlaibson@harvard.edu

Despite widespread popular concern that American households are not saving properly for retirement, it is typically difficult to demonstrate that a household's savings decisions are suboptimal. The lifecycle savings problem is sufficiently complex and economic theory sufficiently rich that few restrictions can be imposed on the range of savings behaviors we should observe in the absence of mistakes; nearly any choice can be theoretically justified by some combination of preferences and information unobserved by the econometrician.

In this paper, we identify a sizeable group of employees whose observable choice set in an important retirement savings vehicle, the $401(\mathrm{k})$, includes actions that are clearly precluded by normative economic theory. These individuals, who are over $591 / 2$ years old, have their $401(\mathrm{k})$ contributions matched by their employer; that is, for every dollar they contribute up to a certain threshold, their employer will make an additional proportional contribution. Furthermore, they have virtually unconstrained access to their $401(\mathrm{k})$ balances because their companies allow employees over $591 / 2$ to make discretionary ${ }^{1}$, penalty-free ${ }^{2}$, in-service ${ }^{3} 401(k)$ withdrawals. For these individuals, a contribution rate below the match threshold is a dominated strategy. Nevertheless, we find that many of these employees are not contributing up to the match threshold. We calculate a lower bound on the welfare losses for these below-threshold employees by computing the difference between the payoffs to their current savings strategy and one which clearly dominates.

The dominating strategy we consider for these below-threshold employees is increasing their contribution rate up to the match threshold. This incremental contribution triggers an instantaneous windfall gain because of the employer match. The employee then immediately withdraws the incremental contribution. This strategy, which we will refer to as the "withdrawal strategy," has no impact on the employee's non-401(k) finances and hence need not affect current levels of consumption. However, it increases the employee's 401(k) balance by the amount of the incremental contribution multiplied by the employer match rate. Because this withdrawal strategy is not necessarily the globally optimal strategy for the employee, the

[^0]increased $401(\mathrm{k})$ balance represents a lower bound on the welfare gain available to the employee if she perfectly optimized.

The lower bound on welfare loss can be substantial. Consider a 60 -year-old employee who does not currently contribute to her 401(k) plan but whose company would match her contributions dollar-for-dollar up to $5 \%$ of her salary. If her biweekly salary is $\$ 2,000$, then the incremental value of contributing up to the match threshold is bounded below at $\$ 2,000 \times 5 \%=$ $\$ 100$ every two weeks. Executing the withdrawal strategy, she would end up with an extra $\$ 2,600$ in her $401(\mathrm{k})$ account each year. Alternatively, if the firm allows it, she could withdraw the $\$ 2,600$ in employer matching contributions as well and increase her consumption by $\$ 2,600$ per year without decreasing her assets relative to her non-contributing strategy.

Despite the large gains from contributing up to the employer match threshold, we find that roughly half of our sample of older employees picks a dominated contribution rate below the match threshold. We refer to those employees contributing less than the match threshold who could profitably benefit from the withdrawal strategy described above as "undersavers." (We use this term narrowly for those whose $401(\mathrm{k})$ contributions are too low; we do not mean to imply that these employees are necessarily saving too little in a normative sense, since it may be optimal for them to follow the withdrawal strategy and use the proceeds to increase their current consumption while leaving their savings path unchanged.) The average annual welfare loss found among these "undersavers" is $1.3 \%$ of their yearly salary.

The fact that so many employees in our sample fail to take full advantage of the employer match is surprising because one would a priori expect this population to be particularly eager to contribute to their $401(\mathrm{k})$. Since they are at least $591 / 2$ years old, the need for retirement savings should be salient to them. Having decades of experience managing their money, they should be more financially savvy than their younger counterparts. And, with an average of 14.3 years of tenure at their respective companies, they have had ample time to familiarize themselves with their 401(k) plans.

To better understand why these employees do not take full advantage of their 401(k) match, we analyze a combined survey/field experiment conducted jointly with Hewitt Associates, the benefits administration and consulting firm that supplied our 401(k) data. Survey responses indicate that neither perceived direct transactions costs nor satiation explain the failure to contribute to the match threshold. Rather, undersavers appear to be much less financially
sophisticated and knowledgeable about their firm's 401(k) plan. Nevertheless, explaining the foregone opportunity-while highlighting the fact that there is no loss of liquidity from contributing up to the match threshold—produces only an infinitesimal response, raising 401(k) contribution rates by one tenth of one percentage point relative to a control group. Evidence that undersavers are more prone to delay taking other profitable actions suggests that timeinconsistent preferences may also play a role in undermining optimal contribution choices.

The paper proceeds as follows. Section I describes our data and the procedures we used to select our sample. Section II discusses how we identify suboptimal savers and the methodology we use to calculate a lower bound on their welfare losses. Section III presents the welfare loss calculation results and compares the $401(\mathrm{k})$ contribution behavior of employees over $591 / 2$ years of age with their younger coworkers. Section IV presents the survey/field experiment and discusses potential reasons why undersavers are reluctant to contribute up to the match threshold. Section V concludes by evaluating the efficacy of educational interventions and monetary incentives for raising the savings rate of low savers.

## I. Data description

Our data come from Hewitt Associates, a large benefits administration and consulting firm. The sample consists of a series of year-end cross-sections on all employees at seven firms from 1998 through 2002. ${ }^{4}$ These cross-sections contain demographic information such as birth date, hire date, gender, state of residence, and compensation. The cross-sections also contain point-in-time information on $401(\mathrm{k})$ savings outcomes, including participation status in the plan, date of first participation, the year-end contribution rate, and total balances. In addition, the cross-sections have annual flow measures on individual and employer contributions to the $401(\mathrm{k})$ plan, early withdrawals from the $401(\mathrm{k})$ plan, and the total transfer of assets across the funds in the plan.

The seven firms were selected because they offer an employer match and it is possible for employees over the age of $591 / 2$ to make discretionary, penalty-free, in-service withdrawals. Specifically, these firms (1) offered a matching contribution proportional to the employee's own contribution up to a threshold, and (2) allowed employees older than $591 / 2$ to make $401(\mathrm{k})$

[^1]withdrawals for any reason while employed without an ensuing freeze on contributions. The companies span many different industries: consumer products, electronics, health care, manufacturing, technology, transportation, and utilities.

Table 1 summarizes the $401(\mathrm{k})$ plan rules at our seven companies. The maximum gain from the company match in our sample is $6 \%$ of annual salary for a subsample of employees at Company A who are matched at a $100 \%$ rate up to $6 \%$ of their pay. Company C offers the smallest potential gain of $0.75 \%$ of annual salary, as it only matches 25 cents per dollar for the first $3 \%$ of pay contributed to the $401(\mathrm{k})$ plan.

Employees do not have access to their employer match money until it is vested. If an employee is only $80 \%$ vested when he leaves the company, he forfeits $20 \%$ of the balances accrued in his employer match account. If the employer allows withdrawals from the employer match account, an employee can only withdraw the vested amount. The fraction of employer match money vested is typically a function of an employee's tenure at the company. Companies C, F, and G use a graded vesting schedule in which the fraction of match balances vested increases gradually with years of service until the employee is $100 \%$ vested. In contrast, Companies $\mathrm{A}, \mathrm{B}$, and E have cliff vesting schedules in which employees are not vested at all before achieving five years of tenure and are $100 \%$ vested thereafter. Employer match contributions at Company D are fully vested immediately. Four of the companies with graded or cliff vesting schedules fully vest employees who reach a certain age even if they would not be fully vested based on their tenure (Companies B, C, E and G).

Not being vested can eliminate an undersaver's gains from contributing up the match threshold. If an employee is not vested and knows that she will leave the company before becoming even partially vested, then the additional employer match reaped is worth nothing to her. We do not wish to count such employees as foregoing a free lunch. We describe our methodology for accounting for vesting in Section II.

Time and effort are costly, so withdrawals must be easy to execute, since this is the only part of the withdrawal strategy that must be actively executed by the employee once it has been initiated (contributions to the $401(\mathrm{k})$ are automatically deducted from each paycheck). Easy withdrawals are available at all of our companies; participants can request withdrawals by calling a toll-free number. Four of our companies' plan documents include check processing times; three indicate that they issue checks within a week of the request, and the fourth mails checks in two to
three weeks. We show in Section IV that employees do not believe transactions in their $401(\mathrm{k})$ to be particularly time-consuming. Furthermore, the monetary costs of withdrawing once every three months rather than every pay cycle are trivial for reasonable costs of capital, so any effort required to withdraw money can be expended infrequently. ${ }^{5}$ These minimal costs of delay also imply that the minimum withdrawal amount or maximum withdrawal frequency restrictions that some of our companies impose are of little consequence.

Table 2 reports summary demographic statistics as of year-end 1998 for the 6,483 active employees in our sample who were older than $591 / 2$ and eligible to receive matching contributions at the beginning of 1998. For the sake of comparison, we also present demographic statistics on the $401(\mathrm{k})$-match-eligible population under the age of $591 / 2$ at these firms.

