

# **Physician Beliefs and Patient Preferences: A New Look at Regional Variation in Health Care Spending<sup>\*</sup>**

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## **Abstract**

There is considerable controversy about the causes of regional variations in healthcare expenditures. We use vignettes from patient and physician surveys, linked to Medicare expenditures at the level of the Hospital Referral Region, to test whether patient demand-side factors, or physician supply-side factors, explains regional variations in Medicare spending. We find patient demand is relatively unimportant in explaining variations. Physician organizational factors (such as peer effects) matter, but the single most important factor is physician beliefs about treatment: 36 percent of end-of-life spending, and 17 percent of U.S. health care spending, are associated with physician beliefs unsupported by clinical evidence.

JEL Codes: H51, I11, I18

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<sup>\*</sup>Comments by Amitabh Chandra, Elliott Fisher, Mike Geruso, Tom McGuire, Nancy Morden, Allison Rosen, Gregg Roth, Pascal St.-Amour, Victor Fuchs, and seminar participants at the NBER Summer Institute, Tinbergen Institute, Cornell, Tilburg, Erasmus, Lausanne, Princeton, and Harvard Universities, CRISP Health Econometrics, the Universities of Venice and Texas, the BU/Harvard/MIT Health Economics Seminar, and NBER's Health Care Program Meeting, were exceedingly helpful. We are grateful to F. Jack Fowler and Patricia Gallagher of the University of Massachusetts Boston for developing the patient and physician questionnaires. Funding from the National Institute on Aging (T32-AG000186-23 and P01-AG031098 to the National Bureau of Economic Research and P01-AG019783 to Dartmouth) and LEAP at Harvard University (to Skinner) is gratefully acknowledged. Survey data are available at [www.intensity.dartmouth.edu](http://www.intensity.dartmouth.edu).

Regional variations in rates of medical treatments are large in the United States and other countries (Skinner et al., 2012). For example, in the U.S. Medicare population over age 65, price-adjusted per-patient Medicare expenditures ranged from under \$7,000 to nearly \$14,000, with most of the variation unexplained by regional differences in patient illness or poverty.

What drives such variation in treatment and spending? One possibility is patient demand. Many studies of variations have been conducted in environments where all patients have a similar and fairly generous insurance policy,<sup>2</sup> so price differences are unlikely to be large and income differences are unlikely to be very important. Still, heterogeneity in patient preferences for care may play a role. In very acute situations, some patients may prefer to try all possible measures, while others may prefer palliation and an out-of-hospital death. If patients with similar preferences are grouped together geographically – for example, if people who value and demand life-prolonging treatments live in areas with world-class interventional physicians – patient preference heterogeneity could lead to regional variation in equilibrium outcomes (Anthony et al., 2010; Mandelblatt et al., 2012;).

Another possible source of variation arises from the supply side. “Supplier-induced demand” describes a situation in which a health care provider shifts a patient’s demand curve beyond what the patient would want. This would be true in a principal-agent framework (McGuire and Pauly, 1991), if prices are high enough (and income scarce). While physician utilization has been shown to be sensitive to prices (Jacobson et al., 2006, Clemens and Gottlieb, 2012), it would be difficult to explain observed Medicare variations using profit margins alone, since reimbursement rates are set administratively and do not vary greatly across areas.

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<sup>2</sup> This is generally true in the U.S. Medicare program. The presence of supplemental insurance coverage differs across the country, but most studies do not find that these differences affect utilization by more than a small degree (McClellan and Skinner, 2006).

Variation in desired supply may also result from non-monetary incentives. Physicians could respond to organizational pressure or peer pressure to perform more procedures, even if their current income is no higher as a consequence. Physicians might also have differing beliefs about appropriate treatments, particularly for conditions where there are few professional guidelines (Wennberg et al., 1982). These differences in beliefs may arise because of differences in where physicians received medical training (Epstein and Nicholson, 2009) or their personal experiences with different interventions (Levine-Taub et al., 2011). If this variation is correlated spatially – for example, if more intensive physicians are more likely to hire physicians with similar views – the resulting regional differences in beliefs could explain regional variations in equilibrium spending.

It has proven difficult to estimate separately the impact of physician beliefs, patient preferences, and other factors as they affect equilibrium healthcare outcomes, largely because of challenges in identifying factors that affect only supply or demand (Dranove and Wehner, 1994). We address this problem using “strategic surveys,” as in Ameriks et al. (2011), in which we use detailed survey vignettes to elicit motivation and clinical beliefs of physicians (suppliers), and attitudes and preferences of patients (demanders) as well as intervention-specific preferences from both groups. These responses are then linked to utilization measures at the regional level, which allows us to estimate directly how supply and demand factors affect regional healthcare utilization.

Patient preferences are measured by a survey of Medicare enrollees age 65 and older asking about whether they would want a variety of aggressive care interventions. We focus on the tradeoff between invasive procedures with potential longevity benefits versus palliative care and comfort at the end of life. Physician beliefs are captured using two surveys: one of

cardiologists and the second of primary care physicians. Both groups of physicians were presented with vignettes about four elderly individuals with chronic health conditions, and asked how they would manage each one. Based on their responses, we characterize physicians along two non-exclusive dimensions: those who consistently and unambiguously recommended intensive care beyond interventions consistent with current clinical guidelines (“cowboys”), and those who consistently recommended palliative care for the very severely ill (“comforters”).

We first use these surveys to examine the importance of patient and physician preferences in explaining regional variations in care and find that physician preferences are significantly more important in statistical models. In some models, we can explain over half of the variation in end-of-life spending across areas by knowing only how a relatively small sample of physicians in an area would treat hypothetical patients. In contrast, patient preferences explain little of the cross-area variation.

We then try to understand what factors are associated with physicians’ treatment preferences, relating physicians’ views about optimal treatment to questions about malpractice concerns, patient financial arrangements (fraction of Medicaid and capitated patients), and perceived organizational pressures (providing treatment for patients who expected but didn’t need it, or doing a procedure because the referring physician expected it). We find that only a small fraction of physicians claim to have made recent decisions as a result of purely financial considerations. We also find that “pressure to accommodate” either patients’ demands (by providing treatments that are not needed) or referring physicians’ expectations (doing procedures to keep them happy and meet their expectations) have a modest but significant relationship with physician beliefs about appropriate care. While many physicians report making interventions as

a result of malpractice concerns, these responses do not help to explain the residual variation in treatment recommendations.

Ultimately, the largest degree of regional variation appears to be due to differences in physician beliefs about the efficacy of particular therapies. Physicians in our data have starkly different views about how to treat the same patients, and these views are not highly correlated with demographics, background, and practice characteristics, and are often not consistent with professional guidelines for appropriate care. As much as 36 percent of end-of-life Medicare expenditures, and 17 percent of overall Medicare expenditures, are explained by physician beliefs that cannot be justified either by patient preferences or by evidence of clinical effectiveness.

### **I. A Model of Variation in Utilization**

We develop a simple model of patient demand and physician supply. The demand side of the model is a standard one; the patient's indirect utility function is a function of out-of-pocket prices ( $p$ ), income ( $Y$ ), and preferences for care ( $\eta$ );  $V = V(p, Y, \eta)$ . Solving this for optimal intensity of care,  $x$ , yields  $x^D$ . As in McGuire (2011), we assume that  $x^D$  is the fully informed patient's demand for the quantity of procedures prior to any demand "inducement."

On the supply side, we assume that physicians seek to maximize the perceived health of their patient,  $s(x)$ , by appropriate choice of inputs  $x$ , subject to patient demand ( $x^D$ ), financial considerations, and organizational factors. Note that the function  $s(x)$  captures both patient survival and patient quality of life, for example as measured by quality-adjusted life years (QALYs).

Individual physicians are assumed to be price-takers (after their networks have negotiated prices with insurance companies), but face a wide range of reimbursement rates from private

insurance providers, Medicare, and Medicaid. The model is therefore simpler than models in which hospital groups and physicians jointly determine quantity, quality, and price, (Pauly, 1980) or where physicians exercise market power over patients to provide them with “too much” health care (McGuire, 2011). Following Chandra and Skinner (2012), we write the physician’s overall utility as:

$$(1) \quad U = \Psi s(x) + \Omega(W + \pi x - R) - \phi(|x - x^D|) - \varphi(|x - x^O|)$$

where  $\Psi$  is perceived social value of improving health,  $\Omega$  is the physician’s utility function of own income, comprising her fixed payment  $W$  (a salary, for example) net of fixed costs  $R$ , and including the incremental “profits” from each additional test or procedure performed,  $\pi$ .<sup>3</sup> The sign of  $\pi$  depends on the type of procedure and the payment system a physician faces.

The third term represents the loss in provider utility arising from the deviation between the quantity of services the provider recommends ( $x$ ) and what the informed patient demands ( $x^D$ ). This function could reflect classic supplier-induced demand – from the physician’s point of view,  $x^D$  is too low relative to the physician’s optimal  $x$  – or it may reflect the extent to which physicians are acting as the agent of the (possibly misinformed) patient, for example when the patient wants a procedure that the physician does not believe is medically appropriate. The fourth term reflects a parallel influence on physician decision making exerted by organizational factors that do not directly affect financial rewards, such as (physician) peer pressure.

The first-order condition for (1) is:

$$(2) \quad \Psi s'(x) = -\Omega' \pi + \phi' + \varphi' \equiv \lambda$$

Physicians then provide care up to the point where the choice of  $x$  reflects a balance between the perceived marginal value of health,  $\Psi s'(x)$ , and factors summarized by  $\lambda$ : (a) the incremental

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<sup>3</sup> We ignore capacity constraints, such as the supply of hospital or ICU beds.

change in net income  $\pi$ , weighted by the importance of financial resources  $\Omega'$ , (b) the incremental disutility from moving patient demand away from where it was originally,  $\phi'$ , and (c) the incremental disutility from how much the physician's own choice of  $x$  deviates from her organization's perceived optimal level of intervention,  $\varphi'$ .

In this model,<sup>4</sup> there are two ways to define “supplier-induced demand.” The broadest definition is simply the presence of any equilibrium quantity of care beyond the level of the *ex ante* preferences of an informed patient, i.e.  $x > x^D$ . This is still relatively benign; the marginal value of this care may still be positive. More relevant is the sign of  $s(x) - s(x^D)$ ; does the additional care enhance or diminish health outcomes? Supplier-induced demand could more narrowly be defined as  $s(x) - s(x^D) \leq 0$ ; patients gain no improvement in health outcomes and may even experience a decline in health or a significant financial loss. Importantly, both of these definitions leave the question of physician *knowledge* of inducement beyond clinically appropriate levels ambiguous. That is, a physician with strong (but incorrect) beliefs may over-treat her patients, even in the absence of financial or organizational incentives to do so.

To develop an empirical model, we adopt a simple closed-form solution of the utility function for physician  $i$ :<sup>5</sup>

$$(1') \quad U_i = \Psi s_i(x_i) + \omega[W_i + \pi_i x_i - R_i] - \frac{\phi}{2}(x_i - x_i^D)^2 - \frac{\varphi}{2}(x_i - x_i^O)^2$$

Note that  $\omega/\Psi$  reflects the relative tradeoff between the physician's income and the value of improving patient lives, and thus might be viewed as a measure of “professionalism.” The first-order condition is therefore:

$$(2') \quad \Psi s_i'(x_i) = \lambda \equiv -\omega\pi_i + \phi(x_i - x_i^D) + \varphi(x_i - x_i^O)$$

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<sup>4</sup> A more general model would account for the patient's ability to leave the physician and seek care from a different physician, as in McGuire (2011).