## II. Calculating a Lower Bound for Welfare Losses

We calculate a lower bound on the welfare losses that accrue to undersavers by taking the difference between the match contributions they actually received in 1998 and the maximum possible match they could have received based on their compensation, the employer matching formula, and the IRS contribution limits. ${ }^{6}$ This represents the additional $401(\mathrm{k})$ balances they would have accrued (before capital gains) by following the withdrawal strategy described in the introduction. There are two relevant IRS contribution limits. First, IRS section 402(g)(3) sets a maximum dollar limit on elective deferrals which was $\$ 10,000$ per year in 1998 (this limit has been increased in subsequent years). Second, IRS section 415(b)(1)(A) precludes employee 401(k) contributions out of compensation above a certain amount, which was set at $\$ 160,000$ in 1998 (this threshold has also been increased in subsequent years). In a plan that matches $100 \%$ of contributions up to $5 \%$ of salary, an employee who earned $\$ 200,000$ in 1998 could only receive a maximum of $\$ 8,000$ that year in matching contributions $(\$ 160,000 \times 0.05)$. We take both of these restrictions into account when calculating the losses that accrue to undersavers. ${ }^{7}$

[^2]As mentioned above, an employee's valuation of the match that she could have received by contributing up to the match threshold may be significantly affected by her vesting status and consequently the length of her future tenure at the company. The employer match is worthless for an employee who is currently completely unvested and knows she will leave the company before she is even partially vested. ${ }^{8}$ On the other hand, the employer match should be fully valued if the currently unvested employee is completely confident that she will stay at the company until she is fully vested.

Because we do not know each employee's subjective probability of leaving the company, we adopt two different approaches to incorporate vesting into our loss calculations. The first method is an ex ante measure in which the loss from not contributing to the employer match threshold is calculated as the employer match foregone multiplied by the participant's vested percentage at the time of the contribution. ${ }^{9}$ For example, consider an employee in a firm with a dollar-for-dollar match up to $5 \%$ of pay whose vesting percentage increases from $0 \%$ to $20 \%$ on July 1, 1998. In calculating the $401(\mathrm{k})$ losses in calendar year 1998, this ex ante approach would not include any foregone match on contributions made prior to July 1, 1998. After this date, when the employee's vesting percentage increases to $20 \%$, her calculated losses are only $20 \%$ of the foregone employer match. So if this hypothetical employee contributed $2 \%$ of her salary every pay period, then her losses for the year as a fraction of her annual salary would be defined as

$$
\frac{1}{2}(0 \% \times(5 \%-2 \%) \times 100 \%)+\frac{1}{2}(20 \% \times(5 \%-2 \%) \times 100 \%)=0.3 \%
$$

Note that this calculation will understate expected losses by ignoring all continuation values from contributing to the plan.

Our second approach to calculating losses uses the employee's actual realized employment history at the company to calculate the ex post loss from not contributing to the match threshold in 1998. In other words, we calculate expected losses under the assumption that employees have perfect foresight about how long they will stay at their company. In the example above, if the employee left the company at some later date having been $80 \%$ vested in her employer match account, her calculated loss for 1998 would be

[^3]$$
\frac{1}{2}(80 \% \times(5 \%-2 \%) \times 100 \%)+\frac{1}{2}(80 \% \times(5 \%-2 \%) \times 100 \%)=2.4 \% .
$$

Note that the ex post loss calculation will be at least as large as the ex ante loss calculation, and a greater fraction of employees will be classified as "ex post undersavers" than "ex ante undersavers." ${ }^{10}$

When withdrawing money from the $401(\mathrm{k})$ plans of Companies A, D, and F, after-tax accounts must be depleted first. For employees at these companies who have accrued significant capital gains in their after-tax accounts, executing the withdrawal strategy may cause them to pay taxes on those capital gains earlier than they would have otherwise. Only $9 \%$ of employees older than $591 / 2$ and under the threshold at these three firms have after-tax account balances. In order to avoid having to calculate the loss due to any capital gains tax that may be associated with the withdrawal strategy, we simply do not classify as an undersaver anybody at these three firms who had a positive balance in his or her after-tax account at year-end 1998, regardless of his or her $401(\mathrm{k})$ contribution rate or the potential size of the capital gain in the after-tax account. This conservative assumption leads us to understate the fraction of employees who are foregoing free lunches.

## III. Welfare Loss Results

Table 3 reports the frequency and magnitude of ex ante and ex post undersaving in 1998. Using the ex ante loss calculation, $49 \%$ of match-eligible employees over $591 / 2$ at our seven firms are not fully exploiting the employer match despite being currently vested. Of these, $79 \%$ are not contributing to the $401(\mathrm{k})$ plan at all. The remaining $21 \%$ are participating in the $401(\mathrm{k})$ plan but contributing below the match threshold. The resulting average loss is substantial, ranging from $0.8 \%$ to $2.2 \%$ of annual salary across the seven firms with a corresponding annual dollar loss between $\$ 131$ and $\$ 755$. The average loss across all seven firms is $1.3 \%$ of annual salary, or

[^4]\$256. The aggregate dollars foregone constitute $18.4 \%$ of the maximum employer match dollars potentially available to employees over $591 / 2$ at the seven firms.

When using the ex post loss measure, the fraction of undersavers and the size of their losses increase, as expected. However, the differences between the ex ante and ex post losses are not large. Only an additional $5.3 \%$ of employees are counted as undersavers using the ex post loss definition, and the average annual loss is only $\$ 2.35$ higher than the average ex ante loss. The reason for this similarity is that $83 \%$ of employees over $591 / 2$ years old are fully vested as of January 1, 1998, and most of the others are almost fully vested. Hence, for most employees over age $591 / 2$, the ex ante value of the employer match is the same as or close to its ex post value.

Four of the seven firms in our sample invest the match in employer stock and restrict diversification. ${ }^{11}$ Since a match in employer stock is worth less than a match that can be diversified, our calculations for these four companies overstate the potential welfare loss. ${ }^{12}$ However this bias is likely to be small. First, in our sample of firms, the four firms with employer stock restrictions have the four lowest fractions of ex ante undersavers, so the restriction does not appear to be driving our results. Second, the diversification restrictions only partially affect the employees in our analysis. Two of the four firms allow diversification after a two-year holding period; one allows diversification after age 50; and the last of the four allows salaried employees to diversify half of the match after age 55. Recall that all of the employees in our sample are at least $591 / 2$ years old.

Even after accounting for any discount employees might place on a match in employer stock, Table 3 is likely to grossly understate the cumulative magnitude of the welfare losses because the loss is calculated over only one year. Most of the undersavers in our sample have had several years of tenure with their firm since age $591 / 2$, and over half have never participated in their company's $401(\mathrm{k})$ plan. ${ }^{13}$ Thus, they have forefeited matching contributions for many years. We do not attempt an exact calculation of these cumulative amounts because doing so would require information on $401(\mathrm{k})$ eligibility, the $401(\mathrm{k})$ match, and employee compensation before 1998, which we do not have.

[^5]Table 4 presents the results of using a much simpler definition of losses than that in Table 3. The full amount of any matching contribution foregone is considered a loss, without regard to the employee's vesting status or the impact of capital gains taxes on after-tax account withdrawals. We refer to all employees contributing below the match threshold in Table 4 as "sub-match savers." The conceptual distinction between "sub-match savers" and "undersavers" is simply whether with withdrawal strategy can be profitably employed. For reasons discussed earlier, some of the "sub-match savers" in Table 4 are not necessarily saving suboptimally ("undersaving") because they may never get access to their match balances. ${ }^{14}$

We present Table 4 for two purposes. First, we would like to compare the behavior of employees older than $591 / 2$ to that of employees younger than $591 / 2$. However, the withdrawal strategy discussed in this paper is not available to employees younger than $591 / 2$ because they must both demonstrate financial hardship and pay a $10 \%$ tax penalty to withdraw money from their $401(\mathrm{k}) .{ }^{15}$ Thus, the notional idea of the ex ante or ex post losses calculated in Table 3 for employees older than $591 / 2$ does not extend to younger workers. We can, however, make an apples-to-apples comparison of older and younger employees if we simply consider the total matching contributions that are foregone. Second, other 401(k) datasets may not contain all of the information needed to calculate ex ante and ex post losses. The simpler measure in Table 4 allows for easier comparability of this paper's results with tabulations from other similar data sources.

The top half of Table 4 presents statistics on employees older than $591 / 2.56 .7 \%$ of employees over $591 / 2$ are sub-match savers. Recall that $49.0 \%$ of employees are ex ante undersavers (Table 3), so almost all sub-match savers are in fact undersavers. The $\$ 263$ average sub-match saver loss is only slightly higher than the ex ante undersaving loss as well.

The bottom half of Table 4 presents statistics on employees younger than $591 / 2$. Interestingly, the fraction of sub-match savers is quite similar for the younger and older employees: $53.9 \%$ versus $56.7 \%$. The composition of their behavior is different, however.

[^6]Younger sub-match savers tend to contribute positive amounts that are less than the match threshold, whereas most older sub-match savers fail to contribute anything at all to the $401(\mathrm{k})$. Although the fraction of younger sub-match savers is lower than the fraction of older sub-match savers, the $\$ 450$ annual average loss for younger sub-match savers is much larger. The larger losses for younger employees are due to their higher salary (see Table 2), as their average loss as a fraction of pay is actually slightly lower ( $1.30 \%$ versus $1.35 \%$ ).

Figure 1 plots the fraction of sub-match savers, ex ante undersavers, and ex post undersavers by age. Consistent with the results in Tables 3 and 4, the three series track each other closely for ages above $591 / 2$. Over the entire working life, the sub-match saver series is U shaped: the fraction of sub-match savers declines with age until the mid-50s and increases thereafter. One might have expected a discrete drop in the fraction of sub-match savers at age $591 / 2$, when the $401(\mathrm{k})$ becomes very close to a liquid asset. That the failure to exploit the $401(\mathrm{k})$ match begins to increase at precisely the time when the economic reasons for participation become most compelling is surprising. This may arise from a selection effect generated by low savers who are less able to afford to retire and thus remain in the labor force longer. Alternatively, this phenomenon may reflect consumption smoothing by older employees whose wages are falling and who are unaware of the $401(\mathrm{k})$ withdrawal privileges available only to older workers (Table 2 shows that the older employees have lower wages than their younger counterparts). We discuss other potential explanations for older workers' failure to exploit the 401(k) match in Section IV.

Table 5 presents the results of probit regressions for the likelihood that employees fail to exploit the full employer match. The sample in the first three regressions is employees older than $591 / 2$. The dependent variables are dummies for being an ex ante undersaver, being an ex post undersaver, and being a sub-match saver, respectively. The sample in the fourth regression is match-eligible employees under $591 / 2$, and the dependent variable is a dummy for being a submatch saver. Both the probit coefficients and marginal effects (slopes) at the sample means are reported.

We find that men are 5 to 8 percentage points more likely to forego matching contributions than women, while the married are 4 to 7 percentage points less likely to forego matching contributions. Those with higher pay are substantially less likely to leave match money on the table. Among younger employees, age is negatively related to leaving money on the table,
while the reverse is true for older employees, a pattern consistent with Figure 1. Finally, those with higher tenure are less likely to forego matching contributions. The one exception to this result is in the ex ante undersaver regression for those over age $591 / 2$. This anomaly is explained by the fact that individuals with very low tenure are much more likely to be completely unvested and thus not classified as ex ante undersavers.

## IV. Survey/Field Experiment

Given the low direct costs of initiating $401(\mathrm{k})$ participation, it is quite striking that such a high fraction of employees forfeit employer matching contributions, especially among workers over age $591 / 2$.

To gain further insight into why employees are contributing suboptimally to their 401(k), and to see if providing information about the matching opportunities would increase $401(\mathrm{k})$ savings, we conducted a field experiment at Company A in partnership with Hewitt Associates. On August 3 and 4, 2004, we mailed treatment and control surveys to 889 Company A employees over the age of $591 / 2 .{ }^{16}$ All surveys were accompanied by a cover letter printed on the employer's letterhead. The 889-person sample includes all 689 employees at Company A who were contributing less than the match threshold as of the beginning of August 2004, as well as 200 randomly selected employees contributing at or above the match threshold.

We (unevenly) divided our sample of 889 employees into two subgroups: a control group and a treatment group. We sent control surveys to approximately half of the employees contributing below the match threshold ( 344 selected at random from the population of 889 ) and to 200 randomly selected employees contributing at or above the match threshold. This control survey included questions about the employee's satisfaction with and knowledge about the 401(k) plan, general financial literacy, and savings preferences.

We sent treatment surveys to the other 345 employees contributing below the match threshold. The treatment survey was identical to the control survey, except that it included an additional five questions at the end (Questions 26 through 30). The survey is reproduced in Appendix A. Question 26 explains that the company matched the first $6 \%$ of salary contributed to the $401(\mathrm{k})$. Question 27 explains that transactions in the $401(\mathrm{k})$ could be made via the Internet,

[^7]a touch-tone phone system, or by speaking to a benefits center representative on the phone. Question 28 explains that penalty-free withdrawals from the $401(\mathrm{k})$ are available for any reason for participants over age $591 / 2$. Question 29 asks respondents to calculate the amount of employer match money they would lose each year if they did not contribute to the $401(\mathrm{k})$ (respondents received a matrix of match amounts corresponding to various match rates and salaries to aid in this calculation; see Appendix A). Question 30 asks if the employee is interested in raising his contribution rate to $6 \%$ in light of the losses calculated in question 29 . We estimate that it would take employees about 15 minutes to complete the control survey and 18 minutes to complete the treatment survey.

For 200 employees in each of the three groups (below the match threshold control group, above the match threshold control group, below the match threshold treatment group), we included a $\$ 1$ bill with the survey and promised to send them a $\$ 50$ American Express Gift Cheque if they responded no later than August 27, 2004 in an enclosed postage-paid envelope. The cover letter that accompanied the survey is reproduced in Appendix B.

Respondents from the remaining 289 people below the match threshold who received the survey were entered into a raffle, along with all respondents younger than $591 / 2$, for a personal digital assistant, an MP3 player, and a digital camera. ${ }^{17,18}$ Gift Cheques were sent and raffle prizes awarded on September 17, 2004.

A total of 232 employees responded- 128 contributing below the match threshold and 104 contributing at or above the match threshold-resulting in an overall response rate of $26 \%$. ${ }^{19}$ Interestingly, the response rate among employees contributing at or above the match threshold was much higher (52\%) than among employees below the threshold (19\%), even though the former group's median income is higher than the latter's. Apparently, the difference in employees' willingness/ability to collect cheap money in $401(\mathrm{k})$ accounts extends to other domains.

[^8]We first examine whether perceived transactions costs keep employees from exploiting the employer match. Responses to Question 3 of the survey indicate that in general, respondents do not believe that joining the $401(\mathrm{k})$ plan and conducting transactions in it are time-consuming. The average respondent who was not participating in the $401(\mathrm{k})$ plan believed that it would take 1.7 hours to join the plan, 1.3 hours to change their plan contribution rate for the first time, and 1.5 hours to change their plan asset allocation for the first time. The average respondent who is actually in the $401(\mathrm{k})$ plan reported lower averages of $1.4,0.6$, and 0.6 hours, respectively. Consistent with these responses, none of the employees who claimed in question 23 that they did not ever plan on enrolling in the $401(\mathrm{k})$ cited in question 25 the time it takes to enroll as a reason for non-participation. Therefore, the perceived time costs of conducting transactions in the 401(k) are not enough to justify the large amounts of money employees below the match threshold forego. Our survey does not measure the indirect transactions costs of $401(\mathrm{k})$ participation, namely the costs of figuring out one's optimal $401(\mathrm{k})$ contribution rate and asset allocation. The evidence on financial literacy discussed below indicates that these may be substantial.

We now consider whether those who were not contributing up to the match threshold felt little need to save more for retirement. Is their current wealth high enough that there is little value to further increasing consumption during retirement? This possibility is rejected by the data. Consistent with other survey evidence on the relationship between actual and perceived-to-be-optimal savings rates (see, for example, Choi et al. (2002), Bernheim (1995), and Farkas and Johnson (1997)), $86 \%$ of employees below the match threshold and $70 \%$ of employees at or above the match threshold do not think they are saving enough, according to Question 16. Those under the threshold report in Question 15 an average actual savings rate of $7.4 \%$ but believe they should be saving $17.1 \%$. The corresponding averages for those at or above the threshold are $15.3 \%$ and $20.0 \%$, respectively. ${ }^{20}$ Remarkably, among respondents who think they should be saving more, only $33 \%$ of those below the threshold and $22 \%$ of those at or above the threshold report being unable to do so in Question 16; the remainder claim they could afford to save at least $\$ 520$ more per year ( $\$ 10$ per week).

[^9]Having ruled out several mechanisms that might explain why so many employees fail to fully exploit their employer match, what does matter? We find striking differences in financial literacy between undersavers and those contributing at or above the match threshold. For example, only $8 \%$ of undersavers report themselves to be a very or relatively knowledgeable investor, compared to $20 \%$ of those at or above the match threshold. This self-perceived lack of financial expertise is borne out in the answers to more objective questions on financial literacy. For example, in their response to Question 20, 53\% of employees below the match threshold incorrectly believe their own employer's stock to be less risky than a large U.S. stock mutual fund. Only $26 \%$ of employees at or above the threshold share this erroneous belief. ${ }^{21}$ Employees below the threshold are less knowledgeable about their 401(k) plan features. In Question 4, only $21 \%$ were able to correctly state their employer match rate, and only $27 \%$ were able to correctly state the match threshold. In contrast, employees at or above the threshold were able to correctly state these figures $41 \%$ and $59 \%$ of the time, respectively.

Our survey responses also suggest that procrastination ${ }^{22}$ plays some role in driving the undersaving that we observe. Recall that a much higher proportion of employees at or above the threshold (52\%) than employees below the threshold (19\%) collected $\$ 50$ for completing our 15minute survey, even though the former group's median income is higher than the latter's. In addition, among survey respondents, the average respondent contributing at least up to the match threshold took 15.1 days to mail the survey back to us, while the average respondent below the threshold took 17.2 days. Finally, in Question 10, we find that fewer respondents at or above the match threshold (11\%) than respondents under the threshold (16\%) report themselves to often or almost always leave things to the last minute. This gap is likely to understate the true difference in self-perceived procrastination between the two groups since the sample is right-truncated; the inveterate delayers never returned the survey and so did not answer Question 10.

The primary purpose of the survey was to see how much undersavers would increase their $401(\mathrm{k})$ contributions if the benefits of the employer match and the penalty-free, discretionary withdrawal rules were explained to them. Recall that we implemented a treatment condition that added Questions 26 through 30 to the baseline survey. The median respondent to

[^10]Question 29 calculated that she would lose $\$ 1,200$ each year by not contributing to the match threshold. ${ }^{23}$

Table 6 presents the average 401(k) contribution rates on August 1, 2004 (immediately prior to the survey mailing) and November 1, 2004 (approximately two months after the response deadline) for employees who were under the match threshold at the time of the survey mailing. ${ }^{24}$ The average contribution rates of the control group and the treatment group increase over this period, but by a very small amount ( $0.08 \%$ of pay for the control group and $0.16 \%$ of pay for the treatment group). ${ }^{25}$ The average difference in the contribution rate changes between the two groups was only $0.08 \%$ of pay and statistically insignificant. Using receipt of the treatment survey as an instrument for reading and returning the treatment survey, we estimate the treatment effect to be a 0.53 percentage points increase in the contribution rate ( $t$-statistic 0.87 ). Consistent with other financial education research that tracks participant behavior in administrative data (Madrian and Shea (2005), Choi et al. (2002), Duflo and Saez (2003)), it appears that giving workers information does not meaningfully raise their $401(\mathrm{k})$ contribution rates, even when the recommended action exploits a free lunch. We should acknowledge, however, that the results here are for a selected sample. Individuals older than $591 / 2$ years who are not contributing up to their $401(\mathrm{k})$ match threshold may be particularly insensitive to financial education.