<sup>5</sup> We are grateful to Pascal St.-Amour for suggesting this approach.

Figure 1 shows  $\Psi s'(x)$  and  $\lambda$ . Note that  $\lambda$  is linear in  $x$  with an intercept equal to  $-(\omega\pi_i + \phi x_i^D + \varphi x_i^O)$ . Note also the key assumption that patients are sorted in order from most appropriate to least appropriate for treatment, thus describing a downward sloping  $\Psi s'(x)$  curve. The equilibrium is where  $\Psi s'(x) = \lambda$ , at point A. A shift in the intercept, which depends on reimbursement rates for procedures  $\pi$ , taste for income  $\omega$ , regional demand  $x^D$ , and organizational or peer effects  $x^O$ , would yield a different  $\lambda^*$ , and hence a different utilization rate. But all of these factors affect the intensity of treatments via a movement *along* the marginal benefit curve,  $\Psi s'(x)$ .

Alternatively, it may be that  $s_i'(x)$  differs across physicians – productivity differs, rather than constraints. For example, if  $s_i'(x) = \alpha_i s'(x)$ , where  $s'(x)$  is average physician productivity and  $\alpha$  varies across regions, this would be represented as a shift in the marginal benefit curve. Point C in Figure 1 corresponds to greater intensity of care than point A and arises naturally when the physician is *or just believes* she is more productive. For example, heart attack patients experience better outcomes from cardiac interventions in regions with higher rates of revascularization, consistent with a Roy model of occupational sorting (Chandra and Staiger, 2007). Because patients in regions with high intervention rates benefit differentially from these interventions, this scenario does not correspond to the narrow definition of “supplier-induced demand.”

The productivity shifter  $\alpha$  may also vary because of “professional uncertainty” – a situation where the physician’s perceived  $\alpha$  differs from the true  $\alpha$  (Wennberg et al., 1982). For example, physicians may be overly optimistic with respect to their ability to perform procedures, leading to expected benefits that exceed actual realized benefits. Baumann et al. (1991) have documented the phenomenon of “macro uncertainty, micro certainty” in which physicians and



nurses are sure that their administered treatment benefited a specific patient (micro certainty) even in the absence of a general consensus as to which procedure is more clinically effective (macro uncertainty). Much of the evidence from psychology<sup>6</sup> also argues for overconfidence in one's own ability, leading to a natural bias towards doing more.

To see this in Figure 1, suppose the actual benefit is  $s'(x)$  but the physician's perceived benefit is  $g'(x)$ . The equilibrium is point C: the marginal treatment harms the patient, even though the physician believes the opposite. In equilibrium, this supplier behavior would appear consistent with classic supplier-induced demand, but the cause is quite different.

*Empirical Specification.* To examine these theories empirically, we consider variation in practice at the regional level (for reasons explained below). Taking a first-order Taylor-series approximation of equation (2') for region  $i$  yields a linear equation that groups equilibrium outcomes into two components, demand factors  $Z^D$  and supply factors  $Z^S$ :

$$(4) \quad x_i = \bar{x} + Z_i^D + Z_i^S + \varepsilon_i.$$

The demand-side component is:

$$(5) \quad Z_i^D = \frac{\phi}{M} (x_i^D - \bar{x}^D)$$

where  $M = -\Psi s''(\bar{x}) + \phi + \varphi$ . This first element of equation (5) reflects the higher average demand for health care, multiplied by the extent to which physicians accommodate that demand,  $\phi$ . The supply side component is:

$$(6) \quad Z_i^S = \frac{1}{M} \{ \omega \Delta \pi_i + \pi \Delta \omega_i + \phi (x_i^O - \bar{x}^O) + \Psi s'(\bar{x}) \Delta \alpha_i \}$$

The first term in equation (6) reflects how differences in profits in region  $i$  vs. the national average ( $\Delta \pi$ ) affect utilization. The second term reflects the extent to which physicians weigh income more heavily. The third term captures organizational goals in region  $i$  relative to national

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<sup>6</sup> If the patient gets better, the physician gets the credit, but if the patient gets worse, the physician is able to say that she did everything possible (Ransohoff et al., 2002).

averages ( $x_i^0 - \bar{x}^0$ ). The final term captures the impact of different physician beliefs about productivity of the treatment ( $\Delta\alpha_i$ ); this term shifts the marginal productivity curve.<sup>7</sup>

Equation (4) can be expanded to capture varying parameter values as well – for example, in some regions physicians may be more responsive to patient demand (a larger  $\phi_i$ ). These interactive effects, considered below, reflect the interaction of supply and demand and would magnify the responses here.

## II. Data and Estimation Strategy

In general, it is difficult to distinguish among demand and supply explanations for treatment variation; even detailed clinical data reveal only a subset of what the physician knows about her patient’s health and reveal virtually nothing about non-clinical drivers of patient demand for health care services. Further, patient preferences and physician beliefs about the desirability or appropriateness of different procedures are unknown in *ex post* clinical data. In studying motives for household saving, Ameriks et al. (2011) implemented “strategic surveys” to identify demand and supply. We follow this approach here, using surveys that ask potential patients about preferences for hypothetical end-of-life choices (that is,  $x^D$  before their interaction with the physician), and asking physicians how they would treat a set of hypothetical patients with varying disease severity, as well as questions about their financial and organizational constraints.

In an ideal world, patient surveys would be matched with surveys from their respective physicians. Because our data do not match physicians with their own patients, we instead match

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<sup>7</sup> Note that these effects are scaled by  $1/M$ , which depends on  $-s$ . If returns to treatment do not decline rapidly, strongly-held physician opinions can lead to highly variable treatment rates (Chandra and Skinner, 2012).

supply and demand at the area level using Hospital Referral Regions (HRRs).<sup>8</sup> In equation (4), we therefore define  $x$  to be a regional average spending measure. Our primary measure is the natural logarithm of risk- and price-adjusted Medicare expenditures in the last two years of life. We also consider several other measures of utilization such as one-year risk- and price-adjusted expenditures for Medicare enrollees for hip fracture, and overall price-adjusted Medicare expenditures.

Our first estimation, based on Equation 4, asks whether area-level supply or demand factors can better explain actual regional expenditures. Our second set of estimates then seek to understand why physicians hold the beliefs they do (Equation 6). For the latter, we relate individual physician vignette responses to those physicians' financial and organizational incentives. We interpret the component of vignette responses that cannot be explained by demographic, organizational or financial incentives as reflecting primary physician beliefs (e.g., a shift in perceived marginal treatment curve from  $\Psi_s'(x)$  to  $\Psi_g'(x)$ ). We describe each survey in turn.

*Patient Survey.* The survey sampling frame was all Medicare beneficiaries in the 20% denominator file who were age 65 or older on July 1, 2003 (Barnato et al., 2009). A random sample of 4,000 individuals was drawn; the response rate was 65%. We limit the final sample to respondents who provided all variables of interest, leaving a total of 1,413 Medicare beneficiary surveys. The final sample of respondents reside in 64 HRRs (an average of over 22 patients per HRR), all of which have sufficient physician observations to be included in the empirical model.

We use responses to 5 survey questions asking patients about their likelihood of wanting unnecessary tests or cardiologist referrals in the case of new chest pain as well as preferences for

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<sup>8</sup> These HRRs are defined in the *Dartmouth Atlas of Health Care*, which divides the United States into 306 HRRs. Spending measures are based on area of patient residence, not where treatment is actually received.

comfort vs. intensive life-prolonging interventions in an end of life situation. The exact wording of these vignettes is shown in Panel I of Appendix A. Since the questions patients respond to are hypothetical and typically describe scenarios that have not yet happened, we think of them as  $x^D$ , or preferences not affected by physician advice. Importantly, since these patients have not yet faced the tradeoffs described in the survey in the end of life scenario, their views are unlikely to be colored by their physicians' opinions.

Two of the questions relate to unnecessary care, asking people if they would like a test or cardiac referral even if their primary care physician did not think they needed one (Table 1).<sup>9</sup> Overall, 73 percent of patients wanted such a test and 56 percent wanted a cardiac referral. However, there is wide variation across regions in averages responses to these question. Figure 2 shows density plots of of patient preferences for the main questions in the patient survey for the 64 HRRs considered (weighted by the number of patients per HRR). Simulated distributions based on 1000 bootstrap samples with replacement were used to test the null hypothesis of no geographic correlation. While some of the observed variation is likely due to small sample sizes within regions, we tested for the null of no regional variation by bootstrapping the distribution of area-level averages of all key variables, assuming individuals were randomly assigned to areas. P-values are reported in the last column of Table 1.

Three other patient questions, grouped into two binary indicators, measure preferences for end-of-life care. One reflects patients' desire for aggressive care at the end of life: whether they would want to be put on a respirator if it would extend their life for either a week (one question) or a month (another question). The second question asked, if the patient reached a point at which they were feeling bad all of the time, would they want drugs to make them feel

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<sup>9</sup> This question captures pure patient demand independent of what the physician wants. Note, however, that patients could still answer they would not seek an additional referral if they were unwilling to disagree with their physician.

better, even if those drugs might shorten their life. In each case, there is statistically significant variation across HRRs (Table 1).

Patients' preferences are generally correlated across questions. For example, the correlation coefficient between wanting an unneeded cardiac referral and wanting an unnecessary test is 0.43 ( $p < .01$ ). But other comparisons point to very modest associations, for example a -0.02 correlation coefficient between wanting palliative care and wanting to be on a respirator at the end of life.

Since survey responses may vary systematically by demographic covariates such as race and ethnicity; we create demographically-adjusted HRR-level measures of patient preferences by adjusting all responses for observed patient characteristics (race, age and sex)<sup>10</sup>.

*Physician Surveys.* A total of 999 cardiologists were randomly selected to receive the survey. Of these, 614 cardiologists responded, for a response rate of 61%. Seventeen physicians did not self-identify as (primarily) cardiologists, and 88 physicians were missing crucial information such as practice type, or practiced in HRRs with too few respondents to include in the analysis, leaving us a final sample of 509 cardiologists. These cardiologists practice in 64 HRRs, all of which have 3 or more cardiologists represented in the survey.

The primary care physician (PCP) responses come from a parallel survey of PCPs (family practice, internal medicine, or internal medicine/family practice). A total of 1,333 primary care physicians were randomly selected to receive the survey and the response rate was 73%. A total of 840 PCPs had complete responses to the survey and practiced in HRRs with enough local patient and physician respondents to include in the analysis.

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<sup>10</sup> One early reader suggested that patient preferences for aggressive vs. palliative care and for unneeded tests and/or specialist visits may evolve as patients age. We tested for this by comparing average preferences among individuals for patients that were on average "older" (age > sample mean) or "very old" (age > sample mean + 1 standard deviation) and did not find statistically significant differences between patient preferences in older or very old sub-groups.

Both sets of physicians were asked about a number of clinical vignettes, discussed in the next section, as well as a variety of characteristics of their practices. Two measures of financial circumstances are reported in Table 1 for all physicians: the share of patients for whom they are reimbursed on a capitated basis (on average, 16 percent), and the share of a physician's patients on Medicaid (10 percent), with both factors generally associated with lower marginal reimbursement.

A second set of questions asks about characteristics of the physician and her practice. Twenty-nine percent are in small practices (solo or 2-person), 60 percent are in single or multi-specialty group practices, and 11 percent are in HMOs or hospital-based practices. We also observe a number of characteristics about the physician, including age, gender, whether she is board certified, and the number of weekly patient days practiced.

Third, the survey asks about a physician's actual responsiveness to external incentives over the past year, including how frequently, if ever, in the past 12 months she has intervened for non-clinical reasons. We create a set of binary variables that indicates whether a physician responded to each set of incentives at least "sometimes" (i.e. "sometimes" or "frequently") over the past year. Ten percent of cardiologists reported that they had sometimes or frequently performed a cardiac catheterization because of the expectations of the referring physician and 41 percent of all physicians reported doing so because of a colleague's expectations (Table 1).

Like patient surveys, we recognize that physician survey responses may vary systematically by demographic covariates such as race and ethnicity. For those exercises that require aggregation of multiple physician surveys, we create demographically-adjusted HRR-level measures of physician beliefs by adjusting all responses for observed physician characteristics (race, age and sex).

*Medicare Utilization Data.* We match the survey responses with expenditure data by HRR. Our primary measure is Medicare expenditures in the last two years of life for enrollees over age 65 with a number of fatal illnesses.<sup>11</sup> All HRR-level measures are adjusted for age, sex, race, differences in Medicare reimbursement rates and the type of disease (including an indicator for multiple diseases). This measure implicitly adjusts for differences across regions in health status; an individual with renal failure who subsequently dies is likely to be in similar (poor) health regardless of whether she lives in West Virginia or Oregon.<sup>12</sup> End-of-life measures are commonly used to instrument for health care intensity, (e.g., Fisher et al., 2003), are highly correlated with other medical expenditure measures such as one-year expenditures following a heart attack (Skinner et al., 2010), and do not appear sensitive to the inclusion of additional individual-level risk-adjusters (Kelley, et al., 2012). In sensitivity analysis, we consider price-adjusted Medicare expenditures for all fee-for-service enrollees age 65 and above, and a “forward looking” measure of one-year expenditures following hospital admission for a different severe condition, hip fracture. The HRR-level price-adjusted expenditures for the hip fracture cohort are adjusted for age, sex, race, comorbid conditions at admission, and the hierarchical condition categories (HCC) risk-adjustment index for the 6 months prior to admission. We focus on the 64 HRRs in the combined sample with a minimum of 3 cardiologists (average =5.4) and 2 primary care physicians (average = 7.9) surveyed. Among patients, we observe an average of 22 respondents per HRR<sup>13</sup>.

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<sup>11</sup> These include congestive heart failure, cancer/leukemia, chronic pulmonary disease, coronary artery disease, peripheral vascular disease, severe chronic liver disease, diabetes with end organ damage, chronic renal failure, and dementia.

<sup>12</sup> If more intensive spending saves lives, then in regions with more intensive spending, fewer die, leading to potential biases in the end-of-life measure (Bach et al., 2004). However, given conventional estimates of cost-effectiveness in end-of-life spending, the magnitude of the bias would be small.

<sup>13</sup> Early readers of this paper wondered how to compare measurement error in the patient responses, which are likely to only capture individual patients’ preferences, versus physician responses, which likely

### III. Clinical Vignettes from the Physician Surveys

Since the clinical vignettes are crucial for our analysis, we describe them in some detail. We note first the obvious: responses to the vignette may not exactly reflect what physicians actually do in practice and because we are unable to link physician responses to those physicians' claims, we cannot test this in the context of this data set. Empirical evidence, however, strongly indicates that clinical vignettes closely predict how physicians actually intervene (Peabody et al., 2004; Mandelblatt et al., 2012; Dresselhaus et al., 2004). Additional tests done on our data confirm that HRR level rates of percutaneous coronary intervention (PCI) in Medicare patients in the year of the survey are correlated with local cardiologists' survey responses, additional evidence that survey vignettes predict actual physician behavior.

Moreover, and importantly for the contribution of this paper, the vignettes have far more detail than the claims data because they yield probabilistic assessments of multiple counterfactual interventions. In claims data, the relative probabilities of counterfactual interventions are unknown because counterfactual interventions are necessarily unobserved. In this respect, among others, the vignette-based survey data we consider are far richer than claims data.

We assume that the physician's responses to the vignettes are "all in" measures ( $Z^S$ , as in equation 6), reflecting physician beliefs as well as the variety of financial, organizational, and capacity-related constraints physicians face. Alternatively, one could interpret the physician's responses to the vignettes as a pure reflection of beliefs (for example, how one might answer for qualifying boards), and not as representative of the day-to-day realities of their practice. We

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capture physicians' experiences with hundreds of their patients. While only partially addresses this concern, we also note that our primary results are robust to focusing only on regions in the top two quartiles of per-HRR patient observations, suggesting that findings are very similar when focusing on those regions with relatively more patients represented.



tested this alternative explanation by including the organizational and financial variables in our estimation equations in addition to the vignette estimates. This did not appreciably increase the explanatory power of these equations<sup>14</sup>.

The detailed clinical vignette questions are shown in in Appendix A (Panel II) and summary statistics are presented in Table 1. We begin with the vignette for Patient A, which asks how frequently the physician would schedule routine follow-up visits for patients with stable angina whose symptoms and cardiac risk factors are well controlled on current medical therapy (cardiologists) or patients with hypertension (primary care physicians). The response is unbounded, and expressed in months. Answers ranged from 1 month to 24 months in practice. Figure 3a presents a HRR-level histogram of averages from the cardiology survey for all 64 HRRs studied.

How do these responses correspond to guidelines for managing chronic stable angina? While diagnosis and management of coronary artery disease (the cause of angina) is the most common clinical issue faced by cardiologists on a day-to-day basis, there are no hard data to support any recommendation. The 2005 American College of Cardiology/American Heart Association [ACC/AHA] guidelines (Hunt et al., 2005) – what most cardiologists would have considered the “Bible” in cardiology at the time the survey was fielded – were very imprecise:

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<sup>14</sup> One might argue that physicians in regions with, e.g. most of their low-income patients in poor health may “fill in” missing characteristics of the vignettes. This could make such physicians more likely to recommend intensive care, meaning that imperfectly risk-adjusted Medicare expenditures would be spuriously correlated with more intensive vignette recommendations. Alternatively, such physicians may also be less likely to recommend intensive medical or surgical treatments, since outcomes are dependent on coordinated follow-up care that may not be available to patients living in low-income neighborhoods. While we cannot rule out either potential source of bias, we note that in a study of medical students responding to clinical vignettes, individuals’ clinical assessments were not associated with patient race or occupation and no association was found between implicit preferences and the assessments (Haider et. al., 2011). Lastly, we note that to the extent that physicians answer questions according to “textbook” answers, the responses we record from doctors could be a lower bound on true variation in physician beliefs.

they recommended follow-up every 4-12 months. However, even with these broad recommendations, we find that over one fifth (23%) of cardiologists in the sample recommend follow-up visits more frequently than every 4 months. These physicians were geographically clustered in a subset of HRRs ( $p < .01$  in a test of the null of no geographic correlation) and the distribution of high follow-up cardiologists across HRRs is shown in Figure 3b.

The equivalent follow-up measure for primary care physicians is for a patient with well-controlled hypertension. The Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (U.S. Department of Health and Human Services, 2004), which would have been the most current guideline recommendation at the time, suggests follow up every 3-6 months based on expert opinion.

We define a “high follow-up” physician as one who recommends follow-up visits more frequently than clinical guidelines would suggest and a “low follow-up” physician as one who recommends follow-up visits less frequently than clinical guidelines would suggest. By this definition, less than 1 percent of cardiologists and 9 percent of PCPs in our data are classified as “low follow-up” physicians while 23 percent of cardiologists and 9 percent of PCPs are classified as “high follow-up” physicians.

Office visits are not a large component of physicians’ incomes (or overall Medicare expenditures). Thus any correlation between the frequency of follow-up visits and overall expenditures would most likely be because frequent office visits are also associated with additional highly remunerated tests and interventions (such as echocardiography, stress imaging studies, and so forth) that further set in motion the “diagnostic-therapeutic cascade,” resulting in subsequent diagnostic tests, treatments, and follow-up visits (Lucas, et al., 2008). Thus the next two vignettes focus on patients with heart failure, a much more expensive setting. Heart failure is

also natural to ask about because it is common, the disease is chronic, prognosis is poor, and treatment is expensive.

Vignettes for both Patients B and C ask questions about the treatment of Class IV heart failure, the most severe classification and one in which patients have symptoms at rest. In both scenarios the vignette patient is on maximal (presumably optimal) medications, and neither patient is a candidate for revascularization: Patient B has already had a coronary stent placed without symptom change, and Patient C is explicitly noted to not be a candidate for this procedure. The key differences between the two scenarios are patients' ages (75 for patient B, 85 for Patient C), the presence of asymptomatic non-sustained ventricular tachycardia in Patient B, and severe symptoms that resolve partially with increased oxygen in Patient C.

Cardiologists in the survey were asked about various interventions as well as palliative care for each of these patients. For patient B, they were given five choices: three intensive treatments (repeat angiography; implantable cardiac defibrillator [ICD] placement, and pacemaker insertion), one involving medication (anti arrhythmic therapy), and palliative care. Patient C also has three intensive options (admit to the ICU/CCU, placement of a coronary artery catheter, and pacemaker insertion), two less aggressive options (admit to the hospital (but not the ICU/CCU) for diuresis, and send home on increased oxygen and diuretics) and palliative care. In each case, cardiologists ranked their likelihood of recommending each intervention separately on a 5-interval range from "never" to "always / almost always." Physicians could indicate strong or weak likelihood of recommending multiple options, for example, a physician might "frequently" recommend both palliative care and an intervention.

We start with the obvious: regardless of the religious, political or moral persuasion of the cardiologist, these two men deserve a frank conversation about their prognosis and an

ascertainment of their preferences for end-of-life care. One-year mortality for those with Class IV heart failure is nearly 50 percent. If compliant with the guidelines, therefore, every one of the cardiologists should have answered “always/almost always”, or at least “most of the time,” to initiating or continuing discussions about palliative care.<sup>15</sup>

Studies have shown that patients, physicians and family members are often not “on the same page” when it comes to advanced directive planning (Connors, et al., 1995), and is reflected in the survey data: for Patient B, only 30 percent of cardiologists responded that they would initiate or continue discussions about palliative care “most of the time” or “always/almost always.” For Patient C, 43 percent of cardiologists and 50 percent of primary care physicians were likely to recommend this course of action “most of the time” or “always/almost always.” In both cases, physicians’ recommendations fall far short of clinical guidelines, which would suggest that these discussions are always appropriate for such severely ill patients. We define our second index of physicians to reflect physicians’ likelihood of recommending palliative care. We classify the doctor as a “comforter” if the physician would discuss palliative care with the patient “always / almost always” for both Patients B and C (among cardiologists) or for patient C (among primary care physicians, who did not have Patient B’s vignette in their survey). In our final sample, 29 percent of cardiologists and 44 percent of primary care physicians met this definition of a comforter.