## IV. Conclusion

Despite the presence of employer matching contributions in $401(\mathrm{k})$ plans, a substantial fraction of employees fails to contribute up to their employer's match threshold. For many employees it is possible to rationalize their willingness to leave employer 401(k) matching contributions on the table by appealing to factors such as liquidity constraints, early withdrawal penalties, and incomplete vesting. In this paper, we examine the $401(\mathrm{k})$ savings choices of a

[^11]group of employees for whom these explanations do not apply. These employees are older than $591 / 2$, receive employer matching contributions, are largely fully vested, and can withdraw their 401(k) balances at any time (with no tax penalty). For these employees, contributing below the match threshold is a dominated strategy. Nevertheless, half of them do so. The average foregone match in 1998 is over $\$ 250$, or $1.3 \%$ of annual pay. The foregone match over a longer time horizon is likely much larger.

We examine several possible explanations for this population's failure to optimally exploit the employer match. Based on survey evidence, we rule out direct transactions costs and satiation. We find evidence that employees who fail to exploit the employer match are less financially literate than those at or above the match threshold, which may indicate substantial indirect transactions costs (i.e., decision-making costs) associated with 401(k) participation. We also find evidence for procrastination.

Many financial education interventions are intended to increase savings rates by describing the benefits of saving. Consistent with previous evidence, our survey finds that most employees already believe that they should be saving more than they currently are. However, even though employees think they should save more, our effort to facilitate such savings had no effect. This is intriguing because we described a highly profitable savings strategy that generates no liquidity costs. The failure to induce employees to exploit a significant arbitrage opportunity leads us to be pessimistic about other educational interventions promoting savings strategies that aren't as easy or costless to pursue. Some employees apparently need more than good advice to get them to save. We note, though, that the group we study may be a particularly intractable population.

Our results are also cause for pessimism about the ability of monetary incentives alone to increase savings in the left tail of the savings distribution. Despite offering costly matching programs with strong marginal incentives, the firms studied here were able to induce only half of their older employees to contribute up to the match threshold. Although matching alone does not appear sufficient to increase savings in the left tail, it may be more effective when combined with other interventions that account for employee passivity (Madrian and Shea (2001), Benartzi and Thaler (2004), Choi, et al. (2002 and 2004a, b)) or that sharply reduce the complexity of the 401(k) participation decision (Choi, et al. (2005), Duflo, et al. (2005), Mitchell, Utkus, and Yang (2005)).

Finally, the results in this paper speak more generally to the role of the no-arbitrage condition in economic equilibria. Among the population studied in this paper, unexploited arbitrage opportunities are commonly observed, despite the fact that the potential gains are large and the necessary strategy to capitalize on these gains is simple and widely socially encouraged. Our evidence suggests that in non-market domains like retirement saving where the failure to maximize cannot be exploited by others, arbitrage opportunities may persist in equilibrium.

## Appendix A: Treatment Survey

1. What percentage of your pay are you currently contributing to your $401(\mathrm{k})$ ? If you aren't contributing, write " 0 " in the blank. Don't count employer contributions to your plan.
(a) Before-tax contributions: $\qquad$ \% of pay
$\square$ I don't know
(b) After-tax contributions: $\qquad$ $\%$ of pay
$\square$ I don't know
2. For each statement, please check the box that best represents your views.

|  | Strongly <br> Agree | Somewhat <br> Agree | Neither Agree <br> nor Disagree | Somewhat <br> Disagree | Strongly <br> Disagree |
| :--- | :--- | :--- | :--- | :--- | :--- |
| (a) I have enough information <br> about the rules of my 401(k) |  |  |  |  |  |
| (b) I have a good under- <br> standing of the investment <br> choices my 401(k) offers |  |  |  |  |  |
| (c) I'm satisfied with the <br> investment choices my <br> 401(k) offers |  |  |  |  |  |
| (d) My 401(k) meets my <br> retirement needs |  |  |  |  |  |
| (e) I'd rather save for <br> retirement in my 401(k) than <br> outside my 401(k) |  |  |  |  |  |
| (f) My company's 401(k) plan <br> is better than other <br> companies' 401(k) plans |  |  |  |  |  |

3. We want to know how long it took you to do certain things in the $401(\mathrm{k})$ for the first time. If you haven't done these things, we want to know how long you think they would take you. Check the appropriate box and fill in the blanks for each of parts (a) through (c).
(a) It $\square$ would take me/ $\square$ actually took me about $\qquad$ hours and $\qquad$ minutes to join my 401(k) plan.
(b) It $\square$ would take me/ $\square$ actually took me about $\qquad$ hours and $\qquad$ minutes to change my contribution rate for the first time after joining the $401(\mathrm{k})$ plan.
(c) It $\square$ would take me/ $\square$ actually took me about $\qquad$ hours and $\qquad$ minutes to change the funds I'm invested in for the first time after joining the $401(\mathrm{k})$ plan

## We want to find out how well your company has communicated its 401(k) plan features to you. Please answer the questions without looking at your 401(k) plan documents.

4. Please fill in the following blanks, or indicate that you don't know the answer.

For every before-tax dollar I contribute to the $401(\mathrm{k})$ up to $\qquad$ \% of my salary, my employer makes a matching contribution to the plan of $\qquad$ cents.
$\square$ I don't know how much my employer matches my contributions
5. Does your company's $401(\mathrm{k})$ plan offer the following investment options?
(a) US stock market fund
(b) Stable value fund
(c) Bond fund
(d) Commodities fund
(e) International stock fund
(f) Your employer's stock
(g) Real estate investment trust

6. Which of the following statements best describes your beliefs about the withdrawal rules that currently apply to you in your $401(\mathrm{k})$ ? (Please check only one box.)If I have money in my $401(\mathrm{k})$, I can't withdraw it
If I have money in my $401(\mathrm{k})$, I can withdraw it, but I will pay taxes plus a penalty on the withdrawal

If I have money in my $401(\mathrm{k})$, I can withdraw it without any penalty, but I will pay taxes on the withdrawal
$\square$ I don't know
7. Which of the following statements best describes your beliefs about the loan rules that currently apply to you in your $401(\mathrm{k})$ ? (Please check, only one box.)

If I have money in my $401(\mathrm{k})$, I can't take out any loans from it
If I have money in my $401(\mathrm{k})$, I can have a limited number of loans from it at one time

If I have money in my $401(\mathrm{k})$, I can take out as many loans as I want from it at a time
$\square$ I don't know
8. How knowledgeable an investor would you consider yourself? (Please check only one box.)
$\square$ Very knowledgeable
Relatively knowledgeable
Somewhat knowledgeable
Less than knowledgeable
Not at all knowledgeable
9. Which of the following statements best describes how often you think about your retirement savings? (Please check only one box.)
$\square$ I think about my retirement savings a great deal
I think about my retirement savings sometimes
I rarely think about my retirement savings
I never think about my retirement savings
10. Which of the following statements best describes you?
(Please check only one box.)I never leave things to the last minute
I rarely leave things to the last minute
I sometimes leave things to the last minute
I often leave things to the last minute
I almost always leave things to the last minute
11. Which of the following best describes your level of education?
(Please check only one box.)Some high school
High school degree
Some college
College degree
Some graduate school
Graduate school degree
12. What is your marital status?
(Please check only one box.)


Married
Separated
Divorced
13. Imagine that you just won a $\$ 500$ prize in a raffle. What would you do with your winnings? (Please check only one box.)
$\square$ I would save the entire prize.
I would use the entire prize to pay down my debts.
I would spend the entire prize.
I would save $\qquad$ $\%$, pay down debts with $\qquad$ $\%$, and spend $\qquad$ \%. (These percentages should add up to 100\%)
14. Suppose that you decided to save an extra $\$ 1,000$ of your annual income, and you had a financial planner who would help you do this. Where would you instruct your planner to make this investment? The dollar amounts below should sum to $\$ 1,000$. (Please check all boxes that apply and fill in amounts to the right.)
$\square$ The checking account at my bank or other financial institution \$ $\qquad$
The savings account at my bank or other financial institution \$ $\qquad$
An Individual Retirement Account (IRA)
\$ $\qquad$
My employer's 401(k) plan \$ $\qquad$
A college savings account (for example, 529 plan) \$ $\qquad$
A brokerage account \$ $\qquad$
A stock mutual fund outside a 401 (k) plan \$ $\qquad$
A bond mutual fund outside a $401(\mathrm{k})$ plan \$ $\qquad$
Other (please indicate) $\qquad$
$\qquad$
15. (a) What percent of your household income do you think you should ideally be saving for retirement right now? If you don't know, answer with your best guess.
$\qquad$ \% of my household income
(b) What percent of your household income are you actually saving for retirement right now?
$\ldots$ _ $\%$ of my household income
16. If you think you are already saving enough for retirement, check here. $\square$

If not, how much more do you think you could commit to saving than you currently are?
(Please check only one box.)
I can't afford to save any more
$\$ 10$ per week
$\$ 20$ per week
$\$ 40$ per week
$\$ 50$ or more per week
17. Suppose you decided to cut your spending by $\$ 2$ a day in order to save more for retirement. (This comes out to saving $\$ 730$ more per year.) Where would you cut your spending the most?Food
Clothing
Entertainment
Alcohol/cigarettes
Other (please indicate) $\qquad$
18. About how much would your household need to have saved by the time you retire in order to live comfortably in retirement?