We now turn to more controversial aspects of patient management. The language in the vignettes was carefully constructed to relate to the contemporaneous clinical guidelines. Several

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<sup>15</sup> According to the AHA-ACC directives, “Patient and family education about options for formulating and implementing advance directives and the role of palliative and hospice care services with reevaluation for changing clinical status is recommended for patients with HF [heart failure] at the end of life.” (Hunt et al., 2005, p. e206)

key aspects of Patient B rule out both the ICD and pacemaker insertion<sup>16</sup> and indeed the ACC-AHA guidelines explicitly recommend against the use of an ICD for Class IV patients potentially near death (Hunt et al., 2005; p. e206). On the other hand, both treatments are highly reimbursed.

Since patient C is already on maximal medications and is not a candidate for revascularization, the management goal should be to keep him as comfortable as possible. This should be accomplished in the least invasive manner possible (e.g., at home), and if that is not possible in an uncomplicated setting, for example during admission to the hospital for simple diuresis. According to the ACC/AHA guidelines, no additional interventions are appropriate.<sup>17</sup> In fact, even a “simple” but invasive test, the pulmonary artery catheter, has been found to be of no marginal value over good clinical decision making in managing patients with CHF, and could even cause harm (ESCAPE, 2005).

Despite these guideline recommendations, physicians in our data show a surprising degree of enthusiasm for additional interventions. For patient B, nearly one-third of the cardiologists surveyed would recommend a repeat angiography at least as frequently as “some of the time.” Similarly, 65 percent of cardiologists recommend an ICD “most of the time,” or “always/almost always,” while 47 percent recommend a pacemaker with at least these frequencies. For patient C, 18 percent recommend an ICU/CCU admission, 2 percent recommend a pulmonary artery catheter and 15 percent recommend a pacemaker at least “most of the time.”

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<sup>16</sup> This includes his advanced stage; his severe (Class IV) medication refractory heart failure; and the asymptomatic non-sustained nature of the ventricular tachycardia.

<sup>17</sup> Clinical improvement with a simple intervention (increasing his oxygen) also argues against more intensive interventions.

Our next measure of  $Z^S$  is based on a summary of these intensity recommendations. We start with the three most intensive interventions for both patients. Cardiologists' responses on aggressiveness are highly correlated across patients B and C. Of the 28 percent (N=143) of cardiologists in the sample who would "frequently" or "always/almost always" recommend at least one of the above-listed high-intensity procedures for patient C, 93 percent (N=133) would also frequently or always/almost always recommend at least one high-intensity intervention for patient B. We use this overlap – the highest treatment recommendation overlap in our data – to define a "cowboy" cardiologist as a cardiologist who recommends at least one of the three possible intensive treatments for both patients B and C "most of the time" or "always/almost always." Because Vignette B was not presented to the primary care physicians, we use only their response to Vignette C to categorize them using the same criteria. In total, 27 percent of the cardiologists in our sample are classified as cowboys, as are 19 percent of primary care physicians.

All told, we test four measures of  $Z^S$ : high or low frequency of follow-up visits, a dummy variable for being a cowboy, and a dummy variable for being a comforter. How are these measures related? Table 2 shows that among both PCPs and cardiologists, chi-squared tests strongly reject the null of no association between follow-up frequencies recommended for vignette patients and a physician's status as a "cowboy" or "comforter." Physicians with a low follow-up frequency are more likely to be comforters and less likely to be cowboys than physicians with a high follow-up frequency. Similarly, cowboy physicians are far less likely to

be comforter physicians (even though doctors could be classified as both). Most differences are statistically significant<sup>18</sup>.

#### **IV. Model Estimates**

We now proceed with our estimates of the models presented above. We first consider Equation (4), the relationship between area-level spending and local patient and physician preferences. We then turn to Equation (6), modeling the factors leading physicians to be more and less aggressive.

##### *Do Survey Responses Predict Regional Medicare Expenditures?*

We start with the basic relationship between area spending, patient preferences and physician preferences for the 64 HRRs with at least 3 cardiologists and 2 primary care physician responses. Figure 4 shows scatter plots of area-level end of life spending vs. our measures of supply and demand for care. The measures we include are the fraction of all physicians in the area who are cowboys (panel a), the fraction of physicians who are comforters (panel b), the fraction of physicians who recommend follow-up more frequently than recommended guidelines (panel c), and the share of patients who desire more aggressive care at the end of life (panel d). Each circle represents one HRR, and its size is proportional to the survey sample size in the respective HRR.

In the case of the three supply-side variables, the results are consistent with the theory: despite the relatively small sample sizes of physicians in each HRR, end of life spending is positively related to the cowboy ratio, negatively related to the comforter ratio, and positively related to high frequency recommendations for follow-up visits. The demand variable, in contrast, is not strongly related to spending: the data points form more of a cloud than a line.

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<sup>18</sup> Patient and physician responses are only very weakly correlated across regions. The correlations across physician types shown in Table 2 are also quite low, with the largest magnitudes on the order of 0.1 and the majority being  $< 0.1$ .

Table 3 explores this result more formally with regression estimates of logged end-of-life expenditures, weighted by the number of physician observations per HRR and including controls for the fraction of PCPs among our survey responders. As the first column shows, the local proportion of cowboys and comforters predicts 36 percent of the observed regional variation in risk-adjusted end-of-life spending. Further, the estimated magnitudes are large: increasing the percentage of cowboys by 10 percentage points is associated with a 7.5 percent increase in end-of-life expenditures, while increasing the fraction of comforters by 10 percent implies a 4.1 percent reduction in expenditures. This relationship between spending and the local fractions of cowboys and comforters also holds when both cardiologists and primary care physicians are analyzed separately, as shown in the Appendix.

Column 2 of Table 3 shows that the indicator for high frequency follow-up recommendations is also a meaningful predictor of HRR-level end-of-life spending: conditional on the fraction of cowboys and comforters, an increase of 10 percentage points of physicians who prefer to see patients more frequently than guidelines recommend is predicted to increase end-of-life spending by 9.5 percent (and while the low frequency follow-up coefficient is large in magnitude (-0.417), it is not statistically significant). Indeed the combination of just these supplier beliefs alone can explain over 60 percent of the observed end-of-life spending variation in the 64 sample HRRs.<sup>19</sup>

The next two columns add measures of patient preferences to the regressions: the share of patients wishing to have unneeded tests, the share wanting to see an unneeded cardiologist, the share preferring aggressive end-of-life care, and the share preferring comfortable end-of-life care. None of these variables are statistically significant at the 5% level. Even excluding the

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<sup>19</sup> As Black et al. (2000) note, the OLS estimate is a lower bound and under weak assumptions, the expected value of the OLS parameter estimate is of smaller magnitude than the true parameter. (The  $R^2$  is also a lower bound owing to measurement error.)



physician belief variables entirely, as in column 6, the  $R^2$  from the patient preference variables is just 0.075. Separate regressions for cardiologists and primary care physicians are presented in Appendices C and D and show similar results.<sup>20</sup>

It is also possible that there could be an interaction effect between patient preferences and physician beliefs, for example if aggressive physicians interact with patients with preferences for aggressive care to generate even more utilization (or conversely for comforter physicians and patients who demand palliative care). These hypotheses are considered in Table 4. Column 1 of the table repeats Column 5 of Table 3 for reference. The subsequent columns add interaction terms. As shown in Column 2, however, there is little consistent evidence for the interactive aggressiveness hypothesis; the interaction between cowboy physicians and patients with aggressive preferences is negative (not positive as theory would suggest), and while the coefficient between comforter physicians and patients is negative (column 3), it is not statistically significant.

Column 4 of Table 4 repeats the analyses in column 1, but uses total average per beneficiary Medicare expenditures (adjusted for prices, age, sex, and race/ethnicity) as the dependent variable. This expenditure measure likely reflects a greater share of primary care spending relative to specialty care. In the combined sample, the fraction of cowboys in an HRR is a consistently strong predictor of spending across models. Moreover, although  $R^2$  values are smaller in these models, supply-side factors continue to explain more of the variation in spending than demand-side factors. Finally, we consider fully risk-adjusted one-year expenditures for a “forward looking” cohort of hip fracture patients in Column 5 of Table 5. The estimated coefficients suggest relationships similar to those in Column 1, but, like the model explaining

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<sup>20</sup> Our results do not appear to be driven by geography. The coefficient estimates are similar when the east and west coasts of the US are estimated separately.

overall Medicare expenditures, the coefficients are smaller in magnitude and the  $R^2$  is smaller in magnitude as well (0.37 versus 0.64).

Our data imply a strong relationship between physician type and spending, as a simple back-of-the-envelope calculation suggests. We calculate how much Medicare expenditures would change in a counterfactual setting in which there were no cowboys, all physicians were comforters, and all physicians met guidelines for follow-up care. In this counterfactual, end-of-life expenditures would be predicted to decline by 36 percent, and total Medicare expenditures would be expected to decline by 17 percent. These comparisons point to the importance of physician beliefs in explaining regional (and national) utilization patterns.

*What factors predict physician responses to the vignettes?*

To this point, we have shown that physician beliefs matter for spending, and that physician beliefs vary across areas more than would be expected given random variation. The obvious question is then: what explains this variation in physician beliefs? In this section, we estimate the model in Equation (6) to test for the relative importance of financial and organizational factors in explaining physician recommendations.

Table 5 presents coefficients from a linear probability model with HRR-level random effects for three regressions at the physician level. Our dependent variables are binary indicators for whether the physician is a cowboy (Column 1), a comforter (Column 2), or recommends in high frequency follow-up (Column 3). In each model, we include basic physician demographics: age, gender, board certification status, whether the physician is a cardiologist, days per week spent seeing patients, as well as cardiologists per 100,000 Medicare beneficiaries. Notably, some of these characteristics matter for predicting physician types: male physicians in the sample are both somewhat more likely to be cowboys and less likely to be comforters than female doctors

and older physicians are more likely to be high follow-up doctors and cowboys: at the mean age of 57.5 years, a 1 standard deviation increase in physician age (9.8 years) is associated with a 4.6% increase in probability of being a cowboy and a 5.5% increase in probability of being a high follow-up doctor.

The demographic factors included reveal that older physicians are more likely to recommend high rates of follow-up and are also more likely to be cowboys, but age is not a significant predictor of comforter status. Male physicians are less likely to be comforters, while board certification – a rough marker for physician quality – is negatively associated with cowboy status and high follow-up frequency. This result is consistent with Doyle et al. (2010), who found that lower quality physicians spent 10-25% more on treating otherwise identical patients.

A greater number of cardiologists per 100,000 Medicare beneficiaries is associated with a higher likelihood of a physician being a cowboy or high follow-up doctor and with a lower likelihood of the physician being a comforter. One might be tempted to interpret this as classic “supplier-induced demand” effect, with more cardiologists per capita leading to less income per cardiologist, and hence a greater incentive to treat a given patient more intensively. Yet the equilibrium supply of cardiologists is likely to depend on a wide variety of factors, suggesting caution in the interpretation.

The substitution effect implies that lower incremental reimbursements associated with Medicaid and capitated patients would lead to fewer interventions and more palliative care. Table 5 shows that physicians with a larger fraction of Medicaid and (to a lesser extent) capitated patients are more likely to be cowboys and high-follow-up physicians, rejecting the dominance of the substitution effect. One may appeal again to a dominant income effect to explain these patterns.

Some organizational factors are strongly associated with physician beliefs about appropriate practice. Physicians in solo or 2-person practices are far more likely to be aggressive than physicians in single or multi-specialty group practices or physicians who are part of an HMO or a hospital-based practice. Yet physicians who work in a group or staff model HMOs or hospital-based practice are no more likely to be comforters. Physicians who respond to patient expectations are more likely to be comforters, and those responding to referring physician expectations are more likely to be high follow-up physicians, but neither effect is statistically significant. Whether cardiologists accommodate referring physicians – also a financial factor (since cardiologists will benefit financially from future referrals) as well as an organizational one – is a large and statistically significant predictor of being a cowboy.<sup>21</sup> Finally, malpractice concerns are neither predictive of cowboy nor comforter status, perhaps because procedures performed on high-risk patients (such as Patients B and C) can increase the risk of a malpractice suit.

The explanatory power of these regressions is quite modest – between 6 and 15 percent – suggesting that a considerable degree of the remaining variation is the consequence of physician beliefs regarding the productivity of treatments, rather than behaviors systematically related to financial, organizational, or other factors.

As a final exercise, we include these financial, organizational, and responsiveness variables, aggregated up to the HRR level, in a regression that seeks to explain the variation in log end-of-life spending – an expanded counterpart to Table 4. These results are presented in Appendix E. Aside from the per-capita supply of cardiologists – a potentially suspect measure of capacity – none of the additional variables are statistically significant, nor do they add appreciably to the explanatory power of the regression. Physician beliefs, independent of

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<sup>21</sup> Note that this question is asked only of cardiologists.

financial or organizational factors, appear to explain a great deal of why physicians are cowboys or comforters and how the frequencies of these typologies, in turn, are related to overall spending.

## **V. Conclusion and Implications**

While there is a good deal of regional variation in medical spending and care utilization in the U.S. and elsewhere, there is little agreement about the causes of such variations. Do they arise from variation in patient demand, from variation in physician behavior, or both? In this paper, we found that regional measures of patient demand as measured by responses to a nationwide survey had only modest predictive association with regional end-of-life expenditures. By contrast, regionally aggregated measures of physician beliefs regarding treatment options can explain a substantial degree of observed regional variation in utilization in the U.S. Medicare population. While other results have suggested such a finding (Sirovich et al. (2008), Lucas et al. (2008), Bederman et. al. (2011), and Wennberg et al. (1997)), our paper is the first to directly relate Medicare spending to physician beliefs.

Unfortunately, we are not able to match physicians directly to their own patients, which we acknowledge is a shortcoming of the survey methodology. However, we are able to link the patient and physician surveys at the HRR level and the regional evidence is consistent with the dominant importance of physician beliefs in explaining HRR-level utilization patterns. A back-of-the-envelope calculation using our regression results implies that, were all physicians in the 64 HRRs studied to follow professional guidelines, end-of-life Medicare expenditures in these areas would be expected to be 36 percent lower, and overall Medicare expenditures 17 percent lower<sup>22</sup>.

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<sup>22</sup> As one seminar participant noted, Medicare doesn't reimburse for talks, but talks take a lot of time. Absent financial incentives and given implicit time costs of conversations about end-of-life and palliative

We then turned to the factors that lead physicians to have different preferences. We found that the traditional factors in supplier-induced demand models, such as the fraction of patients paid through capitation (or on Medicaid), or physicians' responsiveness to financial factors, play a relatively small role in explaining equilibrium variations in utilization patterns. Organizational factors, such as accommodating colleagues, help to explain only a small amount of observed variation in individual intervention decisions. Instead, differences in physician beliefs about the effectiveness of treatments explain the lion's share of of inter-regional variation in Medicare expenditures.<sup>23</sup>

Our results differ from the existing literature in that they are based on vignettes and thus represent a lower bound to practice variations. Generally, prior studies inferred practice variations as the residual from an area model, leading to estimates being biased either upward (because of unobserved regional factors) or biased downward (because of flawed risk-adjustment, as in Song et al., 2010).

One concern about the interpretation of the vignette responses as "overuse" is that they may reflect the true productivity of physicians. While we cannot rule this out, we note that physicians with greater objective qualifications such as board certification are no more likely to be cowboys. Nor do the updated 2009 heart failure guidelines recommend more aggressive care (Hunt et al., 2009), as a model of inappropriately cautious and slowly evolving recommendations would suggest.

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care, perhaps we should not be surprised that doctors under-provide this type of service relative to those that are (sometimes quite generously) reimbursed. Another seminar participant noted that medical ethics call for the consultant to speak only to referring doctor and not to the patient; this is another reason we might expect to see fewer palliative care conversations by cardiologists.

<sup>23</sup> This result is consistent with Epstein and Nicholson (2009), who find large variations in Cesarean section surgical rates among obstetricians within the same practice, even after adjusting for where the physicians trained. It is also consistent with Chassin's (1993) "Enthusiasm Hypothesis" – that regional differences in the use of health care services are caused by differences in the prevalence of physicians who are enthusiasts for those services.

Another hypothesis is that while cowboys may over-treat patients along some dimensions, they may also avoid the underuse of effective care along other dimensions (e.g., Landrum et al., 2008). Our survey did not ask about whether the physician would recommend appropriate levels of effective care or not. But other evidence does not support this hypothesis: an HRR-level composite AMI quality measure from 2007 Hospital Compare Data, (Dartmouth Atlas, 2013) is negatively associated with the HRR-level fraction of physicians who are cowboys in our data.

Unfortunately, the data we consider in this study cannot shed light on how these differences in physician beliefs arise. Simple heterogeneity in physician beliefs cannot explain regional variation in expenditures, since the observed regional patterns in physician beliefs exhibit far greater inter-region variation than would be expected due to chance alone. Rather, spatial correlation in beliefs is required in order to explain the regional patterns we see. We do find that physicians' propensity to intervene for non-clinical reasons is related to the expectations of physicians with whom they regularly interact, a result consistent with network models. Similarly, Molitor (2011) finds that cardiologists who move to more or less aggressive regions change their practice style to better conform to local norms. However we are still left with questions as to how and why some regions become more aggressive than others.

Our results do not imply that economic incentives are unimportant. Clearly, changes in payment margins have a large impact on behavior, as has been shown in a variety of settings. But the prevalence of geographic variations in European countries, where economic incentives are often nearly entirely blunted, is consistent with the view that physician beliefs play a large role in explaining such variations. A better understanding of both how physician beliefs form, and how they can be shaped, is a key challenge for future research.

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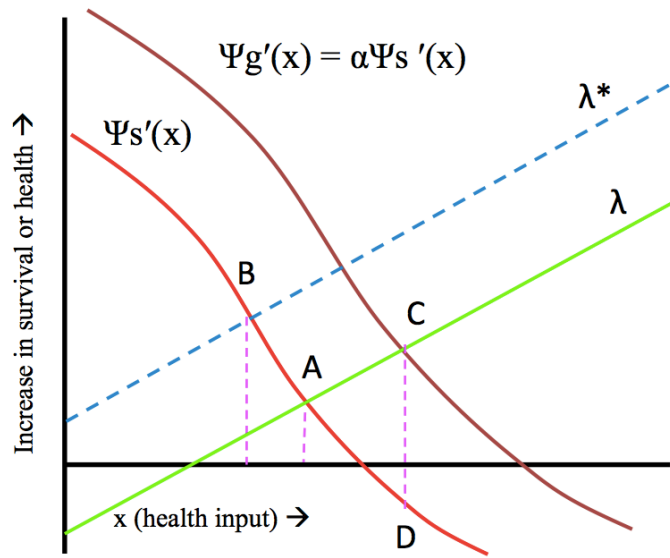
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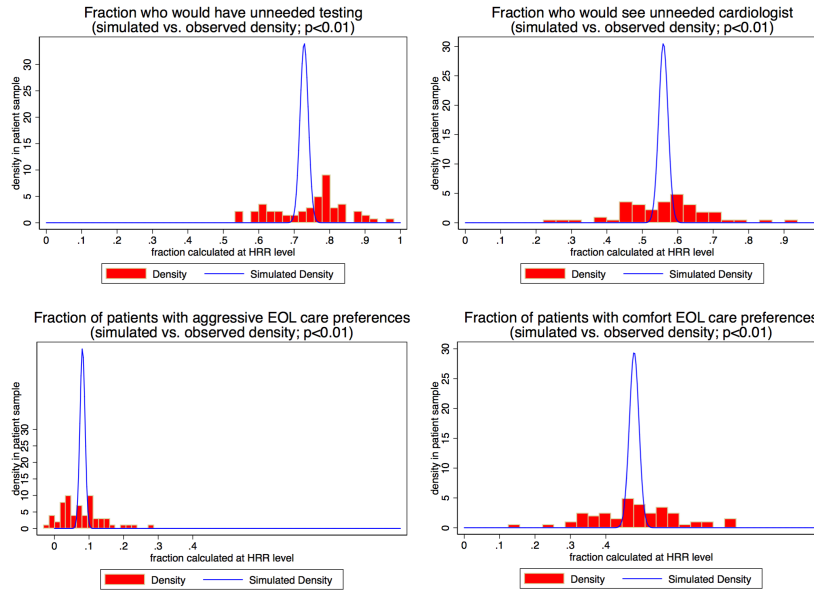
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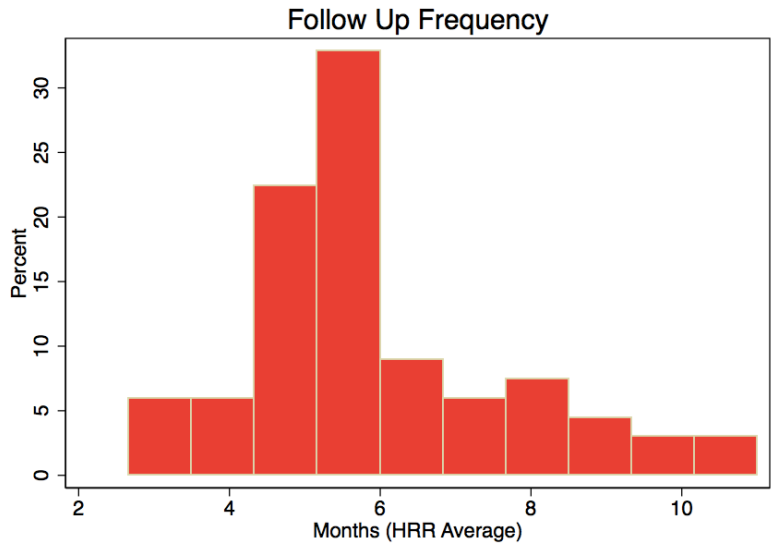
**Figure 1: Variations in Equilibrium: Differences in  $\lambda$  and Differences in Actual or Perceived Productivity**