I/we would need to save $\$ \square \quad \square$ I don't know
19. After you retire, do you expect your household's monthly spending to be lower than, about the same as, or higher than your monthly spending right before you retire? (Please check only one box.)
$\square$ Lower
$\square$ About the same
Higher
20. Rate each of the following investments' riskiness on a scale of 1 to 5 . 1 indicates "no risk" and 5 indicates "very high risk."
(a) A large US stock mutual fund
(b) Your employer's stock
(c) A savings account at your bank
(d) Bonds
(e) Stable value/money market fund
(f) Stock of a typical Fortune 500 company
(g) An international stock mutual fund
(h) An emerging markets stock mutual fund

| No risk | Very high risk |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |
| 1 | 2 | 3 | 4 | 5 | $\square$ Don't know |

## SKIP THIS PAGE IF YOU'RE NOT CONTRIBUTING TO YOUR COMPANY 401(k) PLAN RIGHT NOW.

21. For each of questions (a) through (d), please check the box that best describes your plans.
In the next two months:
(a) I plan to $\square$ raise / $\square$ lower / $\square$ maintain my $401(\mathrm{k})$ contribution rate
(b) I $\square$ plan / $\square$ do not plan to make a withdrawal from my 401(k) plan
(c) I $\square$ plan / $\square$ do not plan to take a loan out of my $401(\mathrm{k})$ plan
(d) I $\square$ plan / $\square$ do not plan to change the mix of funds in which I am invested
22. If you're not planning on making any of the changes in question 21, check here. $\square$
If you are planning on making some changes, when are you planning on making them?
(Please check only one box.)
In the next few days
In the next week
In the next two weeks
In the next month
$\square$ In the next two months

## SKIP THIS PAGE IF YOU ARE CONTRIBUTING TO YOUR COMPANY 401(k) PLAN RIGHT NOW.

23. When do you plan to begin contributing to your company's 401(k) plan?
(Please check only one box.)
In the next few days
In the next week
In the next two weeks
In the next month
In the next two months
In the next $\qquad$ (more than two months) I do not plan on ever contributing to the $401(\mathrm{k})$ plan
24. If you're not planning on ever contributing to the $401(\mathrm{k})$ plan, check here. $\qquad$
If you are planning on contributing some day, what percent of your salary do you expect to contribute when you start?
$\qquad$ \% of my salary
25. If you are planning on contributing to the $401(\mathrm{k})$ plan some day, check here. $\qquad$
If you're not planning on ever contributing to the $401(\mathrm{k})$ plan, what are the main reasons?
(Please check all boxes that apply.)
I don't want to save right now
I can't afford to save right now
I'd rather save in accounts outside of the $401(\mathrm{k})$
I don't have enough information to know how much to save
I don't understand my company's $401(\mathrm{k})$ plan
It takes too long to sign up for my company's $401(\mathrm{k})$ plan
There's always a chance I might be changing jobs or retiring soon
My company $401(\mathrm{k})$ match isn't high enough
I'm worried about the state of the stock market/financial markets
I'm worried about corporate scandals and accountability
Other. Please specify

## In this section, you will be told some facts about your 401(k) plan.

26. Your company offers its employees a matching contribution on the first $6 \%$ of salary contributed to their before-tax $401(\mathrm{k})$ account. When did you become aware of this fact?
(Please check only one box.) I just became aware of this fact I may have known this fact before, but I'm not sure I definitely knew this fact before
27. Your company lets you make transactions in your $401(\mathrm{k})$ by using the Internet. You can also call a toll-free number, where you can use an automated touch-tone system or speak to a benefits center representative. When did you become aware of these facts?
(Please check only one box.)
$\square$ I just became aware of at least one of these facts
I may have known these facts before, but I'm not sure
I definitely knew these facts before
28. If you ever need the money in your $401(\mathrm{k})$ for any reason, you can withdraw it without penalty once you're over $591 / 2$ years old. You'll pay ordinary income tax on any money withdrawn that hasn't already been taxed. When did you become aware that penalty-free withdrawals are available?
(Please check only one box.)
$\square$ I just became aware of these facts
I may have known these facts before, but I'm not sure
I definitely knew these facts before
29. Suppose you're contributing $\$ 0$ to your before-tax $401(\mathrm{k})$ account. How much employer match money would you lose each year from not contributing $6 \%$ of your salary?
(Use the table below to get an approximate answer. If you aren't sure what your employer match rate is, use your best guess.)

Example: Ifyour salary is $\$ 30,000$ and your match rate is $50 \%$, then your annual loss is $\$ 900$.
I would lose \$ $\qquad$ in matching contributions every year from contributing $0 \%$ instead of $6 \%$ of my salary to my before-tax $401(\mathrm{k})$ account.

| Annual employer match lost from not contributing |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Annual | Employer match rate |  |  |  |  |  |  |  |  |  |  |  |
| Salary | $0 \%$ | $16.7 \%$ | $25 \%$ | $30 \%$ | $40 \%$ | $50 \%$ | $60 \%$ | $65 \%$ | $75 \%$ | $100 \%$ |  |  |
| $\$ 10,000$ | $\$ 0$ | $\$ 100$ | $\$ 150$ | $\$ 180$ | $\$ 240$ | $\$ 300$ | $\$ 360$ | $\$ 390$ | $\$ 450$ | $\$ 600$ |  |  |
| $\$ 20,000$ | $\$ 0$ | $\$ 200$ | $\$ 300$ | $\$ 360$ | $\$ 480$ | $\$ 600$ | $\$ 720$ | $\$ 780$ | $\$ 900$ | $\$ 1,200$ |  |  |
| $\$ 30,000$ | $\$ 0$ | $\$ 301$ | $\$ 450$ | $\$ 540$ | $\$ 720$ | $\$ 900$ | $\$ 1,080$ | $\$ 1,170$ | $\$ 1,350$ | $\$ 1,800$ |  |  |
| $\$ 40,000$ | $\$ 0$ | $\$ 401$ | $\$ 600$ | $\$ 720$ | $\$ 960$ | $\$ 1,200$ | $\$ 1,440$ | $\$ 1,560$ | $\$ 1,800$ | $\$ 2,400$ |  |  |
| $\$ 50,000$ | $\$ 0$ | $\$ 501$ | $\$ 750$ | $\$ 900$ | $\$ 1,200$ | $\$ 1,500$ | $\$ 1,800$ | $\$ 1,950$ | $\$ 2,250$ | $\$ 3,000$ |  |  |
| $\$ 60,000$ | $\$ 0$ | $\$ 601$ | $\$ 900$ | $\$ 1,080$ | $\$ 1,440$ | $\$ 1,800$ | $\$ 2,160$ | $\$ 2,340$ | $\$ 2,700$ | $\$ 3,600$ |  |  |
| $\$ 70,000$ | $\$ 0$ | $\$ 701$ | $\$ 1,050$ | $\$ 1,260$ | $\$ 1,680$ | $\$ 2,100$ | $\$ 2,520$ | $\$ 2,730$ | $\$ 3,150$ | $\$ 4,200$ |  |  |
| $\$ 80,000$ | $\$ 0$ | $\$ 802$ | $\$ 1,200$ | $\$ 1,440$ | $\$ 1,920$ | $\$ 2,400$ | $\$ 2,880$ | $\$ 3,120$ | $\$ 3,600$ | $\$ 4,800$ |  |  |
| $\$ 90,000$ | $\$ 0$ | $\$ 902$ | $\$ 1,350$ | $\$ 1,620$ | $\$ 2,160$ | $\$ 2,700$ | $\$ 3,240$ | $\$ 3,510$ | $\$ 4,050$ | $\$ 5,400$ |  |  |
| $\$ 100,000$ | $\$ 0$ | $\$ 1,002$ | $\$ 1,500$ | $\$ 1,800$ | $\$ 2,400$ | $\$ 3,000$ | $\$ 3,600$ | $\$ 3,900$ | $\$ 4,500$ | $\$ 6,000$ |  |  |

30. Does your answer to the previous question make you interested in raising your contribution rate to $6 \%$ so you won't lose any more employer match money?
$\square$ Yes. I plan to do so in the next $\qquad$ weeks.
$\square$ No, I'm already contributing $6 \%$ or more before-tax to the $401(\mathrm{k})$ plan.
$\square$ No, my losses aren't large enough.
$\square$ I don't know.

## Appendix B: Cover Letter Sent to Treatment Subjects

Dear $<$ Company A employee>:
Would you like to earn $\$ 50$ for about 15 minutes of your time?
Company A wants to better understand the retirement saving and investment issues facing its employees. We are inviting you to participate in a survey that Company A is conducting with researchers from Harvard University, the Wharton School of the University of Pennsylvania, and Hewitt Associates, the company that performs the recordkeeping for Company A Savings Plan.

As a way of saying thanks in advance for your help with this effort, we've enclosed a dollar bill in this mailing. You will receive an additional $\$ 50$ American Express ${ }^{\circledR}$ Gift Cheque from the researchers, simply by

1) Reading the Official Gift Check Rules on the reverse side of this letter
2) Completing the enclosed questionnaire
3) Mailing the questionnaire with your name and current address to Hewitt Associates in the postage-paid envelope provided by no later than $8 / 27 / 2004$

Gift Cheques are accepted at over a million locations-virtually everywhere American Expresss ${ }^{\circledR}$ Travelers Cheques are welcome. Returning the enclosed questionnaire indicates that you've fully read and agreed to the Official Gift Check Rules.