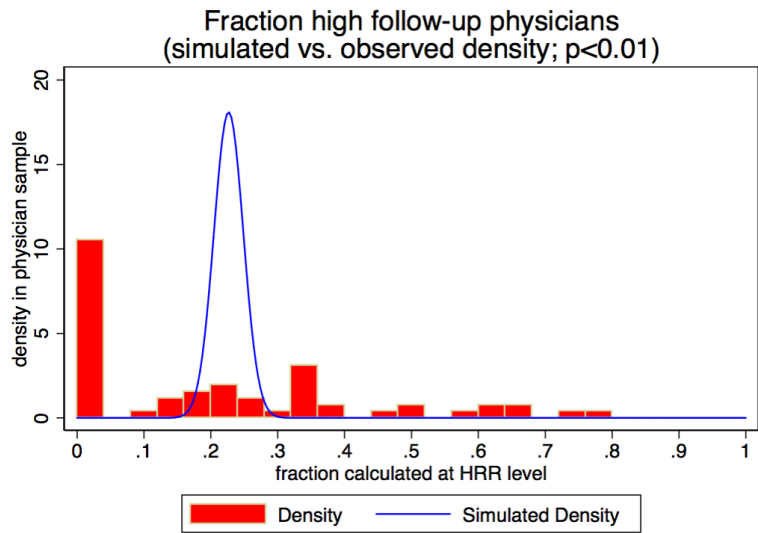
**Figure 2: Distributions of Patient Preferences vs. Simulated Distributions (based on 1000 bootstrap samples with replacement)**



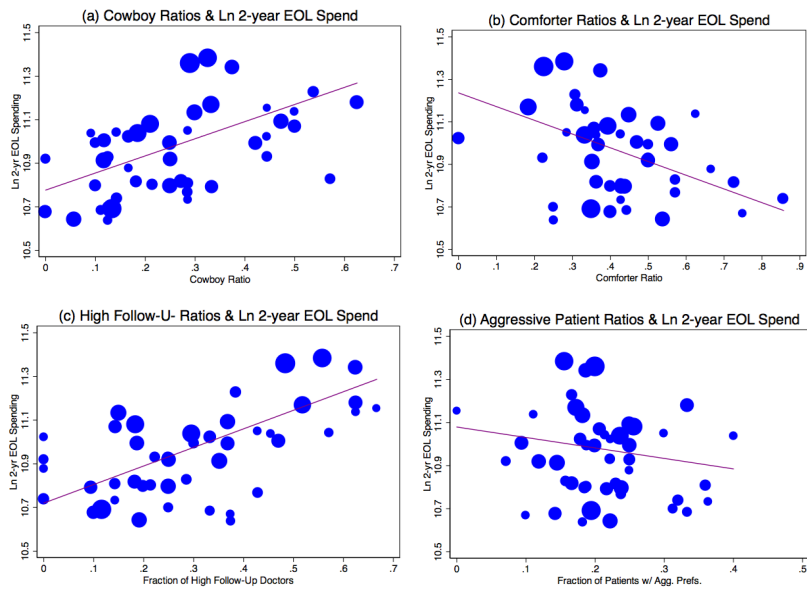
**Figure 3a: Distribution of Length of Time before Next Visit for Patient with Well-Controlled Angina (Cardiologist HRR-Level Averages)**



**Figure 3b: Distribution of High Follow-Up Cardiologists and Geographic Correlation (HRR-Level Averages)**



**Figure 4: Log of Inpatient 2-year End-of-Life Regional Spending vs. Various Independent Variables**



**Table 1: Primary Variables and Sample Distribution**

Variable	Mean	Individual SD	Area Average SD	p-value
<b>Spending and Utilization</b>				
2-Year End-of-Life Spending	\$56,219	-	\$10,715	-
6-Month End-of-Life Spending	\$14,272	-	\$2,660	-
Total Per Patient Spending	\$7,837	-	\$1,032	-
Hip Fracture Patient Spending	\$52,574	-	\$4,996	-
<b>Patient Variables</b>				
Have Unneeded Tests	73%	44%	10%	<0.01
See Unneeded Cardiologist	56%	50%	10%	<0.01
Aggressive Patient Preferences Ratio	8%	27%	5%	<0.01
Comfort Patient Preferences Ratio	48%	50%	12%	<0.01
<b>Primary Care Physician Variables</b>				
Cowboy Ratio	19%	39%	19%	<0.01
Comforter Ratio	44%	50%	20%	<0.01
Follow-Up Low	9%	28%	11%	<0.01
Follow-Up High	4%	19%	7%	<0.01
<b>Cardiologist variables</b>				
Cowboy Ratio	27%	45%	19%	<0.01
Comforter Ratio	29%	45%	20%	<0.01
Follow-Up Low	0%	4%	3%	0.09
Follow-Up High	23%	44%	21%	<0.01
<b>Organizational and Financial Variables</b>				
Fraction Capitated Patients	16%	25%	-	-
Fraction Medicaid Patients	10%	13%	-	-
Weekly Patient Days	3.1	1.5	-	-
Physician Age	57.5	9.8	-	-
Board Certified	89%	31%	-	-
Cardiologists per 100k	6.7	1.90	-	-
Responds to Referrer Expectations	10%	30%	-	-
Responds to Colleague Expectations	41%	49%	-	-
Responds to Patient Expectations	59%	49%	-	-
Responds to Malpractice Concerns	43%	49%	-	-
Responds to Practice Financial Incentives	32%	46%	-	-

Note: The table shows means for the sample living or practicing in one of the 64 HRRs with at least 3 cardiologists and 2 primary care physicians. The area average standard deviation is weighted by the number of observations in the HRR. The p-value in the last column is for the null hypothesis of no excess variance across areas. The p-value is taken from a bootstrap of patient or physician responses across areas. For each of 1,000 simulations, we draw patients or providers randomly (with replacement) and calculate the simulated area average and the standard deviation of that area average. The empirical distribution of the standard deviation of the area average is used to form the p-value for the actual area average.

**Table 2: Distribution of Physicians by Vignette Responses**

<b>Panel A: PCPs</b>						
<b>Follow-Up Frequency</b>	<b>Cowboy</b>			<b>Comforter</b>		
	Yes	No		Yes	No	
Low	16	61	8.4%	39	38	8.4%
Medium	98	452	60%	300	250	60%
High	87	200	31%	115	172	31%
	22%	78%		50%	50%	
$p(\chi^2)$ :	<b>&lt;0.01</b>			$p(\chi^2)$ : <b>0.02</b>		
	<b>Comforter</b>					
<b>Cowboy</b>	Yes	No				
Yes	87	114	22%			
No	367	346	78%			
	50%	50%				
$p(\chi^2)$ :	0.145					
<b>Panel B: Cardiologists</b>						
<b>Follow-Up Frequency</b>	<b>Cowboy</b>			<b>Comforter</b>		
	Yes	No		Yes	No	
Low	17	76	18%	27	66	18%
Medium	85	238	63%	94	229	63%
High	31	69	19%	22	78	19%
	26%	74%		27%	72%	
$p(\chi^2)$ :	<b>&lt;0.01</b>			$p(\chi^2)$ : <b>&lt;0.01</b>		
	<b>Comforter</b>					
<b>Cowboy</b>	Yes	No				
Yes	39	94	26%			
No	104	279	74%			
	28%	72%				
$p(\chi^2)$ :	<b>&lt;0.01</b>					

This table shows the bivariate relationships between the guideline-defined indicators for recommended Follow-Up Frequency, as well as “Cowboy” and “Comforter” status among both PCPs and Cardiologists in our data. Chi-squared tests evaluate the null that there is no association between pairs of indicators in the table.



**Table 3: Regression Estimates of Ln Medicare Expenditures in the Last Two Years**

	(1)	(2)	(3)	(4)	(5)	(6)
Combined Sample of PCPs and Cardiologists						
Cowboy Ratio, All Doctors	0.7535*** (0.1626)	0.6056*** (0.1385)	0.6096*** (0.1173)	0.5928*** (0.1446)	0.5972*** (0.1221)	
Comforter Ratio, All Doctors	-0.4068** (0.1681)	-0.3206*** (0.1109)	-0.2878** (0.1103)	-0.3089*** (0.1065)	-0.2745** (0.1044)	
Follow-Up Low, All Doctors		-0.4174 (0.2755)	-0.3626 (0.2849)	-0.4884 (0.3299)	-0.4422 (0.3215)	
Follow-Up High, All Doctors		0.9712*** (0.2053)	0.9721*** (0.1963)	0.9680*** (0.2026)	0.9670*** (0.1910)	
Have Unneeded Tests			0.1177 (0.2062)		0.1424 (0.2251)	-0.0543 (0.3400)
See Unneeded Cardiologist			0.2728* (0.1549)		0.3035* (0.1679)	0.5397* (0.2855)
Aggressive Preferences Patient Ratio				-0.2355 (0.4607)	-0.2762 (0.4409)	-0.5395 (0.7526)
Comfortable Preferences Patient Ratio				-0.1154 (0.1584)	-0.2033 (0.2015)	-0.1917 (0.2499)
N	64	64	64	64	64	64
R <sup>2</sup>	0.3627	0.6092	0.6299	0.6127	0.6377	0.0750

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01

2-year End-of-Life Spending is in natural log form and is price, age, sex and race adjusted. Results shown are for the 64 Hospital Referral Regions (HRRs) in which we have at least 3 patients and 3 cardiologists surveyed. All regressions include a constant and control for the fraction of primary care physicians in the sample. Respondent data is adjusted for race, sex and age. Survey sampling weights take into account differences in the number of physician observations per HRR.

**Table 4: Regression Estimates of Ln Medicare Expenditures Considering Interaction Terms and Additional Measures of HRR-Level Spending**

	Combined Sample of PCPs and Cardiologists (dependent variables listed in column headings; all are in natural logs)				
	(1)	(2)	(3)	(4)	(5)
	2-yr EOL Spend (As in Table 4)	2-yr EOL Spend	2-yr EOL Spend	Total Spend (Av. per Beneficiary)	Total Spend (Hip Fract. Cohort)
Cowboy Ratio, All Doctors	0.5972*** (0.1221)	0.5938*** (0.1119)	0.5835*** (0.1260)	0.3306*** (0.1028)	0.2793*** (0.0806)
Comforter Ratio, All Doctors	-0.2745** (0.1044)	-0.2600** (0.1002)	-0.3175** (0.1224)	-0.0889 (0.1064)	-0.0682 (0.0749)
Follow-Up Low, All Doctors	-0.4422 (0.3215)	-0.4074 (0.2749)	-0.4824 (0.3180)	-0.5208 (0.3751)	-0.1663 (0.2322)
Follow-Up High, All Doctors	0.9670*** (0.1910)	1.0267*** (0.1837)	0.9436*** (0.1870)	0.2480 (0.1777)	0.2933** (0.1291)
Have Unneeded Tests	0.1424 (0.2251)	0.1015 (0.2274)	0.1766 (0.2242)	-0.0792 (0.2005)	-0.0417 (0.1814)
See Unneeded Cardiologist	0.3035* (0.1679)	0.2159 (0.1666)	0.2746* (0.1617)	0.3353 (0.2434)	0.1996 (0.1478)
Aggressive Preferences Patient Ratio	-0.2762 (0.4409)	0.1880 (0.5051)	0.6315 (0.9285)	-0.3026 (0.4703)	-0.1027 (0.3086)
Comfortable Preferences Patient Ratio	-0.2033 (0.2015)	-0.6297*** (0.1975)	0.1663 (0.3022)	-0.2500 (0.1830)	-0.0660 (0.1524)
Cowboy Ratio* Aggressive Preferences Patient Ratio		-2.1268 (2.1367)			
Cowboy Ratio* Comfortable Preferences Patient Ratio		1.5977** (0.7557)			
Comforter Ratio* Aggressive Preferences Patient Ratio			-2.2461 (1.8854)		
Comforter Ratio* Comfortable Preferences Patient Ratio			-0.9179 (0.6437)		
N	64	64	64	64	64
R <sup>2</sup>	0.6377	0.6603	0.6459	0.3482	0.3705

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01; 2-year End-of-Life Spending and total spending are are price, age, sex and race adjusted. Hip fracture cohort spending is adjusted for age, sex, race, comorbid conditions at admission, and the hierarchical condition categories risk-adjustment index for the six months prior to admission. Results shown are for the 64 Hospital Referral Regions (HRRs) in which we have at least 3 patients and 3 cardiologists surveyed. All regressions include a constant and control for the fraction of primary care physicians in the sample. Respondent data is adjusted for race, sex and age. Survey sampling weights take into account differences in the number of physician observations per HRR.

**Table 5: Predictors of Cowboy, Comforter & High Follow-Up Types**

	(1) Cowboy	(2) Comforter	(3) High Follow-Up
<b>General Controls</b>			
Age	0.0047*** (0.0013)	0.0005 (0.0015)	0.0056*** (0.0012)
Male	0.0532* (0.0315)	-0.0625* (0.0370)	-0.0165 (0.0314)
Weekly Patient Days	-0.0112 (0.0076)	0.0145 (0.0090)	0.0008 (0.0076)
Board Certified	-0.0727* (0.0379)	0.0184 (0.0445)	-0.1400*** (0.0378)
Cardiologists per 100k	0.0203*** (0.0076)	-0.0223*** (0.0079)	0.0410*** (0.0061)
Cardiologist Dummy	-0.0187 (0.0363)	-0.1752*** (0.0426)	-0.0695* (0.0361)
<b>Financial Factors</b>			
Fraction Capitated Patients	0.0980** (0.0462)	-0.0428 (0.0540)	0.1073** (0.0457)
Fraction Medicaid Patients	0.2894*** (0.0931)	0.0325 (0.1090)	0.3978*** (0.0924)
<b>Organizational Factors</b>			
(Baseline = Solo or 2-person Practice)	-	-	-
Single/Multi Speciality Group Practice	-0.0584** (0.0265)	-0.0169 (0.0310)	-0.2019*** (0.0262)
Group/Staff HMO or Hospital-Based Practice	-0.1539*** (0.0429)	0.0357 (0.0502)	-0.2221*** (0.0426)
<b>Responsiveness Factors</b>			
Responds to Patient Expectations	-0.0272 (0.0313)	0.0307 (0.0368)	-0.0145 (0.0313)
Responds to Colleague Expectations	0.0147 (0.0247)	-0.0007 (0.0291)	0.0360 (0.0247)
Responds to Referrer Expectations	0.1084*** (0.0419)	0.0248 (0.0493)	-0.0516 (0.0420)
Responds to Malpractice Concerns	-0.0051 (0.0247)	0.0222 (0.0290)	-0.0105 (0.0247)
N	1349	1349	1349
$R^2$ (within)	0.0502	0.0509	0.1075
$R^2$ (between)	0.0379	0.1049	0.2110
$R^2$ (overall)	0.0613	0.0596	0.1609

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01

All logit regressions include a constant, and HRR-level random effects as well as general physician-level controls. Additional explanatory variables include financial, organizational and responsiveness factors. The question about responding to referring doctor expectations appeared in the Cardiologist survey only, and so reflects the preferences of cardiologists only. The cardiology dummy variable therefore reflects both the pure effect of being a practicing cardiologist, and a secondary adjustment arising from the referral question being set to zero for all primary care physicians.

# Appendix A: Clinical Vignettes and Response Options for Patients, Cardiologists and Primary Care Physicians

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## Panel I: Patient Questions

SCENARIO 1- Questions relating to less-severe cardiac care preferences: *Suppose you noticed a mild but definite chest pain when walking up stairs....Suppose you went to your regular doctor for that chest pain and your doctor did not think you needed any special tests but you could have some tests if you wanted.*

a) *If the tests did not have any health risks, do you think you would probably have the tests or probably not have them?*

- a - have tests
- b - not have tests

b) *Suppose your doctor told you he or she did not think you needed to see a heart specialist, but you could see one if you wanted. Do you think you would probably ask to see a specialist, or probably not see a specialist?*

- a - see specialist
- b - not see specialist

SCENARIO 2 - Questions relating to end of life care preferences: *The next set of questions are about care a patient may receive during the last months of life. Remember, you can skip any question you don't want to answer. Suppose that you had a very serious illness. Imagine that no one knew exactly how long you would live, but your doctors said you almost certainly would live less than 1 year.*

a) *If you reached the point at which you were feeling bad all the time, would you want drugs that would make you feel better, even if they might shorten your life?*

- a - yes: drugs
- b - no

b1) *If you needed a respirator to stay alive, and it would extend your life for a week, would you want to be put on a respirator?*

b2) *If it would extend your life for a month, would you want to be put on a respirator?*

- a - yes: respirator
- b - no

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Answers other than “yes” or “no” (e.g., “not concerned” or “I dont know”) are treated as missing data. Item non-response was less than 1% among eligible respondents.

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## Panel II: Physician Questions

*In the next set of questions, you will be presented with brief clinical descriptions for three different patients. For each, you will be asked a series of questions regarding how you would be likely to treat that patient were he or she in your care.*

PATIENT A - CARDIOLOGIST - *For this question, think about a patient with stable angina whose symptoms and cardiac risk factors are now well controlled on current medical therapy. In general, how frequently do you schedule routine follow-up visits for a patient like this?*

\*Answer recorded in number of months

PATIENT A - PCPs: *In general, how frequently do you schedule routine follow-up visits for a patient with well-controlled hypertension?*

\*Answer recorded in number of months

PATIENT B: *A 75 year old man with severe (Class IV) congestive heart failure from ischemic heart disease, is on maximal medications and has effective disease management counseling. His symptoms did not improve after recent angioplasty and stent placement and CABG is not an option. He is uncomfortable at rest. He is noted to have frequent, asymptomatic nonsustained VT on cardiac monitoring. He has adequate health insurance to cover tests and medications. At this point, for a patient presenting like this, how often would you arrange for each of the following?*

### CARDIOLOGIST SURVEY

- a - Repeat angiography
- b - Initiate antiarrhythmic therapy
- c - Recommend an Implantable Cardiac Defibrillator (ICD)
- d - Recommend biventricular pacemaker for cardiac resynchronization
- e - Initiate or continue discussions about palliative care

### POSSIBLE RESPONSES

- 1 Always/Almost always
- 2 Most of the time
- 3 Some of the time
- 4 Rarely
- 5 Never

PATIENT C: *An 85 year old male patient has severe (Class IV) congestive heart failure from ischemic heart disease, is on maximal medications, and is not a candidate for coronary revascularization. He is on 2 liters per minute of supplemental oxygen at home. He presents to your office with worsening shortness of breath and difficulty sleeping due to orthopnea. Office chest xray confirms severe congestive heart failure. Oxygen saturation was 85% and increased to 94% on 4 liters and the patient is more comfortable. He has adequate health insurance to cover tests and medications. At this point, for a patient presenting like this, how often would you arrange for each of the following?*

### PCP and CARDIOLOGIST SURVEY

- a - Allow the patient to return home on increased oxygen and increased diuretics
- b - Admit to the hospital for aggressive diuresis (not to the ICU/CCU)
- c - Admit to the ICU/CCU for intensive therapy and monitoring
- d - Place a pulmonary artery catheter for hemodynamic optimization
- e - Recommend biventricular pacemaker for cardiac resynchronization
- f - Initiate or continue discussions about palliative care

### POSSIBLE RESPONSES (both surveys)

- 1 Always/Almost always
  - 2 Most of the time
  - 3 Some of the time
  - 4 Rarely
  - 5 Never
-

## Appendix B: Full Variable Definitions - Not for Publication (or Online Publication Only)

### Panel I: Patient Variables:

Have Unneeded Tests	fraction of patients who would like to have tests even if “doctor did not think [they were] needed”
See Unneeded Cardiologist	fraction of patients who would like to see a specialist even if doctor “did not think [patient] needed to”
Aggressive Patient Preferences Ratio	fraction of patients who would like to be on a respirator to extend their life by 1 week or 1 month
Comfort Patient Preferences Ratio	fraction of patients who would like to take drugs to be comfortable, “even if they might shorten [their] life”

### Panel II: Cardiologist Variables:

Cowboy Ratio*, Cardiologists	fraction of cowboys among the local (HRR-level) cardiologist population surveyed
Comforter Ratio*, Cardiologists	fraction of comforters among the local (HRR-level) cardiologist population surveyed
Follow-Up Low, Cardiologists	cardiologist’s recommended follow-up frequency for “a patient with stable angina whose symptoms and cardiac risk factors are now well controlled on current medical therapy” is less frequent than medical guidelines
Follow-Up, high, Cardiologists	cardiologist’s recommended follow-up frequency for “a patient with stable angina whose symptoms and cardiac risk factors are now well controlled on current medical therapy” is more frequent than medical guidelines
For the next set of questions, Cardiologists were asked “ <i>Now wed like you to think about your own cardiac catheterization recommendations. Sometimes a cardiologist will recommend cardiac catheterization for other than purely clinical reasons. During the past 12 months, how often, if ever, have each of the following led you to recommend cardiac catheterization for a patient?</i> ”	
Responds to Patient Expectations	“frequently” or “sometimes” response to “the patient expected to undergo the procedure”
Responds to Colleague Expectations	“frequently” or “sometimes” response to “your colleagues would do so in the same situation”
Responds to Referrer Expectations	“frequently” or “sometimes” response to “wanted to satisfy the expectations of the referring physicians”
Responds to Malpractice Concerns	“frequently” or “sometimes” response to “you wanted to protect against a possible malpractice suit”

### Panel III: PCP Variables:

Cowboy Ratio*, PCPs	fraction of cowboys among the local (HRR-level) PCP population surveyed
Comforter Ratio*, PCPs	fraction of comforters among the local (HRR-level) PCP population surveyed
Follow-Up Low, PCPs	PCPs recommended follow-up frequency for “a patient with well-controlled hypertension” is less frequent than medical guidelines
Follow-Up High, PCPs	PCPs recommended follow-up frequency for “a patient with well-controlled hypertension” is more frequent than medical guidelines
For the next set of questions, PCPs were asked “ <i>Now, wed like you to think about your own specialist referrals. Sometimes a physician will make a specialty referral for other than purely clinical reasons. During the past 12 months, how often, if ever, have each of the following led you to refer a patient to a specialist?</i> ”	
Responds to Patient Expectations	“frequently” or “sometimes” response to “the patient requested a referral”
Responds to Colleague Expectations	“frequently” or “sometimes” response to “your colleagues would refer in the same situation”
Responds to Malpractice Concerns	“frequently” or “sometimes” response to “you wanted to protect against a possible malpractice suit”