Your participation in the survey is important. The responses you provide, combined with those provided by other employees eligible to participate in Company A Savings Plan, will help the researchers understand the barriers to saving and investing for retirement. All gift checks will be mailed three weeks after the survey closing date.

Your responses and information are completely confidential. Company A will never see your individual responses to the questionnaire, and answers to questions will not be used to identify individuals. Hewitt will report results to Company A only in aggregate form.

We look forward to your participation!
Sincerely,
Jane Doe
Director, Retirement Benefits
Company A

## Official Gift Check Rules

American Express® Gift Cheques will be awarded only to those invited to participate in this survey. American Express ${ }^{\circledR}$ Gift Cheques are accepted virtually everywhere American Express $®$ Travelers Cheques are welcomed. For further details regarding rules, policies and limitations that may apply to the use of American Express ${ }^{\circledR}$ Travelers Cheques, visit "www.aeis.com/American_Express_Gift_Cheques.html" via the internet or call (888) 8539899. Hewitt Associates and the Researchers are not responsible for lost, late or misdirected mail. Hewitt Associates and the Researchers reserve the right to cancel American Express ${ }^{\circledR}$ Gift Cheque payments if the package containing the Cheque is returned undeliverable.

If you have questions regarding your American Express ${ }^{\circledR}$ Gift Cheque, please write to the following address:
<Address>
Void where prohibited.
Each participant agrees to release, indemnify, and hold harmless Hewitt Associates, and their affiliates, parents, subsidiaries, advertising and promotion agencies and their respective officers, directors, employees, representatives and agents from any and all liability for any injuries, loss or damage of any kind to any person, including death, and property arising in whole or in part, directly or indirectly, from acceptance, possession, use or misuse of the gift check as a result of participation in the survey.

In no event will Hewitt Associates, their affiliates, parents, subsidiaries, advertising and promotion agencies and their respective officers, directors, employees, representatives and agents be responsible for any damages or losses of any kind, including direct, indirect, incidental, or consequential or punitive damages arising from your participation in the survey. All gift checks are provided without warranty of any kind, express or implied, including but not limited to warranties of purchases made with gift checks, fitness for a particular purpose or noninfringement.

## References

Benartzi, Shlomo, and Richard Thaler, 2004. "Save More Tomorrow: Using Behavioral Economics to Increase Employee Savings." Journal of Political Economy 112, pp. S164S187.

Benartzi, Shlomo, Richard Thaler, Stephen Utkus, and Cass Sunstein, 2004. "Company Stock, Market Rationality, and Legal Reform." Mimeo. University of Chicago Graduate School of Business.

Bernheim, B. Douglas, 1995. "Do Households Appreciate Their Financial Vulnerabilities? An Analysis of Actions, Perceptions, and Public Policy." In Tax Policy for Economic Growth in the 1990s. Washington, D.C.: American Council for Capital Formation.

Brennan, Michael, and Walter N. Torous, 1999. "Individual Decision Making and Investor Welfare." Economic Notes 28, pp. 119-143.

Choi, James J., David Laibson, Brigitte C. Madrian, and Andrew Metrick, 2002. "Defined Contribution Pensions: Plan Rules, Participant Decisions, and the Path of Least Resistance." In James Poterba, editor, Tax Policy and the Economy 16, pp. 67-114.

Choi, James J., David Laibson, Brigitte C. Madrian, and Andrew Metrick, 2004a. "For Better or For Worse: Default Effects and 401(k) Savings Behavior." In David Wise, editor, Perspectives in the Economics of Aging, pp. 81-121. Chicago: University of Chicago Press.

Choi, James J., David Laibson, Brigitte C. Madrian, and Andrew Metrick, 2004b. "Optimal Defaults and Active Decisions." NBER Working Paper 11074.

Choi, James J., David Laibson, and Brigitte C. Madrian, 2005. "Reducing the Complexity Costs of $401(\mathrm{k})$ Participation: The Case of Quick Enrollment ${ }^{\mathrm{TM}}$." Mimeo. Harvard University.

Duflo, Esther, William Gale, Jeffrey Liebman, Peter Orszag and Emmanuel Saez, 2005. "Saving Incentives for Low- and Middle-Income Families: Evidence from a Field Experiment with H\&R Block," Washington DC: The Retirement Security Project.

Duflo, Esther and Emmanuel Saez, 2003. "The Role of Information and Social Interactions in Retirement Plan Decisions: Evidence From a Randomized Experiment". Quarterly Journal of Economics 118, pp. 815-842.

Farkas, Steve and Jean Johnson, 1997. "Miles to Go: A Status Report on Americans' Plans for Retirement." New York: Public Agenda.

John Hancock Financial Services, 2002. Eighth Defined Contribution Plan Survey: Insight into Participant Investment Knowledge \& Behavior. Boston: John Hancock Financial Services.

Laibson, David, 1997. "Golden Eggs and Hyperbolic Discounting." Quarterly Journal of Economics 62, pp. 443-477.

Madrian, Brigitte and Shea, Dennis, 2001. "The Power of Suggestion: Inertia in 401(k) Participation and Savings Behavior." Quarterly Journal of Economics 116, pp. 11491187.

Meulbroek, Lisa, 2002. "Company Stock in Pension Plans: How Costly Is It?" Harvard Business School Working Paper 02-058. Cambridge, MA: Harvard University.

Mitchell, Olivia S., Steven Utkus, and Tongxuan Yang, 2005. "Better Plans for the Better-Paid: Determinants and Effects of 401(k) Plan Design." Pension Research Council Working Paper No. 2005-5. University of Pennsylvania Wharton School.

O’Donoghue, Ted and Rabin, Mathew, 1999. "Doing It Now or Later." American Economic Review 89, pp. 103-124.

Poterba, James M, 2003. "Employer Stock and 401(k) Plans." American Economic Review Papers and Proceedings 93, pp. 298-404.

FIGURE 1. Failure to Exploit the Full 401(k) Match

Table 1. 401(k) Plan Rules at Seven Firms (1998)

|  | Company A | Company B | Company C | Company D | Company E | Company F | Company G |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Eligibility | Immediate | Only non-union employees after 1,000 hours of service in a year | January 1 following hire | 3 months of service | Non-temporary employees after 1 month of service | Salaried employees immediate; union employees after 3 months of service | Immediate |
| Contributions | Before-tax and aftertax | Before-tax and after-tax | Before-tax | Before-tax | Before-tax and aftertax | Before-tax and aftertax | Before-tax |
| Employer match rate | $25 \%$ to $100 \%$ match on first $6 \%$ of pay contributed | $50 \%$ match on first $4 \%$ of pay contributed | $25 \%$ match on first $3 \%$ of pay contributed (beforetax contributions only) | $100 \%$ match on first $3 \%$ of pay contributed; $50 \%$ match on next $3 \%$ of pay contributed | $75 \%$ match on first $2 \%$ of pay contributed; 50\% match on next $3 \%$ of pay contributed | $20 \%$ to $35 \%$ match on first $6 \%$ of pay contributed | $100 \%$ match on first $3 \%$ of pay contributed; $50 \%$ match on next $3 \%$ of pay contributed; no match in first year |
| Match invested in employer stock | Yes, diversification restricted | No | No | Yes, diversification restricted | Yes, diversification restricted | Yes, diversification restricted | No |
| Vesting | 5-year cliff | 5-year cliff or $100 \%$ at age 65 | 5-year graded from 3 to 7 years of tenure or $100 \%$ at age 65 | Immediate | 5 -year cliff or $100 \%$ upon retirement at or after age 55 | 5-year graded from 1 to 5 years of tenure | 4-year graded from 2 to 5 years of tenure or $100 \%$ at age 60 |
| Withdrawal restrictions | \$250 minimum; no more than 1 per month; order of account depletion: after tax, match, before tax | No restrictions | Matching contributions not available for withdrawal | No more than 1 per month; order of account depletion: after tax, match (in account more than 2 years), before tax | 1-year contribution suspension after withdrawals from matched after tax account; match can only be withdrawn after 2 years | \$100 minimum; no more than 6 per year; order of account depletion: after tax, before tax, match | Order of account depletion: match, before tax |
| Withdrawal procedures | Call toll-free number; checks mailed next week | Call toll-free number; checks cut within 2 business days | Call toll-free number; checks mailed in 2-3 weeks | Call toll-free number. Check processing time not in documents. | Call toll-free number; withdrawals processed within 1 week | Call toll-free number. Check processing time not in documents. | Call toll-free number. Check processing time not in documents. |