**Panel IV: Other Variables (all physicians):**

Practice Type 1	physician is part of a solo or 2-person practice
Practice Type 2	physician is part of a single or multi speciality group practice
Practice Type 3	physician is part of a group or staff model HMO or a Hospital based practice
Fraction Capitated Patients	fraction of patients for which physician is reimbursed on a capitated basis
Fraction Medicaid Patients	fraction of patients a physician sees who are on Medicaid
Weekly Patients Days	number of days per week a physician spends seeing patients
Age	physician's age in years
Board Certified	physician is currently board certified in her speciality
Cardiologists per 100k	cardiologists per 100,000 Medicare beneficiaries in HRR of practice as reported in the 2005 Dartmouth Atlas

Notes: detailed explanations of the algorithm used to define “Cowboys” (physicians aggressive beyond clinical guidelines) and “Comforters” (physicians who show a strong likelihood of recommending palliative and comfort-oriented care) are described in the paper. The indicator for “Aggressive Patient Preferences” combines two questions: affirmative responses to both part b1 and b2 of Patient Scenario 2 (see Appendix A above for original survey text)

## Appendix C: Regression Estimates of Ln Medicare Expenditures in the Last Two Years (Cardiologists Only) - Not for Publication

	Cardiologists					
	(1)	(2)	(3)	(4)	(5)	(6)
Cowboy Ratio, Cardiologists	0.1825* (0.1027)	0.1831** (0.0864)	0.2460*** (0.0883)	0.1726** (0.0857)	0.2391*** (0.0868)	
Comforter Ratio, Cardiologists	-0.1261 (0.1100)	-0.0400 (0.0848)	-0.0016 (0.0903)	-0.0449 (0.0852)	-0.0111 (0.0862)	
Followup Low, Cardiologists		-0.6662*** (0.1062)	-0.5460*** (0.1373)	-0.7836*** (0.1648)	-0.6951*** (0.1691)	
Followup High, Cardiologists		0.5323*** (0.1077)	0.5265*** (0.1027)	0.5333*** (0.1062)	0.5292*** (0.1017)	
Have Unneeded Tests			0.2587 (0.1925)		0.2705 (0.2066)	0.2343 (0.2302)
See Unneeded Cardiologist			0.2674 (0.1834)		0.2894 (0.1791)	0.2411 (0.2083)
Aggressive Preferences Patient Ratio				-0.2385 (0.3013)	-0.2539 (0.3044)	-0.2870 (0.4397)
Comfortable Preferences Patient Ratio				-0.0628 (0.1488)	-0.1267 (0.1482)	0.0120 (0.1559)
N	64	64	64	64	64	64
R <sup>2</sup>	0.0535	0.4073	0.4446	0.4119	0.4530	0.0406

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01

2-year End-of-Life Spending is in natural log form and is price, age, sex and race adjusted. Results shown are for the 64 Hospital Referral Regions (HRRs) in which we have at least 3 patients and 3 cardiologists surveyed.

All regressions include a constant and control for the fraction of primary care physicians in the sample. Respondent data is adjusted for race, sex and age. Survey sampling weights take into account differences in the number of physician observations per HRR.



## Appendix D: Regression Estimates of Ln Medicare Expenditures in the Last Two Years (PCPs Only) - Not for Publication

	PCPs					
	(1)	(2)	(3)	(4)	(5)	(6)
Cowboy Ratio, PCPs	0.6689*** (0.1687)	0.5476*** (0.1416)	0.4773*** (0.1333)	0.5383*** (0.1251)	0.4728*** (0.1223)	
Comforter Ratio, PCPs	-0.2489* (0.1380)	-0.2436** (0.1137)	-0.2104* (0.1157)	-0.1987** (0.0944)	-0.1724* (0.0972)	
Followup Low, PCPs		-0.4729* (0.2754)	-0.4639* (0.2706)	-0.5905** (0.2938)	-0.5682* (0.2930)	
Followup High, PCPs		0.9091* (0.5359)	0.9918* (0.5386)	0.8640* (0.5135)	0.9333* (0.5064)	
Have Unneeded Tests			-0.2231 (0.3258)		-0.1341 (0.3037)	-0.2371 (0.3941)
See Unneeded Cardiologist			0.4045* (0.2154)		0.4135** (0.2046)	0.7422** (0.3350)
Aggressive Preferences Patient Ratio				-0.8012 (0.6915)	-0.7712 (0.6460)	-0.6638 (0.9768)
Comfortable Preferences Patient Ratio				-0.2719 (0.2521)	-0.3058 (0.2739)	-0.3864 (0.3348)
N	64	64	64	64	64	64
R <sup>2</sup>	0.3430	0.4613	0.4888	0.4852	0.5126	0.1290

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01

2-year End-of-Life Spending is in natural log form and is price, age, sex and race adjusted. Results shown are for the 64 Hospital Referral Regions (HRRs) in which we have at least 3 patients and 3 cardiologists surveyed. All regressions include a constant and control for the fraction of primary care physicians in the sample. Respondent data is adjusted for race, sex and age. Survey sampling weights take into account differences in the number of physician observations per HRR.

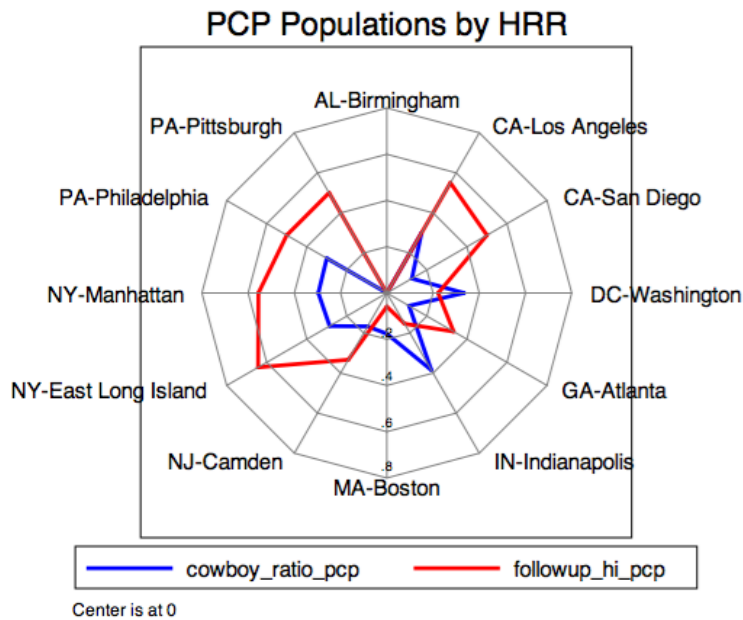
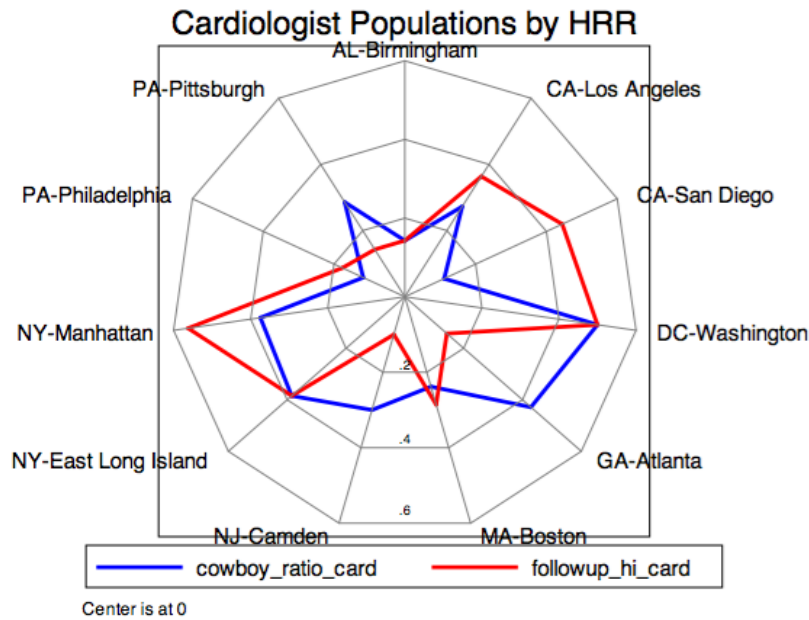
# Appendix E: Expanded Regression Estimates of Ln Medicare Expenditures in the Last Two Years - Not for Publication

	Combined Sample: Cardiologists and PCPs				
	(1)	(2)	(3)	(4)	(5)
Cardiologists per 100k				0.0390** (0.0165)	0.0499*** (0.0156)
Cowboy Ratio, All Doctors	0.6080*** (0.1345)	0.5212*** (0.1232)	0.5930*** (0.1385)	0.5115*** (0.1252)	0.3942*** (0.1340)
Comforter Ratio, All Doctors	-0.3098*** (0.1093)	-0.2876** (0.1144)	-0.3018*** (0.1134)	-0.2289* (0.1277)	-0.1998* (0.1022)
Follow-Up Low, All Doctors	-0.3481 (0.2246)	-0.1154 (0.2165)	-0.3931 (0.2642)	-0.1235 (0.2010)	0.0410 (0.2364)
Follow-Up High, All Doctors	0.9409*** (0.1945)	0.7724*** (0.2239)	1.0192*** (0.2312)	0.7609*** (0.2169)	0.5836* (0.2951)
(mean) Fraction Capitated		0.1622 (0.1313)			0.2325* (0.1245)
(mean) Fraction Medicaid		-0.5005* (0.2976)			-0.3495 (0.2288)
Base = (mean) Solo or 2-person Practice		-			-
(mean) Single/Multi Speciality Group Practice		-0.2432 (0.1739)			-0.2381 (0.1580)
(mean) Group/Staff HMO or Hospital-Based Practice		-0.1735 (0.2104)			-0.4342* (0.2221)
(mean) Responds to Patient Expectations			0.0785 (0.1415)		-0.0723 (0.1074)
(mean) Responds to Colleague Expectations			-0.1456 (0.1208)		-0.0044 (0.0967)
(mean) Responds to Referrer Expectations			-0.0772 (0.1690)		-0.1260 (0.1311)
(mean) Responds to Malpractice Concerns			0.1298 (0.1830)		0.2344* (0.1295)
N	64	64	64	64	64
R <sup>2</sup>	0.6008	0.6442	0.6112	0.6641	0.7310

\* p<0.10, \*\* p<0.05, \*\*\* p<0.01

2-year End-of-Life Spending is in natural log form and is price, age, sex and race adjusted. Results shown are for the 64 Hospital Referral Regions (HRRs) in which we have at least 3 patients and 3 cardiologists surveyed. All regressions include a constant and control for the fraction of primary care physicians in the sample. Respondent data is adjusted for race, sex and age. Survey sampling weights take into account differences in the number of physician observations per HRR.

## Appendix F: Radar Plots of Select High Follow-up Frequency and Cowboy Prevalence by HRR - Not for Publication



This figure provides additional visual evidence of the relationship between cowboy status and recommended follow-up frequency for the HRRs with the greatest number of respondents; a point that is further out on the scale corresponds to a larger fraction of physicians.