Table 2. Demographic Characteristics at Seven Firms (1998)

|  | Company A | Company B | Company C | Company D | Company E | Company F | Company G | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total number active employees | Over 20,000 | Over 5,000 | Over 50,000 | Over 10,000 | Over 20,000 | Over 30,000 | Over 10,000 | Over 135,000 |
| Employees 591⁄2+ eligible for 401(k) match |  |  |  |  |  |  |  |  |
| Fraction male (\%) | 91.7\% | 87.5\% | 17.0\% | 69.0\% | 73.4\% | 63.1\% | 58.9\% | 55.7\% |
| Average age (years) | 62.6 | 69.7 | 64.7 | 62.6 | 62.7 | 63.0 | 63.6 | 65.2 |
| Average tenure (years) | 16.0 | 6.3 | 14.4 | 18.4 | 22.5 | 22.2 | 12.1 | 14.3 |
| Median salary | \$32,427 | \$8,182 | \$21,559 | \$57,290 | \$40,830 | \$43,008 | \$43,711 | \$25,826 |
| 401(k) participation rate | 82.7\% | 26.4\% | 45.9\% | 96.6\% | 68.1\% | 71.9\% | 90.1\% | 53.7\% |
| Median 401(k) balance of participants | \$36,711 | \$2,509 | \$8,934 | \$27,080 | \$49,260 | \$62,665 | \$33,822 | \$48,063 |
| Number of employees | 817 | 1,543 | 2,436 | 145 | 383 | 917 | 242 | 6,483 |
| Employees $<\mathbf{5 9} 1 / 2$ eligible for 401(k) match |  |  |  |  |  |  |  |  |
| Fraction male | 81.7\% | 52.5\% | 19.2\% | 76.8\% | 70.6\% | 65.5\% | 65.9\% | 54.1\% |
| Average age (years) | 43.7 | 38.8 | 41.0 | 43.9 | 42.3 | 43.2 | 39.2 | 42.1 |
| Average tenure (years) | 10.9 | 5.2 | 8.0 | 17.6 | 14.1 | 15.3 | 7.7 | 11.5 |
| Median salary | \$32,323 | \$21,053 | \$26,719 | \$62,057 | \$38,592 | \$46,569 | \$44,843 | \$37,152 |
| 401(k) participation rate | 81.0\% | 39.3\% | 43.0\% | 96.5\% | 72.3\% | 81.0\% | 79.6\% | 67.8\% |
| Median 401(k) balance of participants | \$22,144 | \$4,018 | \$5,295 | \$26,013 | \$17,382 | \$34,413 | \$14,942 | \$17,679 |
| Number of employees | 23,260 | 4,783 | 53,435 | 14,678 | 19,529 | 37,649 | 12,377 | 165,711 |
| Source: Authors' calculations. |  |  |  |  |  |  |  |  |

Table 3. Welfare Losses, 1998: Employees Over Age 59½

| Loss Calculation Approach | Company A | Company B | Company C | Company D | Company E | Company F | Company G | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Ex ante losses |  |  |  |  |  |  |  |  |
| Number of ex ante undersavers | 198 | 1,045 | 1,379 | 36 | 81 | 337 | 103 | 3,179 |
| Fraction ex ante undersavers | 24.2\% | 67.7\% | 56.6\% | 24.8\% | 21.1\% | 36.8\% | 42.6\% | 49.0\% |
| Fraction non-participants | 53.5\% | 92.6\% | 81.7\% | 11.1\% | 55.6\% | 71.8\% | 21.4\% | 79.1\% |
| Fraction participants < threshold | 46.5\% | 7.4\% | 18.3\% | 88.9\% | 44.4\% | 28.2\% | 78.6\% | 21.0\% |
| Average ex ante undersaver loss (\$) | \$754.91 | \$131.18 | \$155.30 | \$328.35 | \$678.68 | \$540.79 | \$633.22 | \$256.36 |
| Average ex ante undersaver loss (\% of pay) | 2.24\% | 1.64\% | 0.77\% | 1.02\% | 1.95\% | 1.67\% | 1.50\% | 1.30\% |
| Aggregate match dollars foregone (\% of maximum match available) | 11.9\% | 62.7\% | 41.0\% | 3.1\% | 10.4\% | 18.1\% | 12.2\% | 18.4\% |
| Ex post losses |  |  |  |  |  |  |  |  |
| Number of ex post undersavers | 212 | 1,153 | 1,580 | 36 | 81 | 344 | 114 | 3,520 |
| Fraction ex post undersavers | 25.9\% | 74.7\% | 64.9\% | 24.8\% | 21.1\% | 37.5\% | 47.1\% | 54.3\% |
| Fraction non-participants | 55.2\% | 92.8\% | 82.4\% | 11.1\% | 55.6\% | 71.2\% | 21.1\% | 79.7\% |
| Fraction participants < threshold | 44.8\% | 7.2\% | 17.6\% | 88.9\% | 44.4\% | 28.8\% | 78.9\% | 20.3\% |
| Average ex post undersaver loss (\$) | \$756.41 | \$136.17 | \$168.88 | \$328.35 | \$678.68 | \$550.48 | \$616.88 | \$258.72 |
| Average ex post undersaver loss (\% of pay) | 2.29\% | 1.68\% | 0.82\% | 1.02\% | 1.95\% | 1.69\% | 1.47\% | 1.32\% |
| Aggregate match dollars foregone (\% of maximum match available) | 12.4\% | 62.7\% | 43.4\% | 3.1\% | 10.4\% | 18.4\% | 11.8\% | 19.4\% |
| Source: Authors' calculations. The sample is employees age $591 / 2$ and older who are eligible to receive a $401(\mathrm{k})$ matching contribution. See the text for the definition of $e x$ and ex post undersavers and a description of how their welfare losses are calculated. The numbers in this table account for incomplete vesting and the potential to incur capit gains taxes if withdrawals are made from after-tax accounts. |  |  |  |  |  |  |  |  |

Table 4. Foregone Employer Matching Contributions, 1998: Comparing Employees Younger and Older Than 59½

|  | Company A | Company B | Company C | Company D | Company E | Company F | Company G | All |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Employees age $\geq \mathbf{5 9} 1 / 2$ |  |  |  |  |  |  |  |  |
| Number of sub-match savers | 250 | 1,234 | 1,598 | 52 | 81 | 344 | 114 | 3,673 |
| Fraction sub-match savers | 30.6\% | 80.0\% | 65.6\% | 35.9\% | 21.1\% | 37.5\% | 47.1\% | 56.7\% |
| Fraction non-participants | 56.4\% | 91.4\% | 82.5\% | 9.6\% | 55.6\% | 71.2\% | 21.1\% | 79.1\% |
| Fraction participants < threshold | 43.6\% | 8.6\% | 17.5\% | 90.4\% | 44.4\% | 28.8\% | 78.9\% | 20.9\% |
| Average sub-match saver loss (\$) | \$736.89 | \$136.38 | \$177.20 | \$290.72 | \$678.68 | \$550.48 | \$616.88 | \$262.86 |
| Average sub-match saver loss (\% of pay) | 2.31\% | 1.66\% | 0.86\% | 0.93\% | 1.95\% | 1.69\% | 1.47\% | 1.35\% |
| Aggregate match dollars foregone (\% of maximum match available) | 13.7\% | 64.5\% | 44.4\% | 3.9\% | 10.4\% | 18.4\% | 11.8\% | 20.2\% |
| Employees age $<\mathbf{5 9} 1 / 2$ |  |  |  |  |  |  |  |  |
| Fraction sub-match savers | 37.8\% | 80.8\% | 74.1\% | 47.2\% | 32.4\% | 38.5\% | 66.7\% | 53.9\% |
| Fraction non-participants | 50.0\% | 74.7\% | 76.9\% | 7.4\% | 46.4\% | 44.2\% | 30.5\% | 47.2\% |
| Fraction participants < threshold | 50.0\% | 25.3\% | 23.1\% | 92.6\% | 53.6\% | 55.8\% | 69.5\% | 52.8\% |
| Average sub-match saver loss (\$) | \$806.24 | \$259.94 | \$207.25 | \$501.69 | \$669.42 | \$586.01 | \$874.42 | \$450.11 |
| Average sub-match saver loss (\% of pay) | 2.44\% | 1.33\% | 0.84\% | 1.00\% | 1.88\% | 1.35\% | 2.01\% | 1.30\% |
| Aggregate match dollars foregone (\% of maximum match available) | 16.5\% | 48.2\% | 51.9\% | 8.3\% | 16.4\% | 20.5\% | 24.0\% | 26.6\% |

Source: Authors' calculations. The sample is all employees eligible to receive the $401(\mathrm{k})$ match. Sub-match savers are all such employees not contributing up to the match threshold in the $401(\mathrm{k})$ plan (including non-participants). The numbers in this table do not account for incomplete vesting and the potential to incur capital gains taxes if withdrawals are made from after-tax accounts (see text for details).
Table 5. Predictors of Foregoing Employer Matching Contributions

| Independent variables | Dependent variable |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ex ante undersaver Sample: $\geq 591 / 2$ |  | Ex post undersaver Sample: $\geq 591 / 2$ |  | Sub-match saver |  |  |  |
|  |  |  | Sample: $\geq 591 / 2$ | Sample: $<591 / 2$ |  |
|  | Coefficient | Slope |  |  | Coefficient | Slope | Coefficient | Slope | Coefficient | Slope |
| Male | $\begin{gathered} 0.1580^{* *} \\ (0.0454) \end{gathered}$ | $\begin{gathered} 0.0630^{* *} \\ (0.0180) \end{gathered}$ | $\begin{gathered} 0.1913 * * \\ (0.0466) \end{gathered}$ | $\begin{gathered} 0.0755^{* *} \\ (0.0183) \end{gathered}$ | $\begin{gathered} 0.2077 * * \\ (0.0474) \end{gathered}$ | $\begin{gathered} 0.0805^{* *} \\ (0.0184) \end{gathered}$ | $\begin{gathered} 0.1155^{* *} \\ (0.0080) \end{gathered}$ | $\begin{aligned} & 0.0456^{* *} \\ & (0.0032) \end{aligned}$ |
| Married | $\begin{gathered} -0.1033 * * \\ (0.0417) \end{gathered}$ | $\begin{gathered} -0.0412^{* *} \\ (0.0166) \end{gathered}$ | $\begin{gathered} -0.1311^{* *} \\ (0.0427) \end{gathered}$ | $\begin{gathered} -0.0517^{* *} \\ (0.0168) \end{gathered}$ | $\begin{gathered} -0.1688 * * \\ 0.0431 \end{gathered}$ | $\begin{gathered} -0.0654^{* *} \\ (0.0167) \end{gathered}$ | $\begin{gathered} -0.1170^{* *} \\ (0.0076) \end{gathered}$ | $\begin{gathered} -0.0461 * * \\ (0.0030) \end{gathered}$ |
| Age | $\begin{aligned} & 0.0644^{* *} \\ & (0.0046) \end{aligned}$ | $\begin{gathered} 0.0257^{* *} \\ (0.0018) \end{gathered}$ | $\begin{gathered} 0.0401 * * \\ (0.0047) \end{gathered}$ | $\begin{gathered} 0.0158^{* *} \\ (0.0019) \end{gathered}$ | $\begin{gathered} 0.0257^{* *} \\ (0.0048) \end{gathered}$ | $\begin{gathered} 0.0100^{* *} \\ (0.0019) \end{gathered}$ | $\begin{gathered} -0.0085^{* *} \\ (0.0004) \end{gathered}$ | $\begin{gathered} -0.0034^{* *} \\ (0.0002) \end{gathered}$ |
| Log(Tenure) | $\begin{gathered} 0.0662^{* *} \\ (0.0217) \end{gathered}$ | $\begin{gathered} 0.0264 * * \\ (0.0086) \end{gathered}$ | $\begin{gathered} -0.1575 * * \\ (0.0223) \end{gathered}$ | $\begin{gathered} -0.0621^{* *} \\ (0.0088) \end{gathered}$ | $\begin{gathered} -0.2960^{* *} \\ (0.0236) \end{gathered}$ | $\begin{gathered} -0.1147 * * \\ (0.0091) \end{gathered}$ | $\begin{gathered} -0.2028^{*} * \\ (0.0043) \end{gathered}$ | $\begin{gathered} -0.0801 * * \\ (0.0017) \end{gathered}$ |
| Log(Salary) | $\begin{gathered} -0.4786 * * \\ (0.0249) \end{gathered}$ | $\begin{gathered} -0.1909^{* *} \\ (0.0099) \end{gathered}$ | $\begin{gathered} -0.6295^{* *} \\ (0.0280) \end{gathered}$ | $\begin{gathered} -0.2483^{* *} \\ (0.0110) \end{gathered}$ | $\begin{gathered} -0.7135^{* *} \\ (0.0304) \end{gathered}$ | $\begin{gathered} -0.2765^{* *} \\ (0.0116) \end{gathered}$ | $\begin{gathered} -0.7390^{* *} \\ (0.0073) \end{gathered}$ | $\begin{gathered} -0.2919^{* *} \\ (0.0029) \end{gathered}$ |
| Firm FEs |  |  |  |  |  |  |  |  |
| Sample Size | $\mathrm{N}=$ |  |  |  |  |  | $\mathrm{N}=$ |  |
| Source: Authors' calculations. This table presents the results of a probit regression for the likelihood of foregoing employer matching contributions in 1998 (see text for the definitions of undersavers and sub-match savers). The sample is restricted to 401 (k)-match-eligible employees. Male and Married are dummies set to one if the participant is male and married, respectively. Age is the participant's age on December 31, 1998. Tenure is the number of years since the participant's original hire date as of December 31, 1998. Salary is the participant's annualized salary in 1998. Firm fixed effects are included, although their coefficients are not reported. The columns labeled "Coefficient" present coefficient estimates from the probits. The columns labeled "Slope" present marginal effects evaluated at the means of the explanatory variables. The marginal effect reported for the dummy variables is the effect of changing the variables from 0 to 1 . Standard errors are in parentheses. * denotes significance at the $5 \%$ level. ** denotes significance at the $1 \%$ level. |  |  |  |  |  |  |  |  |

Table 6. Field Experiment Results

|  | Control group | Treatment group | $t$-statistic of <br> difference |
| :--- | :---: | :---: | :---: |
| Pre-survey contribution rate | $1.73 \%$ | $1.48 \%$ | 1.38 |
| Post-survey contribution rate | $1.81 \%$ | $1.64 \%$ | 0.86 |
| Change (post-pre) | $0.08 \%$ | $0.16 \%$ | 0.86 |
| Sample size |  |  |  |


[^0]:    ${ }^{1}$ That is, they can withdraw money for any reason. In particular, they do not have to document financial hardship in order to access their balances.
    ${ }^{2}$ The $10 \%$ (federal) tax penalty on early $401(\mathrm{k})$ withdrawals only applies to employees under the age of $591 / 2$, and our sample only includes companies that allow employees to make $401(\mathrm{k})$ withdrawals without jeopardizing their ability to make future contributions to the 401(k) plan.
    ${ }^{3}$ That is, they can withdraw money from the company-sponsored $401(\mathrm{k})$ while still employed at the firm.

[^1]:    ${ }^{4}$ For the one company at which at which the field experiment was conducted, we have additional cross-sectional snapshots for August 1, 2004 and November 1, 2004.

[^2]:    ${ }^{5}$ Calculations available upon request from authors.
    ${ }^{6}$ We could alternatively identify undersavers using the year-end contribution rate in the cross-sectional data. We choose not to do this because employees can change their contribution rate throughout the year, so the year-end contribution rate (which is a point-in-time measure) may not accurately indicate the matching contributions the employee received throughout the year.
    ${ }^{7}$ Because the match threshold for employees in our sample does not exceed $6 \%$, the $\$ 10,000$ contribution limit does not in practice constrain any employees from receiving the full employer match specified under their plan rules once the $\$ 160,000$ compensation limit is accounted for.

[^3]:    ${ }^{8}$ These employees may still realize some tax benefit if they participate in the $401(\mathrm{k})$.
    ${ }^{9}$ Because we only observe an employee's total contributions for a calendar year, we assume that the contribution rate was constant throughout that year.

[^4]:    ${ }^{10}$ In Company C, there are four employees for whom we cannot calculate ex post losses in the conventional manner because they are not fully vested as of year-end 2002, which is when our data end. For these employees, we predict their probability of leaving in future years from a probit model on the probability of leaving for all Company C employees in the 1998-2002 data. We then use this predicted probability of leaving in our calculation of the expected ex post loss for these four employees. The dependent variable in this regression is whether the employee left the company in the year following the data snapshot. The explanatory variables used are gender, marital status, age, the $\log$ of tenure, and the log of salary. Because these four employees represent only $0.06 \%$ of our total $591 / 2+$ sample, they have a negligible impact on our results.

[^5]:    ${ }^{11}$ Companies A, D, E, and F.
    ${ }^{12}$ Several papers calculate discounts for portfolios that are partially invested in employer stock (Poterba (2003), Meulbroek (2002), and Brennan and Torous (1999)). Paradoxically, Benartzi, et al. (2004) report that 20\% of their survey respondents would prefer $\$ 1,000$ of employer stock which they could not diversify until age 50 to $\$ 1,000$ invested without restrictions.
    ${ }^{13} 52 \%$ of ex ante undersavers and $53 \%$ of ex post undersavers have never participated in their company's $401(\mathrm{k})$ plan.

[^6]:    ${ }^{14}$ The group of ex ante and ex post undersavers as we have been defining them will be a subset of the sub-match savers.
    ${ }^{15}$ Firms are not required to allow employees to make hardship withdrawals, although many do so. There are some limited circumstances under which employees younger than $591 / 2$ can withdraw $401(\mathrm{k})$ balances without incurring a $10 \%$ tax penalty. These include permanent disability, a court order pursuant to a divorce, medical expenditures in excess of $7.5 \%$ of income, and some specific cases of early retirement or following a permanent layoff. Home purchase, education, or general financial hardship do not exempt employees from paying a tax penalty on early withdrawals.

[^7]:    ${ }^{16}$ We also mailed surveys to 4000 employees below the age of $591 / 2$. Results from those respondents are available on request.

[^8]:    ${ }^{17}$ Budget constraints precluded us from offering a $\$ 50$ Gift Cheque to all respondents. Assignment to the Gift Cheque and raffle groups was random, and comparing the characteristics (age, compensation, tenure, participation in the $401(\mathrm{k})$ plan) of employees who received these different response incentives suggests that the two groups are indeed very similar.
    ${ }^{18}$ There were three raffle winners, one for each of the prizes.
    ${ }^{19}$ For employees older than $59^{1 / 2}$ and contributing below the match threshold, the response rate was $24 \%$ among those receiving the $\$ 50$ American Express Gift Cheque and $11 \%$ among those entered into the raffle.

[^9]:    ${ }^{20}$ Despite these stated convictions about optimal savings rates, only $30 \%$ of those under the threshold and $47 \%$ of those at or above the threshold were able to give an answer in Question 18 about how much wealth they would need to live comfortably in retirement.

[^10]:    ${ }^{21}$ See John Hancock Financial Services (2002) and Benartzi et al. (2004) for the results from other surveys asking similar questions.
    ${ }^{22}$ Laibson (1997), O’Donoghue and Rabin (1999), and Choi, et al. (2004b) analyze models in which timeinconsistent preferences lead people to undersave and procrastinate.

[^11]:    ${ }^{23}$ This is larger than the average ex post loss of $\$ 756$ reported in Table 3 for Company A. However, the $\$ 1,200$ median response to Question 29 was calculated relative to not participating in the $401(\mathrm{k})$ plan. A comparable calculation using data from 1998 on individuals contributing below the match threshold or not all gives a median loss of $\$ 991$. The remainder of the discrepancy is likely accounted for by increases in salaries between 1998 and 2004.
    ${ }^{24}$ There are fewer than 689 employees in the table because some employees left the company before November 1 , 2004.
    ${ }^{25} 7$ members of the control group increased their contribution rate, while 8 members of the treatment did. 1 control and no treatment group members decreased their contribution rate over this same period.

